

Greetings!

Welcome to the Thirty-sixth Annual Door County Summer Institute. We continue our return to in-person session this coming summer. We hope this year's offerings will encourage you to return to Door County and assist you in your ongoing professional development while providing an opportunity to recharge and reinvigorate yourself. For the protection of those individual immunocompromised and/or their families, we will expect attendees to wear masks throughout each session. We reserve the right to limit enrollment depending upon pandemic status and available room size. We look forward to seeing you in person again.

Carlyle H. Chan, MD

Institute Director and Founder

Dr. Chan is Professor of Psychiatry and the Institute for Health and Society (Bioethics and Medical Humanities) at the Medical College of Wisconsin

Cover photo taken by Dr. Chan in Egg Harbor, WI.

About Door County

Door County, WI is an area of captivating scenic beauty. From its steep limestone bluffs to the spacious sand beaches, the 250-mile shoreline is both dramatic and serene. Almost every kind of outdoor activity is available, as the area has four state parks and many local parks, beaches, hiking trails, and golf courses. It is the home of one of the largest concentration of artists in the Midwest. There are also numerous musical and theatrical events as well as opportunities for fine dining.

Session Information

From July 24th to August 11th, 2023, 8 separate sessions will comprise this year's Summer Institute. All sessions are held from 9:00 am to 12:15 pm, leaving afternoons free to explore the wonders of Door County. All seminars are held at the Landmark Resort in Egg Harbor, WI. A continental breakfast will be served daily. Casual dress is standard for all sessions.

Special Needs

Please contact us via email [summerinstitute@mcw.edu] at least two weeks in advance of any session if you have special needs.

Session 1 - 5 Days

July 24- 28, 2023 9:00 am-12:15 pm

Donald Meichenbaum, PhD

David Meichenbaum, PhD

Title: Addressing the Mental Health and Academic Needs of “High- Risk” Children, Adolescents and Their Parents

Dr. Donald Meichenbaum, Phd., is a Distinguished Professor Emeritus from the University of Waterloo in Ontario Canada, from which he took early retirement just over 25 years ago. Since that time he has been Research Director of the Melissa Institute for Violence Prevention in Miami (www.melissainstitute.org). He is one of the founders of Cognitive behavior therapy, and in a survey of clinicians he was voted "one of the ten most influential psychotherapists of the 20th century."

He has received a Lifetime Achievement Award from the Clinical Division of the American Psychological Association and was Honorary President of the Canadian Psychological Association.

He has presented in all 50 U.S. states as well as internationally, and he has published extensively. His latest book is entitled "Treating Individuals with Addictive Disorders". He has just turned 83 years of age, and he has seven grandchildren.

Dr. David Meichenbaum is a New York State licensed clinical psychologist specializing in the diagnostic evaluation and treatment of developmental and mental health disorders. He is both the Clinical Director of the Behavioral Pediatrics Clinic and the Director of Community Consulting and Clinical Services at The Summit Center in Amherst, NY. for 18 years. Dr. Meichenbaum is a highly sought-after consultant for school districts, offering practical behavioral and educational strategies that focus on the social, emotional, adaptive, and behavioral development of students with autism spectrum and disruptive behavior disorders. Dr. Meichenbaum graduated with his doctorate in Clinical Psychology from the State University of New York at Buffalo.

Course Description:

This workshop discusses ways to use a multi-prong intervention approach designed to meet the mental health needs of students, along with their parents and educators. Given the lingering impact of the pandemic, school violence, and the disruptions due to natural disasters, there is an increasing need for the implementation of evidenced-based interventions. Ways to make schools safer, more inviting and inclusive, and academically more effective will be addressed. A student survivor-centered, goal-oriented, strengths-based life-span perspective, and ecologically-driven approach will be presented.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- Identify issues emerging in our nation's classrooms
- Develop strategies to address those issues
- Utilize evidence-based, trauma-informed interventions
- Address the core tasks of treatment, particularly for high risk adolescents and their families

Monday

- We will consider the nature of the challenges and the implications for both preventative and treatment interventions
- How to intervene at the Universal (primary school-wide), Selective (secondary targeted), and Indicated (tertiary wrap-around services) levels will be addressed
- We will explore the impact of Covid, school shootings, community violence, climate change, and ways to integrate high needs students in classrooms

- How to make schools safer and more inviting will be discussed, and a Principal's Report Card for creating a safe and inclusive school will be presented

