



Clinical Health Psychology Post-Doctoral Fellowship Program

Froedtert and the Medical College of Wisconsin
 Department of Psychiatry and Behavioral Medicine
 1155 N. Mayfair Rd.
 Milwaukee, WI 53226

Accreditation Status

Non-accredited

Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
 American Psychology Association
 750 1st Street, NE, Washington DC 20002
 Phone: (202) 336-5979/E-mail: apaaccred@apa.org
 Web: www.apa.org/ed/accreditation

This fellowship site is an APPIC Member Site (9035) and agrees to abide by the APPIC Common Hold Date (CHD).

Although formal post-doctoral fellowship is not a requirement of licensure in Wisconsin (please see [Psychology Licensing Requirements in Wisconsin](#), "455.04 Licensure of Psychologists"), the Clinical Health Psychology Post-Doctoral Fellowship Program meets and exceeds the requirements needed for licensure in Wisconsin by offering non-internship, post-doctoral hours for licensure and EPPP support.

Stipend and Benefits

The fellowship is scheduled to begin approximately September 1 (after doctoral degree conferral)

The current annual stipend is \$60,000

Psychology fellows receive 15 days of vacation, 8 paid holidays, and up to 12 sick days per year. Additionally, fellows can be granted absence for professional conferences and workshops within reason and at the discretion of the Training Director (please refer to the Clinical Health Psychology Fellowship Professional Development Leave Policy).

Application and Selection Procedures

Qualified applicants will have graduated from an APA-accredited graduate program in clinical or counseling psychology. Applicants should have all degree requirements completed and a degree conferred prior to the start of the Clinical Health Psychology Fellowship Program. Froedtert and the Medical College of Wisconsin encourages applicants from racial, ethnic, and sexual orientation groups underrepresented in medicine, as well as women, BIPOC individuals, and those with disabilities to apply.

Given the health psychology and academic medicine focus of this fellowship, candidates with relevant training, internship/residency, and practicum experience in health settings (e.g., hospitals, academic medical centers, integrated primary care settings) will be most competitive. A balance of psychotherapy, behavioral medicine interventions, and psychological assessment common in health psychology will be present in the most appropriate candidates. Applicants will need to have significant experience working with adults and patients with a comorbid medical diagnosis.

This fellowship seeks to train Clinical Health Psychologists; as such, those interested in practicing health psychology and behavioral medicine in a clinic, hospital, or academic medical setting will be preferred. Applicants seeking board certification in Clinical Health Psychology are also preferred. A preferred candidate would have a breadth of experience in general adult mental health (assessment, testing, and therapy) as well as at least one practicum in a health setting and internship/residency with clinical experience in health psychology. Relevant health psychology research is considered during the selection process, particularly as it pertains to population health; however, clinical experience is more heavily weighed.

Employment Eligibility Requirements:

The Medical College of Wisconsin has eligibility requirements for employment. According to the Wisconsin Caregiver Law, any employer identified as a caregiver institution must conduct background checks. On background checks, applicants must disclose all crimes and offenses including all civil forfeitures, misdemeanors, ordinance violations, or fines. Applicants will also need to disclose any pending charges for crimes or offenses including civil forfeitures, misdemeanors, ordinance violations, or fines. Failure to disclose this information on your application or misrepresentation of a disclosure will be considered falsification and will remove you from eligibility for employment. Please refer to the Wisconsin Caregiver Background Regulations ([Background Check and Misconduct Investigation | Wisconsin Department of Health Services](#)) and the list of Offenses Affecting Caregiver Eligibility (<https://www.dhs.wisconsin.gov/library/P-00274.htm>) to determine disqualifying events. All disclosures will be evaluated for relevancy to the job.

Required qualifications:

- Completion of a PhD or PsyD from an APA-accredited doctoral program in clinical or counseling psychology
- Completion of APA-accredited internship program
- Conferral of degree prior to the start of fellowship

- Strong core clinical of counseling psychology psychotherapy and assessment experience
- Strong background in health psychology in internship/residency and/or practicum (e.g., hospital, academic medical center, integrated primary care)
- Interest in pursuing career in health psychology

Preferred qualifications:

- Interested in pursuing board certification in Clinical Health Psychology
- Primary clinical experience/interest with adults
- Experience with empirically validated treatment approaches
- Experience with health psychology behavioral interventions
- Strong assessment background with experience in health psychology assessment

Required materials:

- Cover letter with training goals and specific interests in training offered at MCW
 - *In your cover letter, please clearly identify which rotations you have specific interest in, if you know this prior to interview.*
- Curriculum vitae illustrating past clinical and relevant research experience
- Graduate transcript
- Three letters of recommendation

Application materials should be submitted through the APPIC online application system for postdoctoral programs (APPA CAS).

Requests for further information or questions can be directed to:

Sarah Hansen, Health Psychology Educational Coordinator
 Department of Psychiatry and Behavioral Medicine
 Research Park Center, 3rd Floor
 10000 W. Innovation Drive
 Milwaukee, Wisconsin 53226

e-mail: HealthPsychology@mcw.edu

website: www.mcw.edu/CHPfellowship

The application deadline is **December 15**.

Based on the qualifications, a select group of applicants will be invited to interview. Interviews will be done virtually. Applicants who do not meet the required qualifications will not be considered for an interview and will be provided with proper notice. The Fellowship Selection Committee will review the other applications and rate them based on the above criteria. Interviews will be offered to applicants based on meeting qualifications and being identified as a good fit for the Fellowship. Notification of interview status will be given no later than January 2. The Fellowship Selection Committee will review the rating forms in a final ranking meeting and create the final offer list.

In accordance with APPIC guidelines, the Clinical Health Psychology Fellowship Program at the Medical College of Wisconsin adheres to the Common Hold Date (CHD):

<https://www.appic.org/Postdocs/Postdoctoral-Selection-Standards>

Froedtert & the Medical College of Wisconsin

Froedtert & the Medical College of Wisconsin regional health network is a partnership between Froedtert Health and the Medical College of Wisconsin. The health network has over 40 psychologists across a range of adult primary and specialty care locations in southeastern Wisconsin. The vision of Froedtert & the Medical College of Wisconsin is to be the premier regional health system through academic-community partnership and aligned health care across the region. The mission of F&MCW is to advance the health of communities through exceptional care that is enhanced by innovation and discovery.

Psychologists are embedded across a range of academic departments and clinical programs at F&MCW. Psychologists are on faculty in departments including psychiatry, neurology, trauma and critical care, anesthesiology, obstetrics and gynecology, transplant surgery, plastic surgery, family and community medicine, physical medicine & rehabilitation, and community-based mental health. Additionally, psychiatry faculty are embedded in medical specialty practices including palliative medicine, bone marrow transplant, general psycho-oncology, C/L psychiatry, neurology and headache medicine, and bariatric surgery. Faculty psychologists provide psychological assessment, empirically validated treatments, psychotherapy, consultation, teaching, and research across clinical lines and the institution.

