



THIRTY-THIRD ANNUAL



JULY 22-AUGUST 9, 2019

THE DOOR COUNTY SUMMER INSTITUTE

SPONSORED BY THE MEDICAL COLLEGE OF WISCONSIN DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL MEDICINE

Greetings!

Welcome to the Thirty-Third Annual Door County Summer Institute. We hope this year's offerings will assist you in your ongoing professional development while providing an opportunity to recharge and reinvigorate yourself in Door County.

Carlyle H. Chan, MD

Institute Director

Dr. Chan is Professor of Psychiatry and the Institute for Health and Society (Bioethics and Medical Humanities) at the Medical College of WI

About Door County

Door County, WI, is an area of captivating scenic beauty. From its steep limestone bluffs to the spacious sand beaches, the 250-mile shoreline is both dramatic and serene. Almost every kind of outdoor activity is available, as the area has four state parks and many local parks, beaches, hiking trails, and golf courses.

Session Information

From July 22 to August 9, 2019, 13 separate sessions will comprise this year's Summer Institute. The 5-day sessions are held from 9:00 am to 12:15 pm, and 2-day sessions from 8:00 am to 12:15 pm, leaving afternoons free to explore the wonders of Door County. All seminars are held at the Landmark Resort in Egg Harbor, WI. A continental breakfast will be served daily. Casual dress is standard for all sessions.

Special Needs

Please call our office at (414) 955-7250 at least two weeks in advance of any session if you have special needs.

Session 1 - 5 Days

July 22-26, 2019 9:00 am-12:15 pm

Donald Meichenbaum, PhD

Ways to Incorporate Constructive Narrative Therapy Procedures into Psychotherapy

Donald Meichenbaum, PhD, is Distinguished Professor Emeritus, University of Waterloo, Ontario, Canada, and Research Director of the Melissa Institute for Violence. He is one of the founders of cognitive behavior therapy, and in a survey of clinicians, he was voted "one of the ten most influential psychotherapists of the 20th Century." He has received a Lifetime Achievement Award from the Clinical Division of the American Psychological Association. His latest book is *The evolution of cognitive behavior therapy: A personal and professional journey with Don Meichenbaum*.

Symposium Description and Objectives

We are not only "homo-sapiens," but also "homo-narrans," or story-tellers. We are

each lived by the stories we tell ourselves and tell others. This workshop will provide a constructive narrative perspective of psychotherapy demonstrating how to integrate specific practical psychotherapeutic procedures as emotional processing, imagery rescripting, adaptive disclosure, cognitive restructuring, restorative retelling, journaling, exposure-based, and skills-oriented stress inoculation training procedures. How to bolster resilience using spiritually-oriented, community-based interventions will be considered.

The application of constructive therapy procedures with a variety of diverse clinical populations will be discussed including patients who experience complex PTSD, prolonged and complicated grief, borderline personality disorders, co-occurring substance abuse disorders, anger-control problems, and individuals with traumatic brain injuries. This presentation concludes with a consideration of how to bolster resilience in trauma therapists. A comprehensive to-do list of psychotherapeutic interventions will be provided so attendees can apply immediately, both professionally and personally.

Participants will:

- (1) Implement the core tasks of psychotherapy, including employing a case conceptualization model that informs treatment decision-making
- (2) Provide constructive narrative psychotherapeutic interventions
- (3) Bolster resilience in a variety of clinical populations including PTSD, prolonged and complicated grief, borderline personality disorder, and traumatic brain injury
- (4) Discuss how to treat individuals with substance abuse disorders and co-occurring psychiatric disorders

Monday Constructive narrative perspective; Ways to redirect personal narratives; Implementing core tasks of psychotherapy; Case conceptualization model

Tuesday Constructive therapy with trauma victims; Neurobiology of trauma and resilience; Exposure-based interventions; Imagery rescripting; Restorative retelling; Journaling and other procedures

Wednesday Patients with prolonged and complicated grief; Traumatic bereavement; Application to borderline personality disorders and complex PTSD

Thursday Patients with co-occurring substance abuse disorders; How to achieve lasting changes in opioid abusing patients; Integrating spiritually-oriented interventions and psychotherapy

Friday Treating patients with anger-control problems and traumatic brain injury; Bolstering resilience in trauma psychotherapists; A to-do list of psychotherapy procedures

Session 2 - 5 Days

July 22-26, 2019 9:00 am-12:15 pm

Philip Janicak, MD

Advances in Psychopharmacotherapy and Therapeutic Neuromodulation

Philip Janicak, MD, is Adjunct Professor and consultant to the Neuromodulation Center in the Department of Psychiatry and Behavioral Sciences, Northwestern University Feinberg School of Medicine, and APA Distinguished Life Fellow. Dr. Janicak's primary research interests are the assessment and treatment of mood and psychotic disorders. He has conducted over 60 clinical trials and has been an NIMH grant awardee as both principal and co-investigator. He has authored, co-authored, or edited over 500 publications and is first author of *Principles and Practice of Psychopharmacotherapy*.