Tuesday

- How to make schools more integrative and pedagogically effective
- Inclusive programming considerations for students with autism and developmental disabilities
- Building skills versus doing skills: Considerations and strategies for fostering student independence and reducing adult supports
- What “expert” teachers do
- Ways to increase the generalization and maintenance of skills being taught

Wednesday

- How school personal need to use trauma-informed interventions
- Evidenced-based interventions for children with externalizing and internalizing problems (e.g., emotional dysregulation)
- Redefining consequences: Considerations and strategies for reducing challenging behaviors.
- How to make an aggressive individual: Preventative and treatment implications How to incorporate Emotional and Social Learning into school and home settings The increasing development of Community-based schools

Thursday

- Core tasks of therapeutic interventions and the trans-theoretical principles of behavior change
- How to choose intervention programs wisely and avoid HYPE
- Focus on the impact of Adverse Childhood Experiences, victims of natural disasters, and ways to bolster resilience in high-risk children and their parents
- Discuss various cognitive behavioral interventions including TF-CBT, cognitive behavioral play therapy, and other related interventions
- Discuss specific ways communities can bolster resilience

Friday

- Focus on high-risk adolescence and their families
- Consider developmental changes and treatment implications
- Discuss evidenced-based treatment of adolescent depression/suicidality, anxiety, and aggressive behavior
- Ways to meet the needs of LGBTQ adolescents How to treat parent-adolescent conflict
- Wrap up

Session 2 - 5 Days

July 24-28 9:00 am-12:15 pm

Fred Heide PhD and Lee Becker

Title: Developing Attunement Skills Via Medical Improvisation

Frederick J. Heide, Ph.D. is Adjunct Professor at the California School of Professional Psychology at Alliant International University in the San Francisco Bay Area. There he was a member of the core faculty for 37 years and won both the Master Teacher and Teacher of the Year Awards. He earned his doctorate in clinical psychology from Pennsylvania State University in 1981 and has presented at MCW's Door County Summer Institute for 23 continuous seasons. Dr. Heide received the Outstanding Research Contribution Award from the Association for Advancement of Behavior Therapy (AABT) for his foundational work on relaxation-induced anxiety and has published in the *Journal of Consulting and Clinical Psychology*, *Psychophysiology*, *Mindfulness*, *Journal of Psychotherapy Integration*, *Behavior Research and Therapy*, *Psychology of Aesthetics, Creativity and the Arts*, *Psychotherapy: Theory, Research, Practice, Training*, *Journal of Psychoactive Drugs*, and elsewhere. He also served as associate editor of the APA journal *PsycCRITIQUES*. Dr. Heide co-founded and has performed for almost five decades with Door County's Northern Sky Theater, which has received the Wisconsin Governor's Award for Arts, Culture and Heritage. He has recorded three albums and co-authored 20 shows including *Packer Fans from Outer Space* and *Belgians in Heaven* (both with Lee Becker and James Kaplan), as well as the deer-hunting musical *Guys & Does* (with Lee Becker and Paul Libman). Dr. Heide also co-created several shows with Second City's founding director Paul Sills, including *Moon of the Long Nights*, *Tales of the Midnight Sun*, and *Ya Ya You Betcha*.

Lee Becker began improvising over 35 years ago with ComedySportz while attending UW Madison. He helped found ComedySportz NYC, and also worked with the group in Milwaukee, performing and running workshops in all three locations. He is a core member of Northern Sky Theater where he is a performer, musician, and playwright. Lee was a founding member of Door Shakespeare in Door County, WI, and has also performed and written for First Stage Children's Theater in Milwaukee. Along with Doc Heide, he has been a workshop facilitator for DCSI for over 20 years, providing trainings using role play and Spolin theater games. He has done similar work as a guest teacher at Alliant University's CA School of Professional Psychology.

