

Sebastian Family Psychology Practice





SUPPORTING GLOBAL HEALTH EXPERIENTIAL EDUCATION

ASIL HOSSOON — SEBASTIAN FAMILY PSYCHOLOGY PRACTICE, MILWAUKEE MUSLIM WOMEN'S COALITION, MUSLIM COMMUNITY
AND HEALTH CENTER OF WISCONSIN— MILWAUKEE, WI- 2023

Master of Science in Global Health Equity
DR. RACHEL THOMPSON GLOBAL HEALTH EQUITY FUND

Asil completed her internship focused on supporting and assisting refugees, immigrant populations, and families. She collaborated with three Milwaukee organizations, the Milwaukee Muslim Women's Coalition, the Muslim Community and Health Center of Wisconsin, and the Sebastian Family Psychology Practice from May 15 – June 1, 2023. Through this internship, she gained firsthand experience and understanding of the challenges faced by refugees and immigrants and intends to continue working in this field for her thesis work and beyond.

Her internship activities included observing client care and home visits with Sebastian Family Practice furthering her knowledge about serving immigrant and refugee populations. She learned about the operations, programming, administrative structure, and management of Milwaukee Muslim Women's

"Through this internship I gained firsthand experience in addressing challenges refugees and immigrants face in accessing healthcare and recognized the importance of collaboration among organizations for the well-being of vulnerable populations."

Coalition and the Muslim Community and Health Center of Wisconsin. Alongside the Milwaukee Muslim Women's Coalition, she was invited to attend a meeting with The Honorable Nkosi Zwelivelile Mandela and participate in a community event commemorating "75 Years of The Palestinian Nakba" at Turner Hall.

Throughout the internship, Asil learned about the mental health needs of refugees and immigrants and how these Milwaukee organizations are making a difference in the community. She learned how to work effectively in new environments as well as develop connections with Milwaukee area organizations that are strengthening the Milwaukee community and increasing the well-being of its residents. This experiential learning opportunity enhanced her understanding of the Milwaukee Muslim Women's Coalition's mission of leading positive community change through advocacy, dialogue, education, and using faith-based values to ensure dignity and equity for all.

Key learning takeaways

- Gained insight into organization projects and client care
- Attended events for effective interaction with the target population
- Developed skills to support refugees and immigrants in the future

Next steps

Engage in ongoing dialogue and collaboration with professionals, community organizations, and policymakers to address systemic barriers and advocate for improved services and support



Milwaukee Muslim Women's Networking Brunch, featuring guest speaker Asma Ali, a nutrition coach who shared valuable insights on healthy eating.



Asil participated in the programming for the elderly at the Muslim Community and Health Center of Wisconsin where they gather to enjoy food, drinks, and engaging conversations.



A memorable group photo of Asil and the incredible team at the Milwaukee Muslim Women's Coalition.