Alumnus transformed medicine on land & sea

Profiles in Primary Care: Serving special populations

Research program for undergrads has promoted science for 30 years
Historically, the Medical College of Wisconsin has contributed robustly to the Wisconsin physician supply, with more than one third of our 14,000 alumni practicing in the state. Recent reports from reputable agencies of a projected physician shortage, particularly in primary care, stirred our sense of responsibility and ignited our creation of regional medical education campuses currently under development in Green Bay and Central Wisconsin.

These communities are enthusiastic in their support. With our regional academic, health system, and civic partners, we have made great progress toward opening these programs. MCW’s Curriculum and Evaluation Committee and Faculty Council recently approved the vision for the regional medical education curriculum, a significant step in the design of our program.

Our target start date for the Green Bay program is summer 2015, when the first students will matriculate. The Central Wisconsin program has a targeted start date of summer 2016.

We have received significant insight from our Community Advisory Boards in Central Wisconsin and Green Bay. The Alumni Association is well-represented on each board by Frederic “Fritz” Schmidt, MD ’83, GME ’88, in Green Bay and Steven C. Bergin, MD ’74, GME ’78, in Central Wisconsin.

We seek further alumni involvement in our programs; there will be many opportunities to oversee clinical experiences and clerkships for our community-based students. Partnerships form the foundation of our programs, and we will rely on faculty in the communities to teach our students.

Germane to our goal of retaining new physicians, the approved state budget includes nearly $2.3 million for family medicine residency training over the next two years. Having additional residency slots is critical so our future graduates can stay in Wisconsin for their training and eventually help meet the growing demand for doctors.

John R. Raymond, Sr., MD President and CEO
Sea change

In the late 1930s, Dr. Edgar End, an alumnus and faculty member at Marquette University School of Medicine developed the breathing mixture that allowed his associate to shatter the world diving record. The discovery gave birth to scuba technology and led to further advances in diving and hyperbaric medicine.

Classes represented in this story:
'36

Profiles in primary care

Primary care physicians practice on health care’s front lines, and sometimes those lines are drawn by patients’ unique needs and circumstances. In our second installment of a multipart series, some alumni who care for special populations of patients discuss their perspectives and experiences in a profession whose call of duty is often above and beyond.

Classes represented in this story:
'59, '60, '66, '91, '09

Safe haven for veterans

Funded by MCW’s Healthier Wisconsin Partnership Program, a growing project that alumnus and faculty member Dr. Jeffrey Whittle helped launch with Dryhootch of America is helping military veterans achieve better mental and physical health through peer support.

Classes represented in this story:
'84

SPUR’s moment

The Summer Program in Undergraduate Research (SPUR) has given college students direct experience in MCW laboratories for 30 years, building a pipeline for future scientists.

Classes represented in this story:
'92

Volunteering wisdom

Alumni who participate in medical education as volunteer clinical faculty members give students practical, life lessons to complement the science. Alumnus Dr. Mark Harlow returns to Milwaukee from South Dakota every year to teach and encourages other alumni to consider giving the gift of wisdom to the next generation.

Classes represented in this story:
'86, '77
Three faculty leaders honored for distinguished service

Three faculty members with a combined 53 years of service to MCW received Distinguished Service Awards, the College’s highest faculty honor, at the MCW convocation ceremony Sept. 18.

William B. Campbell, PhD, Professor and Chairman of Pharmacology and Toxicology, joined the faculty in 1992. He has published more than 300 peer-reviewed papers and book chapters, and his laboratory has been continuously funded by the National Institutes of Health (NIH) for 36 years.

Dr. Campbell’s seminal research on the regulation of arterial pressure established him as a world expert in his field, and he has earned prestigious honors, including the Novartis Award for Hypertension Research from the American Heart Association (AHA), the Paul Vanhoutte Award in Vascular Pharmacology from the American Society for Pharmacology and Experimental Therapeutics, and the Excellence in Pharmacology and Toxicology Award from the PhRMA Foundation. He recently was accepted for a sabbatical at the Magdalene College Oxford.

Dr. Campbell has served on the Cardiovascular and Renal Study Section of the NIH and has reviewed grants for the AHA, Veterans Administration and Burroughs Wellcome Fund. At MCW, he has mentored dozens of graduate students, fellows and faculty members.

José Franco, MD ’90, GME ’93, Fel ’95, Professor of Medicine and Pediatrics, joined the faculty in 1995. Dr. Franco helped lead program development in Froedtert & the Medical College of Wisconsin’s liver transplant and hepatitis treatment programs. He has served as Director of Hepatology and Medical Director of Liver Transplantation and has participated in multiple funded clinical trials.

In 2011, Dr. Franco was named Director of MCW’s Discovery Curriculum with responsibility for leading the development, innovation and integration of the new medical school curriculum. Prior to that, he was the chair of the MCW Curriculum and Evaluation Committee, served on the Dean’s Education Innovation Advisory Committee and is now Director of the MCW Standardized Teaching and Assessment Resource (STAR) Center. He is a recent recipient of the T. Michael Bolger Student Assembly Standing Ovation Award and the Ernest O. Henschel Clinical Teaching Award.

William A. See, MD, is Professor and Chairman of Urology. Since joining MCW in 1999, Dr. See has assembled a department of 17 faculty experts in all aspects of urology and is himself a fellowship-trained urologic oncologist who practices at Froedtert Hospital.

Dr. See has been a leader in clinical care, introducing robotic surgery to Froedtert & the Medical College of Wisconsin and creating one of the largest renal and prostate cryoablation programs in the nation.

The current chair of the Medical College Physicians and active member of its executive board, Dr. See has also served on 25 nationally elected, appointed leadership and committee positions. He has been recognized with more than 40 awards and honors and has mentored students, residents and fellows throughout his career.

New Senior Associate Dean for Academic Affairs joins MCW from MUSC

William J. Hueston, MD, formerly Chair of the Department of Family Medicine at the Medical University of South Carolina from 1997-2012, joined the MCW on Nov. 1 as Senior Associate Dean for Academic Affairs. He also is Professor of Family and Community Medicine.

Dr. Hueston will provide vision and leadership in the education of medical students, for the infrastructure required to support successful recruitment, admissions, matriculation and graduation of high-achieving medical students, for the integration of community-based medical education with our existing educational program, and in identifying collaborations with the Graduate School of Biomedical Sciences.

He has served on the Research Committee of the American Academy of Family Physicians (including as Chair in 1995), the Commission on Research and Scientific Affairs of the AAFP, and on the Commission on Education. From 2001-2005 he was a member of the board of directors of the Society of Teachers of Family Medicine and represented that organization on the Association of American Medical Colleges’ Council on Academic Societies. He earned his MD from Case Western Reserve School of Medicine in 1983.
New chief development officer named

Froedtert Hospital and the Medical College of Wisconsin (MCW) jointly named Alice Archabal as Chief Development Officer and Vice President of Development for both organizations.

Archabal provides leadership for MCW’s Development and Alumni Relations offices as well as for the Froedtert Hospital Foundation. At MCW, she is succeeding James Heald, who retired after 20 years as Vice President for Institutional Advancement.

Archabal most recently served as Senior Vice President/Chief Operating Officer for Ann and Robert H. Lurie Children’s Hospital of Chicago Foundation. Over the past five years, Archabal participated in the strategic development and execution of a comprehensive $675 million campaign, which was essential in raising funds needed for programs and services and to create Lurie Children’s, which opened last June.

Prior to joining Lurie Children’s, Archabal was Chief Development Officer and Vice President of Philanthropy for Feeding America, headquartered in Chicago. She also worked over a 13-year period for St. Jude Children’s Research Hospital in Memphis where she held a variety of positions, including Senior Director of Regional Field Management.

She is a graduate of Ripon College.

Brain activity documented during concussion recovery

For the first time, researchers have documented irregular brain activity within the first 24 hours of a concussive injury, as well as an increased level of brain activity weeks later—suggesting that the brain may compensate for the injury during the recovery time. The findings are published in the September issue of the Journal of the International Neuropsychological Society.