Course Description:

It has long been recognized that the practice of physical and mental health care involves adaptation to unexpected challenges. Recently a new movement spearheaded at Northwestern University's Feinberg School of Medicine has begun using improvisational acting exercises to teach physicians, psychotherapists, nurses, and pharmacists the ability to respond flexibly in the face of change. Medical improvisation has shown promise in promoting a wide variety of additional communication skills, including empathy, mindfulness, affirmation, collaboration, and authenticity. While the effects of practicing medical improv can often be humorous, participants do not need to be "funny" to do it. The leaders of this largely experiential workshop will draw on their close collaboration with Paul Sills, founding director of Chicago's Second City, who used improvisation to train renowned actors such as Alan Arkin and Alan Alda. After an overview of current research and theory in medical improvisation, the bulk of the week will be devoted to engaging in and discussing a series of simple and entertaining improv exercises in a safe, highly supportive atmosphere. No previous experience with improvisation is required.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- Learn about literature documenting the importance of spontaneity and improvisational ability in medicine, psychotherapy, pharmacy, and other health-related fields
- Understand Fu's (2019) classification of medical improvisation's goals and core skills into three categories: (a). Attunement (knowledge of self and others), (b). Affirmation (validation of self and others), and (c). Advancement (enrichment of self and others)
- Review research demonstrating the importance of patient-centered communication in improving clinical outcomes, reducing malpractice suits, and enhancing patient satisfaction
- Practice micro-communication skills via medical improvisation, including mindfulness, empathy, agreement, adaptation to feedback, comfort with failure, etc.

Session 3 - 5 Days

July 24- 28, 2023 9:00 am-12:15 pm

Ronald Diamond, MD

David Katzelnick, MD

Title: The Art and Science of Prescribing Psychiatric Medications

Ronald Diamond, MD, is a retired Medical Director of Journey Mental Health and retired from the UW-Madison Department of Psychiatry in January 2018. He has been involved in community-based treatment of persons with severe and persistent mental illness for over 40 years. Dr. Diamond has taught and written on issues of staff training, ethics, decreasing coercion, medication compliance, psychiatric administration, and system design and is interested in how to integrate concepts of recovery and cultural competence into clinical practice.

David J. Katzelnick, M.D. is the former Co-Chair of the Division of Integrated Behavioral Health at the Mayo Clinic Rochester Minnesota and Professor of Psychiatry at Mayo School of Medicine. His major clinical and research interests are in mood and anxiety disorders, psychopharmacology, diagnosis and treatment of mental disorders in primary care and medication education. He has lectured extensively on mood and anxiety disorders and ways to improve treatment of mental disorders in real world settings. He is currently co-chair of the National Network of Depression Centers Mood Outcomes Program. He has been principal investigator for a number of retrospective and prospective randomized trials of treatment of mental disorders.

This workshop will discuss ways that medication can be used more effectively to help people work towards their own goals. A medication trial starts with a clear understanding of the patient's perception of the problem that is hoped might be helped by medication. It must include developing a shared understanding of what is meant by "getting better" and how a medication can help achieve this goal. And it will include a discussion of Measurement Based Care, an approach that can empower patients by making it possible for them to track their targeted symptoms, side effects and quality of life at visits and between visits. This will help patients and their families actively work with you to optimize their care. This information can be used to make decisions about what treatments to start, when to make modifications and once remission is reached how to avoid relapse.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- Better connect and collaborate with patients over a shared understanding of the problem that brought them in
- Better establish the role of medication as part of the solution to this problem
- Target symptoms and side effects and quality of life through measurement based care to help both patients and prescribers optimize the care.

Monday

- Social Aspects of Prescribing Medication
- Measurement Based Care
- Unipolar depression (intro to):

Tuesday

Unipolar Depression (cont)

- Treatment of Depression
- Non-pharmacological biological treatment of affective disorder
 - Exercise, SADs light, ECT, TMS, Vagal Nerve,
 - Psychotherapy as a biological treatment
- Bipolar Disorder
- Recognition
- Treatment

Wednesday

Intro to Psychosis;

- Assessment of Psychotic Symptoms:
- Overview of Evidenced Based Care:
 - CATIE, CUTLESS, Wunkderink
- Psychotic Disorders: pharmacological treatment
 - Overview of Antipsychotic Medications
- Clozapine: complexities and advantages
 - Long Acting Injections
 - Labs and other monitoring
 - Dealing with Side Effects
 - AIMS and TD

Thursday

- Non-psychotic uses of antipsychotic medications
- Update on what is coming: new medications for psychosis
- Benzodiazepines: Safe and Effective Anxiolytic or Drug Fiends' Delight

Friday

- Anxiety Disorders: Social Anxiety Disorder,
- Panic Disorder, OCD, GAD, PTSD

Session 4 - 5 days

July 31 – August 4, 2023 9:00 am-12:15 pm

Francis G. Lu, MD, DLFAPA

Title: Enhancing Gratefulness for Resilient Well-being Through the Mindful Viewing of Film

