The 40th Forum for Behavioral Science in Family Medicine

September 18-21, 2019

2019 Theme:
The Evidence, the Art, the Outcomes

Sponsored by
The Medical College of Wisconsin
Department of Family & Community Medicine

Endorsed by The Society of Teachers of Family Medicine
ACCREDITATION

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physicians – The Medical College of Wisconsin designates this live activity for a maximum of 20.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Allied Health Professionals – The Medical College of Wisconsin designates this activity for up to 22.00 hours of participation for continuing education for allied health professionals.

Psychologists – The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.

Social Workers – The Medical College of Wisconsin is registered with the Illinois Department of Professional Regulation as a Continuing Education Sponsor for social workers (License No. 159-000664).

Family Practice Physicians – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

OBJECTIVES

• After attending sessions and workshops which describe effective teaching strategies and educational interventions, attendees will be able to plan, provide and/or evaluate effective educational interventions for behavioral science training in graduate medical education settings and for clinical practice for primary care settings.

• By attending clinical practice updates and other sessions focused on common psychiatric and health problems seen in primary care, attendee will be able to apply up to date evidence-based research to support clinical interventions in their clinical settings.

• After attending sessions focused on research, attendees will be able to identify opportunities to improve the utilization of available research evidence and opportunities to generate good quality, ethical research to support the activities of family physicians and family medicine educators.

TARGET AUDIENCE

Physicians, behavioral scientists/coordinators and allied health professionals in medical education.

HOTEL INFORMATION

DoubleTree by Hilton Chicago – Magnificent Mile
300 East Ohio Street, Chicago, IL 60601

Reservations: Toll Free (800) 222-8733 or online https://tinyurl.com/DoubleTreeForum2019

A block of rooms is reserved for registrants until August 23, 2019 at a special rate of $209 plus tax, per night.

Note: To receive the special rate, reference “The Forum for Behavioral Science in Family Medicine” or “FBS”. If conference attendance exceeds expectations, rooms in the conference block may be sold out prior to this date.
As we focus on increasing kindness and compassion in our lives and the world around us, we as teachers of Family Medicine, are poised in the intersections among healing, teaching, training, and caregiving. Faculty are held accountable for ensuring that our learners achieve certain milestones and demonstrate certain competencies. This talk will explore principles of kindness and compassion that provide the underpinnings of our work as teachers, and will provide an opportunity for attendees to reflect on opportunities for kindness and compassion in their careers.

Plenary Speakers:

**ACT SCHOLARLY! EMBRACE YOUR INNER BEHAVIORAL SCIENTIST**

*Sandra Burge, PhD*

A recent systematic review stated, “the implementation of Primary Care Behavioral Health services is ahead of the science…” pointing to a need to study what we do and document its value to patients, families, and physicians. In this talk, Dr. Burge will encourage Behavioral Science Faculty to see themselves as Behavioral Scientists and Scholars, and to envision The Forum as a learning community in which to join forces, build scholarship skills and generate new knowledge. She will define scholarship as a fundamental activity within a learning community, and emphasize small and large ways that we can contribute to the science of behavioral science.

**THE CHANGING PSYCHOLOGY OF BEING A BEHAVIORAL SCIENCE EDUCATOR**

*Dennis J. Butler, PhD*

In his address Dr. Butler will describe how the Forum has chronicled and influenced the maturation and advancement of behavioral science in family medicine for forty years. His address will examine the critical shift in the role of behavioral science education from curricular uncertainty to alignment of core content and the personal development of behavioral science educators from role confusion and isolation to integration and a strengthened professional identity, noting bumps, setbacks and detours along the journey. He will challenge attendees to think beyond reliance on professional affiliation and documentation of the utility of behavioral science as the mainstays for integrating behavioral science in family medicine. The Forum has provided an archive of essential content but do behavioral science educators possess the authority and skills to demand trainee accountability? Is it time to answer the question, “Can a resident fail behavioral science?”

**CONNECTING IS JOB NUMBER ONE: USING KINDNESS, COMPASSION, AND CONNECTION TO HELP HEALERS LEARN**

*Colleen Fogarty, MD, MSc*

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Wednesday, September 18, 2019

2:30 – 6:30 pm  REGISTRATION

3:30 – 5:00
Workshop 101  Narrative Medicine: Re-engaging and Re-energizing Ourselves through Story  
Andrea Lijoi, MD; Ana Tovar, PhD

Workshop 102  Teaching Family Interviewing to Residents: Basic Concepts and Applications  
Herman Barenboim, PhD; Teri Metropulos, MA

Seminar 103  Overcoming Barriers to Mental Health and Substance Use Care in Pregnancy  
Betsy Manor, MD; Jeremy Waldhart, DO; John Hayes, DO; Kristin Maglallo, MD