Froedtert and the Medical College of Wisconsin have had an educational mission for over a century, starting in 1893 when medical student training began at the Wisconsin College of Physicians and Surgeons, later named Milwaukee Medical College, then Marquette University Department of Medicine/Milwaukee Medical College, and finally developing into the Medical College of Wisconsin in 1970. Through the iterations and years, the Medical College of Wisconsin has developed a range of medical and scientific training programs. The Medical College of Wisconsin has partnered with a premier health system and our flagship hospital, Froedtert Health and Froedtert Hospital, respectively, to provide both general medical, biomedical, and other associated medical training programs at a basic science and clinical level. Froedtert and the Medical College of Wisconsin are constantly evolving as they transform into a fully rounded health sciences university and integrated health system. Please refer to the following link for a full history of MCW (<http://www.mcw.edu/aboutMCW/HistoryofMCW.htm>).

Psychology Training at Froedtert and the Medical College of Wisconsin includes training across departments and service lines. Froedtert and the Medical College of Wisconsin has a health psychology clerkship (practicum) with students placed across a range of specialties (e.g., trauma, OB/GYN, transplant), providing clinical and counseling doctoral students with a range of health psychology experiences. The Medical College of Wisconsin has an APA-Accredited Internship (Residency). In addition, there are a broad range of multidisciplinary trainees (medical residents and fellows, nurse practitioner/PA students, pharmacists, etc.) working alongside the Clinical Health Psychology Fellow (specialty care emphasis). In addition to health psychology, Froedtert and the Medical College of

Wisconsin, Department of Neurology, is the home to an APA-accredited neuropsychology post-doctoral fellowship. Although not all psychology programs are included under the same training umbrella, F&MCW has an established history and program of psychology training.

Training Model and Program Philosophy

The Clinical Health Psychology Fellowship program operates on a scientist-practitioner model with the goal of preparing clinical and counseling health psychologists for specialized practice and board certification in Clinical Health Psychology. The Clinical Health Psychology Fellow is conceptualized as an emerging specialist psychologist who will be working under the supervision of a faculty psychologist as an integral member of the medical team, analogous to a medical fellow. Clinical Health psychology fellows must demonstrate competence for independent-level, specialized practice in Clinical Health Psychology as measured on the following competencies: integration of science and practice, ethical and legal standards, individual and cultural diversity, research, professional values and attitudes, communication and interpersonal skills, assessment, intervention, teaching and supervision, consultation and interprofessional/interdisciplinary skills, and leadership. The program is experiential but includes an Empirically Based Health Psychology Project, a data-driven, clinically based research project or program development project. This project allows fellows to, with an increasing level of independence, demonstrate the competencies of the science and practice competency as well as the research and program evaluation competency. Additionally, fellows are expected to engage in teaching experiences across their clinical year to meet the teaching competencies noted above.

Clinical supervision will be the core training modality used, with the fellows having the opportunity to directly observe and receive feedback from experienced health psychologists, engage in direct one-on-one teaching that is bi-directional and conversational in nature, and receive direct feedback about written and psychotherapeutic work from an experienced practicing academic health psychologist. Fellows will have training on providing supervision through a didactic seminar training on supervision and simulated practice within that series.

In line with the philosophy of training Clinical Health Psychologists, fellows will integrate academic research into clinical practice, through use of empirically validated treatment modalities, integration of psychological science into clinical practice, and engagement in clinically based research and process improvement. Cultural diversity, broadly defined, is also a core philosophical pillar and goal of the Clinical Health Psychology Fellowship. Understanding a patient from their cultural background and context is essential. Multicultural awareness will be further developed and honed through assessment, case conceptualization and tailoring of health psychology interventions. Multicultural competence is important given the diversity of our Milwaukee patient population along multiple rays of diversity (e.g., racial/ethnic background, SES, sexual orientation, gender identity, religion, rural/urban, etc.).

In addition to experiential training in assessment, intervention, and supervision, residents will engage in a Clinical Health Psychology Seminar Series, attend didactics appropriate to the fellow's area of focus in the program (fellow-chosen, area specific didactics), and attend Grand Rounds series that are relevant

to their area of focus in fellowship. Fellows will have cross-professional training, attending Grand Rounds and other training seminars with a range of health care professionals.

Over the fellowship year, experiences increase in responsibility and the Clinical Health Psychology Fellow works more independently. For instance, fellows will develop the ability to autonomously consult with multidisciplinary teams regarding increasingly complex cases, to take on new clinical challenges (e.g., starting new behavioral health groups or taking on new assessment opportunities), to better understand and implement development and evaluation of health psychology programs within a larger academic medical center, and to provide group supervision to other trainees. The goal is to be competent for independent practice across a range of health psychology roles.

Program Aims and Competencies

Aims

The Clinical Health Psychology Post-doctoral Fellowship program has the following program aims:

- Aim 1. The Clinical Health Psychology Post-doctoral Fellowship program aims to train competent, independently practicing Clinical Health Psychologists who will be well prepared to pursue a Clinical Health Psychology career in a hospital, healthcare setting, or academic medical center and to pursue board certification in Health Psychology.
- Aim 2. The Clinical Health Psychology Post-doctoral Fellowship program aims to train competent independently practicing Clinical Health Psychologists in a scientist-practitioner model, who will integrate science into practice across roles as a psychologist.
- Aim 3. The Clinical Health Psychology Post-doctoral Fellowship program aims to train Clinical Health Psychologists to be integral members of a multidisciplinary health care team.

Competencies

<i>i. Integration of science and practice</i>
Demonstrate the ability to critically evaluate foundational and current research that is consistent with the Clinical Health Psychology specialty practice area.
Integrate knowledge of foundational and current research consistent with Clinical Health Psychology in the conduct of professional roles (e.g. research, service, and other professional activities).
Demonstrate knowledge of common research methodologies used in the study of Clinical Health Psychology and the implications of the use of the methodologies for practice.

Demonstrate the ability to formulate and test empirical questions informed by clinical problems encountered, clinical services provided, and the clinic setting within which the fellow works.	
Understands and uses evidence-based approach to clinical health psychology practice that integrates the best available research, clinical expertise, and new and emerging health technologies.	
<i>ii. Ethical and legal standards</i>	
Be knowledgeable of and act in accordance with each of the following:	
	the current version of the APA Ethical Principles of Psychologists and Code of Conduct;
	Relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels;
	Relevant professional standards and guidelines.
Recognize ethical dilemmas as they arise and apply ethical decision-making processes in order to resolve the dilemmas as they pertain to Clinical Health Psychology	
Conduct self in an ethical manner in all professional activities.	
Acts in accord with hospital/medical center/organization bylaws, credentialing, privileges, and staffing responsibilities (e.g., documentation, attendance at staff meetings, etc.) as they pertain to postdoctoral fellows.	
Recognizes and manages conflicts when they arise between the ethical code for a clinical health psychologist (i.e., APA Ethical Principles of Psychologists and Code of Conduct) and ethical codes of other health care team members (i.e., The Code of Medical Ethics of the American Medical Association).	
<i>iii. Individual and cultural diversity</i>	
An understanding of how their own personal/cultural history, attitudes, and biases may affect how they understand and interact with people different from themselves.	
Knowledge of the current theoretical and empirical knowledge base as it relates to addressing diversity in all professional activities related to the accredited area including research, training, supervision/consultation, and service.	
The ability to integrate awareness and knowledge of individual and cultural differences in the conduct of professional roles (e.g., research, services, and other professional activities). This includes the ability to apply a framework for working effectively with areas of individual and cultural diversity not previously encountered over the course of their careers. Also included is the ability to work effectively with individuals whose group membership, demographic characteristics, or worldviews create conflict with their own.	
Demonstrate the ability to independently apply their knowledge and demonstrate effectiveness in working with the range of diverse individuals and groups encountered during residency, tailored to the learning needs and opportunities consistent with the program's aim(s).	