Symposium Description and Objectives

This course will review the concepts of evidence-based and measurement-based care and use them to develop optimal treatment strategies for major psychiatric disorders. Participants will recognize the significant number of patients who are insufficiently responsive to initial therapeutic interventions and will utilize available biological treatments optimally, including the first and second generation antipsychotics, antidepressants, mood stabilizing agents, anxiolytic/sedative hypnotics, and therapeutic neuromodulation. Participants will also develop treatment strategies based on the results of randomized-controlled and pragmatic trials tempered by the realities of clinical practice, and incorporate clinically relevant issues related to drug therapy including pharmacokinetics, pharmacodynamics, and drug interactions.

Participants will:

- (1) Analyze the role of evidence-based and measurement-based care in the development and use of treatment strategies for major psychiatric disorders
- (2) Consider the relative value of various psychotropic agents for the treatment of major psychiatric disorders
- (3) Discuss the emerging role of therapeutic neuromodulation in the treatment of psychiatric disorders
- (4) Underscore the importance of developing strategies which enhance patient adherence to treatment
- (5) Utilize strategies for the proper diagnosis and treatment of opioid use disorders

Monday Schizophrenia; Treatment of high risk, prodromal, first-onset, early course, and multi-episode patients; Results from pilot studies of novel therapies, randomized controlled, and pragmatic trials

Tuesday Recent changes in diagnosis and treatment of depressive disorders

Wednesday Therapeutic neuromodulation including electroconvulsive therapy, vagus nerve stimulation, transcranial magnetic stimulation, and deep brain stimulation

Thursday Diagnosis and treatment of bipolar disorder; Results of STEP-BD trial; Diagnosis and drug therapy of anxiety disorders

Friday Opioid training: Diagnosis and management of opioid use disorders, problems regarding patient adherence to treatment, strategies to improve adherence

Session 3 - 2 Days

July 22-23, 2019 8:00 am-12:15 pm

Robert Freedman, MD

Emerging Strategies to Prevent and Treat Schizophrenia

Robert Freedman, MD, is Professor of Psychiatry and Pharmacology at the University of Colorado Denver School of Medicine. He trained at Harvard Medical School, the University of Chicago, and the National Institute of Mental Health. He has practiced clinical psychiatry for 44 years and conducted research on the causes, treatment, and prevention of schizophrenia. He is the Editor Emeritus of the *American Journal of Psychiatry* and a former Editorial Board member of the *New England Journal of Medicine*. He has published over 350 scientific publications and received the Dean Award of the American College of Psychiatrists, the Middleton Award of the Department of Veteran's Affairs, and the Merit Award of the NIMH.

Symposium Description and Objectives

Schizophrenia is a lifelong burden to patients, their families, and society. Despite the many medications and treatment options available, schizophrenia continues to be a difficult disorder to treat. The emphasis of this symposium is on new research as it applies to the current clinical assessment and treatment of the patient with schizophrenia and those who are at risk. Patients, their families, and their clinicians are constantly searching for better answers and new advances. Participants are encouraged to present clinical problems for discussion.

Participants will:

- (1) Discuss which new treatments, currently available or in final stages of development, may help patients who are ill now
- (2) Identify prevention efforts for schizophrenia that are available to expectant mothers
- (3) Explain the interactions of marijuana use and the risk for schizophrenia
- (4) Review the latest genetic findings and whether there will be a blood test for schizophrenia offered to patients

Monday New treatments for schizophrenia; Antipsychotic drugs and cognitive performance; Pathophysiology of fetal brain development; Decreasing the risk of future mental illness in expectant mothers

Tuesday Marijuana use and schizophrenia; Data and Effects; Genetic testing for schizophrenia: Verifying diagnosis and predicting future risk