Workshop 104  Core Values & Resilience Promotion in Family Medicine Education  
Jennifer Ayres, PhD; Valerie Ross, MS, LMFT

5:15 – 6:30 GATHERING IN: Behaviorist, Heal Thyself!  
Thomas W. Bishop, PsyD; Katherine Fortenberry, PhD; Corey D. Smith, PsyD; Courtney Barry, PsyD

Thursday, September 19, 2019

7:30 – 5:00 pm  REGISTRATION

8:00 – 9:15 WELCOME AND OPENING PLENARY (Breakfast provided)  
Act Scholarly! Embrace Your Inner Behavioral Scientist  
Sandra Burge, PhD

9:30 – 10:30 Lecture  Discussion 105  You’ll Shoot Your Eye Out  
Lynn Simons, PsyD; Meaghan Beasley, MD; Bonny Rye, LLP; Christine Medaugh, MD

Clinical Practice Update 106  An Evidence Based Approach to Team-Training in Healthcare  
Adam Guck, PhD; Meredith Williamson, PhD; Katherine Buck, PhD, LMFT

Research 107  Research on Integrated Care (See abstracts for details) – Moderator: XXX

Clinical Practice Update 108

Christopher White, MD, JD, MHA; Kevin Brazill, DO; Stephen J. Warnick, Jr, MD

Lecture Discussion 110  Meaning in Medicine: Putting Meaning Back in Medicine  
Miranda Huffman, MD; Lindsay Fazio, PhD

10:45 – 11:45 Lecture  Discussion 110  Ethical implications of religion and culturally responsive care  
Shena Johnson, PsyD

Lecture Discussion 111  Hi, I’m Your Doctor: How to Establish a 20-Minute Relationship  
Mark A. Dixon, PhD, LCSW; Carrie Lucas, PhD

Lecture Discussion 112  Lighting the Path: Helping New and Experienced Behaviorists to Thrive  
Jeri O’Donnell, MA, LPCC; Jennifer Reynolds, LCSW

Lecture Discussion 113  An Integrated Care Model for Medication Assisted Substance Abuse Treatment  
Amber Cadick, PhD, HSPP; Meghan Williams, PharmD, BCPS; Sara Ritter, LCSW

Lecture Discussion 114A  Resident Wellness: An Evidence Based Approach  
Alexander Brown, PhD; Alison Parodi, MSW; Kirke Olson, PsyD

Lecture Discussion 114B  Developing a System to Monitor Resident Well-Being: A Collaborative Approach  
Jose R. Nino, MA, LCPC; Limor Gildenblatt, PhD, LCSW; Mario Hagar

11:45 – 1:15 LUNCH ON YOUR OWN

1:15 – 2:15 pm Lecture  Discussion 115  Telemedicine: The Art of Innovative Technology in Family Medicine  
Oliver Oyama, PhD, ABPP, PA-C; Elizabeth Lawrence, MD

Clinical Practice Update 116  Cure or Curse? The Latest Evidence Behind Cannabis Use and Mental Health  
Kevin Brazill, DO; Christopher White, MD; Stephen Warnick, Jr, MD

Lecture Discussion 116  “A Million Gray Areas”: Addressing Diversity, Allyship and Cultural Connections  
Kathryn Fraser, PhD; Karen Samuels, PhD
### Thursday, September 19, 2019

**1:15 – 2:15 pm**

**Lecture**
- Physician Wellness, Moral Distress and Stress of Conscience
  - Corey D. Smith, PsyD

**Discussion 118**

**Research 119**
- Curricular Research (See abstracts for details) – Moderator: XXX

**2:15 – 3:15 pm**

**Lecture**
- Teaching Virtue, Fostering Idealism: Ethics Rounds on the Inpatient Service
  - Joseph P. Gibes, MD; Alfred Martin, MD

**Discussion 120**

**Lecture**
- Interprofessional Approaches to Teaching in Family Medicine
  - Sarah Dewane, PhD; Kaitlin Leckie, PhD; Limor Gildenblatt, PhD; Sarah Kay Welch, DOFT

**Discussion 121**

**Clinical Practice Update 122**
- Suicide: A Protocol for Screening, Risk Assessment and Evaluation for Family Medicine
  - Chris Rule, LCSW; Rhonda Mattox, MD; Brooke Palmer, MA; Chasity Jiles, LCSW

**Lecture**
- The Use of Comics to Discuss Stressors in Medicine
  - Theresa Maatman, MD; Katinka Hooyer, PhD, MS

**Discussion 123**

**Lecture**
- One Time Psychiatry Consult: Increasing Access to Care & FM Provide Knowledge & Skills
  - Catherine Schuman, PhD; Katya Alcaraz, MD; Mark McCabe, MD

**3:30 – 5:00**

**Seminar 125**
- “What’s the problem?” Identification of Practice Gaps in the Clinical Setting
  - Mary Dobbins, MD; Jordyn Mathias, LCPC; Nicole Tenegra, MD

**Workshop 126**
- Integrating the Arts into the Science: Teaching Strategies and Resources
  - Mary Talen, PhD; Aimee Valeras, PhD

**Workshop 127**
- Mission: It’s Possible! Dynamite Didactics for Wellness and Beyond
  - Kaitlin Leckie, PhD; Laura Sutano, PhD; Jennifer Ayres, PhD

**Workshop 128**
- The Art and Science of Developing Research and Grant Writing
  - David Nelson, PhD, MS; Leslie Ruffalo, PhD; Melissa DeNomie, MS

**Workshop 129**
- Balint Groups: The Art of Relationship in Family Medicine
  - Philip Phelps, LCSW; Jeffrey Sternlieb, PhD; Jose Nino, MA, LCPC; Allison Bickett, PhD; Chris Rule, MSW

### Friday, September 20, 2019

**7:00 – 8:00 am**

**ROUND TABLE DISCUSSIONS** (See abstracts for details; Breakfast provided)

**8:00 – 9:30**

**Seminar 130**
- Inter-professional Practice Development: Practical Approaches Across Settings
  - Nataliya Pilipenko, PhD; Krishna Desai, MD; Meredith Williamson, PhD

**Lecture**
- Lifestyle Medicine Exposure Experience: Health Coaching for Residents’ Wellness
  - Christopher Haymaker, PhD; Rosalie Cassidy, MD; Griffin Hickey, MPH

**Discussion 131**

**Workshop 132**
- Research is a Team Sport!
  - Sandra Burge, PhD; Alex Reed, PsyD, MPH

**Workshop 133**
- Creative (Fun) Activities that Promote Resilience & Minimize Resistance
  - Jennifer Ayres, PhD

**Clinical Practice Update 134**
- An Integrated Approach to Addressing Opiate Misuse in Primary Care for Female Patients
  - Joanna Petrides, PsyD; Alexander Kowalski, DO; Jennifer Ehala, MPH, CHES

**9:45 – 10:45**

**Research 135**
- Research on Clinical Care (See abstracts for details) – Moderator: XXXX

**Lecture**
- Leaning into Suffering: Personal Growth and Wellness through Empathy
  - Hugh Blumenfeld, MD, PhD

**Discussion 136**

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**Register Online:** [http://ocpe.mcw.edu/family_medicine](http://ocpe.mcw.edu/family_medicine)
Friday, September 20, 2019

9:45 – 10:45
Lecture
Enhancing the Process of Professionalization with Peer Mediation
Barbara Ackerman, PhD; Parastou Farhadian, MD
Discussion 137
Childhood Depression
Brianna Smith, PsyD; Megan Brown, PsyD
Clinical Practice Update 138
The Balint Group Experience: Promoting Relationship and Team Awareness (9:45 – 11:45)
Phillip Phelps, LCSW; Chris Rule, LCSW; Jose Nina, MD; Shari Holland, LPC; John Freedy, MD, PhD
Workshop 139

11:00 – 12:00
Lecture
Integrating Homeless Outreach: A Longitudinal Component of Family Medicine Residency
Brian Wexler, PhD; Rosa Lucas, RN, FNP-C; Valentine Nuzhny, MD; Christopher Robinson, MD
Discussion 140
CNo More Talk About Wellness! - In Search of Direction in Assisting Residents to Flourish
Jill Schneiderhan, MD; Tom Bishop, PsyD
Lecture
Responding to Inappropriate Patients: What to Say When You Don’t Know What to Say
Michelle Kane, PsyD; Lee Chambliss, MD
Discussion 141
Breaking the Eggshells: The Ethics of Providing Feedback to Medical Learners
Scott Fields, PhD; Allison Seavey, LCSW
Discussion 142

12:15 – 1:45 pm
LUNCH AND PLENARY (Lunch Provided)
Forty Forums: The Changing Psychology of Being a Behavioral Science Educator
Dennis J. Butler, PhD

2:00 – 3:00
Lecture
E-Cigarettes: What We Know, What We’re Teaching
Beverlee Ciccone, PhD; Cindy Barter, MD, MPH; Debra Moorhead, PhD
Discussion 144
Beyond Genograms: The Art of Engaging Medical Learners in Systems Thinking
Amy Romain, LMSW; Julie Woodwarner, PhD
Lecture
Medication Assisted Treatments for Opioid Use Disorder
Patricia McGuire, MD; Alyssa Bruehlman, MD; Marianne Koenig, PharmD, BCPS
Discussion 145
Clinical Practice Update 146
Principles of Adult Learning: Application to Family Medicine Residencies
Mark A. Dixon, PhD, LCSW; David Snowden, PhD; Cheri Stokes-Williams, PhD
Discussion 147
Storytelling and Research: The Oral History Project and Crossing the Divide
Thomas Bishop, PsyD; Julie Schirmer, LCSW; Mike Floyd, EdD
Discussion 148

