

WISCONSIN

Postvention Community of Practice



For each suicide, it is estimated that **135** people are impacted, with over **50%** of the population experiencing at least one suicide loss. Suicide loss survivors experience higher rates of anxiety, depression, and suicidal thoughts and behaviors. Additionally, individuals experience increased stigma and guilt surrounding the loss. Postvention is a collaborative approach to support individuals who have experienced a loss due to suicide. Postvention addresses the healing process, negative effects of suicide loss, and helps prevent additional suicides.

Goal of the CoP

The Postvention CoP is a concerted effort to support those impacted by suicide loss across Wisconsin.

Target Audience

The Postvention CoP is designed for individuals representing community-based organizations, local and state health departments, healthcare facilities, mental health professionals, school personnel, grief and bereavement specialists, faith leaders, funeral directors, support group facilitators, and individuals interested in learning about, developing, and strengthening postvention supports within their community. Members are welcome at any stage of their postvention knowledge and programming journey.

Benefits

Members will have the opportunity to:

- Share and exchange resources, knowledge, and expertise related to postvention support
- Formalize processes and structures for communities to provide postvention support
- Identify possible funding mechanisms for starting and sustaining programming
- Identify equitable postvention practice, including modifications or additions in support for individuals/communities not traditionally served by postvention programming

Expectations

Learning opportunities and discussion topics will be responsive to members' needs. Members will meet from **12-1pm on the first Thursday of each month**, from October-May. To maintain an active and robust community of practice, members should attend and actively participate in at least 75% of the CoP's meetings. Members should be prepared to contribute to CoP discussions by sharing resources, asking questions, or sharing their own knowledge.

If you are interested, please complete a short form by scanning the QR code.



Any questions or concerns, please reach out to Tricia Monroe, Postvention Manager at the Medical College of Wisconsin at **(414) 955-7660** or **pmonroe@mcw.edu**.