Session 4 - 2 Days

July 25-26, 2019 8:00 am-12:15 pm

Arthur Derse, MD, JD, & Rebecca Anderson, PhD

Between a Rock and a Hard Place: Ethical Issues for Mental Health Providers

Arthur Derse, MD, JD, is Director of the Center for Bioethics and Medical Humanities, Julia and David Uihlein Chair, and Professor of Bioethics and Emergency Medicine at MCW. He is a member of the board of the American Society for Law, Medicine, and Ethics, member and past chair of the Ethics Committee of the American College of Emergency Physicians, past president of the American Society for Bioethics and Humanities, and former chair of the National Ethics Committee of the Veterans Health Administration. He served as Senior Consultant for Academic Affairs at the AMA's Institute for Ethics, and is a member of the American Bar Association's Commission on Law and Aging. He is chair of the Froedtert Hospital Ethics Committee and a member of the Children's Hospital of WI and Milwaukee County Behavioral Health Ethics Committees.

Rebecca Anderson, PhD, is Professor in the Department of Anesthesiology and Director of Integrated Mental Health in Pain Management Center at MCW. She is the author of over 70 peer reviewed articles, 6 book chapters, and 2 books. She serves as Secretary of the WI Examining Board. Clinically she is a member of a comprehensive pain management program which encompasses musculoskeletal and neuropathic pain and headaches working with Anesthesia, Neurology, and Physical Medicine and Rehabilitation teams. She utilizes CBT, mindfulness, apps, imagery recordings, and biofeedback as part of an integrated approach to address adjustment and improve quality of life for patients.

Symposium Description and Objectives

This seminar will cover professional boundaries, confidentiality and duty to warn/protect cases, as well as emerging ethical issues concerning electronic health records, interstate licensing requirements, social media, and legislative updates. Drs. Anderson and Derse will review major ethical issues in mental health practice and will lead case dis-

cussion including cases from participants. Focus will start with ethical principles, methods for resolution of ethical dilemmas, and then will move to informed consent and determination of decision-making capacity.

Participants will:

- (1) Review ethical issues including ethical principles, methods for resolution, informed consent, and decision-making capacity
- (2) Describe ethical issues in professional boundaries, confidentiality, and duty to warn/protect cases
- (3) Discuss emerging ethical issues concerning electronic records, interstate licensing, social media, and legislative updates
- (4) Discuss ethics cases from participants

Thursday Introduction; Analyzing and resolving ethical issues; Ethical principles of psychologists and code of conduct; Informed consent; Determination of decision-making capacity; Cases for discussion

Friday Professional boundaries; Confidentiality and duty to warn; Licensure board and sanctions; Electronic records, interstate licensing, and social media; Legislative update; APA suggestions to avoid ethical problems; Audience cases for discussion

Session 5 - 5 Days

July 29-Aug 2, 2019 9:00 am-12:15 pm

Shawn Shea, MD

Transformational Moments: How Master Clinicians Think, Talk, & Listen when Facing Challenging Clinical Tasks

Shawn Shea, MD, is Director of the Training Institute for Suicide Assessment and Clinical Interviewing. Having given over 850 workshops worldwide, he is the author of seven books and numerous articles on clinical interviewing, suicide prevention, creating resiliency, and exploring spirituality. *Happiness Is.*, his book on creating resilience, was chosen as a Brodart Library Gem and a Bowker's "Title to Watch." His text *Psychiatric Interviewing: The Art of Understanding, 3rd Edition*, was chosen by the British Medical Association as the 2017 Book of the Year in Psychiatry. *The Practical Art of Suicide Assessment* is viewed as a classic in the field of suicide prevention.

Symposium Description and Objectives

This symposium offers innovative strategies and interviewing techniques for transforming the most problematic clinical challenges encountered in everyday care. The techniques described are applicable to therapists in settings from community mental health centers, college counseling centers, and private practices to emergency departments and inpatient units. Traditionally daunting tasks such as creating hope in the hopeless, gracefully exploring our client's spirituality,

exploring incest and domestic violence, unstalling stalled treatment planning, eliciting hidden suicidal ideation, uncovering dangerous psychotic process, performing a sensitive DSM-5 differential diagnosis, and avoiding our own burn-out will be explored. Dr. Shea will utilize a combination of didactics, videos, and the lens of the "human matrix", a concept that adds consistency, integration, and a sense of direction to transforming challenging clinical conundrums.

