How Can Beginning Medical Students Help in a Medical Home?

**Enhance Access and Continuity**
- Do flu BP checks under supervision
- Accompany pt to specialist
- Work with team members (e.g. PharmD, MSW)
- Arrange flu visits to increase continuity with same student & preceptor

**Measure and Improve Performance**
- Distribute surveys to assess patient experience
- Help preceptors with QI projects for maintenance of certification
- Participate in ongoing office QI projects

**Identify and Manage Patient Populations**
- Assess pt risk factors (smoking)
- Use structured tools for specific conditions to re-assess condition control (asthma)
- Students manage own miniature diabetes registry
- Select pts with chronic conditions/risk factors to call between visits, to check in and reinforce self-management goals
- Call/send letters to pt identified (via a registry) as needing preventive care (e.g. cancer screening or immunizations)

**Plan and Manage Care**
- Administer immunizations
- Irrigate ears
- Call pharmacy to assess med. adherence
- Perform diabetic foot exam
- Review guidelines for a specific care question
- Compose pt instructions; go over with pt at end of visit
- Perform med.rec.
- Call pt with lab results/ compose result letter (under supervision)
- Pre-plan office visits for recommended preventive care
- Assist pt to complete health questionnaires or decision aids
- Work with prenatal care coordinators

**Track and Coordinate Care**
- Work w/ care coordinators
- Contact pt after hospital d/c to review discharge instructions
- Call pt to re-assess acute condition, reiterate plan, or get results of home testing
- Assess if pt saw specialist when referred
- Contact WIC nutritionist to coordinate plan for a child with overweight or underweight
  - Contact a patient's community case manager
  - Assist with check out process at close of visit
  - Help communicate with school teachers for children with ADHD
  - Participate in care coord. with specialist

**Provide Self-Care and Community Support**
- Find/link to community resources
- Teach pts using printed materials about specific procedures (e.g. vaccines)
- Guide patient to do preparation before next visit
- Reinforce self-management goals from motivational interviewing (with preceptor).
- Refer pts who smoke to QUIT-NOW
- Educate pts how to read a nutrition label
- Find pt medical education materials
- Teach pts self-mgmt skills using demonstration