

Marathon County Youth Risk Behavior Survey

Middle School Students

Summary of Findings

Almost 2,900 middle school students (10 years and older) from eight of the ten public school districts in Marathon County completed the survey.

age

| | | |
|-------|---|---------------------------|
| 0.3% | | (10 years old or younger) |
| 15.2% | ■ | (11 years old) |
| 38.3% | ■ | (12 years old) |
| 31.9% | ■ | (13 years old) |
| 13.9% | ■ | (14 years old) |
| 0.2% | | (15 years old) |
| 0.2% | | (16 years old) |

grade

| | | |
|-------|---|---------------|
| 35.0% | ■ | (6th grade) |
| 41.8% | ■ | (7th grade) |
| 23.0% | ■ | (8th grade) |
| 0.2% | | (Other grade) |

race

| | | |
|-------|---|------------------------------------|
| 2.0% | | (American Indian or Alaska Native) |
| 15.7% | ■ | (Asian) |
| 2.3% | | (Black or African American) |
| 0.5% | | (Native Hawaiian) |
| 79.1% | ■ | (White) |
| 11.9% | ■ | (Hispanic or Latino) |
| 7.4% | ■ | (Two or more races) |

2017 marks the first time that Marathon County has collected Youth Risk Behavior Survey (YRBS) data from middle school students (grades 6th-8th). Although there is limited data for comparison purposes this year, the 2017 middle school data can serve as an important benchmark for identifying future trends. Marathon County will continue to collect, aggregate, and analyze middle school YRBS data in the years ahead. Having the ability to examine youth health behaviors at a younger age is crucial to understanding and prioritizing risk factors



likely to affect future high school students and young adults in Marathon County. This summary of middle school data presents some very positive signs of good health as well as some areas of concern.

Traffic Safety

Percentage of students who have ever ridden in a car driven by someone who had been drinking alcohol.

22.9% ■ (2017 - Marathon County)

Physical Fighting

Percentage of students who ever had not gone to school because they felt unsafe at school.


7.8% ■ (2017 - Marathon County)

8 of the 10 Marathon County school districts participated in the middle school survey:


- | | |
|--------------|-------------|
| ■ Abbotsford | ■ Mosinee |
| ■ Colby | ■ Spencer |
| ■ DC Everest | ■ Stratford |
| ■ Edgar | ■ Wausau |

Bullying

Percentage of students who were ever bullied while on school property.

48.6%  (2017 - Marathon County)

Percentage of students who were ever electronically bullied.

24.1%  (2017 - Marathon County)

Percentage of students who agree that bullying by other students is a problem at their school.

53.2%  (2017 - Marathon County)

Depression & Suicide

Percentage of students who ever felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing some usual activities.

17.1%  (2017 - Marathon County)


Percentage of students who ever seriously thought about killing themselves.

12.5%  (2017 - Marathon County)

Percentage of students who ever made a plan about how they would kill themselves.

10.8%  (2017 - Marathon County)

Percentage of students who ever tried to kill themselves.

4.4%  (2017 - Marathon County)

Tobacco Use

Percentage of students who ever tried cigarette smoking, even one or two puffs.

4.1%  (2017 - Marathon County)

Percentage of students who obtained cigarettes through social access. (The student smoker had someone make the purchase, received them from a person 18 years or older, took them or stole them).

59.4%  (2017 - Marathon County)

Percentage of students who used chewing tobacco, snuff, or dip on at least one day during the 30 days before the survey.

1.5%  (2017 - Marathon County)


Percentage of students who said their parents feel it would be wrong or very wrong for them to smoke cigarettes.

89.3%  (2017 - Marathon County)



Alcohol Use

Percentage of students who have ever had a drink of alcohol, other than a few sips.

16.2%  (2017 - Marathon County)

Percentage of students who had their first drink of alcohol (other than a few sips) for the first time before age 10 years.

8.2%  (2017 - Marathon County)

Percentage of students who had at least one drink of alcohol other than a few sips on at least one day during the 30 days before the survey.

4.8%  (2017 - Marathon County)

Percentage of students who said their parents feel it would be wrong or very wrong for them to drink alcohol.

71.3%  (2017 - Marathon County)

Marijuana Use

Percentage of students who ever used marijuana.

1.9%  (2017 - Marathon County)

Percentage of students who said their parents feel it would be wrong or very wrong for them to smoke marijuana.

92.0%  (2017 - Marathon County)

Other Drug Use

Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the 12 months before the survey.

1.4%  (2017 - Marathon County)

Percentage of students who had ever taken prescription drugs (e.g., OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription.

3.5%  (2017 - Marathon County)

Sexual Behavior


Percentage of students who said it is important to me to delay having sexual intercourse until marriage.

33.2%  (2017 - Marathon County)

Percentage of students who ever had sexual intercourse.

1.9%  (2017 - Marathon County)

Among students who were currently sexually active, the percentage who reported that either they or their partner had used a condom during last sexual intercourse.

36.9%  (2017 - Marathon County)

Weight Loss

Percentage of students who increased their physical activity to lose weight or keep from gaining weight.

49.3%  (2017 - Marathon County)

Percentage of students who have ever chosen healthier foods (fruit, vegetables, whole grains) to lose weight or keep from gaining weight.

63.1%  (2017 - Marathon County)






Eating Habits

Percentage of students who ate breakfast today.

74.9%  (2017 - Marathon County)

Physical Activity


Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the seven days before the survey.

49.0%  (2017 - Marathon County)

Percentage of students who watched television three or more hours per day on an average school day.

19.2%  (2017 - Marathon County)

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day.

30.7%  (2017 - Marathon County)

Other Health Issues

Percentage of students that got eight or more hours of sleep on an average school night.

68.1%  (2017 - Marathon County)

Percentage of students who agree or strongly agree that their family loves them and gives them help and support when they need it.

92.6%  (2017 - Marathon County)

Percentage of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement.

78.0%  (2017 - Marathon County)

Percentage of students who agree or strongly agree that they feel like they belong at their school.

77.9%  (2017 - Marathon County)

Percentage of students who reported having at least one teacher or other adult in their school that they can talk to if they had a problem.

74.5%  (2017 - Marathon County)

About Healthy Marathon County

Healthy Marathon County is committed to making Marathon County the healthiest county in Wisconsin. Our members live and work in Marathon County and collaborate with community partners to support health and wellness for our area residents. Join us. Find out more at healthymarathoncounty.org



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