3:15 – 4:45
Workshop 149
Cognitive Behavioral Therapy? But I’m Not a Therapist! I Don’t Have Time for This!
Cynthia Jauregui, PsyD; Lynn Rogers, LCSW
Workshop 150
Deep Dive into the “Well”: How Behavioral Science Faculty Create a Culture of Wellness
Kathryn Fraser, PhD; Harry Blankie, MD PGY3; Danielle Biea, LCMFT; LCAC; Chantel Long, MD
Workshop 151
Conducting Ethical Scholarly Activity and Research, Common Conundrums
Heidi Musgrave, PhD; Cherie Dove, LCSW
Workshop 152
Yes, and for All: Teaching Improvisation Across the Medical Education Continuum
Alex Reed, PsyD, MPH; Valerie Ross, MS, LMFT
Workshop 153
Beyond Benzos – A Review of Pharmacologic Treatment of Anxiety
Kwanza Devlin, MD; Dominique Fons, MD; Kimberly Krohn, MD

Saturday, September 21, 2019

7:30 – 9:15 am
COFFEE AND MUFFIN SERVICE

8:00 – 9:00
Lecture
How to Build a Research Proposal in Family Medicine
Courtney Barry, PsyD; Heather Martens, PsyD; Joanna Petrides, PsyD
Discussion 154
Expanding Behavioral Health Screening in Primary Care: A Stepped Approach to Diagnosis
Mark Dexter, MD; Lindsay Fazio, PhD; Sara Lamport, BA
Lecture
Discussion 155
PRomoting Engagement for the Safe Tapering of Opioids (PRESTO)
Paul Hershberger, PhD; Dean Bricker, MD; Lori Martensen, MS
Discussion 156
Collaborative Care: Expansion and Education
Stephen Warrick, Jr, MD; Kevin Brazit, DO; Chris White, MD, JD; Sara Marasco, LMSW; Teague Simonccc, LMSW
Discussion 157
Celebrating 40 Years of Behavioral Science Education in Family Medicine

Saturday, September 21, 2019

8:00 – 9:00  
Clinical Practice Update 158  
Psychopharmacology for Depression  
TBD

9:15 – 10:15  
Lecture Discussion 159  
Transgender Care: The Role of Behavioral Science Faculty in Training  
Alison Gurley, PsyD

Clinical Practice Update 160  
Get the Lead Out! Lead Poisoning is a Concern from Womb to Tomb  
Heidi Musgrave, PhD; Deborah McMahon, MD

Lecture Discussion 161  
The Art and Science of BATHE: A Foundational Brief Therapy Tool that Learners Use and Love  
Claudia Allen, PhD, JD; Joseph Tan, PhD

Clinical Practice Update 162  
Bipolar Disorder: Managing the Peaks and Valleys  
William Johnson, MD; Scott Fields, PhD; Ellen Bluett, PhD

Lecture Discussion 163  
How Can the Neuroscience of Compassion Help Me with My Patients Today?  
Dominic Vachon, PhD

10:30 – 11:30  
CLOSING PLENARY  
Connecting is Job Number One: Using Kindness, Compassion, and Connection to Help Healers Learn  
Colleen Fogarty, MD, MSc

11:30 am  
ADJOURN

REGISTRATION

To register and more information visit:  
www.mcw.edu/Family-Medicine.htm

FULL REGISTRATION FEES:

Paid by 8/21/19 ............................................................$495
Paid after 8/21/19 ...........................................................$525
Resident/Medical Student/Graduate Student/Fellow
Paid by 8/21/19 .............................................................$240
Resident/Medical Student/Graduate Student/Fellow
Paid after 8/21/19 ...........................................................$280

ONE DAY REGISTRATION FEES:

Paid by 8/21/19 ............................................................$285
Paid after 8/21/19 ...........................................................$300
Resident/Medical Student/Graduate Student/Fellow
Paid by 8/21/19 .............................................................$180
Resident/Medical Student/Graduate Student/Fellow
Paid after 8/21/19 ...........................................................$200

Questions: Contact Mary Ellen Radjenovich at meradjen@mcw.edu or 414-955-8189
Please note there is a $17 non-refundable processing fee for all registrations.
Full registration includes breakfasts, luncheon, breaks, and continuing education credits. 
(If unable to attend, 50% of the fee paid will be refunded if written notification is postmarked by 8/21/19. There will be no refunds after this date.)
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