Seminar/Didactic

Pain and Headache Medicine

Description

Multicenter Interdisciplinary Chronic Pain

These monthly multicenter, interdisciplinary chronic pain group meetings bring together clinicians from diverse disciplines (e.g., physicians, physical therapits, pain psychologists, etc.) and from across different national institutions (e.g., Bozeman Health, MT; Virginia Commonwealth University, VA; Casawist, Western Cleveland Medical Center, OH; Medical College of Wisconsin, WI) to interact and address the complexity of treating chronic pain. The meetings incorporate interactive lectures, discussion of challenging cases and review of latest intervention research.

Pain Reprocessing Therapy (PRT) is an evidence-based behavioral intervention for treating chronic pain1. The treatment process focuses on a) pain neuroscience education and how psychological factors contribute to the development of chronic pain conditions, and b) a specific system of psychological techniques to help the brain "unlearn" maladaptive emotional responses to pain with the aim of reversing chronic pain conditions. These techniques can also be used to address other unpleasant physical sensations such as chronic fatigue, dizziness, nausea, etc.

Pain Reprocessing Therapy Consultation Group

This monthly peer consultation group focuses on continuing to build expertise in PRT by discussing:

- Accurate and effective application of PRT treatment techniques
- •Providing and receiving feedback for challenging cases
- Biscussing ways to overcome system-level barriers to effective behavioral interventions for individuals with chronic pain (e.g., helping both patients and providers overcome the stigma of behavioral health interventions for pain, appropriate patient education by medical providers, etc.)
- •Reviewing and discussing current literature related to PRT and other behavioral interventions for chronic pain.

Headache Medicine Educational Series and Journal Club Migraine is a type of chronic headache disorder which requires ongoing maintenance to prevent attacks. It is one of the most disabling conditions and a common disorder evaluated by primary care physicians and general neurologists. Throughout this diductics series, the interdisciplinary team of headache-focused clinicians, including neurologists, prsychologist, Prsy, Pas and PMS will discuss the diagnosis of migraine disorders and standard of care treatment approaches including pharmacologic and nonpharmacologic strategies. This monthly didactic series will cover key concepts in the diagnosis and management of migraine through diverse lecture topics (given by various members of the clinical team), journal club and case discussions. See next page for last year's didactics topics. The clinical health psychology postdoctoral fellow will also have the opportunity to present on a relevant topic of interest (e.g., CBT/ACT/mindfulness-based interventions for chronic pain).

Neurology Grand Rounds

Weekly rotating continuing medical education on topics in the domain of neurology.

Palliative Care
Palliative Care Program Journal Club
Palliative Care Series

Intro to Hospice and Palliative Care

Advance Care Planning

The Role of Spirituality in End-of-Life Care

Fellows as Teachers: How to Become a Better Educator Workshop Park 1&2

Serious Illness Conversations- Facilitation Training (Part 1 & 2)

Delirium and Depression

Geriatric Oncology

Cannabinoids in Palliative Care

Fatigue, Clinician Burnout, and Resiliency

Cultural Insights in End of Life Care

Grief in Children

Promoting Empathy in Patient Care Experiences

Pain Assessment

Pain Management

Hospice Rules and Regulations

Tips for reducing delirium at the end of life

Depression and Anxiety in EOL Care

Perinatal Palliative Care Issues Geriatrics Senior Care and Housing

Ethical Review of Hastened Death/VSED/Pall Sedation/PAS

Legal Issues in End of Life Care

Fatigue, Clinician Burnout and Resiliency

Palliative Care for advanced neurologic illness

Cancer Psychology

Journal Club will include multidisciplinary attendees including members of the psycho-oncology team (psychiatry, PA, clinical therapists, psychologists, psychology fellows). Articles will be read and discussed with the goal of: 1]Keeping up to date with the recently published literature 2]Manslating forefront knowledge to guide clinical practice

3)Improvement of critique skills

Psycho-oncology Journal Club

Attendees would

Schwartz Rounds

Schwartz Rounds is a venue where healthcare workers can discuss their challenges and personal journey with what we do since it isn't always easy. It's meant to help share the load and offer each other empathy and support. There is a psychologist that facilitates to help direct questions and

conversations.

Integrated Primary Care Didactics

Primary Care Journal Club

The field of primary care psychology is quickly evolving. The goal of this didactic is to facilitate up-to-date discussion of topics pertinent to primary care psychology, such as models of integrated behavioral health services, access to primary mental health care, working with specific patient populations, and novel health and behavioral interventions, based on new scientific literature. This will include discussion of the merits of the research article selected, its application to clinical practice, and implications for the field more broadly. In an effort to remain current on topics pertinent to the practice of primary care psychology and tailor training to the interests of the primary care fellow, the reading for journal club will be selected in collaboration with the current fellow.

Primary Care Didactic Series

Preparing the Next Generation of Primary Care Psychologists

Models of Health Psychology Integration

Exploring the Intersection of Cultural Diversity, Health Equity & Integrated Behavioral Health

Do Your Patients 'Get it'?: Exploring the Issue of Health Literacy

Do I Really Have Time for This?: Addressing Trauma in Primary Care

Putting Theory into Practice in Health Psychology

Psychological Management of Medical Populations in Primary Care

Behavioral Management of Pain in Primary Care

It's Not All in Your Head: Working with Patients with Medically Unexplained Symptoms

Do I Really Have Time for This?: Addressing Substance Abuse in Primary Care

Don't Let it Go Up in Smoke: Understanding Commercial Tobacco/Nicotine Use and Treatment

What Will the Future of Primary Care Look Like?

Primary Care Case Conference (Virtual)

To promote interdisciplinary collaboration, the primary care psychology case conference will include a diverse range of provider types, including psychologists, psychiatrists, primary care physicians, nurse practitioners, and physician's assistants. Speakers will present challenging clinical cases encountered in primary care settings, with special emphasis on ethics, assessment, intervention, and multicultural issues. Fellows will be expected to present their own cases periodically and regularly participate in the discussion of presented cases.

Bariatric Psychology

The batriatric surgery case conference will be open to multidisciplinary team members, including psychologists, fellows, surgeons, nurse practitioners, physician assistants, and dieticians. The primary aim of this series is to present challenging clinical cases encountered within the bariaric surgery program, with emphasis placed on assessment, intervention, ethical decision making, and multicultural factors. This series will also incorporate aspects of a journal club with aims to 1) facilitate ongoing discussion of current literature, and 2) guide clinical practice. Fellows will be expected to occasionaly present their own cases and choose articles/facilitate journal club discussion.

Bariatric Surgery Case Conference

Bariatric Surgery Didactic Series

Obesity and Bariatric Surgery

A Clinical Health Psychologists Role on a Bariatric Surgery Team Let's Talk about it: Discussing Obesity with Patients and Providers Identifying and Addressing Obesity Bias with Providers

Bariatric Surgery and Adolescents

Fighting Food Addiction

Acceptance- and Mindfulness-Based Interventions for Weight Management
What Works and What Doesn't: Psychological Factors Affecting Surgical Success
What Works and What Doesn't: Diet and Lifestyle Modifications Affecting Surgical Success

When Things Go Awry: Treating Post-Surgical Complications Empirically Supported Treatments for Eating Disorders Role of Self-Compassion in Weight Management

Transplant Psychology

Department of Surgery Grand Rounds (weekly; includes Cultural Complications addressing DEI

topics relevent to academic surgery); Transplant Surgery Journal Club (monthly); Transplant Service Line Educational Lectures (weekly)