



MINDFULNESS APPLICATION EVALUATION FORM

Reviewer: _____ School Applying: _____ Date: _____

Rating Scale

0 – Not Demonstrated: Question left blank or did not answer the question that was asked; provided irrelevant information or the answer is completely insufficient.

1 – Poor: Minimal detail and insufficient descriptions provided that did not answer the question; may have answered part of the question, but missed a key point or was not comprehensive; answer is unclear.

2 – Fair: Question answered, but optimal answer or plan not clearly demonstrated; answer is acceptable, but lacks some details and specific examples.

3 – Good: The applicant has a comprehensive answer with significant description, relevant details, and clear examples; answer better than average, but not superb.

4 – Excellent: Question answered with thorough details and examples; demonstrates a strong understanding of the topic; answer is superb.

Application Part 1: Readiness

Applicant explained why mindfulness-based strategies will be helpful to this school (with data to support answer if available). (Question 1)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)

Applicant explained why this school is the right for this opportunity and addressed how they know it is the right time (year) and that staff and students are ready. (Question 2)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)

Applicant described their expectations for this opportunity. (Question 3)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)

Applicant described adequate space for mindfulness training and ongoing practice. (Question 4)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)



mental health matters

promoting resilience for chippewa valley youth

Previous training/conferences/workshops identified. (Question 5)

(note to reviewer: points not assigned but may weigh into discussion of applications)

Yes

No

Applicant described how staff participation in mindfulness training and practice will be encouraged; incentive example(s) provided. (Question 6)

Not demonstrated (0 points)

Poor (1 point)

Fair (2 points)

Good (3 points)

Excellent (4 points)

Comments for this section:

Subtotal *(add all points for this section):* _____

Application Part 2: Roster

Number of staff identified on roster from each grade level.

(note to reviewer: points not assigned but will be a part of discussion of applications)

Elementary: _____

Middle: _____

High: _____

Total: _____

Champion identified

Yes (3 points)

No (0 points)

Comments for this section:

Subtotal *(add all points for this section):* _____



Application Part 3: Letter of Support

Letter describes how this mindfulness initiative aligns with the school's strategic plan and/or other school initiatives. (Question 1)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)

Letter describes how support will be given to staff to support mindfulness in the school. (Question 2)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)

Letter provides examples to demonstrate why the champion is the best match for the position. Letter describes how time will be provided for the champion to complete the duties. (Question 3)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)

Letter describes how this aligns with teacher effectiveness or teacher professional development. (Question 4)

- Not demonstrated (0 points)
- Poor (1 point)
- Fair (2 points)
- Good (3 points)
- Excellent (4 points)

Comments for this section:

Subtotal (add all points for this section): _____



mental health matters

promoting resilience for chippewa valley youth

Summary

Total Points for all sections: _____

Application Key Strengths & Weakness:

Other Special Considerations: