

REX Policy for MCWAH Residents and Fellows

General Policy

This area is closed until Aug 26,2019.

Daily users of the REX who are MCWAH Residents and Fellows are allowed to use the REX for a Daily use fee of \$3.00. An annual, pass that will be good through August 15, 2020 may be purchased for \$50.00 (A couple with valid MCW ID is \$100). Both the daily and annual pass require a valid MCW ID.

General fees for outside users are: \$7.00 Daily, \$250 single, \$300 Couple \$350 Family.

Daily users must sign a Legal Disclaimer and REX Facility Use Agreement for each use. Annual pass holders will sign these agreements upon purchase of the annual pass.

Time of Grace Center (GYM): 3 college basketball courts are available for use during open gym hours. Balls may be checked out in exchange of an ID. You must Show Valid Student ID, MCWAH Daily pass or Annual Pass before using.

Hours:

Monday-Thurs 11am-2pm and 7pm-10pm (subject to change based on athletic events)

Friday 11:00am-2:00pm Saturday 9am-3pm Sunday 10am-5pm(subject to change based on athletic events)

Holiday and vacation periods will be posted

Fitness Center: REX B Level: New Space which Doubles the size of our old space!!!! 11

Treadmills, 4 Tour De France Interactive Bikes, 3 Step Mills, 9 Elliptical trainers and More!!!

Hours:

You must Show Valid Student ID before using Monday-Thurs 7am-10pm

Friday 7am-7pm Saturday 7am-3pm Sunday 10am-10pm Holiday and vacation periods will be posted

Sports Performance Center: REX P Level. New 7,500 square foot space!!! 14 lifting stations, 10 yrd x 34 yrd dynamic area. State of the art facility.

Hours:

You must Show Valid Student ID

Monday-Thurs 11am-2pm and 7pm-10pm Friday 11:00am-2:00pm Saturday 9am-12pm Sunday 10am-2pm

Holiday and vacation periods will be posted