

FAMILY CIRCLES PARTICIPANT AGREEMENT

INDIVIDUAL AGREEMENT TO PARTICPATE IN FAMILY CIRCLES LIFE PROGRAM

I will:

1. Become connected
2. Agree to do the work needed to achieve balance
3. Agree to be a steward of Waswaaganing aadizokaan
4. Agree to practice Minobimaadiziiwin
5. Attend all 18 sessions
6. Actively participate in all sessions activities
7. Maintain and learn the road of sobriety
8. Learn to ask for help
9. Assist in empowering our community in life giving
10. Be a change agent – starting with myself
11. Maintain confidentiality
12. Honor our Seven Teachings
13. Participate in pre-and post-assessment
14. Sign program waivers

Signature: _____





Family Circles Schedule



- Week One:** Assessment & Overview
- Week Two:** Self-Love
Self-Esteem
Self-Concept: Knowing yourself Indian Style
- Week Three:** Conscious
Unconscious Thinking
- Week Four:** Levels of Awareness
- Week Five:** Anishinaabe Creation/Origin
- Week Six:** Great migration of the Anishinaabe
- Week Seven:** Ojibwa Clan System
- Week eight:** History of your Community/ Reservation
- Week Nine:** Circle of Life
- Week Ten:** Rituals
Importance of individual
Family
Community Rituals
- Week Eleven:** Values & Morality
- Week Twelve:** AODA Progression Charts & Issues
- Week Thirteen:** Confronting our Addictions
- Week Fourteen:** Self-Discipline &
Discipline in the Family
- Week Fifteen:** Communication within the Family
- Week Sixteen:** Conflict Resolution &
Decision making
- Week Seventeen:** Ojibwa Prophecies
- Week Eighteen:** Post Assessment &
Review