Selects, implements, and monitors prevention, assessment, and intervention efforts based on knowledge of diversity-related characteristics, including health belief models and attitudes towards health and wellness.
Accounts for the relations between environmental, social, health disparity, and cultural factors on the development and maintenance of health problems when assessing and treating health conditions or implementing prevention efforts.
Pursues professional development, continuing education and multicultural experiences to enhance knowledge of individual and cultural diversity.
<i>iv. Research</i>
Engages in Clinical Health Psychology scholarly activities which could include but are not limited to research, evaluation, or other form of inquiry
Applies scientific methods in Clinical Health Psychology activities
Analyzes data from a research or program evaluation project that evaluates the effectiveness or quality of clinical health psychology services within health care settings and communicates findings clearly.
<i>v. Professional Values, Attitudes, and Behaviors</i>
Behave in ways that reflect the values and attitudes of psychology and Clinical Health Psychology, including integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others.
Engage in self-reflection regarding one's personal and professional functioning; engage in activities to maintain and improve performance, well-being, and professional effectiveness.
Actively seek and demonstrate openness and responsiveness to feedback and supervision.
Respond professionally in increasingly complex situations with a greater degree of independence.
Apply scientific knowledge and skills in Clinical Health Psychology to advocate for equity and access to quality care.
Demonstrate an emerging professional identity consistent with the Clinical Health Psychology specialty.
Demonstrates awareness of issues and challenges unique to working as a Clinical Health Psychologist in health care settings and systems.
Advocates for needs of individuals/groups across systems and for equity and access to quality care.

<i>vi. Communication and Interpersonal Skills</i>
Develop and maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisees, and those receiving professional services.
Produce and comprehend oral, nonverbal, and written communications that are informative and well-integrated; demonstrate a thorough grasp of professional language and concepts.
Demonstrate effective interpersonal skills and the ability to manage difficult communication well.
<i>vii. Assessment</i>
Select and apply evidence-based biopsychosocial assessment methods appropriate for the patient's physical illness, injury, or chronic health condition/disability and collects relevant data using multiple sources and methods appropriate for identified presenting problems and assessment question.
Communicate orally and in written documents the findings and implications of the assessment in an accurate and effective manner sensitive to a range of audiences.
Assess factors that facilitate or inhibit knowledge, values, attitudes, or behaviors affecting health functioning, treatment and treatment adherence and health care utilization of patients, and when applicable, populations.
Assesses the biopsychosocial impact of undergoing medical procedures (e.g., screening, diagnostic, and intervention/prevention procedures).
Conducts comprehensive biopsychosocial interviews; evaluates and incorporates objective biological and psychosocial metrics/measures and findings related to physical health or illness, injury, or disability, to inform case conceptualization and treatment recommendations.
<i>vii. Intervention</i>
Implement evidence-based biopsychosocial interventions to treat or prevent health and behavioral health-related issues of patients and, when applicable, populations.
Evaluate, select, and administer appropriate biopsychosocial assessments to monitor and evaluate the process and outcomes of treatment for patients and, when applicable, populations.
Monitor adherence to medical treatment and psychological interventions and demonstrate skill in addressing health behaviors to improve adherence.
Incorporates new and emerging health technologies into treatment when applicable/available.
<i>viii. Teaching/Supervision</i>
Demonstrate knowledge of supervision models and practices related to Clinical Health Psychology.

Teach and supervise others by accurately, effectively, and appropriately presenting information related to Clinical Health Psychology.
Provides effective teaching activities for clinical health psychology concepts and practices or methods and procedures for health-related research to other health care professions (i.e., interprofessional education).
<i>ix. Consultation and Interprofessional/Interdisciplinary Skills</i> Postdoctoral fellows are expected to:
Demonstrate knowledge and respect for the roles and perspectives of other professions.
Conceptualize referral questions that incorporate understanding of the roles of patient, caregiver, other provider, and/or health system to answer the consultation questions effectively.
Apply knowledge of consultation with individuals and their families, other health care professionals, interprofessional groups, or systems related to health and behavior.
Engage interprofessional individuals and teams to increase the likelihood of appropriate early referrals to clinical health psychologists.
Provides education about health psychology concepts and practices or methods and procedures to other professionals and/or trainees.
<i>x. Leadership</i> Postdoctoral fellows are expected to:
Demonstrate leadership within an interprofessional team or organization related to the practice of Clinical Health Psychology.
Demonstrate the ability to develop or enhance a Clinical Health Psychology practice, educational program, or program of research.

Program Structure

Fellows spend most of their time in specialized clinical rotations (8 half days per week). Each fellow chooses **two major rotations** and participates in each rotation for 4 half days week. Supervision (2 hours per week) is set within the 8 clinical half days and scheduled between the fellow and supervisor. One half-day is dedicated to didactic seminars, although this half day happens over the course of a week to accommodate varied didactics scheduling. Finally, fellows spend one half day per week on their empirically based health psychology project (typically Friday afternoon). Overall, fellows engage in 15-20 hours of direct patient care per week.

There are six rotations the fellows can choose from:

- Bariatric Surgery (Outpatient; Able to accommodate one fellow)
- Integrated Primary Care (Outpatient; Able to accommodate one fellow doing both rotations in Integrated Primary Care or Two fellows concurrently doing rotation in Integrated Primary Care)

- Neurology and Headache Medicine (Outpatient; Able to accommodate one fellow rotation; ***not recruiting a fellow for 2025-26 training year***)
- Palliative Medicine (Inpatient; Able to accommodate one fellow rotation)
- Psycho-oncology and Cancer Psychology Clinic (Outpatient; Able to accommodate one fellow rotation)
- Transplant Psychology (Outpatient and Inpatient; Able to accommodate one fellow doing one rotation in Transplant Psychology or one fellow doing both rotations in Transplant Psychology)

Fellows choose **two of the six available rotations**: Bariatric Surgery, Integrated Primary Care, Psycho-oncology/Cancer Psychology Clinic, Neurology Headache Medicine Clinic, Palliative Care Team, or Transplant Psychology. If a fellow wishes to specialize only in Integrated Primary Care or Transplant Psychology, they can opt for two rotations (full year, full time) in either of those areas. The rotations are selected at the time of fellowship offer and as such, the applicant will be accepting fellowship with rotations selected.