Participants will:

- (1) Apply principles of "matrix treatment planning" to instill hope and resiliency
- (2) Learn interviewing techniques for spotting psychotic processes, exploring spirituality, and transforming moments of anger and disengagement
- (3) Use seven specific interviewing techniques for uncovering sensitive topics
- (4) Use the Chronological Assessment of Suicide Events (CASE Approach) for uncovering suicidal ideation, planning, intent, and actions

Monday Preventing suicide by creating hope; Matrix Treatment Planning; Collaborative spiritual exploration

Tuesday Uncovering OCD, panic disorder, and PTSD; Exploring physical and sexual trauma with compassion; Effectively spotting psychotic process

Wednesday Using innovative interviewing techniques on clients with borderline and narcissistic personality disorders; Performing a DSM-5 differential diagnosis

Thursday Techniques for uncovering taboo topics; Effectively uncovering suicidal ideation, planning, behavior, and intent using the CASE Approach

Friday Transforming wandering and rehearsed interviews; Turning angry disengagement and disengaging questions into moments of therapeutic magic

Session 6 - 5 Days

July 29-Aug 2, 2019 9:00 am-12:15 pm

Fred Heide, PhD, & Lee Becker

Quieting the Ego via Behavioral Improvisation

Frederick Heide, PhD, is Professor at the California School of Professional Psychology at Alliant International University, where he has won both the Master Teacher and Teacher of the Year Awards. Dr. Heide received the Outstanding Research Contribution Award from the Association for Advancement of Behavior Therapy for his work on relaxation-induced anxiety. Dr. Heide is also co-founder of and performer with Door County's Northern Sky Theater, which was the 2012 recipient of the WI Governor's Award for Arts, Culture, and

Heritage. He studied acting and created several shows with Paul Sills, founding director of Chicago's Second City Theater.

Lee Becker began improvising over 30 years ago with ComedySportz while attending UW-Madison. He helped found ComedySportz NYC, and also worked with the group in Milwaukee, running workshops in all three locations. He is a core member of Northern Sky Theater where he is a performer, musician, and playwright. Lee was a founding member of Door Shakespeare and has also performed and written for First Stage Children's Theater in Milwaukee.

Symposium Description and Objectives

Self-preoccupation is rampant and even glorified in American society, where disorders linked to excessive self-focus have increased dramatically in recent decades. Empirical evidence suggests that egoic focus is a central source of personal and interpersonal distress. In response, scholars have begun to investigate traits and states that mitigate this over-emphasis on the self. Research has identified several characteristics of these so-called hypo-egoic phenomena: Present-centered awareness, an experiential focus, concrete self-conceptualization, and lessened attention to evaluation by others. These processes have been linked to mindfulness, flow, spontaneous self-regulation, empathy, compassion, and altruistic behavior. The leaders of this workshop will invite participants to explore a series of simple improvisational exercises as a means of promoting hypo-egoic experience. After an overview of current research and theory, the bulk of the week is devoted to engaging in and discussing these exercises in a safe, supportive atmosphere. Brief traditional mindfulness practice will be included.

Participants will:

- (1) Define self, hypo-egoic phenomena, and learn how hypo- and hyper-egoic processes differ from each other
- (2) Analyze links between hyper-egoicism and disorders such as depression, generalized anxiety, and social anxiety
- (3) Assess hypo-egoic aspects of mindfulness, forgiveness, empathy, and mysticism
- (4) Discuss how behavioral improvisation can be utilized hypo-egoically

Monday Overview and definitions; Spiritual vs. secular practices; Mindfulness vs. meditation; Research on phenomenological, behavioral, and neuropsychological effects; Meditation for anxiety, depression, and PTSD; Principles of behavioral improvisation; Warm-up exercises

Tuesday Behavioral Improvisation I

Wednesday Behavioral Improvisation II

Thursday Behavioral Improvisation III

Friday Summary and conclusions; Wrap-up exercises

Session 7 - 2 Days

July 29-30, 2019 8:00 am-12:15 pm

Anna Salter, PhD

Sex Offenders and Victims: Special Topics

Dr. Salter received her PhD in Clinical Psychology and Public Practice from Harvard and obtained a master's degree in Child Study from Tufts University. She consults part-time to the WI Department of Corrections and performs annual evaluations of sexually violent predators and initial civil commitment evaluations for the State of Iowa. She testifies as an expert witness in sexual abuse cases and lectures and consults on sex offenders and victims throughout the US and abroad. Before moving to Madison, Dr. Salter was a faculty member of Dartmouth Medical School in the Departments of Psychiatry and Maternal and Child Health where she was Director of Psychosocial Training for the pediatric residency program, Director of Child Psychiatry Consultation to the pediatric ward, and Co-Director of the Parenting Clinic.