Thomas Hammeke, PhD, Fel ’79, Professor of Psychiatry and Behavioral Medicine at the Medical College of Wisconsin, is the lead author. Collaborators at the Cleveland Clinic; St. Mary’s Hospital in Enid, Okla.; University of North Carolina; Franklin College in Franklin, Ind., and the Marshfield Clinic in Marshfield, Wis., co-authored the paper.

The researchers used functional MRI to study the natural recovery from sports concussion in high school football athletes.

Integrated physiology training receives decades of support

Over the last two decades, training in physiology departments throughout the country has undergone a transformation that precludes students from a thorough understanding that spans the breadth of the discipline from the whole animal to the cellular and molecular level. MCW’s physiology department, however, emphasizes integration of knowledge at all of those levels. That training has been recognized with NIH support since 1998.

The College recently received a five year, $1.5 million grant from the National Institutes of Health’s National Heart, Lung, and Blood Institute to continue its integrated research training in physiology. With this grant, MCW will fund six trainees each year; the program includes a mentoring component that bridges the span from basic scientist to clinician.

Hubert V. Forster, PhD, Professor of Physiology, is the primary investigator for the grant, which has been continuously funded for 20 years.

Retinal imaging tools to help assess disease, interventions

A team of researchers will study the causes and progression of eye diseases at the cellular level, funded by a four-year, $2 million grant that the Medical College of Wisconsin received from the National Institutes of Health’s National Eye Institute.

In this project, researchers will develop sensitive, noninvasive, cellular-resolution techniques for assessing photoreceptor structure in the living human retina. In addition, they will utilize genetic analysis and electrophysiological and behavioral testing to investigate how cellular disruptions in the retina affect visual function. Insights gleaned from that study will accelerate the application of this high-resolution imaging approach to define therapeutic potential on an individualized basis and to provide anatomical outcome measures for use in emerging therapeutic trials.

Joseph Carroll, PhD ’02, the Richard O. Schultz, MD/Ruth Works Professor in Ophthalmology, is the principal investigator of the grant. Dr. Carroll is also the co-director of the Advanced Ocular Imaging Program (AOIP) at the Froedtert & Medical College of Wisconsin Eye Institute. Co-investigators at the Eye Institute – Thomas Connor, Jr., MD, GME ’93; Kimberly E. Stepien, MD; and Alfredo Dubra, PhD (AOIP co-director) – will join collaborators from University College London and Oregon Health & Science University in the research.
As his partner descended into the wintery waters of Lake Michigan, a young doctor knew that his research and calculations would be the difference between failure, success and certainly, the diver’s safety. By the time Max Gene Nohl resurfaced unscathed, he had broken the world’s diving record, and Edgar End, MD ’36, had made history by discovering the artificial breathing mixture that made the feat possible.

More than 75 years later, Dr. End’s legacy continues in the hyperbaric medicine advances being made today at the Medical College of Wisconsin.

“I feel honored to be walking in Dr. End’s footsteps,” said Harry T. Whelan, MD, Professor of Neurology and Pediatrics at MCW, the Bleser Family Endowed Chair of Neurology at Children’s Hospital of Wisconsin. He directs MCW’s Hyperbaric Medicine Unit. “We owe a lot to Dr. End’s early work with helium and oxygen as a breathing mixture for commercial and naval diving, and hyperbaric oxygen for decompression sickness and carbon monoxide poisoning.”

A native of the Milwaukee area, Dr. End’s interest in diving began as a teenager when he invented a makeshift breathing device and began studying the effects of breathing under pressure. He and two friends built a helmet out of an old water tank, a piece of motorcycle windshield and plumbing parts. They attached the helmet to two garden hoses and a large tire pump, and explored the bottom of a stone quarry.

Dr. End graduated from the Marquette University School of Medicine in 1936. He served as Assistant Clinical Professor of Environmental Medicine at Marquette; as an intern at Milwaukee County General Hospital; and later as Director of the Milwaukee County Hyperbaric Chamber, which was built in 1932 for the treatment of compressed air tunnel workers. Dr. End was considered the city’s foremost specialist in hyperbaric oxygen therapy (HBOT), the medical use of oxygen at a level higher than atmospheric pressure.

HBOT was first used as a treatment for “the bends,” scientifically known as compressed air illness or decompression sickness (DCS). Today, it is also used to treat a number of conditions including air or gas embolism, crush injuries and other acute traumatic ischemia, necrotizing soft tissue infections, problem wounds, carbon monoxide poisoning and delayed radiation injury.

Decompression sickness causes bubbles of inert gases, primarily nitrogen, to form within tissues of the body when leaving a high-pressure environment. It most commonly affects divers, especially after spending extended periods of time beneath the water, or at great depth, without ascending gradually and making decompression stops to slowly reduce the excess pressure of the dissolved gases. DCS also may affect submariners or people who fly in unpressurized aircraft.

By 1937 at the age of 26, Dr. End was already a pioneer in the experimental use of artificial breathing mixtures rather than compressed air for divers. Early artificial breathing mixtures were considered dangerous because nitrogen, one of
the gases used, dissolves in a diver’s body fluids and causes nitrogen narcosis, an alteration of consciousness similar to drunkenness. Dr. End believed that helium was much less soluble in fat and would have little narcotic effect. Although the U.S. Navy had tried replacing nitrogen with helium in the 1920s only to discover that it caused DCS, Dr. End was not deterred.

Dr. End successfully tested his new “heliox” mixture on himself and Nohl in the hyperbaric chamber at Milwaukee County Hospital. Nohl was a graduate engineer and experienced diver from the Massachusetts Institute of Technology. He had approached Dr. End with a self-contained underwater breathing unit that he and two partners had built, with the intention of diving to explore the wreck of the Lusitania off the Irish coast.

On Dec. 1, 1937, Dr. End and Nohl set the world deep sea diving record off the shores of Lake Michigan. Wearing the diving suit and breathing the heliox mixture designed by Dr. End, Nohl sank 420 feet to the bottom of the lake. The “Deepest Dive” was broadcast live on NBC radio. The Journal of Industrial Hygiene and Toxicology published news of the record dive and associated experiments.

“They had actually planned for a 375-foot dive, not 420,” Dr. Whelan said. “But Nohl decided he wanted to go all the way to the bottom. Dr. End had to get out his slide rule and recalculate new decompression stops.”

Together, Dr. End and Nohl developed and built the first self-contained underwater breathing apparatus (scuba). Famed French diver Jacques Cousteau would consult their research in the 1940s to invent his prototype aqua-lung, the first open-circuit scuba to reach worldwide popularity and success.

Dr. End performed further experiments in the hyperbaric chamber during World War II and broke new diving records. He and his associates built most of the specialized gear for the U.S. Navy including frogman gear, underwater demolition team outfits and suits worn by mine disposal experts.

“Research continues today on how to extend the use of rebreathers by Navy SEALs to advance into enemy waters without producing bubbles,” said Dr. Whelan, who holds the rank of captain and is a diving medical officer in the U.S. Navy. Dr. Whelan is a consultant to the Navy Experimental Diving Unit and serves as the senior undersea medical officer for the “Deep Submergence Unit.”

Dr. End and Nohl conducted the first prolonged “immersion” experiment to test the effect of great pressure on the human body for extended periods of time. The two men stayed in the hyperbaric chamber at a pressure equivalent to 102 feet of sea water for 27 hours. The first dive tables, which allow a diver to determine a decompression schedule for a particular dive, were published in 1942 based on their work. The tables greatly reduce divers’ risk of developing decompression sickness.

As Director of the Milwaukee County Hyperbaric Unit, Dr. End treated nearly all local cases of the bends occurring in divers and compressed air tunnel workers. He also successfully treated carbon monoxide poisoning and arterial gas embolism, a more serious form of decompression illness that occurs when air bubbles enter the lungs, travel through the arteries and cause tissue damage by blocking blood flow at the small vessel level. Dr. End believed hyperbaric oxygen also could benefit patients with acute stroke, gas gangrene, chronic ulcer, skin grafts, arteriosclerosis and migraines. He was famous for remaining in the hyperbaric chamber with all of his patients during treatment.

