

Research Activities Schedule

Informed Consent

- At home/in office (if preferred)
- 30 minutes to complete

At Home Activities

- Surveys & Questionnaires (90 minutes to complete)
- 7-day accelerometer device wear

VISIT 1 at MCW 90 minutes*

Pulse Wave Velocity

**Flow-mediated
Dilation**

**Anthropometry
(height, weight,
DEXA scan)**



*May be completed in 1 or 2 office visits within one week

VISIT 2 at MCW 60-90 minutes*

**Physical Performance
assessment (hand
grip strength, sit to
stand, 6-minute walk)**

**VO2 Peak
Assessment on Bike**

Usual Care Appointment—90 minutes**

Blood Draw

Fat Biopsy

**Blood draw and fat biopsy may be completed during a usual care appointment (i.e. mediport placement/removal or surgical procedure) or during “VISIT 1”, depending on your treatment plan

Compensation
\$75 to \$125 depending on
procedures being completed
at each time point

NOTE- All of these research assessments will occur 3 times throughout the study (at 0 weeks, after 16-20 weeks and after 12 months). Some details may vary depending on your treatment plan.