

FAMILY CIRCLES INTAKE ASSESSMENT

For course participants age 18 or older only.

1. Spirituality and/or religion is important in my life (check the most appropriate response and are interested in learning/learning more).

- a lot
 somewhat
 a little
 not at all

2. I seek guidance through religious/spiritual means and/or Tribal Elders.

- always
 often
 sometimes
 rarely
 never

3. I use Traditional Native remedies/practices.

- always
 often
 sometimes
 rarely
 never

4. I use the four medicines in a good way.

- always
 often
 sometimes
 rarely
 never

I don't know what the four medicines are

5. I play traditional games (such as moccasin game, snow snake, bones, lacrosse).

- always
 often
 sometimes

- rarely
 never

6. I participate in traditional dances.

- always
 often
 sometimes
 rarely
 never

7. I participate in traditional singing and/or drumming.

- always
 often
 sometimes
 rarely
 never

8. I create traditional arts and crafts (such as beadwork, quillwork, regalia making, basket making) and/or use traditional subjects or materials in modern forms of artwork.

- always
 often
 sometimes
 rarely
 never

9. I participate in ceremonies.

- always
 often
 sometimes
 rarely
 never

10. I participate in traditional activities (such as ricing, maple syruping, spearing).

- always
 often
 sometimes

rarely never**11. I believe knowing one's own Native language is important.** a lot somewhat a little not at all**12. I am able to understand my Native language or another Native American language.** a lot somewhat a little not at all**13. I am able to speak my Native language or another Native American language.** a lot somewhat a little not at all**14. My Native American beliefs are very important to me.** a lot somewhat a little not at all**15. I know the history of my Tribe(s).** a lot somewhat a little not at all**16. I know the values of the Tribal Nation where I live.** a lot somewhat a little not at all I do not know what are considered Tribal values.**17. I try to follow the values of the Tribal Nation where I live.** a lot somewhat a little not at all I do not know what are considered Tribal values.**18. I believe a belief in a higher power is important in combating Substance Abuse.** very important somewhat important not important don't know**19. I believe my Native American culture and beliefs are important in combating substance abuse.** very important somewhat important not important don't know

The following questions ask about drinking alcohol including beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does NOT include a few sips of wine for religious purposes.

20. During the past 30 days, on how many days did you have at least one drink of alcohol? 0 days 1 or 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 to 29 days All 30 days**21. During the past 30 days, on how many days did you have 5 or more drinks of**

alcohol in arrow, that is, within a few hours?

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

22. How wrong do you think it is for someone your age to drink beer, wine, or hard liquor (for example; vodka, tequila, whiskey)?

- very wrong
- wrong
- a little bit wrong
- not at all wrong

23. How wrong do *your parents* feel it would be for you to drink beer, wine, or hard liquor (for example; vodka, tequila, whiskey)?

- very wrong
- wrong
- a little bit wrong
- not at all wrong

24. How much do you think people risk harming themselves (physically or in other ways) when they have *one or two drinks* nearly every day?

- no risk
- slight risk
- moderate risk
- great risk
- don't know or can't say

25. How much do you think people risk harming themselves (physically or in other ways) when they have *five or more drinks* once or twice each week?

- no risk
- slight risk
- moderate risk

- great risk
- don't know or can't say

26. If you wanted to, how easy would it be for you to get some beer, wine, or hard liquor (for example; vodka, tequila, whiskey)?

- very hard
- sort of hard
- sort of easy
- very easy

The next questions ask about Prescription Drugs misuse.

27. Misuse is the use of any prescription drug not prescribed to you or used in a way that was not intended by the prescribing doctor. During the *past 30 days*, how many times did you misuse prescription drugs?

- 0 times
- 1 or 2 times
- 3 to 5 times
- 6 to 9 times
- 10 to 19 times
- 20 to 39 times
- 40 or more times

28. How wrong do you think it is for someone your age to misuse prescription drugs?

- very wrong
- wrong
- a little bit wrong
- not at all wrong

29. How wrong do *your parents* feel it would be for you to misuse prescription drugs?

- very wrong
- wrong
- a little bit wrong
- not at all wrong

30. How much do you think people risk harming themselves (physically or in other ways) if they misuse prescription drugs?

- no risk
- slight risk
- moderate risk
- great risk
- don't know or can't say

31. If you wanted to, how easy would it be for you to get some non-prescribed prescription drugs?

- very hard
- sort of hard
- sort of easy
- very easy

The next group of questions ask about your experiences.

32. During the *past 12 months*, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

- yes
- no
- don't know or can't say

33. PARENTS ONLY- *During the past 12 months*, how many times have you talked with your child about the dangers or problems associated with the use of tobacco, alcohol, or drugs?

- 0 times
- 1 or 2 times
- A few times
- Many times
- Don't know or can't say
- Don't have any children

34. If you or a family member has been in recovery from an alcohol and/or drug addiction, what has been most helpful to you? Least helpful?

35. How would you like Family Circles to make a difference for you and/or your family?

Other comments or concerns at this time: