



Joint Patient and Caregiver Intervention for Older African Americans with Poorly Controlled Type 2 Diabetes

ABOUT THIS RESEARCH

This is a 6-month long research study that is looking at whether a 1-on-1, telephone-based diabetes and social needs problem-solving intervention will improve health outcomes in African Americans aged 50 and older with type 2 diabetes and improve quality of life for their informal caregivers. This research study will include 100 African Americans with poorly controlled type 2 diabetes and their informal caregivers.

WHAT THIS RESEARCH STUDY INCLUDES

Every participant in this study will meet with a health educator over the telephone once a week for 8 weeks. Participants will receive diabetes education and skills training, and information on problem solving and how to resolve social needs. Informal caregivers will join 4 of the 8 weekly calls. All participants will be paid for completing the study surveys and labs during the study.

CRITERIA FOR JOINING


Age 50 and older
African American/Black
HbA1c of 8% or higher at screening visit
Have an informal caregiver who is willing to participate

IF YOU ARE INTERESTED

Please call us, we will ask you a few questions over the phone to see if you meet all the criteria

CONTACT US

 **414-955-2128**

 **Dr. April Z. Dawson** is the investigator conducting this study. A member of her team will be happy to talk more about this study with you.