The Bariatric Surgery Program rotation (outpatient only) involves working on an interdisciplinary team to assist patients both pre-operatively in their surgical preparations and post-operatively in their treatment adherence and symptom management, so they have the best possible outcomes in terms of both weight loss and psychological adjustment. On the Integrated Primary Care rotation, fellows work within a primary care behavioral health model to address common mental health as well as medical concerns that have an emotional, cognitive, behavioral and/or social impact among primary care patients via warm handoffs from their providers and scheduled primary care psychology visits. The Neurology Headache Medicine rotation (outpatient only) focuses on health interventions for managing pain and headache and managing contributory and comorbid psychiatric concerns with complex headache pain patients. The Palliative Care Psychology rotation (inpatient only) involves working on a multidisciplinary palliative care team helping to improve quality of life and adjustment for patients with severe health conditions. The Cancer Psychology rotation (primarily outpatient) focuses on outpatient management of a range of cancer diagnoses. On the Transplant Psychology rotation, fellows will work alongside multidisciplinary transplant team members in the inpatient and outpatient settings, conducting pre-transplant evaluations to identify risk and protective factors for candidacy and evidence-based interventions to modify risk factors and optimize transplant readiness/recovery.

An example schedule is below.

<i>Model Rotation Schedule for CHP Psychology Fellow</i>				
Monday	Tuesday	Wednesday	Thursday	Friday
Rotation 1	Rotation 1	Rotation 2	Rotation 1	Rotation 1
Rotation 2	Rotation 2	Didactics and Supervision	Rotation 2	Research

<i>Another Model Rotation Schedule for CHP Psychology Fellow</i>				
Monday	Tuesday	Wednesday	Thursday	Friday

Rotation 1	Rotation 1	Rotation 2	Rotation 2	Rotation 2
Rotation 1	Rotation 1	Didactics and Supervision	Rotation 2	Research

*** Note. The fellows will complete teaching experiences across the training year, with examples including providing didactics for the Health Psychology Residency program, providing didactics to the Neurology multidisciplinary team, and didactics to the Palliative Care Team.*

In each clinical setting, fellows will be exposed to clinical practice in the areas of assessment, intervention, and consultation. They will also be exposed to multidisciplinary team meetings and other interdisciplinary and content specific educational experiences.

Supervision

Each fellow works with two major supervisors over the training year, receiving at least two hours of individual supervision per week. The nature of supervision is direct observation, case review/discussion, and at times co-treatment with a supervisor (e.g., seeing patients together in a clinical setting). Supervision at each rotation begins with direct observation and evolves into case review and discussion as the fellow demonstrates greater levels of development across the aforementioned competencies. A fellow can expect to have greater levels of autonomy as their training experiences advance. Additionally, the fellow will have group supervision with the other fellow (s) and the Training Director once a month.

Individualized Fellowship Training Plan

Each fellow will complete an Individualized Fellowship Training Plan at the beginning of the training year with their primary supervisors and review it monthly to ensure the fellow's experiences are matching their training goals. The Individualized Fellowship Training Plan is a plan that includes the fellow's clinical rotations, any specific experiences the fellow would like to obtain during their fellowship year, the 6 didactics that are required per month (i.e., research, supervision, management and leadership, ethics, professional development, and cultural diversity; please see didactic description below) and the two to four didactics per month the fellow will choose based on clinical specialization and interest (please see list of fellow selected didactics below). The Individualized Fellowship Training Plan will also lay out the fellow's plan for teaching, supervision, their Scholarly Inquiry Project, and participation in departmental or organizational committees.

Scholarly Inquiry Project

Each fellow completes a Scholarly Inquiry Project, which is an empirically based project derived from a clinical question, need, or database. As part of this project, the fellow conceptualizes the project, consults the literature, analyzes data, and disseminates findings. The scope of the project, however, is broad, intending to allow the fellow to meet their training goals through the project. The fellow has 4 hours per week dedicated to the Scholarly Inquiry Project.

Didactics: Required Didactics

Advanced Ethics in Clinical Health Psychology (Once a month)

This course explores the ethical questions encountered most often by practitioners in health care settings. Ethical challenges occur almost routinely in health care. Issues of informed consent, respect for patients' dignity and confidentiality, the balance between patient and family rights, and billing for services are just a few of the topics that challenge psychologists to uphold their ethical obligations across the health care continuum.

Using *Health care ethics for psychologists: A casebook* as a guide, this course will offer a view of ethical situations as they unfold, including case-by-case consideration of critical background information, key stakeholders, the direct relevance of specific APA principles and standards, and suggested steps to resolve ethical issues. Cases will be read and summarized prior to class sessions to allow for ample discussion and analysis.

Advanced Supervision for Clinical Health Psychology (Once a month)

Supervision is a necessary and complex clinical practice area for Clinical Health Psychologists, particularly those working in academic medicine. However, navigating the complex roles of supervision to foster trainee development, patient safety, and gatekeeping for the field is challenging. The following course will work with the Competency-Based Supervision Approach (Falender & Shafranske, 2004), working through the stages of the supervisory process. The Competency-Based Supervision Approach will then be applied to supervision within a health psychology setting including facilitating growth in consultation, psychotherapy, assessment, and empirically validated treatments.

Clinical Health Psychology Fellowship Didactic Seminar: Research (Once a month)

This course is part of the Post-doctoral Fellowship in Clinical Health Psychology Program. This discussion-based seminar course will expand and solidify the research skills of clinical health psychologists through a combination of didactic presentations on clinical health research topics and critical journal club discussions. The series will provide Fellows with needed skills in research and program evaluation with a focus on 1) critical evaluation of the effectiveness and/or quality of research in clinical health psychology or related fields, and 2) data analysis, interpretation, and dissemination. Course topics will also include discussion around clinical research ethics, diversity, equity, and bias in clinical research, and integrating research into a career in clinical health psychology.

Clinical Health Psychology Professional Development Seminar (Once a month)

The Professional Development Seminar is set in a group format to address issues salient to the transition from a fellow to a faculty psychologist. Topics addressed include EPPP, licensure, academic job

searches, professional identity development, early career psychology challenges, establishing a clinical and translational research program, and negotiating employment contracts.

Management and Administrative Leadership in Clinical Health Psychology (Once a month)

As the U.S. health care system continues to struggle (i.e., reduced life expectancy and higher per capita costs compared to many countries) and evolves (i.e., ACA and political forces attempting to reverse it), there are a variety of opinions about the “best” way to deliver health care services. Additionally, there exists a plethora of models of care, lobbying efforts, and business forces attempting to impact service delivery. This course will examine various political, economic, ethical, legal, environmental, and social factors impacting healthcare system delivery. Moreover, doctoral-trained psychologists are in unique positions to take management and leadership roles in health care to advance service delivery, but most graduate training programs lack instruction, guidance and support to build the skills necessary for such roles. Yet, the American Psychological Association has developed Guidelines for Psychological Practice in Health Care Delivery Systems and “are Encouraged to Offer Their Special Expertise in the Administration and Management of Both Psychological and Other Professional Practice Within Health Care Delivery Systems” (Guideline #10). This course aims to develop a foundational knowledge in healthcare management and leadership and expose the postdoctoral fellow to keys aspects of such positions.