Dr. End died in 1981 at the age of 71 with high hopes for the future of hyperbaric oxygen. Dr. Whelan and others continue his groundbreaking research in MCW’s Hyperbaric Unit, which performs more than 1,000 treatments per year. The team is investigating the benefits of hyperbaric medicine for the treatment of ischemic stroke, radiation-induced cerebral necrosis, traumatic brain injury, soft-tissue necrosis in the head and neck, cerebral palsy and multiple sclerosis.

“We are seeing success with reversing cell damage, stimulating new blood vessel growth and improving circulation to tissues,” Dr. Whelan said.

MCW and NASA together are pioneering the use of hyperbaric oxygen in conjunction with near-infrared Light-Emitting Diode (LED) technology for treating diabetic skin ulcers and diabetic macular edema, serious burns and the complications of cancer treatment. LED technology has been found to increase cell metabolism and growth, which leads to tissue regeneration and healing, and adds to the benefit of hyperbaric oxygen. NASA and MCW also are exploring the benefits of hyperbaric oxygen and infrared light for counteracting the harmful effects of weightlessness and radiation in space.

Dr. Whelan also continues research to improve the safety of deep-sea diving. He is investigating whether a ketogenic diet decreases oxygen toxicity symptoms in divers. Dr. Whelan says the future of mankind is beneath the sea.

“It’s important for us to go down much deeper and stay much longer. The average ocean depth is two miles, but we’ve confined our exploration to just a few hundred feet,” he said. “A majority of the earth has yet to be explored. There are undiscovered million-year-old animals and plants with potentially useful biological properties and products.”
Recently discharged from the hospital, Cindy, 59, needed frequent monitoring after experiencing blood clots in her lungs. Laid off from work and uninsured, she was unable to pay for physician visits or lab fees until Friendship Health Clinic intervened. The non-profit clinic, for which Edward F. Banaszak, MD ’60, PhD ’64, is medical director and primary care physician, provided the required blood work, secured diagnostic testing through local partners and continues to manage Cindy’s hypertension and asthma.

Cindy’s story is repeated across America, even in affluent cities like Naples, Fla., where she lives and Dr. Banaszak has practiced as an unpaid volunteer since 2003. For the underserved, access to primary care doctors is a lifeline that Dr. Banaszak believes should not be undervalued.

“I’ve never understood how one of the wealthiest communities in the nation provides financial support for their animal shelter and wounded birds better than their fellow man,” he said. “And we keep people out of the emergency room.”

The Friendship Health Clinic has served the Naples area since 1985 and now includes more than 25 physicians, nearly 10 dentists and 12 RNs. These providers manage between 5,000 and 6,000 visits per year from patients over the age of 50 who earn less than three times the poverty level. Most are unemployed. Many are indigent.

“A large number of these people have to make a choice – eat or pay for medicine,” Dr. Banaszak said. “Herein lies one of our problems. Most sample drugs are front-line drugs and expensive. If we give them samples, which eventually run out, then they cannot afford the refills.”

The clinic will instead prescribe gener-
ics, attempt to enroll the patient in pharmaceutical company free prescription programs or utilize grant money when available and appropriate. The clinic actually runs at an annual deficit of $125,000, but grants, philanthropy and a small endowment help cover the gap.

Dr. Banaszak practiced in Milwaukee for many years, including at the Zablocki VA Medical Center and as a clinical professor in family medicine and internal medicine at MCW before moving to Florida in 2000. He is passionate about caring for the underserved with dignity and quality.

“Motivation for endeavors like this varies,” he said. “It is usually curiosity at first. Then when one sees a patient with diabetes and a blood glucose of 500+ or a blood pressure of 200 mm hg treated successfully, more altruistic values appear to take hold. Medical practices that have money as their goal have to hurry through patients whereas these people can have our time.”

The patients of St. Clare Health Mission in La Crosse, Wis., similarly, receive the time of Mike S. Garrity, MD ’59, GME ’60. Every Wednesday for 11 years, the 80-year-old retired family physician has driven 120 miles round trip from his home in Prairie du Chien to volunteer at this free clinic that serves the poor and uninsured.

He staffs the continuity clinic and is among 300 volunteers who meet the challenges of this population, which include homelessness, addiction and compliance. It is not uncommon for Dr. Garrity to exchange phone numbers with patients so he can check on them directly on days he is not in the clinic. More than 40 years in rural family practice may have influenced his bedside manner.

Beyond western Wisconsin, Dr. Garrity also aimed in retirement to help a special population on the other side of the globe. From 2000-2004, he made nine visits to Ukraine and helped host several visits to the U.S. by a Ukranian contingent working to develop effective and efficient primary care services in the former Soviet republic.

“Our job in Ukraine was to establish model primary health care clinics and teach their doctors and nurses to approach practice in these clinics as a team,” he said.

The group developed two clinics, one at Kharkiv Aerospace University and the other in the rural village of Korobochkino. The latter was particularly challenging as the clinic only had one physician, one dentist, 10 support staff and no running water. Teamwork overcame the obstacles, however, and today, Dr. Garrity reports, there are more than 20 university clinics and 200 rural clinics developed from these models. It was the medical equivalent of “teaching a man to fish,” he said.

A 1992 Wisconsin Medical Society Physician-Citizen of the Year, Dr. Garrity exemplifies the impact primary care can have on communities and individuals.

“There is no substitute for the patient-doctor relationship, and I have never lost my respect for the power of healing associated with that,” he said. “I worry that today’s incorporation of medicine could possibly threaten this relationship, and we would be the worse for it. With all the fragmentation of care that is available today, I think the primary care physician has taken on added importance in assuring that care is coordinated, efficient and effective.”

In the pediatric practice of Lisa Zetley, MD ’91, GME ’94, coordination of care carries added social significance and is often as complicated as it is essential. Dr. Zetley, Assistant Professor of Pediatrics at the Medical College of Wisconsin (MCW), sees patients at Children’s Hospital of Wisconsin’s Downtown Health Center, an academic medical home that provides primary care for a vulnerable population of Milwaukee children and adolescents. Her expertise is caring and advocacy for children in the foster care system.

“For children in foster care, the most difficult challenge has been to get health information about the children and to collaborate with child welfare workers, foster parents and biological parents to understand the complexity and depth of the needs,” she said.

In addition to mental and special health care needs, many foster children experience changes in social workers and foster homes, leading to increased likelihood of information being lost or appointments missed in the transition. Dr. Zetley has sought to obviate this repercussions by organizing the Foster Care Integration and Care Coordination Project, consisting of monthly meetings at the Downtown Health Center. There, child welfare and health care professionals gather to discuss specific cases with the pediatrician who cares for the child.

“These meetings have been very successful in sharing information and communicating health needs directly between professionals from different arenas who all serve one child or family,” Dr. Zetley said. “In addition to the direct benefit to the child, we all learn about each other’s systems and how to better communicate and collaborate to meet the needs of other children we serve.”

The effort has contributed to the development of the Foster Care Health Improvement Project, co-chaired by Dr.
elsewhere inspires me to keep working hard to help patients get to a medically difficult population that struggles to find that care a lot to all of us on the team. Being able to provide quality care is critical in caring for patients’ complex issues.

Dr. Jones said consistent coordination and communication among psychiatric care, therapy, behavior support and case management is essential. The program integrates primary care with medical problems. The program is particularly beneficial to children with developmental disabilities and significant accompanying behavioral and medical problems. The program provides an opportunity for Dr. Jones to pass on that which he has learned to pediatric and med-peds residents as well as pediatric fellows. This provides an opportunity for Dr. Zetley to pass on that which inspires her about primary care, such as helping families feel confident in their abilities to raise healthy children and developing long-term relationships with parents and children based on trust and mutual respect.

“It is a privilege to be part of a child’s life and watch them grow up,” she said. “It is especially important to be able to remain a child’s pediatrician during and after their journey in foster care. Sometimes, I am the only consistent person who knows them during this unpredictable and very stressful time in their life.”

The urban population Kyle Jones, MD ’09, serves in Salt Lake City, Utah, also benefits from the patient-centered medical home model. He leads the primary care team for the Neurobehavior HOME Program, which treats patients with developmental disabilities and significant accompanying behavioral and medical problems. The program integrates primary care with psychiatric care, therapy, behavior support and case management. Dr. Jones said consistent coordination and communication among team members is critical in caring for patients’ complex issues.

“The population I work with has historically had very low satisfaction with the health care they receive, as our current system isn’t set up to adequately serve them,” he said. “We have excellent patient and caregiver satisfaction scores, which means a lot to all of us on the team. Being able to provide quality care to a medically difficult population that struggles to find that care elsewhere inspires me to keep working hard to help patients get what they need, when they need it.”

Successes are felt by the entire team, exemplified by one of Dr. Jones’ patients, a woman with intellectual disabilities, depression and type 1 diabetes. She had multiple emergency department visits and clinic no-shows. The team performed a home visit, secured a clinic appointment, addressed her food insecurity, provided appropriate diabetes education, adjusted her anti-depressant medications and insulin, and provided counseling on self-motivation and well care.

“She has shown a lot of initiative to improve her life,” he said. “She has not been to the ED in over a year. With the assistance of the entire team, we have helped to turn her life around, something which would not have happened so dramatically or quickly in a typical care setting.”

In a career largely dedicated to rural primary care, Mike Reinardy, MD ’66, encountered his share of atypical settings, perhaps none as unique as his solo practice on the Menominee Indian Reservation coinciding with the restoration period in the 1970s when the Tribe’s federal recognition was restored.

Throughout his life, Dr. Reinardy maintained an attraction to different cultures and to a bucolic life, but for a time his career and then military service prevented him from following that vision. The Vietnam War, however, reinforced his desire for a life change.

“While in Vietnam, I got a look at how the vast majority of people in the world lived, and it was not pretty,” he said, “I didn’t feel comfortable going back to the life I had in Milwaukee.”

A series of serendipitous events led him to Menominee County, where he set up shop in the basement of the Tribe’s community center. He had a waiting room on one side and a small lab with a microscope and centrifuge in the corner. He obtained an X-ray but couldn’t develop the films. The closest hospital was more than 20 miles away.

As a primary care physician, Dr. Reinardy became part of the tribal community. He served on the County Mental Health Services Committee and as an ex officio advisor to the County Health Committee. He was instrumental in designing a new clinic made possible by the restoration act, but by the time it opened in 1977, circumstances had pulled him in a new direction, to a rural group practice in Antigo. The people always remained close to his heart.

“One of the high points of my career was after I retired in 2003. I contacted the clinic they built in Keshena, and they needed someone for a month to cover for someone’s vacation,” he said. “I did a month locum tenens. People I had delivered as babies were bringing in their kids. It was wonderful to see how well it was functioning, and that’s to the credit of the community. It came full circle for me, and was one of my most enjoyable times in practice.”

mcw.edu EXTRA
View a photo gallery of Dr. Mike Garrity’s primary care efforts in Ukraine at mcw.edu/SpecialPops
Dryhootch offers safe haven for ailing veterans

Empowering older individuals to take an active role in their own hypertension care has been the primary research focus of Jeffrey Whittle, MD ’84, a staff physician at the Clement J. Zablocki VA Medical Center in Milwaukee, and Professor of Medicine (General Internal Medicine) at the Medical College of Wisconsin (MCW).

In 2006, Dr. Whittle began investigating how that approach to cardiovascular care could be applied to mental health, particularly in the treatment of combat veterans. He previously had developed partnerships with the Veterans of Foreign Wars, American Legion and Vietnam Veterans of America on projects promoting chronic disease prevention and self-management.

Just a few miles away, Vietnam veteran Robert Curry was beginning to make his dreams of a safe haven for troubled veterans a reality. It would be called Dryhootch of America, a nonprofit organization designed to “help veterans and their families who survived the war, survive the peace.”

“Call it whatever you will – karma or divine intervention – but it was huge that we found each other,” Curry said. “Dr. Whittle came knocking at our door at the same time we were trying to get our legs up. It’s scary being a pioneer, but it’s less of a risk when you have an established institution like the Medical College on your side.”

In 2009, Dryhootch received the first of two Healthier Wisconsin Partnership Program (HWPP) grants from MCW’s Advancing a Healthier Wisconsin endowment. The goal was to help provide community outreach to veterans and their families by establishing a safe, social gathering space and peer support from trained veterans. Dr. Whittle was the primary investigator of the pilot grant and remains a partner on the project today.

“Encouraging patient self-management when it comes to hypertension,

obesity and physical fitness is what I do. Why not extend that to mental health?” Dr. Whittle said. “Doctors can tell patients about healthy behaviors, but that’s often not enough. Peers offer valuable advice on how to achieve good health. They can share their success stories and offer encouragement.”

Many veterans suffer from preventable illnesses such as heart disease and certain cancers because of unrelated physical and mental problems that are exacerbated by post-traumatic stress disorder, addictions and unhealthy lifestyles. As part of the first grant, Dryhootch and Dr. Whittle conducted a survey and found that VA services are underused by some of the highest-risk veterans, especially those who lack social support or are affected by undiagnosed mental illness.

Dryhootch is a coffee shop that offers veterans free access to peer mentor support and information about available health care and social services. “Dry” refers to the fact that it is free of alcohol or drugs. “Hootch” is the military term for a hut or other safe place to sleep. The organization is run by and for veterans and their extended families.

Zeno Franco, PhD, Assistant Professor of Family and Community Medicine at MCW, is the primary academic partner on the second HWPP grant: “Dryhootch iPeer – A Social and Technology Support Program for Veteran Mental Health.” This phase of the project builds on what Dr. Whittle and Curry started by using smartphone technology to improve access to peer support for younger veterans on college campuses who may be struggling with civilian reintegration. The project is responding to the needs of these veterans for “on-the-go” services that are available remotely, better fitting their busy work, family and school schedules than traditional outreach options.

“Walking into a VA hospital can be intimidating, especially for veterans returning from Afghanistan and Iraq who feel out of place among older vets. But what if they could first go someplace safe to meet others who are on the same journey? Eventually they’ll feel comfortable seeking programs and services offered by their VA,” Dr. Franco said.

Dryhootch began in 2008 with a tent on the grounds of the Zablocki VA and expanded in 2009 with a mobile coffee and outreach truck. The first permanent coffee shop opened on Milwaukee’s east side in 2010. Today, Dryhootch has a second shop in Milwaukee across from the VA, several other locations in Wisconsin, and interest from veterans’ groups in the Chicago area, St. Louis and New York.

DRYHOOTCH PARTNERS

Primary Community Partner:
Bob Curry, Dryhootch of America

Primary Academic Partner:
Zeno Franco, PhD, Department of Family and Community Medicine

Additional Academic Partners:
Jeffrey Whittle, MD ’84, General Internal Medicine, VA Medical Center
Karen Berte, PhD, Department of Psychiatry and Behavioral Medicine
Leslie Patterson, MS, Department of Family and Community Medicine
Clare Guse, MS, Department of Family and Community Medicine

Additional Community Partners:
Edgewood College
Marquette University
Mental Health America of Wisconsin
University of Wisconsin-Milwaukee
Waukesha County Technical College

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For 30 years, the Medical College of Wisconsin (MCW) has opened its doors to undergraduate students willing to challenge themselves to a rigorous scientific experience in a working biomedical research laboratory. Through the Summer Program for Undergraduate Research (SPUR), students can more accurately gauge their interest in scientific careers while benefitting from the opportunity to work with highly productive scholars and mentors on the MCW faculty.