Francis G. Lu, MD, is the Luke & Grace Kim Professor in Cultural Psychiatry, Emeritus, at the University of California, Davis. As a Distinguished Life Fellow of the American Psychiatric Association (APA), Dr. Lu has contributed to the areas of cultural psychiatry including the interface with religion/spirituality, psychiatric education, diversity/inclusion, mental health equity, and psychiatry/film. He has presented at every APA Annual Meeting since 1984. He was awarded APA Special Presidential Commendations in both 2002 and 2016 for his contributions to cultural psychiatry, and in 2020, he received the APA Distinguished Service Award. In 2008, the Association for Academic Psychiatry awarded him its Lifetime Achievement in Education Award. In 2020, the Society for the Study of Psychiatry and Culture awarded him the Lifetime Achievement Award. In 2021, the American College of Psychiatrists awarded him its Distinguished Service Award, the first Asian American to be so honored since the award was presented annually from 1965. Websites: www.francislumd.com and <https://amazon.com/author/francislum>.

Course Description:

Gratefulness can be defined as a general state of appreciation and thankfulness for the personal benefit individuals perceive that they have received from others. Recent studies and reviews have shown that gratitude can enhance psychological wellbeing, including life satisfaction, positive affect, and happiness. Clinician well-being is essential for safe, high-quality patient care. This seminar aims at a mindfulness experience through viewing 5 feature films from Japan, the United States, and Denmark in which inspiring characters embody gratefulness as a way to resilient well-being for the purpose of renewing these qualities in the lives of the seminar participants and in our work with patients. On each of the 5 mornings, 1 film is shown via Blu-ray video projection and 6 loudspeakers with an introduction and centering process to begin the session and processing after the film focusing on the participant's own experience of the movie including silent reflection, journaling, dyadic sharing, and group discussion. Supplementary optional films (non-CME) will be shown on 2 evenings (Monday and Thursday). Films take on an exquisite cumulative power when shown over 5 days at the DCSI in a group setting that is truly remarkable and unforgettable.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- Identify how film characters embody gratefulness as a way to resilient well-being so as to identify these strengths in themselves and in their patients.
- Develop skills and practice techniques of viewing of films from a mindfulness perspective in which inspiring characters embody gratefulness as a means to resilient well-being for the purpose of renewing these qualities in their lives.
- Understand the essential role of developing gratefulness as a way to resilient well-being.
- Learn to help patients view films from a mindfulness perspective in which inspiring characters embody gratefulness as a means to resilient well-being for the purpose of renewing these qualities in patients' lives.

Monday

“Twenty-Four Eyes” 1954, directed by Keisuke Kinoshita, based on the 1952 novel of the same name by Sakae Tsuboi* (extended session to 1:15 p.m.)

Bonus evening film (non-CME): “Gratitude Revealed” 2022, directed by Louis Schwartzberg

Tuesday

“The Joy Luck Club”, 1993, directed by Wayne Wang, based on the 1989 novel written by Amy Tan

Wednesday

“Departures”* 2008, directed by Yōjirō Takita

Thursday

“Babette’s Feast” 1987, directed by Gabriel Axel

Bonus evening film (non-CME): “After Life” 1998, directed by Hirokazu Kore-eda

Friday

“Tokyo Story” 1972, directed by Yasujirō Ozu

Session 5 - 5 days

July 31 – August 4, 2023 9:00 am-12:15 pm

John Luo, MD

Title: Information Technologies in Mental Health

John Luo, MD, is nationally recognized as an expert on mobile technology in medicine, and he presents yearly at the American Psychiatric Association Annual Meeting. His courses and lectures on how to use a personal digital assistant have been a staple of the APA scientific program for over ten years. He has been the past-president of the American Association for Technology in Psychiatry, and now serves as the AATP Gores Chair of Informatics Advocacy. He has served in the past as the Use of Technology in Education work group chair for the Association for Academic Psychiatry and was past chair of the American Psychiatric Association Committee on Information Technology. He serves on the editorial advisory boards of Academic Psychiatry, Medicine on the Net, and MD Netguide.

