### Week 1: July 20-24, 2020

**Session 1**  
*July 20-24, 2020*  
Donald Meichenbaum, PhD  
A Cognitive Behavioral Approach to Trauma and Resilience Across the Lifespan

**Session 2**  
*July 20-21, 2020*  
Richard Barthel, MD  
Pediatric Psychopharmacology Update 2020

**Session 3**  
*July 20-21, 2020*  
Michael Hoyt, PhD  
Single-Session Therapy: When the First Meeting May be the Last

**Session 4**  
*July 23-24, 2020*  
Michelle Loman, PhD, & Lindsay Nelson, PhD  
Effects of Adult and Pediatric Traumatic Brain Injury: What do we Know, and What do we do?

**Session 5**  
*July 23-24, 2020*  
Laurie Sullivan, MD  
Mindfulness Immersion: Non-Drug Methods for Coping with Stress, Pain, and Illness

### Week 2: July 27-31, 2020

**Session 6**  
*July 27-31, 2020*  
Fred Heide, PhD, & Lee Becker  
Unconditional Positive Regard: An Improvisational Approach

**Session 7**  
*July 27-31, 2020*  
James Gustafson, MD  
The Importance of Second Impressions in Psychotherapy

**Session 8**  
*July 27-28, 2020*  
Russell Barkley, PhD  
ADHD in Adults: Nature, Assessment, Diagnosis, and Management

**Session 9**  
*July 30-31, 2020*  
Rebecca Anderson, PhD, & Sarah Trost, PhD  
Principles of Pain Management for the Mental Health Provider

### Week 3: August 3-7, 2020

**Session 10**  
*August 3-7, 2020*  
Francis Lu, MD  
Enhancing Compassion and Resilience for Well-Being Through Mindful Viewing of Films

**Session 11**  
*August 3-7, 2020*  
David Katzelnick, MD, & Ronald Diamond, MD  
2020 Update on Prescribing Psychiatric Medications

**Session 12**  
*August 3-4, 2020*  
Albert “Skip” Rizzo, PhD  
Clinical Virtual Reality: A Brief Review of the Future!

**Session 13**  
*August 6-7, 2020*  
Jerrold Post, MD  
The Fundamentals of Political Psychology