

# Healthy research volunteers needed.

Medical College of Wisconsin investigators are conducting a study to see how gut microbiome across different races affects resting metabolic rate (calories burned at rest).

This study includes -

- Answer questions about health history and lifestyle
- Providing blood, urine, and stool samples
- Resting metabolic rate measurement
- Measurement of total body fat and lean body mass via DEXA scan
- Time commitment of 2 visits (2-3 hr each visit)

Study participants must meet certain requirements to be in this research study. If you do not meet the requirements, the study staff can tell you why.

- Ages 18 to 50 years of age
- Caucasian & African American Women
- Premenopausal Females only
- In good health (no hypertension, no diabetes, non-smoker, no hormonal conditions)

Where:

- Adult Translation Research Unit (Froedtert Pavilion)

Participants will receive compensation for their time upon completion of the study. Please contact Richard Thomas at 414-955-7466 or [rthomas@mcw.edu](mailto:rthomas@mcw.edu) for more information.

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