National Diversity Seminar Series (Once a Month)

Fellows participate in a Multi-Site Diversity Video Teleconference Series, where the CHP fellows at MCW connect with several VA fellowship sites across the country to participate in a series of presentations that focus on different areas of multicultural competence.

Didactics: Fellow Selected Didactics

Fellow selected didactics focus on topics relevant to specific areas of specialization and are intended for the fellow to use to further expertise in that specific medical psychology area.

Bariatric Surgery

- *Bariatric Surgery Case Conference (monthly/bimonthly; hybrid)*
- *Bariatric Surgery Didactic Series (monthly; hybrid)*
 - Obesity and Bariatric Surgery
 - A Clinical Health Psychologists Role on a Bariatric Surgery Team
 - Let's Talk about it: Discussing Obesity with Patients and Providers
 - Identifying and Addressing Obesity Bias with Providers
 - Bariatric Surgery and Adolescents
 - Fighting Food Addiction
 - Acceptance- and Mindfulness-Based Interventions for Weight Management
 - What Works and What Doesn't: Psychological Factors Affecting Surgical Success
 - What Works and What Doesn't: Diet and Lifestyle Modifications Affecting Surgical Success
 - When Things Go Awry: Treating Post-Surgical Complications
 - Empirically Supported Treatments for Eating Disorders

- Role of Self-Compassion in Weight Management

Integrated Primary Care

- *Primary Care Journal Club (monthly; in person)*
- *Primary Care Didactics Series*
 - Preparing the Next Generation of Primary Care Psychologists
 - Models of Health Psychology Integration
 - Exploring the Intersection of Cultural Diversity, Health Equity & Integrated Behavioral Health
 - Do Your Patients 'Get it?': Exploring the Issue of Health Literacy
 - Do I Really Have Time for This?: Addressing Trauma in Primary Care
 - Putting Theory into Practice in Health Psychology
 - Psychological Management of Medical Populations in Primary Care
 - Behavioral Management of Pain in Primary Care
 - It's Not All in Your Head: Working with Patients with Medically Unexplained Symptoms
 - Do I Really Have Time for This?: Addressing Substance Abuse in Primary Care
 - Don't Let it Go Up in Smoke: Understanding Commercial Tobacco/Nicotine Use and Treatment
 - What Will the Future of Primary Care Look Like?
- *Primary Care Case Conference (monthly; virtual)*

Neurology and Headache Medicine

- *Multicenter Interdisciplinary Chronic Pain Group (first Wednesday of the month; virtual)*
- *Pain Reprocessing Therapy Consultation Group (first Monday of the month; virtual)*
- *Headache Medicine Multidisciplinary Educational Series and Journal Club (fourth Friday of month; virtual)*
- *Neurology Grand Rounds (weekly Friday; Hybrid)*

Palliative Medicine

- *Palliative Care Journal Club (second and fourth Thursday of month; in person)*
- *Palliative Care Educational Series (weekly; 2 hours, Friday morning; in person)*

Psycho-oncology and Cancer Psychology Clinic

- *Psycho-oncology Journal Club (monthly; in person)*
- *Schwartz Rounds (monthly; in person):* Schwartz Rounds is a venue where healthcare workers can discuss their challenges and personal journey with what we do since it isn't always easy. It's meant to help share the load and offer each other empathy and support. There is a psychologist that facilitates direct questions and conversations.

Transplant Psychology

- Department of Surgery Grand Rounds (weekly; includes Cultural Complications addressing DEI topics relevant to academic surgery)
- Transplant Surgery Journal Club (monthly)
- Transplant Service Line Educational Lectures (weekly)

Multidisciplinary Team Meetings and Rounds

Fellows will be expected to work with Multidisciplinary Teams and attend Grand Rounds across the academic medical center. Below please find a tentative list of meetings that are a part of each rotation, although the list is not exhaustive:

- Bariatric Surgery
 - Adolescent Bariatric Team Meeting
 - Bariatric Leaders Meeting
 - Bariatric QA Meeting
 - Minimally Invasive Gastrointestinal Surgery (MIGS) Team Meeting
- Integrated Primary Care
 - Plank Road Clinic Provider Meeting
- Neurology and Headache Medicine
 - Headache Clinic Team Meeting
- Palliative Medicine
 - Interdisciplinary Team Meeting
 - Challenging Patient Interdisciplinary Case Discussion
 - Palli-Psych Office Hours
 - Interdisciplinary Weekend Sign Out
- Psycho-oncology and Cancer Psychology Clinic
 - Multidisciplinary Breast Tumor Board
 - Psycho-oncology Multidisciplinary Meeting
 - Advanced Skin Cancer Tumor Boards
 - BMT Tumor Boards
 - Colorectal Tumor Boards
 - Endocrine Tumor Boards
 - GU Tumor Boards
 - Gyn Onc Tumor Boards
 - Head and Neck Tumor Boards
 - Hepatic Tumor Boards
 - Leukemia/Malignant Heme
 - Lymphoma Tumor Boards
 - Molecular Tumor Boards
 - Precision Medicine Molecular Tumor Boards
 - Myeloma Tumor Boards

- Neuro Oncology Tumor Boards
- Pancreatic Tumor Boards
- Regional Therapies
- Sarcoma Tumor Boards
- Thoracic Tumor Boards
- Transplant Surgery
 - Liver Transplant Selection Committee (weekly)
 - Heart Transplant/VAD Selection Committee (weekly)
 - Kidney/Pancreas Transplant Selection Committee (weekly)
 - Kidney Living Donor Transplant Selection Committee (weekly)
 - Kidney/Pancreas & Kidney Living Donor Morbidity & Mortality (M&M) (monthly)
 - Heart Transplant /VAD M&M Meeting (monthly)
 - Liver Transplant M&M Meeting (monthly)
 - Kidney & Living Donor Transplant QAPI (monthly)
 - Heart Transplant/VAD QAPI (monthly)
 - Liver Transplant QAPI (monthly)
 - Transplant Surgery Research Meeting (monthly)
 - Department of Surgery M&M (weekly)
 - Dept of Surgery Research Roundtable (monthly)

Teaching

Given our program aims to prepare fellows to integrate science into practice, be integral members of a multidisciplinary health care teams, and/or pursue a career in academic medicine, we require fellows to create and give educational presentations to a wide range of audiences (i.e., medical students, pharmacy graduate students, psychology residents, and interdisciplinary professionals), across the health system, throughout the year. The number of presentations may range from two (biannually) to four (quarterly) and is based on the fellow's progression towards developing competence in this professional wide domain. Supervisors will work with the fellow to provide guidance and support in creating and delivering their presentations, as well as give feedback from direct observation and/or audience surveys, with the intention that the fellow will incorporate feedback to advance their teaching skills.