Course Description:

Over the last twenty years, information technologies (IT) have played an increasingly vital role in the delivery of healthcare. Ready information access on the Internet was the first intersection of IT and healthcare, which began to change the dynamic between patient and provider. Electronic health records, telemedicine, and medical applications on smartphones have now become ubiquitous in the delivery of healthcare. Social media, artificial intelligence, and virtual reality are playing an increasing role in terms of access, changing attitudes towards mental health, assessment of clinical acuity, and delivery of care. In this course, we will examine and explore the benefits, risks, and appropriate use of these technologies. At the end of this course, participants will have an improved understanding of the benefits, risks, and appropriate implementation of many technologies used in mental health services.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- recognize the impact of social media with regards to decreasing stigma of mental health, influence on health seeking behaviors, and professional development
- assess smartphone applications with regards to scientific basis, privacy, security, and clinical integration to incorporate them into clinical practice
- determine how artificial intelligence software will assist in suicide risk assessment and identifying patients at risk for relapse, and incorporate these technologies in assessment
- review personal and professional information available online in form of blogs, physician ratings, and social media and how these impact online reputation and privacy
- Incorporate strategies to protect personal privacy and professional reputation online.

Session 6- 5 days

August 7th – August 11th, 2023 9:00 am-12:15 pm

Shawn Shea, MD

Title: Transformational Moments: How Master Clinicians Think, Talk, and Listen When Facing the Most Challenging of Clinical Tasks

Shawn Christopher Shea, M.D., is the Director of the Training Institute for Suicide Assessment and Clinical Interviewing and is the author of eight books and numerous articles in the fields of clinical interviewing, suicide assessment, creating resiliency, and rapidly enhancing the therapeutic alliance. Having given over 850 workshops worldwide, he is popular for his provocative, fast-paced presentations laced with a wicked sense of humor. As well as being a highly popular presenter at previous Door County Summer Institutes, he has been a frequent presenter at venues such as the Cape Cod Symposium, the Santa Fe Symposium, and the Muskoka Summer Seminar Series from McMaster University.

Dr. Shea is the creator of the internationally utilized Chronological Assessment of Suicide Events (CASE Approach). His text *Psychiatric Interviewing: The Art of Understanding*, 3rd Edition was chosen by the British Medical Association as the 2017 Book of the Year in Psychiatry. And his book *The Practical Art of Suicide Assessment* is viewed as a classic in the field of suicide prevention.

Course Description:

This symposium will offer a variety of innovative strategies and interviewing techniques for transforming many of the most problematic clinical challenges encountered in everyday care. The techniques described are immediately applicable to therapists in all clinical settings from community mental health centers, college counseling centers and private practices to emergency departments and inpatient units.

Traditionally daunting clinical tasks such as creating hope in the hopeless, rapidly and sensitively engaging clients with borderline and/or narcissistic disorders, exploring incest and domestic violence, unstalling stalled treatment planning, eliciting hidden suicidal ideation, uncovering dangerous psychotic process, and performing a sensitive DSM-5-TR differential diagnosis, as well as avoiding our own burn-out will be explored. Throughout the week Dr. Shea will pull upon a combination of vibrant didactics, compelling videos, and the lens of the “human matrix”, a philosophical concept that adds consistency, integration, and a sense of meaningful direction to transforming challenging everyday clinical conundrums.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- Be able to describe and to apply the principles of “matrix treatment planning” to instill hope and resiliency as a method of suicide prevention
- Be able to use specific interviewing techniques and strategies for spotting dangerous psychotic processes, transforming moments of anger and disengagement, rapidly engaging clients with borderline and/or narcissistic process, and performing a DSM-5-TR differential diagnosis while performing a comprehensive initial interview.
- Be able to utilize seven behaviorally specific interviewing techniques (Normalization, Shame Attenuation, the Behavioral Incident, Gentle Assumption, Denial of the Specific, the Catch-All Question, and Symptom Amplification) that enhance validity when uncovering sensitive and taboo topics
- Be able to describe and to use the Chronological Assessment of Suicide Events (CASE Approach) to uncover dangerous suicidal ideation, planning, intent, and actions

Monday:

- Preventing suicide by creating hope when clients see none
- Matrix Treatment Planning: the biopsychosocial model re-imagined as a tool for creating resiliency
- Using innovative interviewing techniques derived from cognitive therapy, object relations, and self-psychology to rapidly engage clients with borderline and narcissistic personality disorders in the initial interview

Tuesday:

- Gently, yet effectively, uncovering hidden OCD, Panic Disorder, and PTSD; Exploring physical and sexual trauma with sensitivity and compassion
- Effectively spotting dangerous psychotic process from command hallucinations and alien control to thoughts of violence and self-mutilation
- Video Demonstrations

Wednesday:

- Facilics: the art of transforming interviews into flowing conversations while performing a DSM-5-TR differential diagnosis in a fifty-minute initial interview
- The Field of Validity Techniques - innovations in interviewing for more accurately uncovering sensitive topics from sexual trauma and domestic violence to antisocial behaviors, violent ideation, and problematic substance use.

