

# The 34th Annual Door County Summer Institute

## Week 1: July 20-24, 2020

### Session 1 July 20-24, 2020

Donald Meichenbaum, PhD

A Cognitive Behavioral Approach to Trauma and Resilience Across the Lifespan

### Session 2 July 20-21, 2020

Richard Barthel, MD

Pediatric Psychopharmacology Update 2020

### Session 3 July 20-21, 2020

Michael Hoyt, PhD

Single-Session Therapy: When the First Meeting May be the Last

### Session 4 July 23-24, 2020

Michelle Loman, PhD, & Lindsay Nelson, PhD

Effects of Adult and Pediatric Traumatic Brain Injury: What do we Know, and What do we do?

### Session 5 July 23-24, 2020

Laurie Sullivan, MD

Mindfulness Immersion: Non-Drug Methods for Coping with Stress, Pain, and Illness

## Week 2: July 27-31, 2020

### Session 6 July 27-31, 2020

Fred Heide, PhD, & Lee Becker

Unconditional Positive Regard: An Improvisational Approach

### Session 7 July 27-31, 2020

James Gustafson, MD

The Importance of Second Impressions in Psychotherapy

### Session 8 July 27-28, 2020

Russell Barkley, PhD

ADHD in Adults: Nature, Assessment, Diagnosis, and Management

### Session 9 July 30-31, 2020

Rebecca Anderson, PhD, & Sarah Trost, PhD

Principles of Pain Management for the Mental Health Provider

## Week 3: August 3-7, 2020

### Session 10 August 3-7, 2020

Francis Lu, MD

Enhancing Compassion and Resilience for Well-Being Through Mindful Viewing of Films

### Session 11 August 3-7, 2020

David Katzelnick, MD, & Ronald Diamond, MD

2020 Update on Prescribing Psychiatric Medications

### Session 12 August 3-4, 2020

Albert "Skip" Rizzo, PhD

Clinical Virtual Reality: A Brief Review of the Future!

### Session 13 August 6-7, 2020

Jerrold Post, MD

The Fundamentals of Political Psychology