Training Rotations and Experiences

Bariatric Surgery Program

Alex Buhk, PhD & Courtney Barry, PsyD, MS

The Bariatric Surgery Program is housed within the Department of Surgery, Division of Minimally Invasive and Gastrointestinal Surgery at the Medical College of Wisconsin. The Bariatric Surgery Program is accredited as a Comprehensive Bariatric Surgery Program by the American College of Surgeons and the American Society of Metabolic and Bariatric Surgery (ASMBS). Bariatric psychologists are viewed as a critical part of the interdisciplinary bariatric surgery team where team members include surgeons, endocrinologists, physician assistants, nurse practitioners, registered nurses, dietitians, bariatric psychologists, fellows, residents, and students.

One of the primary functions of a bariatric psychologist is to perform psychological evaluations for both the Weight Management Clinic and the Bariatric Surgery Program. Our team follows patients both pre- and post-operatively. We offer brief, short-term therapy for patients within the Bariatric Surgery Program and the Weight Management Clinic, comprising endocrinologists, dietitians, and physical therapists. This fellowship rotation is outpatient-based where the postdoctoral fellow will perform empirically validated pre-surgical psychological evaluations and brief interventions including but not limited to Problem Solving Therapy, Acceptance and Commitment Therapy, Cognitive Behavioral Therapy, Mindfulness Based Stress Reduction, and Behavioral Activation. The postdoctoral fellow will also have opportunities to carry one or more cases on a long-term basis, perform group psychotherapy, conduct shared medical appointments, provide supervision to practicum students, assist in ongoing research projects, conduct pre-surgical evaluations and follow-up care with adolescents, and provide didactics/seminars to learners (residents and fellows). The postdoctoral fellow will be able to attend monthly interdisciplinary divisional and program meetings.

Postdoctoral fellows will have 4 half-days within the Bariatric Surgery Program.

Direct Services

The goal of this program is to help patients with surgical preparations where needed so they have the best outcomes in terms of weight loss and psychological adjustment. This is done through management of psychological barriers, coping with chronic illness, symptom management, and adjustment difficulties.

- Assessment – pre-surgical psychological evaluations, clinical biopsychosocial interviews, health psychology assessment, brief testing
- Behavior Therapy – behavioral activation, behavior modification, compliance skills, adherence skills, communications skills, optimizing coping
- Health Behavior Intervention – diet, weight management, exercise, sleep, medication adherence, health care system skills
- Pain Management – non-pharmacological treatment for acute and chronic pain
- Psychotherapy for psychopathology – eating disordered behaviors, anxiety, depression, traumatic responses, substance use, adjustment difficulties
- Stress Management – locus of control, respiratory control, relaxation techniques, grounding strategies, mindfulness, acceptance, self-care/compassion, cognitive restructuring, time management

Integrated Behavioral Health

The postdoctoral fellow will work as part of the bariatric surgery interdisciplinary team, engaging in frequent and ongoing collaboration (team members all located within the same clinic). Further, the postdoctoral fellow will collaborate with additional health professionals through medical record, phone consultation, facsimile, and collaborative practice. The fellow will become familiar with coordinating care:

- Co-treat with other disciplines to more effectively address mental or behavioral health concerns and communicate via in-person consultation, medical record, facsimile, and other forms of technology
- Consult with staff regarding patients' psychological functioning via direct communication and electronic medical record
- Be available for behavioral health consultation from providers in the health enterprise, as requested
- Consult on behavioral management interventions via direct communication and medical record to help medical providers effectively manage challenging behaviors while providing care
- Attend interdisciplinary team meetings
- Promote effective patient-provider relationships

Rotation Location

Froedtert Hospital

Froedtert Hospital Specialty Clinic

<https://www.froedtert.com/locations/clinic/specialty-clinics-froedtert-hospital>

Integrated Primary Care: Plank Road Clinic

Amber Craig, Ph.D. & Lawrence Miller, Psy.D.

The Plank Road Clinic is a free-standing outpatient, ambulatory Froedtert Health primary care clinic with three specialties (med/peds, family medicine, and internal medicine). It is co-located with urgent care and pharmacy and resides in the same building as the MCW Behavioral Health Clinic. This is a busy primary care clinic serving both children, adolescents, and adults with all presenting concerns.

The postdoctoral fellow will serve as a behavioral health consultant for adult patients within the Plank Road Clinic. Psychology fellows will provide direct patient care in concert with multiple health professionals. Being integrated within the clinic will allow for frequent in-person collaboration and consultation with various providers and staff. Psychology postdoctoral fellows will become familiar with coordinating patient care in a multidisciplinary team setting. They will be available for warm hand-offs of primary care patients, ongoing brief behavioral health care, and consultation to primary care providers about patient mental and physical health concerns. Psychology fellows will perform empirically validated health psychology assessments and brief interventions including but not limited to Problem Solving Therapy, Cognitive Behavioral Therapy, Mindfulness Based Stress Reduction, Motivational Interviewing, and Acceptance and Commitment Therapy. Postdoctoral fellows will have 4 half-day clinics at the Plank Road Clinic.

Direct Services

The goals of this clinic include optimizing mental and physical health through management of psychosocial barriers, coping with chronic illness and treatments, symptom management, and adjustment to disability and/or life stressors.

- Assessment – clinical biopsychosocial interviews, health psychology assessment and brief symptom screening, functional assessments
- Behavior Therapy – behavioral activation, treatment adherence, communication skills, optimizing coping
- Health Behavior Intervention – healthy eating, exercise, sleep, substance use, medication adherence, effective patient-provider communication and shared decision making
- Pain Management – non-pharmacological treatment for acute and chronic pain in medically complex patients
- Brief Psychotherapy for psychopathology – anxiety, depression, health-related traumatic responses, substance use, management of personality disorders in medically complicated patients
- Stress Management – locus of control, relaxation, mindfulness, time management, problem solving

Integrated Behavioral Health

Psychology fellows will collaborate with multiple health professionals through medical record, phone consultation, and collaborative practice. Being physically situated within the clinic will allow frequent in-person collaboration with various providers. Psychology postdoctoral fellow will become familiar with coordinating care:

- Warm handoffs from primary care providers
- Assessment and intervention based on the Four-Quadrant Model
- Triage patient needs and refer to system and community resources as appropriate
- Communicate ongoing patient care and patient needs with the primary care team

Rotation Location

Froedtert Health Plank Road Clinic at the Tosa Health Center

<https://www.froedtert.com/locations/health-center/tosa-health-center>

Psycho-oncology and Cancer Psychology Clinic

Lyndsey Wallace, Psy.D., ABPP

Cancer psychology is the practice of health psychology as it applies to those being treated with cancer and addresses issues of adjustment to illness, coping with chronic illness, adherence and behavioral management, and end-of-life care. Cancer psychologists work with patients and their family members to help cope with cancer and its impacts on functioning, emotional distress, mental health, and family relationships. On the cancer rotation, the fellow will work primarily in outpatient setting and as part of a multidisciplinary team. The fellow will have an opportunity, based on area of interest, to engage in disease-specific patient populations and teams. Fellows will treat patients during their cancer treatment process. Fellows will spend 4 half-days in the Cancer Center.

