

Featured Speakers

Andrea K. Busby, PhD

Licensed Clinical Psychologist
Andrea K. Busby PhD, PLLC
Chicago, IL

Lisa Cadmus-Bertram, PhD

Associate Professor, Dept. of Kinesiology
UW's School of Education,
University of Wisconsin-Madison
Madison, WI

Bradley Javorsky, MD

Associate Clinical Professor, Dept. of
Medicine FH-MCW Community Physicians
Medical College of Wisconsin
Milwaukee, WI

Srividya Kidambi, MD, MS

Associate Professor, Dept. of Medicine
Chief, Division of Endocrinology
Medical College of Wisconsin
Milwaukee, WI

Tammy Kindel, MD, PhD, FACS, FASMBS

Associate Professor of Surgery, Director,
Froedtert & Medical College of Wisconsin
Bariatric Surgery Program
Medical College of Wisconsin
Milwaukee, WI



knowledge changing life

Robert F. Kushner, MD, MS

Professor, Dept. of Medicine and Medical Education,
Northwestern University Feinberg School of Medicine;
Director, Center for Lifestyle Medicine
Northwestern University
Chicago, IL

Kate Lak, MD, FACS

Assistant Professor, Dept. of Medicine
Bariatric and Minimally Invasive Gastrointestinal
Surgery
Medical College of Wisconsin
Milwaukee, WI

Lisa Morselli, MD, PhD

Assistant Professor, Dept. of Medicine, Division
of Endocrinology and Molecular Medicine
Medical College of Wisconsin
Milwaukee, Wisconsin

Joseph "Joey" Skelton, MD, MS, FAAP, FTOS

Professor of Pediatrics, Professor of Epidemiology
and Prevention, Wake Forest School of Medicine;
Director, Brenner FIT (Families In Training)
Winston-Salem, NC

Christopher Weber, MD, FAAP, FACP, CSCS

Diplomate of the American Board of Obesity
Medicine, Bariatric Medical Director, Ascension Wis-
consin; Obesity Medicine Director, Ascension Colum-
bia St Mary's Bariatric Center; Assistant Clinical Pro-
fessor of Pediatrics,
Medical College of Wisconsin
Milwaukee, Wisconsin

Program Agenda

7:00 AM - 8:00 AM

Registration & Breakfast

8:00 AM - 8:05 AM

Welcome

Srividya Kidambi, MD, MS

8:05 AM - 8:40 AM

Approaching the Topic of Obesity and Evaluation of Obesity
Robert Kushner, MD

8:40 AM - 9:15 AM

Metabolic Adaptation to Weight Loss
Lisa Morselli, MD, PhD

9:15 AM - 9:50 AM

Family-based Weight Management: Evidence and Experience
Joseph Skelton, MD, MS, FAAP, FTOS

9:50 AM - 10:05 AM

Break

10:05 AM - 10:40 AM

The Role of Physical Activity in Supporting Weight Loss and Maintenance
Lisa Cadmus-Bertram, PhD

10:40 AM - 11:15 AM

Evidence-Based Psychological Treatment for Obesity
Andrea Busby, PhD

11:15 AM - 11:50 AM

Obesity Treatment - Dietary Approaches
Christopher Weber, MD, FAAP, FACP, CSCS

11:50 AM - 12:25 PM

Surgical Options for Obesity and Associated Conditions
Kate Lak, MD, FACS

12:25 PM - 1:15 PM

Lunch

1:15 PM - 1:50 PM

Adolescent Bariatric Surgery
Tammy Kindel, MD, PhD, FACS, FASMBS

1:50 PM - 2:25 PM

Medication Options for the Treatment of Obesity
Bradley Javorsky, MD

2:25 PM - 3:00 PM

Intersection of Weight and Diabetes Management
Srividya Kidambi, MD, MS

3:00 PM - 3:05 PM

Thank you for attending

Planning Committee

Chair

Srividya Kidambi, MD, MS, Associate Professor of Medicine and Chief, Division of Endocrinology and Molecular Medicine, Medical College of Wisconsin

Committee Members

Kate Glasenapp, DNP, APNP, BC-ADM, CDCES, CSOWM, Assistant Professor of Medicine, Nurse Practitioner, Division of Endocrinology and Molecular Medicine, Medical College of Wisconsin

Bradley Javorsky, MD, Associate Clinical Professor, Dept. of Medicine FH-MCW Community Physicians, Medical College of Wisconsin

Tammy Kindel, MD, PhD, FACS, FASMBS, Associate Professor of Surgery, Director, Froedtert & Medical College of Wisconsin Bariatric Surgery Program, Medical College of Wisconsin

Lisa Morselli, MD, PhD, Assistant Professor, Dept. of Medicine, Division of Endocrinology and Molecular Medicine, Medical College of Wisconsin

Angela Parish, Program Associate, Division of Endocrinology and Molecular Medicine, Medical College of Wisconsin