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## Supporting Youth Mental Health by Building Resilience References & Resources

Centers for Disease Control and Prevention: ACE study

<https://www.cdc.gov/violenceprevention/acestudy/index.html>

Robert Wood Johnson Foundation: ACEs

<https://www.rwjf.org/en/library/infographics/the-truth-about-aces.html>

Wisconsin Child Abuse and Prevention Board: ACEs

<https://preventionboard.wi.gov/Pages/OurWork/ACE.aspx>

[https://preventionboard.wi.gov/Documents/ACE-Brief\\_2018FINAL.pdf](https://preventionboard.wi.gov/Documents/ACE-Brief_2018FINAL.pdf)

The Building Community Resilience Collaborative: Pair of ACEs

<https://publichealth.gwu.edu/departments/redstone-center/resilient-communities>

Wisconsin Department of Public Instruction School Mental Health

<https://dpi.wi.gov/sspw/mental-health>

Harvard University's Center on the Developing Child: Science of early childhood

<https://developingchild.harvard.edu/science/>

<https://developingchild.harvard.edu/science/key-concepts/>

American Academy of Pediatrics: Early Brain and Child Development Education and Training Modules

<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/EBCD/Pages/educationModules.aspx>

American Psychological Association: The Road to Resilience

<https://www.apa.org/topics/resilience>

The Frameworks Institute: The Resilience Scale

[http://www.frameworksinstitute.org/assets/files/ECD/resilience\\_em\\_report\\_final.pdf](http://www.frameworksinstitute.org/assets/files/ECD/resilience_em_report_final.pdf)

Bonnie Benard: Foundations of Resiliency Framework

<https://www.resiliency.com/free-articles-resources/the-foundations-of-the-resiliency-framework/>

WestEd & the California Healthy Kids Survey: Resilience and Youth Development Model background resources

<http://chks.wested.org/using-results/resilience-youth-development/>

<http://surveydata.wested.org/resources/ListeningToStudents.pdf>

Nan Henderson: Fostering Resiliency in Children and Youth

<https://www.resiliency.com/free-articles-resources/hard-wired-to-bounce-back/>

<https://ccsme.org/wp-content/uploads/2017/01/Fostering-Resiliency.pdf>

Wisconsin Office of Children's Mental Health

<https://children.wi.gov/Pages/Home.aspx>

<https://children.wi.gov/Pages/Integrate/ResilienceWorkgroup.aspx>

*References & Resources* listed above are those used in the development of *Supporting Youth Mental Health by Building Resilience*, a workshop for youth-serving professionals. The training was developed by Mental Health Matters, a coalition with over 20 partnering organizations in Chippewa and Eau Claire counties, and was funded by the Advancing a Healthier Wisconsin Endowment at the Medical College of Wisconsin. <https://cvmentalhealthmatters.org/>