Symposium Description and Objectives

This workshop will address recent developments in understanding sex offenders and victims. Topics will include the justice gap between the number of children and adults who have been sexually assaulted, rates of disclosing sexual abuse, and the number of convictions obtained. The workshop will also address the typology and motives of sex offenders including pedophiles, rapists, sexual sadists, and psychopaths including the methods they use to deceive children, parents, therapists, and the community as well as how to detect deception including facial and statement analysis. The role of cognitive distortions as opiates for a conscience and the role of entitlement for those without a conscience will be discussed. The dynamics behind sexual assault will be examined.

Participants will:

- (1) Recognize the normative nature of counter-intuitive victim behaviors and the reasons they occur
- (2) Identify the role that keeping the social fabric smooth and unruffled plays in counter-intuitive victim behaviors
- (3) Describe the different thinking patterns of different types of sex offenders
- (4) Discuss the role that cognitive distortions and entitlement play in sex offending

Monday Counter-intuitive victim behaviors; Trauma bonding; Keeping the social fabric smooth; The role of perpetrators in producing counter-intuitive victim behaviors; Examples of perpetrators inducing counter-intuitive victim behaviors; Lessons from the Alec Cook case

Tuesday Pedophiles vs. child molesters; Antisocial vs paraphiliac rapists; Dynamics of sexual sadists; Special characteristics of psychopaths; Entitlement and victim empathy; Facial and statement analysis as methods of detecting deception

Session 8 - 2 Days

August 1-2, 2019 8:00 am-12:15 pm

Meredith Rumble, PhD

Cognitive-Behavioral Therapy for Insomnia: Principles and Practice

Meredith Rumble, PhD, is Assistant Professor in the Department of Psychiatry at UW-Madison specializing in the assessment and treatment of insomnia and circadian rhythm disorders. Dr. Rumble is the UW Behavioral Sleep Medicine Program Director and the Adult Track Director of the UW Clinical Psychology Internship Program. In these roles, she teaches, supervises, and mentors psychology interns, residents, and sleep fellows. She provides continuing education for practitioners regarding behavioral sleep assessment and treatment and conducts clinical research examining sleep disturbance in the context of depression and cancer.

Symposium Description and Objectives

Insomnia is a prevalent and distressing issue that has historically been considered a secondary symptom of psychiatric disorders. However, prospective studies have demonstrated a bidirectional relationship between insomnia and psychiatric disorders, with evidence supporting insomnia's contribution to depression, anxiety, alcohol abuse, psychosis, and suicidality. Thus, the value of assessing and treating insomnia has come to the forefront in psychiatry. Cognitive-behavioral therapy for insomnia has a strong evidence base and is recommended as an initial treatment in those with insomnia alone as well as with co-morbid insomnia. This workshop provides an introduction to CBT for insomnia utilizing presentation, experiential practice, and clinical scenarios with focus on the assessment and treatment of insomnia co-morbid with psychiatric issues and how to best support the challenges of behavior change.

Participants will:

- (1) Discuss the value of assessing and treating insomnia co-morbid with psychiatric disorders
- (2) Explain key behaviors to assess in preparation for CBT for insomnia
- (3) Summarize key components of and the rationale for CBT for insomnia
- (4) Apply CBT for insomnia with an understanding of ways to customize this treatment to support behavior change

Thursday Assessment; Case conceptualization; Multi-Component CBT; Under-

standing treatment patterns; Presenting the treatment rationale

Friday Customizing CBT to support behavior change; Considering willingness and other strategies; Support during sleep medication tapers; Maintaining treatment gains

Session 9 - 5 Days

August 5-9, 2019 9:00 am-12:15 pm

Francis Lu, MD

Meaningful Aliveness in the Second Half of Life: A Mindful Film Viewing Seminar

Francis G. Lu, MD, is the Luke & Grace Kim Professor in Cultural Psychiatry, Emeritus, at the University of CA, Davis. As a Distinguished Life Fellow of the American Psychiatric Association, Dr. Lu has contributed to the areas of cultural psychiatry, psychiatric education, film and psychiatry, and psychiatry/religion/spirituality. In 2008, the APA awarded him its Lifetime Achievement Award. At the 2016 APA Annual Meeting, President Renee Binder presented him with a Special Presidential Commendation "for extraordinary leadership and outstanding contributions to the field of cultural psychiatry." Since 1987, he has led/co-led 34 film seminars at Esalen Institute, Big Sur, CA.

Symposium Description and Objectives

"The afternoon of life is just as full of meaning as the morning; only, its meaning and purpose are different." -C. G. Jung

Jung conceptualized these tasks for meaningful aliveness in the second half of life: Face the certainty of death; review, reflect upon, and sum up your life; let go of roads not taken; let go of the dominance of the ego; encounter and honor the Self of wholeness within and with others; and engage creativity. In 5 feature films, the main characters embody meaningful aliveness in luminous ways. Mindfully watching what they discover trains our eyes, minds, and hearts to encompass the longings of our own psyches to discover what Joseph Campbell has called "the rapture of being alive." On each of the 5 days, 1 film is shown via Blu-ray video and 6 loudspeakers with an introduction and centering process to begin the session and processing after the film focusing on the participant's own experience of the movie including silent reflection, journaling, dyadic sharing, and group discussion. Four optional, non-CME evening film sessions are offered. Movies take on an exquisite cumulative power when shown in a group setting that is truly remarkable and unforgettable.

Participants will:

- (1) View films from a mindfulness perspective in which inspiring characters embody meaningful aliveness to renew these quali-

ties and enhance well-being

- (2) Identify meaningful aliveness and strengths of characters enabling participants to identify these strengths in themselves and their patients
- (3) Explain the transformation of consciousness in the second half of life that leads to meaningful aliveness
- (4) Help patients view films from a mindfulness perspective to renew these qualities in their lives and enhance their well-being

Monday "The Straight Story" (1999); Optional evening film "Wild Strawberries" (1957)

Tuesday "Tuesdays with Morrie" (1999); Optional evening film "Ikiru" (1952)

Wednesday "The Bridges of Madison County" (1995); Optional evening film "The Best Exotic Marigold Hotel" (2011)

Thursday "Shadowlands" (1993); Optional evening film "The Whales of August" (1987)

Friday "Limelight" (1952)

Session 10 - 2 Days

August 5-6, 2019 8:00 am-12:15 pm

Sheldon Benjamin, MD

Practical Neuropsychiatry for Clinicians, Part 1

Sheldon Benjamin, MD, is Professor of Psychiatry and Neurology and Director of Neuropsychiatry at UMass Medical School, where he is also the Interim Chair of Psychiatry. He is Director of the UMass Psychiatry Residency Program since 1995, co-directs the UMass Psychiatry/Neurology Residency, and is Director of the UMass Neuropsychiatry Fellowship. He has been recognized by the Massachusetts Psychiatric Society as the Psychiatric Educator of the Year and was recipient of the UMass Chancellor's Medal for Distinguished Teaching. He has published and lectured widely on neuropsychiatric topics and is a leader in neuropsychiatric education.

Symposium Description and Objectives

Neuropsychiatry is a potentially complex field of study encompassing the psychiatric and clinical neurosciences relevant to the evaluation of brain-behavior relationships. This week, however, we are going to keep it practical and clinically-oriented. Feel free to ask questions, bring forward case material from your practice, try out new cognitive assessment techniques, and immerse yourself for a week in the exciting world of neuropsychiatry.

Part One: Prefrontal Function & Traumatic Brain Injury: Neuropsychiatric Assessment Techniques To Use in Your Practice

Participants will:

- (1) Identify the major frontal behavioral syndromes
- (2) Explain executive function, its importance in rehabilitation, and how to assess it at bedside
- (3) Use a pathophysiologic approach to predict behavioral sequelae of TBI
- (4) Use neuropsych assessment techniques to assess frontal and executive function

Monday Frontal syndromes and executive function, focusing on psychosocial rehabilitation; Neuropsychiatry assessment techniques I

Tuesday Neuropsychiatric sequelae of TBI; Predicting behavior from TBI pathophysiology; Clinical approach to brain injured patients; Neuropsychiatry assessment techniques II

Session 11 - 2 Days

August 5-6, 2019 8:00 am-12:15 pm

Thomas Kosten, MD

Treatment Breakthroughs in Addictions: Personalized Medicine & Genetic Matching, Anti-addiction Vaccines, & Viral Gene Therapy

Thomas R. Kosten, MD, is the JH Waggoner Chair and Professor of Psychiatry, Pharmacology, Immunology, Pathology, and Neuroscience, Director of the Division of Substance Use Addictions, and Emeritus Director of the Dan Duncan Institute for Clinical and Translational Research at Baylor College of Medicine. He is Distinguished Professor of Psychiatry at Peking University Medical School and Adjunct Professor of Epidemiology and Behavioral Health at MD Anderson Cancer Center. He is former Vice Chair for Research at Baylor, and Professor at Yale University School of Medicine. He served as a Congressional Fellow in the US House of Representatives and is a long-standing member of commissions with the National Academy of Sciences, FDA, FTC, and Department of Defense.