Direct Services

Cancer psychology has areas of focus on coping and adjustment, management of psychological distress and disorder, and family functioning at times of illness.

- Assessment – Biopsychosocial intake interviews with medically ill patients, assessment for behavioral management, assessment of coping style, social support, attitudes toward health care, and motivation for change
- Behavior Therapy – Behavioral activation, adherence, and compliance management
- Health and Behavioral Intervention – Coping skills training, sleep hygiene, psychoeducation
- Pain management – non-pharmacological treatment for acute and chronic pain
- Outpatient Psychotherapy – Psychological disorder (depression, anxiety, PTSD), adjustment to illness (newly diagnosed patients, chronically ill patients, fostering Post Traumatic Growth, patients and families at end-of-life), planning for psychological wellness and safety during cancer treatment and surgical recovery
- Stress management – Mindfulness, relaxation strategies, cognitive restructuring

Integrated Behavioral Health

Cancer psychologists work as part of multidisciplinary teams, collaborating with physicians, advanced practice providers (APPs), nurses, social workers, medical residents, and medical fellows. The psychology fellow will have opportunities to collaborate with other disciplines in the following ways:

- Providing training on psychological issues with cancer patients to nursing staff
- Providing consultation and behavioral management to nursing and medical staff for problematic patient behavior
- Promoting effective patient-provider relationships

Rotation Location:

Froedtert Hospital

Clinical Cancer Center

<https://www.froedtert.com/locations/cancer-center/clinical-cancer-center-froedtert-hospital>

Neurology and Headache Medicine Program ****Not recruiting a fellow for 2025-26 academic year**
Kirti Thummala, Ph.D.

The Headache Medicine Program is housed within the Department of Neurology at the Medical College of Wisconsin. The headache clinic provides multidisciplinary services to individuals suffering from primary headache disorders, including chronic migraines, tension-type and cluster headaches. The interdisciplinary headache team includes physicians, fellows, residents, pain psychologists, nurse practitioners and physical therapists. Patients in the headache program receive a comprehensive evaluation of their headaches, leading to a personalized plan of care established in collaboration with the patient and multiple headache specialists. When appropriate, patients are referred to pain psychology for a variety of presenting problems including difficulty adjusting to chronic headache pain and headache-related treatments, co-morbid mental health concerns (e.g., depression, anxiety), and/or assessment and treatment of maladaptive behavior patterns that may serve to perpetuate and exacerbate their headaches.

This fellowship rotation is outpatient-based and will focus on providing empirically validated assessments and interventions, including Cognitive Behavioral Therapy, Mindfulness Based Stress Reduction, and Acceptance and Commitment Therapy for headache pain and other associated psychological disorder and medical presentations. The fellow will also have opportunities to perform objective personality assessments, behavioral interventions (e.g., biofeedback, behavioral therapy for insomnia, etc.) and group psychotherapy. In addition to clinical responsibilities, fellows are expected to attend weekly headache program didactic lectures, teaching rounds, monthly journal club meetings and grand rounds. The fellow is also encouraged to register and attend relevant conferences/seminars.

Postdoctoral fellows will have 4 half-days at the Headache Clinic and will maintain an ongoing outpatient caseload throughout the entire training year.

Direct Services

This clinic's goals include optimizing physical health through management of psychological barriers, coping with chronic pain, symptom management, and illness adjustment.

- Assessment – clinical biopsychosocial interviews, health psychology assessment and brief testing
- Behavior Therapy – behavioral activation, compliance skills, communications skills, optimizing coping
- Health Behavior Intervention – diet, exercise, sleep, medication adherence, health care system skills
- Psychotherapy for psychopathology – anxiety, depression, health-related traumatic responses, substance use, management of personality disorders in medically complicated patient
- Stress Management – locus of control, relaxation methods, time management, mindfulness.

Integrated Behavioral Health

Psychology fellows will collaborate with multiple health professionals through medical record, phone consultation, and collaborative practice. Being physically situated within the Neurology clinic will allow frequent in-person collaboration with various providers. The fellow will become familiar with coordinating care:

- Co-treat with other disciplines to more effectively address mental or behavioral health concerns and communicate via medical record and in-person consultation
- Consult with staff regarding patients' psychological functioning via electronic medical record and direct communication
- Be available for behavioral health consultation from providers in the health enterprise as requested

- Consult on behavioral management interventions via medical record and direct communication to help medical providers effectively manage challenging behaviors while providing care

Research

Postdoctoral fellows will have the opportunity to participate in research focused on program evaluation and treatment effectiveness within the Headache Medicine program. Fellows will have designated academic space for their use in the HUB.

Teaching

Postdoctoral fellows will be required to participate in teaching through presentations about behavioral pain medicine to the interdisciplinary Headache Medicine team and other Neurology residents and fellows.

Rotation Location

Froedtert Hospital

Froedtert Hospital Specialty Clinic

<https://www.froedtert.com/locations/clinic/specialty-clinics-froedtert-hospital>

*Palliative Psychology***Mackenzie Goertz, Ph.D.**

Palliative Care is a specialty that focuses on improving quality of life for patients suffering with serious medical illness (e.g., cancer, advanced heart, lung, liver, kidney or vascular disease, serious neurological conditions, injuries from life-threatening accidents, and other serious or life-limiting illness). The goal is to minimize discomforting symptoms through a biopsychosocial lens focusing on physical, emotional, and spiritual distress. The interdisciplinary team includes physicians, advanced practitioners, spiritual services, registered nurses, and a psychologist. Palliative psychologists work with patients and their family members in an effort to help them with adjustment and coping of serious illness, interpersonal relationships, and mental health concerns (e.g., depression, anxiety, trauma, cognitive concerns, delirium, etc.), pain management, and end-of-life care. Common treatment modalities include Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, Meaning-Centered Psychotherapy, and Dignity therapy. On the palliative rotation, the fellow will work primarily in the inpatient setting and as part of a multidisciplinary team. Fellows will treat patients during their cancer treatment process. Fellows will spend 4 half-days in the hospital on the inpatient palliative care team.

Direct Services

Treatment of services will be on the inpatient palliative care team. Palliative psychologists provide patient and family support and team support. Fellows will perform health psychology assessments and brief interventions to help with adjustment to illness, symptom management, and promoting interpersonal dynamics.