John A. Auchampach, PhD '92, Professor of Pharmacology and Toxicology, mentored a SPUR student during his very first year on the faculty. His belief in the program has led to his continued involvement. Samantha Barbour, a student at Messiah College in Pennsylvania, joined his lab this summer.

“I think it’s important to get students started on this path early and expose them to opportunities for careers they could have in the future,” Dr. Auchampach said. “And I enjoy working with budding young scientists who bring additional enthusiasm to the lab in the summer.”

Barbour contributed to a collaborative, National Institutes of Health-funded project designed to improve understanding of how a general class of drugs called allosteric modulators work on G protein-coupled receptors. Many drugs interact with this large family of receptors, and Dr. Auchampach’s research could lead to development of more targeted therapies for a number of different diseases.

During her SPUR experience, Barbour conducted experiments that helped confirm some of the mechanisms behind how some members of this class of drugs work. She explored dose response relationships and receptor binding concepts.

“I have definitely gained an understanding of many basic pharmacological principles that I would not have been exposed to otherwise,” she said. “I also get to see how a specific experiment translates to conclusions about how a drug might be acting at the molecular level.”

In addition to laboratory work, SPUR students benefit from Wednesday lunch and learn sessions, a Friday morning lecture series as well as peer engagement activities that provide opportunities for students to learn from one another’s experiences. In addition, all SPUR students are required to formally present their summer project to their peers at the conclusion of the program, another skill worthy of mastery by any scientist.

A Pewaukee native, Barbour was glad to meet faculty and learn about graduate studies at MCW.

“It’s given me a lot to think about and opened my mind to more possibilities,” she said. “It has definitely been positive. There are so many good options in science.”

Leaving participants with a strong impression of MCW and a heightened awareness of scholarly biomedical research is part of SPUR’s value. The program serves as a compelling recruitment tool for graduate school and for other future scholars in medicine. SPUR has served nearly 1,000 undergraduates over the last 30 years. The vast majority of students have gone on to pursue higher education related to basic or clinical sciences/medicine.

SPUR is in part sustained by external funding, including private philanthropy and government grants. Dr. Auchampach recently contributed to a successful grant application to the American Society for Pharmacology and Experimental Therapeutics led by John D. Imig, PhD, Professor of Pharmacology and Toxicology. Through a competitive process, they earned funding for three undergraduate stipends for the next three summers.

“The purpose is to expose students to research in pharmacology, a field they don’t get exposed to in undergraduate school,” Dr. Auchampach said. “What made us competitive is we had an established program with SPUR, and we could outline that we had all of the necessary components in place to provide a quality training experience for interested undergraduate students.”
Years ago, while making Saturday rounds with one of his own children in tow, Mark Harlow, MD ’86, GME ’91, visited a hospital room that one of his patients shared with another woman. Upon concluding his visit, he noticed the other patient struggling with her meal tray, so he asked her if she needed assistance. He proceeded to help situate her in her bed and cut her meat for her, while the family of his patient teased him light-heartedly, asking “Did they teach you that in medical school?”

“No,” Dr. Harlow said, “but they should.” And that chance encounter and realization inspired an interest in teaching that repeatedly has led the alumnus back to the Medical College of Wisconsin to share his experiences with medical students as a volunteer educator. He hopes more alumni will find the passion to do the same.

“The principal reason I teach is to honor the people who took time from their busy lives to be a mentor to me when I was a young, aspiring medical student,” he said. “In the best of circumstances, those of us who have substantial experience and acquired wisdom can return to teach the next generation of physicians and hopefully instill in them the same dedication to the pursuit of excellence that I learned at MCW.”

An orthopaedic surgeon specializing in joint replacements, Dr. Harlow began his career in Rapid City, S.D., in 1992. His first step toward returning to MCW as a volunteer teacher was to contact a friend, Gary Kolesari, MD ’77, PhD ’76, Professor of Cell Biology, Neurobiology and Anatomy. Dr. Kolesari put him in contact with Todd Hoagland, Associate Professor of Cell Biology, Neurobiology and Anatomy, who oversees the teaching team in Clinical Human Anatomy.

Dr. Hoagland considers Dr. Harlow an amazing asset to the team, so much so that he recommended him for MCW’s Marvin Wagner, MD, Preceptor Award. Dr. Harlow received the honor in 2012.

“Dr. Harlow is generous with his time and talents, and students flock to him for his expertise,” Dr. Hoagland said. “He is a true professional and serves as an excellent role model for first-year medical students seeking insight into the profession of being a physician. He is a tireless champion of student learning.”

In doing so, Dr. Harlow lives near MCW during the upper and lower limb portions of Clinical Human Anatomy, approximately two months per year. In addition to lecturing and volunteering in every lab related to the extremities, he is also helping to develop interactive learning modules for use in MCW’s Discovery Curriculum, Dr. Hoagland said.

“For me, this is the completion of the circle of my professional career,” Dr. Harlow said. “I thoroughly enjoy the teaching opportunity. The students are uniformly enthusiastic and highly motivated to excel. I especially enjoy their idealism and altruism, which is so refreshing and is a great reminder as to why we all raised our hands and took the oath to serve our fellow man.

“I routinely tell them that they are entering the best career there is. They will have more opportunity to do more good for more people than in any other line of work. That is both a great privilege and a great responsibility. When our patients choose us and trust us to be their doctor, there is no higher compliment.”

When he’s not volunteering at MCW, Dr. Harlow is often volunteering elsewhere. He is a board member for Special Olympics of South Dakota as well as Cornerstone Rescue Mission for the Homeless. He is currently starting an orthopaedic clinic at the Pine Ridge Sioux Indian Reservation. He and his wife of 32 years, Micki, have four children and three grandchildren.

He contends that alumni in the community, near and far, have much to offer current students, and can take the time to share those life and career experiences.

“I would encourage all MCW graduates to consider participating in the mentoring process,” he said. “After all, these students will be our doctors one day. As is so often the case, when we give a little, we get much more in return. That has certainly proven to be true for me.”

**How to Volunteer**

To receive consideration as a volunteer faculty member:

**Option 1:** Contact MCW Faculty Affairs at facultyaffairs@mcw.edu or (414) 955-8666. Send a copy of your CV and indicate the type of volunteering that interests you and the department with which you would like to affiliate.

**Option 2:** If you already have contacts within an MCW department, reach out directly to them, and the department will contact Faculty Affairs to initiate the process.
A gift sent by an alumnus serving in southern Afghanistan ensured the Medical College of Wisconsin’s observance of 9/11 this year was personal and poignant.

Capt. William V. Dolan, MD ’74, who is part of a Forward Surgical Team deployed to Forward Operating Base Apache in Qalat, shipped an American flag flown at the base to the Alumni Association for display as the MCW community honored those who lost their lives on Sept. 11, 2001. The Alumni Association had the flag and certificate framed and, after the ceremony, mounted on the wall of the Geenen Center for Alumni Relations.

During his tour, Dr. Dolan and a team of 21 Navy sailors and two Air Force airmen provided basic “damage control” for trauma patients before the patients are flown to Kandahar for definitive care. Dr. Dolan is a former Alumnus of the Year (1989) and was previously deployed to Navy Medical Center Portsmouth, Virginia (2003).

Sept. 11 tribute features well-traveled U.S. flag

Photos, clockwise from top:
William V. Dolan, MD ’74, in Afghanistan with the flag he later sent to MCW.
Dr. Dolan has been stationed with former MCW faculty member Dr. James M. Feeney (left) since April; Nancy Taft, MD, GME ’04, recently arrived at Apache with her Army Forward Surgical Team.
On 9/11, MCW Director of Environmental Health and Safety Rebecca Seevers, MS, played Taps as part of a tribute that included the flag sent home by Dr. Dolan.

Packers welcome alumna home from Afghanistan

Upon returning to the U.S. following a seven-month deployment to Afghanistan as a Marine Corps regimental surgeon, Katrina Destree, MD ’11, was treated to a very special homecoming. The Green Bay Packers invited her onto the field for pre-game warm-ups and a special recognition in front of 80,000 fans attending the Sept. 15 game vs. the Washington Redskins. An essay her husband wrote to the team’s Operation Fan Mail program about her service and Packers spirit led to the unique experience.