Symposium Description and Objectives

Treatment breakthroughs in addictions and substance use disorders have kept up remarkably well with the rest of medicine and have gone beyond the progress in treating other psychiatric disorders. The most familiar breakthroughs involve genetic matching of patients to specific treatments. This genetic matching has a much stronger scientific base than currently marketed genetic testing which are based on unreliable algorithms. We will examine flaws in these commercial products and why claims about these products are unsubstantiated using peer reviewed med-

ical literature. We will look at scientifically supported genetic matching of patients to specific treatments for substance use disorders. Through case examples, we will examine how to use genetic testing for informing decisions about treatment in patients with addictions and depression.

Participants will:

- (1) Assess the limitations of currently marketed commercial pharmacogenetic testing
- (2) Examine immunotherapies to block drug abuse, relapse, and overdose on stimulants and opioids
- (3) Describe how viral gene therapy can produce an enzyme that transforms cocaine into an inactive metabolite
- (4) Discuss how a vaccine given through viral gene therapy can induce a blockade lasting up to 3 years

Monday Advances in personalized medicine; Selecting pharmacotherapies for psychiatric and SUD patients; Case examples

Tuesday Advances in immunotherapy to produce anti-addiction vaccines; Viral gene therapy; Clinical outcomes

Session 12 - 2 Days

August 8-9, 2019 8:00 am-12:15 pm

Russell Barkley, PhD

An In-Depth Look at Controversial Topics in the Diagnosis, Nature, & Management of ADHD

Russell Barkley, PhD, is Clinical Professor of Psychiatry at the Virginia Treatment Center for Children and the VA Commonwealth University Health Center. He has over 40 years of research and clinical experience in ADHD. He is board certified in Clinical Psychology, Clinical Child and Adolescent Psychology, and Clinical Neuropsychology. Dr. Barkley is a clinical scientist, educator, and practitioner who has published 25 books, rating scales, and clinical manuals as well as more than 290 scientific articles and book chapters related to the assessment and treatment of ADHD and related disorders. He has received awards from the American Psychological Association, American Academy of Pediatrics, American Board of Professional Psychology, New England Educational Institute, and Children and Adults with ADHD (CHADD).

Symposium Description and Objectives

Dr. Barkley has developed one of the leading theories of executive functioning and its role in the nature of ADHD. From this theory, he has developed numerous clinical implications concerning the diagnosis, assessment, and management of ADHD. Dr. Barkley will review the history of slug-

gish cognitive tempo and what is known about it from past research. He will address adverse events in the psychosocial treatment for ADHD and how to remedy them. We will also examine numerous domains of major life activities, how ADHD impacts them, and what it means for management across the lifespan.

Participants will:

- (1) Describe the significant implications of executive functioning theory for a deeper understanding of ADHD
- (2) Identify advances in psychological and medication management, including classroom and adult ADHD management
- (3) Conceptualize adverse events in psychosocial treatment and how to monitor and manage them
- (4) Review the most common comorbid disorders that coexist with ADHD and the reasons they may be associated with it

Thursday Executive functioning theory; Neuropsychological testing in the diagnosis of ADHD; Sluggish cognitive tempo; Life course outcomes of ADHD and what it means for life expectancy and management

Friday New developments in ADHD management; Adverse events in psychosocial treatments for ADHD and how to manage them; Comorbidity in ADHD

Session 13 - 2 Days

August 8-9, 2019 8:00 am-12:15 pm

Sheldon Benjamin, MD

Practical Neuropsychiatry for Clinicians, Part 2

Part Two: The Neuropsychiatry of Memory, Molecular Mimicry, & Memorable Maladies

Participants will:

- (1) Analyze some of what is known of the neuroscientific basis of memory
- (2) Recognize memory-related disorders and how to diagnose common dementias
- (3) Discuss the importance of autoimmunity and molecular mimicry as a cause of auto-immune limbic encephalitis
- (4) Review six important neuropsych cases deriving lessons for modern psychiatry

Thursday Memory and its disorders; A practitioner's guide to common dementias; Diagnosis and management of cortical and subcortical dementias

Friday Molecular mimicry; Lessons from the great encephalitis epidemic of 1916-1927; Autoimmune limbic encephalitis and the future of neuropsychiatry; Six neuropsychiatry cases all psychiatrists should know

Tuition and Refunds

Tuition for 5-day sessions is \$615. Two-day sessions are \$355. Tuition for medical students and resident physicians is \$365 per week with a letter from the training director. Please note: A \$16.00 non-refundable processing fee is assessed on all registrations.

