# **Trauma Informed Care (TIC) Resources**

# Sign Up for Department of Health Services "Resilient Wisconsin" Newsletter HERE

This will hit your inbox regularly with lists of trainings & resources to check out More good information <u>HERE</u>

#### National Child Traumatic Stress Network

Learn more about Childhood Trauma & Find out how "Trauma-Informed" your Agency is!

# **Vicarious Trauma & Compassion Fatigue\* Resources**

WI Department of Health Services Secondary Trauma Page

## TEND Academy:

Explore resources to learn more about Vicarious Trauma & Compassion Fatigue

Self-Care Tips for Helpers

**Low Impact Debriefing** 

The "Hot Walk & Talk"

Take a Look at the Health of your Organization

Northeast Regional Child Advocacy Center Trauma-Informed Guidelines & Vicarious Trauma Toolkit

\*Remember that noticing any of these in yourself is completely normal given the work we do! It's a great first step to just name it and share what you're noticing with someone.

# **Further Training Opportunities**

## <u>Local:</u>

- Dane Co. Trauma-Informed Care Summit, Annually in Oct/Nov at American Family or Virtual
- SaintA "TIC in Action" FREE 1-Day Conference offered in July 2021 & October 2021, Register
  HERE
- WI Child Welfare & the Courts Conference, Annually in Sept in Wisconsin Dells, Register HERE
- Together for Children Conference, Annually in April in Elkhart Lake, Information HERE

### Virtual & Available Right Now:

- Collective Trauma 101 Training from WI Office of Children's Mental Health
- National Criminal Justice Training Center <u>Recorded Webinars on Trauma</u>
- National Children's Advocacy Center Virtual Training Center
- Access to MANY FREE Webinars with FREE account creation
- National Child Traumatic Stress Network Learning Center
- Access to TONS of FREE online trainings with FREE account creation

### Adverse Childhood Experiences (ACEs)

#### LISTS OF RESOURCES & WEBSITES

Academy on Violence & Abuse, Free Video Archive & More

ACEs Connection Website: acesconnection.com

ACEs Too High Website

Centers for Disease Control (CDC) ACEs Resource Page & Prevention Guide

Harvard Center on the Developing Child, The Science of ACEs

National Child Traumatic Stress Network (NCTSN) Resource Library

#### **BOOKS & ARTICLES**

The Body Keeps the Score by Bessel A. van der Kolk

The Deepest Well by Dr. Nadine Burke Harris

<u>Childhood Disrupted</u> by Donna Jackson Nakazawa

The Boy Who Was Raised as a Dog by Bruce Perry

"Take the ACE Questionnaire & Learn What It Does & Doesn't Mean"

Article from Harvard Graduate School of Education - "The Science of Resilience"

#### **PODCASTS & TED TALKS**

How Childhood Trauma Affects Health Across a Lifetime TEDTalk

InSocialWork Podcast Episode Library – Search by ACE or Other Categories

The Trauma Therapist Podcast Episode Library

For more Podcasts & Audio Resources visit acesconnection.com Click "Audio" under the "Media" Tab

### **VIDEOS & DOCUMENTARIES**

Building Healthy Brains Video

FREE Webinars from ACEsConnection: <u>Can Universal ACEs Screening Be Equitable?</u> & <u>Equity in the ACEs Movement</u>

For an extensive library free webinars/videos visit acesconnection.com Click "Videos" under the "Media" Tab

<u>Paper Tigers</u> – Documentary Available on Amazon Prime

**Resilience** – Documentary Available for Organized Screenings/Purchase

FREE Webinars from NCJTC: What is Trauma? Part 1 & What is Intergenerational Trauma? Part 2