



How Can I Get Involved in Reducing Excessive Alcohol Use?

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SCAODA report—Moving Forward: Policies and Strategies to Prevent and Reduce Excessive Alcohol Use in Wisconsin

It's important to understand the harm excessive alcohol use causes in our communities as the State Council on Alcohol and Other Drug Abuse's (SCAODA) report shows. It's impactful to be a part of making changes in your neighborhood, community, region or state. How can you get involved?

A great first step would be to connect with the [Alliance for Wisconsin Youth coalition](#) in your city or county and learn what they are doing.

Look at public health data on how alcohol affects your community to see where there is the most concern. Some resources for county data:

- [Burden of Binge Drinking in Wisconsin](#) has cost information by county
- [DHS data dashboard](#) shows health harms by county
- [Counter Tools](#) shows how alcohol is being sold in each county

Next step: See where you fit and can make change! The SCAODA report has something for everyone!

Check out www.mcw.edu/wisapp website to see full report and specific recommendations

- Whether you're elected, appointed, work or volunteer in your community, there are 30 recommendations for making an impact locally
- 9 ways to reduce excessive alcohol use in civic, community, religious or educational organizations
- Whether you are elected, appointed or work for State Government or a State Agency, there are 29 recommendations to improve the alcohol environment
- If you work in health care, 3 evidence informed recommendations for population level implementation

Where to start?

After reviewing the recommendations in the SCAODA report, it can be hard to know where to start. A great first step would be to connect with your local substance use prevention local coalition to learn what your community has already done. From there, build bridges and work with partners who can make the needed changes. Learning who makes decisions in your community is helpful. Remember, you aren't doing this alone! There are many people supporting this work locally ([Alliance for Wisconsin Youth](#)), regionally ([Regional Prevention Centers](#)), and statewide ([Wisconsin Alcohol Policy Project](#)).

Join with all of us who are working to create healthier communities for everyone!