Thursday:

- Effectively uncovering suicidal ideation, planning, behavior, and intent using the Chronological Assessment of Suicide Events (the CASE Approach) with video demonstrations
- Contemporary ways of understanding the risk factors and warning signs of suicide with an eye towards Prevention-Oriented Suicide Risk Assessment

Friday:

- Recognizing and transforming wandering, shut-down and rehearsed interviews
- Practical techniques for turning moments of angry disengagement and potentially disengaging questions into moments of therapeutic magic

Session 7 - 2 days

August 7th – August 8th, 2023 9:00 am-12:15 pm

Michael F. Hoyt, Ph.D.

Single Session Thinking and Practice: One Session at a Time

Michael F. Hoyt, Ph.D. (Yale '76) is one of the originators (with Moshe Talmon and Bob Rosenbaum) of the Single-Session Therapy approach. He is based in Mill Valley, CA. He is a recipient of the APF Cummings Psyche Prize for lifetime contributions to the role of psychologists in organized healthcare, has been honored as a Continuing Education Distinguished Speaker by both the American Psychological Association and the International Association of Marriage and Family Counselors, and is recognized as a Contributor of Note by the Milton H. Erickson Foundation. He has authored, edited, and coedited numerous books, including *The First Session in Brief Therapy*; *Some Stories Are Better than Others*; *Capturing the Moment*; *Brief Therapy and Beyond*; *Single-Session Therapy by Walk-In or Appointment*; *Creative Therapy in Challenging Situations*; *Single Session Thinking and Practice in Global, Cultural, and Familial Contexts: Expanding Applications*; and *Brief Therapy Conversations: Exploring Efficient Intervention in Psychotherapy*.

Course Description:

Single Session Therapy (SST) can be defined as *therapy that the therapist and client expect, from the beginning, to potentially comprise a single visit*. The therapist acts as if the first session will be the last. SST is therapy approached one-session-at-a-time. Research shows that one session is, de facto, the most common length of therapy; and that SST is often effective for a variety of problems. A structure will be presented for organizing the tasks and skills involved in different phases (pre, early, middle, late, follow-through) of therapy. Numerous case examples, including videos, will illustrate techniques useful both in both single sessions and in the course of longer treatments.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- Understand basic features of brief therapy
- Recognize tasks and skills, including useful questions and specific techniques, associated with different phases of treatment,
- Clarify single session mindset, learn guidelines for single session therapies, and study numerous single session interventions
- Consider application to participants' own clinical cases.

Monday:

- Introduction.
- Key characteristics of brief therapy.
- Tasks and skills by phase of treatment.
- Single session therapy mindset and guidelines for possible SST.
- Case examples and discussion.

Tuesday:

- Additional case examples and discussion.
- Practice skills.
- Adjourn.

Session 8- 2 Days

August 10-11, 2023 9:00 am-12:15 pm

Rebecca Anderson, MD

Title: Case by Case: Ethics for Mental Health Professionals

Rebecca Anderson, PhD, is Professor in the Department of Anesthesiology and Director of Integrated Mental Health in Pain Management Center at MCW. She is the author of over 70 peer reviewed articles, 6 book chapters, and 2 books. She serves as Secretary of the WI Examining Board and is currently a board member of WPA. Clinically she is a member of a comprehensive pain management program which encompasses musculoskeletal pain, neuropathic pain, and headaches working with Anesthesia, Neurology, and Physical Medicine and Rehabilitation teams. She utilizes CBT, mindfulness, use of apps, imagery recordings, and biofeedback as part of an integrated approach to address adjustment and improve function and quality of life for patients.

Course Description:

This seminar will cover professional boundaries, confidentiality, and duty to warn/protect cases, as well as emerging ethical issues concerning electronic health records, interstate licensing requirements, social media, virtual therapy and a virtual world and legislative updates. Dr. Anderson will review major ethical issues in mental health practice and will lead case discussion including cases from participants. Focus will start with ethical principles, methods for resolution of ethical dilemmas, and then will move to informed consent and to emerging issues in ethics for mental health providers.