“Though it felt as if I was living a dream with these celebrities so close, it was also a very humbling experience because as I was walking around the field, I learned the meaning of ‘we support our troops,’” she said. “So many people were coming up to shake my hand or shouting from the stands to say ‘thank you for your service.’ These are people that did not know me or what I do, but people who cared about our military.”

Dr. Destree is currently stationed at Camp Lejeune, N.C.

Katrina Destree, MD ’11 (in uniform), celebrates her homecoming at Lambeau Field with her family on Sept. 15.

mcw.edu EXTRA
Read more about Dr. Destree’s service to her country at mcw.edu/Destree.
1950s

Edward J. Winter, MD ‘57, recently retired from private practice in Olympia Fields, Ill. Dr. Winter is Medical Director of the South Suburban Council on Alcoholism and Substance Abuse and a deacon in the Archdiocese of Chicago.

1960s

Michael J. Dunn, MD ‘62, retired after 18 years at the Medical College of Wisconsin. Dr. Dunn was Dean Emeritus, Distinguished Professor of Medicine and Physiology, and Director of the Translational Research Resources Office in the Clinical and Translational Science Institute of Southeast Wisconsin (CTSI). He served as dean from 1995 until 2008, when he joined the CTSI to mentor clinical investigators. Dr. Dunn received MCW’s Distinguished Service Award in 2008, which is the school’s highest faculty honor.

Allan A. Knudson, MD ‘62, was awarded the 2013 Willard S. Bridwell Humanitarian Award by the Kings Regional Health Foundation. Dr. Knudson has served the rural, underserved population of Kings County, Calif., as a family practitioner since 1963.

Wendelin Schaefer, MD ‘64, received the 2013 Rotary International Service Above Self Award from the Rotary Club of Tahoe-Incline, Nev. Dr. Schaefer was honored for his leadership and service on humanitarian projects in Kenya, including medical equipment acquisition, an eye care and vision restoration program and 21 years of annual visits to Kenya and Tanzania to perform orthopaedic surgery. Dr. Schaefer is a semi-retired orthopaedic surgeon and recipient of the MCW Alumni Association’s 2009 Humanitarian Award.

1970s

Edward Benzel, MD ’75, GME ’80, was named among the “89 Spinal Surgeon Device Inventors & Innovators to Know,” by Becker’s Spine Review. Dr. Benzel is Chairman of the Cleveland Clinic’s Department of Neurosurgery in Cleveland, Ohio. He holds at least nine patents for devices, including a cervical spine stabilization method and system and a spinal column retaining apparatus.

Julian Lombard, PhD ’75, will receive the Microcirculatory Society’s 2014 Eugene M. Landis Research Award. The society is honoring him for his research focusing on the mechanisms behind vascular control in salt-sensitive hypertension, the role of oxygen in blood vessel constriction in hypertension and vascular abnormalities associated with high levels of salt in the diet. Dr. Lombard’s team recently discovered that high salt diet leads to severe dysfunctional changes in blood vessels even in the absence of an elevated blood pressure. His goal is to determine the mechanisms by which elevated dietary salt intake leads to abnormal blood vessel function even before the development of hypertension. Dr. Lombard is Professor of Physiology at MCW.

Sridhar Vasudevan, MD, GME ’77, was elected to the Board of Managers of the Feith YMCA in Port Washington, Wis. Dr. Vasudevan is Clinical Professor of Physical Medicine and Rehabilitation at MCW. He practices at Community Memorial Medical Commons Clinic and serves on the Wisconsin Medical Examining Board.

Thomas Hammeke, PhD, Fel ’79, received the Distinguished Neuropsychologist Award from the American Academy of Clinical Neuropsychology. Dr. Hammeke is Professor of Psychiatry and Behavioral Medicine at MCW, lead neuropsychologist for the Polytrauma Team at the Clement J. Zablocki VA Medical Center, and serves as adjunct faculty for UW-Milwaukee and Marquette University. He is former President of the American Board of Clinical Neuropsychology, the Association of Postdoctoral Programs in Clinical Neuropsychology and the Society for Clinical Neuropsychology.

Jeffrey M. Weber, MD, Fel ’79, was elected Chief of Medicine at the Western Regional Medical Center of the Cancer Treatment Centers of America in Goodyear, Ariz. Dr. Weber previously served as Chief of Surgery and Director of Gastroenterology and Metabolism. Before relocating to Arizona in 2009, he spent 30 years in private practice in Milwaukee in general gastroenterology, and co-founded Milwaukee Digestive Disease Consultants.

1980s

Mary Horowitz, MD ‘80, GME ‘89, MS ‘91, was inducted into the Association of American Physicians at the group’s annual meeting in Chicago. Dr. Horowitz is the Robert A. Uihlein, Jr. Chair in Hematologic Research, Professor of Medicine and Chief of Hematology and Oncology at MCW. She also is Chief Scientific Director of the Center for International Blood and Marrow Transplant Research. Dr. Horowitz studies the effectiveness of transplantation as a treatment for life-threatening diseases such as leukemia, non-Hodgkin’s lymphoma and other cancers.

Phillip Clifford, PhD ’85, received the Award for Innovative Institutional Partnerships in Research and Research-Focused Training from the Association of American Medical Colleges. Dr. Clifford and a nationwide team of colleagues developed the interactive career planning tool, myIDP, to help scientists prepare an individual development plan. More than 30,000 users have registered with myIDP since it launched in September 2012. Dr. Clifford is Associate Dean of the Graduate School of Biomedical Sciences at MCW.

Christopher J. Coffey, MD ’88, received the 2013 Physician of Excellence Award from the North Shore Medical Center (NSMC) in Salem, Mass.
It is the highest honor for NSMC physicians. Dr. Coffey was recognized for his compassion and skill in caring for obstetrics and gynecology patients. Dr. Coffey serves as Medical Director for Minimally Invasive Gynecological Surgery at NSMC and practices at North Shore Physicians Group in nearby Danvers and Swampscott. He has been named a Best Doctor by Boston Magazine since 2007.

1990s

Eric Rudnick, MD ’90, was appointed to the California Commission of Emergency Medical Services. Dr. Rudnick is a member of the Emergency Medical Directors Association of California and has been Medical Director at Northern California Emergency Medical Services, Inc. since 2010. He has been Medical Director at Santa Clara County Emergency Medical Services Agency Division of Public Health and an independent emergency medicine consultant since 2005.

Robert E. Dedmon, MD, MPH ’91, recently retired from active participation on the MCW faculty in the Masters of Public Health program. Dr. Dedmon most recently was Clinical Professor in the Institute for Health and Society. Since 1991, he served as a guest lecturer for the MPH program and the Clinical and Translational Science Institute of Southeast Wisconsin. Dr. Dedmon previously practiced general internal medicine at Theda Clark Medical Center and served as Vice President for Medical Affairs for Kimberly Clark Corporation, both in Neenah, Wis. He also contributed significantly to global health, travel medicine and rabies prevention.

Rose Franco, MD ’91, Fel ’97, was appointed Interim Chief of the Division of Pulmonary and Critical Care Medicine in the Department of Medicine at MCW. Dr. Franco is Associate Professor of Medicine and of Otolaryngology and Communication Sciences. She also serves as Program Director for the Sleep Medicine Fellowship and Co-Director of the Multidisciplinary Sleep Program.

2000s

Matthew Cooper, MD, GME ’00, was named Director of Kidney and Pancreas Transplantation at the Georgetown Medstar Transplant Institute in Washington, D.C.

Aleksey Lavery, MD ’00, lives in the California Bay Area with his wife, Desiree Labeaud, MD ’00, and their three sons. Dr. Lavery is a neurosurgeon. Dr. Labeaud recently received a grant to research arboviral outbreaks in Kenya.