Tuition for 5-day sessions will be reduced to \$565, and to \$305 for 2-day sessions, if received by May 17, 2019. Groups of 3 or more may deduct an additional \$50 from each 5-day registration and an additional \$25 from each 2-day registration if submitted at the same time with payment.

Refunds, minus a \$50 administrative fee, may be obtained if requested in writing no later than 15 days prior to the beginning of each session. There will be no refunds thereafter.

Accommodations

Lodging in July and August is in great demand; it is crucial that you make reservations early. A block of suites has been set aside at the Landmark Resort. These suites will be held until June 7, 2019, or until they are filled. After that, the rooms are on a space available basis.

From its site on the bluff, the Landmark offers outstanding views of the waters of Green Bay with 294 units comprised of 1, 2, and 3 bedroom suites. Facilities include the Carrington Pub and Grill, 10 meeting and function rooms, 1 indoor and 3 outdoor pools, 2 tennis courts, whirlpools and steam rooms, and a fitness center and game room. The Landmark Resort is Door County's largest and best full-service facility. As of May 2017, all suites at the Landmark have been renovated! Visit their website for photos and details.



The Landmark Resort

4929 Landmark Drive
Egg Harbor, Wisconsin 54209
Reservations (800) 273-7877

<http://www.thelandmarkresort.com>

Please indicate that you are attending the Summer Institute.

Disclosure

Consistent with ACCME policy, faculty for all MCW continuing education programs must disclose all relevant financial relationships with commercial organizations. MCW has a mechanism in place to identify and resolve conflicts in advance of the DCSI.



Miles from Egg Harbor	
Green Bay	59 miles
Milwaukee	160 miles
Madison	196 miles
Chicago	246 miles

Accreditation

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation of Credit

The Medical College of Wisconsin designates each week-long session of this live activity for a maximum of 15 *AMA PRA Category 1 Credits*TM and each two-day session for a maximum of 8 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity. MCW designates each week-long session for up to 15 hours of participation and each two-day session for up to 8 hours of participation for continuing education for allied health professionals.

The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. MCW maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.



MCW is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (license number 159-000664).

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

For more information contact:

Brenda Konczal (414) 955-7250
MCW Department of Psychiatry
8701 Watertown Plank Road
Milwaukee, WI 53226
www.mcw.edu/psychiatry/doorcounty.htm
e-mail: summerinstitute@mcw.edu

Registration

Please note that MCW accepts payment by Visa, MasterCard, and Discover.

EthosCE Website:

<http://ocpe.mcw.edu>

If you do not already have an EthosCE account, select Create Account in the upper right hand corner and enter all of the required information.

You will need to access this account again to complete a course evaluation and print your CE certificate, so **please make a note of your username and password.**

The deadline for claiming credit is **December 31, 2019**, after which you will not be able to obtain your credits.

Register and Pay for a Session:

Log in to your newly created or existing Ethos account, then select:

Specialties

Behavioral Health

The 33rd Annual Door County Summer Institute

Select a session you wish to attend and add to cart

Click Checkout to pay or Continue Shopping to add another session

Registration Fees:

5-Day Sessions: 1, 2, 5, 6, & 9

Before May 17, 2019	After May 17, 2019
\$565.00	\$615.00

2-Day Sessions: 3, 4, 7, 8, 10, 11, 12, & 13

Before May 17, 2019	After May 17, 2019
\$305.00	\$355.00

Group Rate (Min. 3 registrations)

Before May 17, 2019	After May 17, 2019
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5-Day Sessions

\$515.00 (per person) \$565.00 (per person)

2-Day Sessions

\$280.00 (per person) \$330.00 (per person)

Call (414) 955-7250 with names of group members to receive coupon code before registering.

Medical Students and Residents

Before May 17, 2019	After May 17, 2019
\$315.00	\$365.00

(call 414-955-7250 for coupon code)

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Department of Psychiatry
and Behavioral Medicine
8701 Watertown Plank Road
Milwaukee, WI 53226

Time sensitive material,
please deliver by
March 25, 2019