Learning Objectives:

Participants who engage in this education intervention will be able to:

- Review ethical issues including ethical principles, methods for resolution, informed consent, and virtual therapy issues.
- Describe ethical issues in professional boundaries, confidentiality, and duty to warn/ protect cases.
- Discuss emerging ethical issues concerning electronic records, interstate licensing requirements, social media, and legislative updates.
- Discuss ethics cases from participants

Thursday:

- Introduction
- Analyzing and resolving ethical issues;
- Ethical principles of psychologists (and others) and code of conduct;
- Informed consent;
- Special roles of mental health professionals;
- Cases for discussion.

Friday:

- Professional boundaries;
- Knowing your limits;
- Confidentiality and duty to warn;
- Licensure board and sanctions;
- Emerging issues;
- Electronic records, interstate licensing, new communication technologies, and legislative update;
- APA suggestions to avoid ethical problems;
- Virtual mental health care.
- Cases for discussion from audience

Tuition and Refunds

Tuition for 5-day sessions is \$695. Two-day sessions (3 hrs/day) are \$295. Tuition for graduate and medical students and resident physicians is \$465 and \$215 with a letter from the training director.

Tuition for 5-day sessions will be reduced to \$645, and to \$265 for 2-day sessions, if received by June 1, 2023.

Accommodations

Lodging in July and August is in great demand; it is crucial that you make reservations early. A block of suites has been set aside at the Landmark Resort. These suites will be held until June 9th, 2023, or until they are filled. After that, the rooms are on a space available basis.

From its site on the bluff, the Landmark offers outstanding views of the waters of Green Bay with 294 units comprised of 1-, 2- and 3- bedroom suites. Facilities include the Carrington Pub and Grill, 10 meeting and function rooms, 1 indoor and 3 outdoor pools, 2 tennis courts, whirlpools and steam rooms, and a fitness center and game room. The Landmark Resort is Door County's largest and best full-service facility. As of May 2017, all suites at the Landmark have been renovated! Visit their website for photos and details.

The Landmark Resort
4929 Landmark Drive
Egg Harbor, Wisconsin 54209
Reservations (800) 273-7877
<http://www.thelandmarkresort.com>

**be sure to include the Group number when making your reservation, based on which week you are attending:*

Week 1- #4605 | Week 2- #4606 | Week 3- #4604

Disclosure

Consistent with ACCME policy, faculty for all MCW continuing education programs must disclose all relevant financial relationships with commercial organizations. MCW has a mechanism in place to identify and resolve conflicts in advance of the DCSI.

Accreditation Statement

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation of Credit Statement

The Medical College of Wisconsin designates each week-long session of this live activity for a maximum of 15 AMA PRA Category 1 Credit[™] and each two-day session for a maximum of 6 AMA PRA Category 1 Credit[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Hours of Participation for Allied Health Professionals

The Medical College of Wisconsin designates each week-long session of this live activity for up to 15 hours of participation for continuing education for allied health professionals and each two-day session a maximum of 6 hours of participation for continuing education for allied health professionals.

This activity contains content or processes that may be potentially stressful.

Registration OPEN NOW!

Please note that MCW accepts payment by Visa, MasterCard, and Discover.

EthosCE Website:

<http://ocpe.mcw.edu>

If you do not already have an EthosCE account, select Create Account in the upper righthand corner and enter all of the required information.

You will need to access this account again to complete a course evaluation and print your CE certificate, so please make a note of your username and password.

****The deadline for claiming credit is December 31, 2023, after which you *will not* be able to obtain your credits****

Register and Pay for a Session:

Log in to your newly created or existing Ethos account, then select:

Specialties> Behavioral Health> The 36th Annual Door County Summer Institute> Register

Choose attendee type (*Physician, Psychologist, Psychiatrist, etc*)

Select a session you wish to attend and add to cart

Click Checkout to pay or Continue Shopping to add another session

Registration Fees:

5-Day Sessions:

Before June 1, 2023	After June 1, 2023
\$645	\$695.00

2-Day Sessions:

Before June 1, 2023	After June 1, 2023
\$265.00	\$295.00

Medical/Graduate Students & Residents

Before June 1, 2023	After June 1, 2023
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5-Day Sessions

\$395.00	\$465.00
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2-Day Sessions

\$175.00	\$215.00
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For more information contact:

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