Kevin Regner, MD ’01, MS ’11, was appointed Interim Chief of Nephrology at MCW. Dr. Regner is Associate Professor of Medicine (Nephrology). He is a primary investigator on a five-year National Institutes of Health-funded investigation aimed at elucidating the mechanisms of kidney regeneration following acute kidney injury.

Xiulu Ruan, MD, GME ’02, passed his record eighth medical board certification exam: the American Board of Independent Medical Examiners. That breaks his previous world record of achieving seven medical board/subspecialty board certifications in the United States. Dr. Ruan is co-owner and Medical Director of Physicians’ Pain Specialists of Alabama in Mobile, where he practices interventional pain management.

Lance McQuillan, MD ’03, was elected to the board of directors of the Oregon Academy of Family Physicians. Dr. McQuillan is Co-Director of the Samaritan Family Medicine Residency Program in Corvallis, Ore. and is on the Samaritan Health Physician Board of Directors.

Ellen Turner Wenberg, MD ’03, is a family physician and geriatrician, and Assistant Medical Director at ThedaCare Physicians in Waupaca, Wis. Dr. Wenberg lives in the area with her husband, Neil, and two sons.

Elizabeth Thiel, MD ’04, GME ’07, Fel ’11, MS ’11, was appointed Assistant Professor of Medicine (hematology and oncology) at MCW. Dr. Thiel specializes in palliative medicine at Froedtert
Danielle Drummond, MS ’05, was named Associate Medical Director for the Metro Aurora VNA Home Hospice Program in the Milwaukee area. Drummond will oversee strategic planning business development and technology services at the medical center. She previously held leadership roles at Main Line Health System, a network of four hospitals and health centers in the Philadelphia area, and GE Healthcare.

David P. Hughes, MD, MPH ’07, completed a residency at the University of Orthopaedic Surgery and Sports Medicine at the University of South Carolina in Columbia, S.C. He previously completed a fellowship in orthopaedic sports medicine in July 2013 at the Andrews Institute in Gulf Breeze, Fla.

Virginia Homewood, MD ’07, joined Copper Canyon Women’s Center in West Valley City, Utah. Dr. Homewood is an obstetrician and gynecologist. She completed a residency at the University of Tennessee Medical Center.

Ryan Hess, MD ’07, accepted the position of Assistant Professor of Orthopaedic Surgery in the Department of Orthopaedic Surgery and Sports Medicine at the University of South Carolina in Columbia, S.C. He previously completed a fellowship in orthopaedic sports medicine in July 2013 at the Andrews Institute in Gulf Breeze, Fla.

2010s

Catharine Malmsten, MD, Fel ’10, was named a “Top Healthcare Professional Under 40” at the National Medical Association’s (NMA) annual conference. She was one of 40 physicians nationwide to receive this honor from the NMA, which promotes the interests of physicians and patients of African descent. Dr. Malmsten is Assistant Professor of Medicine (Cardiovascular Medicine) at MCW and Assistant Director of Cardiovascular Inpatient Services at Froedtert Hospital.

Jonathan Skarie, MD ’10, PhD ’08, was given the 2013 Jessica S. Lin Award for Clinical Excellence by a Resident Physician at MCW. Dr. Skarie is a resident in ophthalmology. The award is given in memory of neurosurgery resident Dr. Jessica Lin, who died tragically in 2010. It recognizes an individual entering the final year of residency training for his or her outstanding clinical and academic performance.

Michelle Bayer, MD ’11, received a 2013 Pilot Project Research Award from the Society for Pediatric Dermatology. Dr. Bayer received the award for her research project, Incidence of hypoglycemia in children receiving propranolol therapy for infantile hemangioma. Dr. Mayer is a first-year resident in dermatology at MCW.

Michael P. Held, DO, MA ’11, is Director of a Level III trauma center in rural Cape Girardeau, Mo. Dr. Held also chairs the hospital’s ethics committee and gives lectures on ethical issues for various organizations throughout the region.

Donald Rowe, MD ’51, of Dousman, Wis., died May 12, 2013, following complications of pneumonia and a stroke. He was 88 years old. Dr. Rowe served in the U.S. Navy during World War II before attending medical school. He was Director of Medical Services for the Kohler Company in Kohler, Wis., Chief of Staff at Sheboygan Memorial Hospital, a contract physician for the U.S. Naval Reserve in Sheboygan, and Assistant Clinical Professor in the Department of Preventive Medicine at MCW. Dr. Rowe was preceded in death by a son and is survived by his wife, Nathalie, four children, eight grandchildren and five great-grandchildren.

Edgar W. Webb, MD ’51, of Boca Raton, Fla., died April 17, 2013. He practiced obstetrics and gynecology.

Samuel Graziano, MD ’54, of Brookfield, Wis., died May 13, 2013. He was 89 years old. He practiced family medicine for 51 years in the Milwaukee area. Earlier in his life, he worked on the railroad, apprenticed as a tool and die maker, and served in the U.S. Navy during World War II. Dr. Graziano was preceded in death by a son. Survivors...
include his wife, Lorraine; four children; 10 grandchildren; and 14 great-grandchildren.

Nyal Scheuermann, MD ’54, of Oshkosh, Wis., died June 19, 2013. He was 90 years old. Dr. Scheuermann was a surgical technician for the U.S. Army during World War II. He was awarded numerous medals including the Bronze Star for his service in Iwo Jima. He practiced family medicine at Mercy Medical Center in Oshkosh. Dr. Scheuermann was a member of the American Medical Association and Wisconsin Medical Society and was appointed to the Aerospace Medical Association as a Federal Aviation Medical Examiner. He is survived by his wife, Beverly; two daughters; two sons; eight grandchildren; and one great-grandchild.

Aaron H. Lipton, MD ’57, of Ocala, Fla., died July 1, 2013. He was 83 years old. A board-certified forensic pathologist, Dr. Lipton practiced in the Pathology Department at Hillside Hospital in San Diego, Calif.

Allen F. Smoot, MD ’59, of San Francisco, Calif., died Dec. 7, 2012. Dr. Smoot served as an officer in the U.S. Air Force during the Korean Conflict before beginning his career in internal medicine at St. Mary’s Hospital in San Francisco. He retired from private practice in 2011. Dr. Smoot is survived by his wife, Joanne; three children; and six grandchildren.

Andrew Klaczynski, MD ’60, of Allegany, N.Y., died May 15, 2013. He was 83 years old. Dr. Klaczynski practiced family medicine.

Howard S. Brown, MD, GME ’65, of Atlanta, Ga., died July 27, 2013. He was 80 years old. Dr. Brown served three years in the U.S. Air Force. After medical school, he opened a thoracic surgery practice in Atlanta. He served on staff at St. Joseph’s and Piedmont Hospitals and helped establish thoracic surgery departments at Northside and North Fulton Hospitals. Dr. Brown was President of the Medical Association of Atlanta and was awarded a patent for the “Brown Empyemia Tube” used in thoracic surgery. He was an avid sports fan and enjoyed jogging, reading, movies and golf. Survivors include his wife, Jacqueline; two sons; and four grandchildren.

Patrick Robins, MD ’67, of Missoula, Mont., died March 15, 2013 after a short battle with brain cancer. He was 72 years old. Dr. Robins served as a flight surgeon in the U.S. Air Force and was stationed at Davis Montahan Air Force Base in Tucson, Ariz. He later returned to Montana, his home state, to practice orthopaedics at Missoula Orthopedic Associates. Dr. Robins also served as Medical Director of Orthopedic Surgery at St. Patrick Hospital. He enjoyed skiing, fishing, hiking, golfing, hunting and traveling. Survivors include his wife, Kitte; four children; and grandchildren.

Myron B. Minko, MD ’76, of Franklin, Wis., died Oct. 9, 2012. He was 62 years old. Dr. Minko practiced psychiatry with the Milwaukee County Behavioral Health Division.

