



## WHAT IS THE HAND IN HAND PROGRAM?

Pathfinders' **Hand in Hand Program** provides individual, family and group therapy, advocacy and case management services to youth survivors (ages 6-17) to meaningfully reduce the impact of sexual violence on their lives.

## WHAT IS CHILD SEXUAL ABUSE?

It is any sexual act that is tricked, forced, manipulated and/or coerced onto a young person under the age of 18. Child sexual abuse may include unwanted physical or direct sexual contact and non-physical or indirect sexual contact.

Sexual violence committed against a young person under the age of 18 is a crime and is a mandated report to law enforcement or child protective services. It is never the survivor's fault.

## TIPS FOR SUPPORTING YOUTH SURVIVORS OF SEXUAL VIOLENCE:

- Listen and respond calmly.
- Remind them it is not their fault. Sexual abuse is always the fault of the abuser.
- Reinforce their right to say NO.
- Tell them you believe and support them.
- Avoid questions that suggest fault for the survivor.
- Ask open-ended questions.
- Validate their feelings.
- Practice healthy coping strategies together.
- Allow them to express themselves creatively through music, storytelling, playing, acting, drawing and writing.
- Seek additional support.

**IT IS NEVER THE SURVIVOR'S FAULT.**

## AVAILABLE RESOURCES

Pathfinders Safepath Hotline:  
1-866-212-SAFE (7233)

Aurora Health Care Healing & Advocacy  
Services 24-hour Hotline: 414-219-5555

Impact 2-1-1: 211

The Parenting Network: 414-671-0566

Milwaukee County Children's Mobile  
Crisis Team: 414-257-7621

*This project is supported by Victims of Crime Act Subgrant  
No. 13396 awarded by the Wisconsin Department of  
Justice Office of Crime Victim Services under a grant from  
the U.S. Department of Justice Office for Victims of Crime.*

## HAND IN HAND PROGRAM SERVICES OFFERED

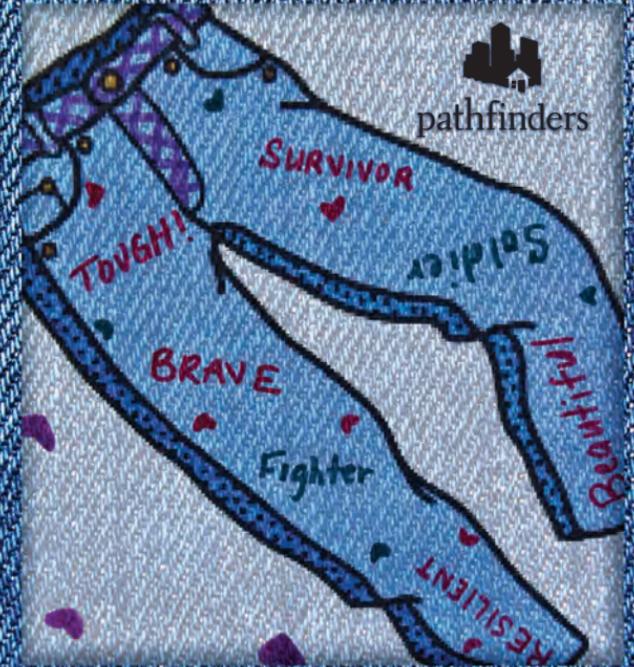
- Individual Therapy
- Family Therapy
- Group Therapy
- Other support services



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## HAND IN HAND PROGRAM



Therapeutic services for youth  
survivors of sexual violence