

BRINGING DOWN BINGE DRINKING

While the rates of new youth alcohol users have declined since 2010, **more than half** of underage youth and young adults who use alcohol are binge drinking.

FIND OUT HOW SAMHSA IS
**INSPIRING ACTION AND
CHANGING LIVES.**

Engage with National Prevention Week today.
www.samhsa.gov/prevention-week

SAMHSA
Substance Abuse and Mental Health
Services Administration

4.5+ MILLION

youth ages **12 to 20** were binge drinkers in the past month.

BINGE DRINKING=

5 or more alcoholic drinks on the same occasion for males; 4 or more alcoholic drinks on the same occasion for females.

MALES



FEMALES



Source: Substance Abuse and Mental Health Services Administration (SAMHSA). (2018). *Key substance use and mental health indicators in the United States: Results from the 2017 National Survey on Drug Use and Health*. Rockville, MD: Center for Behavioral Health Statistics and Quality, SAMHSA. Retrieved from <https://www.samhsa.gov/data/>