Naomi Sugar, MD ’79, of Seattle, Wash., died July 20, 2013 of ovarian cancer. She was 62 years old. Dr. Sugar practiced general pediatrics in northern California before joining the faculty at the University of Washington. She was an attending physician at Harborview and Seattle Children’s Hospitals until her death. She also served as the Medical Director for the Center for Sexual Abuse and Traumatic Stress and Director of the Foster Care Clinic at Harborview. Dr. Sugar wrote the Washington state guidelines for sexual assault evaluations and was a nationally-recognized expert in the forensic evaluation of sexual abuse. She is survived by her husband, Eric Feldman, MD ’78, and two children.

Elizabeth N. Shinners, PhD ’81, of Milwaukee, died Aug. 23, 2013. She was 61 years old. Dr. Shinners was a professor in the Department of Biomedical Sciences at Marquette University for more than 30 years. She is survived by her husband, Michael, and two children.

Terre Borkovec, MD ’84, of Milwaukee, died Aug. 6, 2013 after a two-year battle with cancer. Dr. Borkovec was an obstetrician for 30 years at St. Mary’s Hospital and delivered thousands of babies. She was preceded in death by her soul-mate Dennis A. Sobczak, MD ’86, GME ’90.

Jose L. Hurtado, MD ’85, of Tucson, Ariz., died June 6, 2013. He was 56 years old. Dr. Hurtado was board certified in internal medicine and in gastroenterology and hepatology. He served on staff at Tucson Gastroenterology Specialists for 25 years and also held positions at Tucson Medical Center and St. Joseph’s Hospital in Tucson. Dr. Hurtado enjoyed reading, gardening and traveling with his family. He is survived by his wife, Ana-Luisa E. Rosales, MD ’85, and two children.

Neil D. McElroy, MD ’93, GME ’00, of Eau Claire, Wis., died unexpectedly on Jan. 22, 2013. He was 56 years old. Dr. McElroy was an anesthesiologist.

Other special remembrances

Marshall B. Dunning, PhD, of Elkhorn, Wis. died Aug. 20, 2013 after a long battle with cancer. He was 65 years old. Dr. Dunning was Professor of Pulmonary and Critical Care Medicine and Physiology at the Medical College of Wisconsin. For the last five years, he directed the M1 physiology course. He also was Director of the Froedert Hospital Pulmonary Function Lab, where he developed a full-service testing center that became the premier regional hub for evaluating patients with complex pulmonary disease. Dr. Dunning received many grants including an award for the development of a computer program tool for teaching mechanical ventilation, and an award for investigating the relationship between preoperative smoking and myocardial ischemia. Survivors include his wife, Kathleen, four children and five grandchildren.

John P. Klein, PhD, of Milwaukee, died July 20, 2013. He was 62 years old. Dr. Klein was Professor and Director of the Division of Biostatistics at the Medical College of Wisconsin. He also served as the Chief Statistical Director of the Center for International Blood and Marrow Transplant Research, the Biostatistics Key Function Director for the Clinical and Translational Science Institute of Southeast Wisconsin, and the Biostatistics Core Resource Director for the MCW Cancer Center. Dr. Klein was an Eagle Scout and proud shareholder and fan of the Green Bay Packers.
This Honor Roll recognizes alumni who provided financial contributions to the Medical College of Wisconsin during fiscal year 2012-2013 (July 1, 2012–June 30, 2013). To make a new gift to the MCW program of your choice using our secure online giving tool, visit mcw.edu/giving or call the Office of Development at (414) 955-4700.

WALTER ZEIT FELLOWS
Since its inception in 1980, the Walter Zeit Fellowship has contributed significantly to the Medical College’s Annual Fund for Excellence as well as specific College programs. Zeit Fellows make a minimum commitment of either $25,000 payable over five years or $10,000 payable over five years combined with a deferred gift commitment. The Walter Zeit Fellowship currently totals 1,030 members, including 517 alumni.

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MCW has made every effort to ensure the accuracy of the information and names in the Honor Roll. If you notice an error, please call the Office of Development at (414) 955-4700.
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32
GIVING BY PARTICIPATION RATE
AMONG MEDICAL SCHOOL CLASSES

<table>
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<tr>
<th>Class of 1963</th>
<th>51%</th>
<th>Class of 1979</th>
<th>23%</th>
<th>Class of 1982</th>
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<th>Class of 1991</th>
<th>13%</th>
<th>Class of 2002</th>
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<td>22%</td>
<td>Class of 1987</td>
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<td>Class of 1993</td>
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<td>22%</td>
<td>Class of 2003</td>
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<td>20%</td>
<td>Class of 1990</td>
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<td>Class of 2012</td>
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<td>Class of 1998</td>
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<td>Class of 2014</td>
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<td>Class of 2017</td>
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</tr>
</tbody>
</table>

Class of 1973 17%
Continuing Medical Education events

Midwinter Retina Symposium: Retina Update for Comprehensive Eye
Jan. 11, 2014
Wauwatosa, Wis.
Contact: Kelli Torosian
ktorosian@mcw.edu
(414) 955-7875

The 44th Annual Winter Refresher Course for Family Medicine
Feb. 5-7, 2014
Pewaukee, Wis.
Contact: Bonnie Lawyer
blawyer@mcw.edu
(414) 955-4205

Best Evidence ENT
Aug. 2-5, 2014
Kohler, Wis.
Contact: Diann Fiscus
dfiscus@mcw.edu
(414) 805-5609

January 2014
www.mcw.edu/cme or call (414) 955-4900

CME Resources
Requesting transcripts

To obtain a transcript of credits earned through the Office of Continuing and Professional Education at the Medical College of Wisconsin, please call the transcript request line at (414) 955-4896 or use the transcript request form. The form is available online at www.mcw.edu/cme under the “Transcripts” tab and can be faxed to (414) 955-6623.

Alumni receive one transcript per year free of charge. For all subsequent transcript requests, the charge is $5 per request.

Alumni Events

Specialty receptions
American Academy of Orthopaedic Surgeons
New Orleans, La.
March 14, 2014
American Academy of Dermatology
Denver, Colo.
March 22, 2014
American Academy of Neurology
April 30, 2014

Alumni Association Board meetings
Jan. 29, 2014
May 2, 2014

Symposium for Senior Physicians
May 2014

2014 Reunions

Alumni Weekend
May 2-3, 2014
Events will include the Alumni Banquet at the Pfister Hotel, presentation of awards, tours, CME and special class dinners.

50-Year Reunion
May 16-17, 2014
Class of 1964 reunion will be held in conjunction with the The Medical College of Wisconsin’s 2014 Commencement weekend.

Clinical Conference
Feb. 24-28, 2014
The Alumni Association is sponsoring its 2014 Clinical Conference at the Hawks Cay Resort on the island of Duck Key, part of the Florida Keys.
Educational sessions for CME credit are planned, and a variety of recreational activities, including boating, tennis, fishing, swimming, watersports, biking and even a dolphin encounter are available. Social receptions are also planned. Register now.
(414) 955-4781 alumni@mcw.edu

Nominations Sought

Medical School Alumnus of the Year
The person selected for the 2014 award will have achieved professional success leading to peer recognition. Areas may include, but are not limited to, clinical teaching, academic medicine, research or leadership in professional societies.

Graduate School Alumnus of the Year
The person selected for the 2014 award will be recognized for their career achievements in science, industry, medicine or health. Areas may include, but are not limited to, research, education, academia, leadership, policy or public health.

2014 Humanitarian Award
Eligible for nomination are alumni who have, throughout their careers, demonstrated a significant humanitarian commitment in their medical practice or volunteer activities.

Fax or E-mail your nominations to: (414) 955-6699 alumni@mcw.edu
Volunteer and financial support of the Medical College are not criteria for these awards.

For more information about alumni events, contact the Office of Alumni Relations by:
Phone: (414) 955-4781
E-mail: alumni@mcw.edu
Internet: www.mcw.edu/alumni
Island of enrichment

2014 Alumni Clinical Conference
Feb. 24–28
Hawk’s Cay Resort
Florida Keys

Sponsored by the Medical College of Wisconsin/
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Turn to page 35 for more information