- Assessment – Biopsychosocial intake interviews, health and behavior assessments, decision making capacity, brief testing
- Psychotherapy for psychopathology – Depression, anxiety, trauma, substance misuse, management of personality disorders in medically complicated patients and families
- Behavior therapy – Behavioral activation, adherence, and compliance management
- Health and Behavioral Intervention – Coping skills training, sleep hygiene, diet, psychoeducation
- Pain management – non-pharmacological treatment for pain
- Stress management – Mindfulness, relaxation strategies

Integrated Behavioral Health

Palliative psychologists work as part of multidisciplinary teams, collaborating with physicians, advanced practice providers (APPs), spiritual services, nurses, social workers, medical fellows, residents, and students. The psychology fellow will have opportunities to collaborate with other disciplines in the following ways:

- Attending interdisciplinary team meetings and medical rounds
- Providing consultation and behavioral management to nursing and medical staff for problematic patient behavior
- Promoting effective patient-provider relationships
- Co-treating patients alongside physicians, APPs, spiritual services, and/or PT/OT to more effectively address mental or behavioral health concerns

Rotation Location

Froedtert Hospital

<https://www.froedtert.com/locations/hospital/froedtert-hospital>

*Transplant Psychology***Stephanie Zanowski, PhD & Jenessa Price, PhD**

The Transplant Mental Health Program consists of two Clinical Psychologists, three Social Workers, and one Alcohol and Other Drug Abuse (AODA) Counselor. The program also provides year-round training for MCW Health Psychology residents and a Transplant Neuropsychology practicum student. Transplant Psychologists assess candidacy from a biopsychosocial perspective for patients in evaluation for solid organ transplant and provide both initial as well as ongoing psychosocial recommendations to patients and team members. In addition, Transplant Psychologists provide supportive therapy and empirically based interventions to patients pre- and post-transplant on both an inpatient and outpatient basis, towards optimizing readiness pre-transplant, adjustment post-transplant, and equitable access to mental health services and life-saving transplant. The focus of treatment includes coping with chronic illness, adjusting to medical illness, mood management, adherence, and drug and alcohol relapse prevention.

Direct Services

Transplant Psychology focuses on assessment of psychosocial risk and protective factors in addition to implementation of interventions addressing coping and adjustment, management of psychological distress and disorder, management of adherence, and addiction. The Transplant Psychology Fellow will have the opportunity to provide the following clinical services:

- Psychological Assessment – Pre-transplant (kidney, liver, LVAD/heart, lung) psychological evaluation for transplant (typically outpatient); urgent inpatient psychological evaluation for transplant; general psychological evaluations (outpatient)
- Inpatient/Outpatient Psychotherapy – Psychological disorder (depression, anxiety, PTSD, bipolar disorder); adjustment to acute and chronic illness; CBT and nonpharmacologic treatment for pain
- Health and Behavioral Intervention – Adherence management; implementation of cognitive compensatory strategies; coping skills/relaxation training; sleep hygiene; psychoeducation
- Motivational Interviewing – Adherence management; drug and alcohol misuse/use disorders

The Transplant Psychology Fellow may also have an opportunity to lead a psychoeducation and health behavior management group to promote transplant readiness and adherence.

Integrated Behavioral Health

Transplant Psychologists serve as integral members of multidisciplinary treatment teams composed of surgeons, specialty physicians, advanced practice providers (APPs), nurses, and medical residents and fellows. The Transplant Psychology fellow will have opportunities to collaborate with other disciplines in the following ways:

- Provide initial and ongoing recommendations for candidacy to patient coordinators and other treatment providers
- Consultation with members of the Mental Health team, including Social Workers and the AODA Coordinator
- Attend weekly Multidisciplinary Selection Committee meetings for kidney, liver, LVAD/heart and lung
- Provide inpatient consultation and ongoing supportive therapy to patients and coordinate care with medical staff (APPs, resident physicians, and fellow physicians) during the patient's stay
- Promote effective patient-provider relationships
- Provide education on the biopsychosocial perspective and training to other medical professionals, including nurses and medical residents

Research Opportunities

The Transplant Psychology Fellow will also have the opportunity to participate in ongoing research projects encompassing equitable access to organ transplants. Current projects include:

- Relapse and survival outcomes among patients with alcohol-related liver disease referred for liver transplant
- Racial disparity in access to heart transplant among patients with heart failure referred for LVAD and/or heart transplant
- Neurocognitive functioning among patients with heart failure pre- and post-heart transplant

Rotation Location

Froedtert Hospital
Center for Advanced Care

Evaluation Procedures

Fellows are evaluated quarterly in their two major rotations, with the evaluation focusing on the elements of the competencies noted in the table above. Fellows are evaluated on a developmental scale and expected to grow throughout the fellowship year in independence and proficiency. At the mid-year and end-of-year, the Training Director summarizes the quarterly evaluations, including evaluations of teaching and research as well, and completes the Summative Evaluation. The Summative Evaluation is the metric by which successful completion of the program is operationalized. Please see the Minimum Levels of Achievement as outlined under the “Requirements for Completion” section.

Requirements for Completion

Fellow’s skills in the core competencies are evaluated formally by the supervisor in each of the major rotations on a quarterly basis. Also, fellow progress toward competency attainment is discussed monthly by the core training faculty. The Training Director prepares a Summative Evaluation at the mid-year and end-of-year time points composed of the aggregate supervisor ratings and comments. To successfully complete the fellowship, the fellow must demonstrate competence for independent practice as demonstrated by a rating reflecting competent for independent practice in all core competency areas: integration of science and practice, ethical and legal standards, individual and cultural diversity, research, professional values and attitudes, communication and interpersonal skills, assessment, intervention, teaching and supervision, consultation and interprofessional/interdisciplinary skills, and leadership. Please see specific completion criteria below:

Requirements for Successful Completion of the Fellowship Program

- a. Complete one year of full-time clinical work, averaging 40-45 hours per week. Fellow vacation, sick time, and professional leave time that is within the allowed limited outlined in the Professional Development Leave Policy and Clinical Health Psychology Post-Doctoral Fellow Stipend and Benefits Policy does not count against time required for successful completion.
- b. Complete at least 500 hours of direct clinical work summed from across clinical rotations
- c. Complete/receive at least 100 hours of clinical supervision
- d. Complete an Empirically Based Health Psychology Project approved by a faculty mentor and the Training Director
- e. Completion of at least 95% of didactic seminars, with the exception of allowed time out of the office.
- f. Attend at least 95% of Group Supervision, Group Case Series, and Required Grand Rounds meetings, with the exception of allowed time out of the office.
- g. Complete all required documentation, including clinical (i.e., reports, intake notes, progress notes, etc.) and administrative (i.e., data monitoring, evaluation procedures) documentation in a timely manner, which includes seeking appropriate supervisor sign off on documentation in a timely manner.
- h. Attain supervisor evaluation forms demonstrating competence across all APA Profession-wide competencies and Council of Specialties in Professional Psychology Competencies for Clinical Health Psychology: i. Fellows are expected to achieve on track or above ratings of competence on each element (2-3 by first quarter; 3-4 by mid-year; 4-5 by third quarter; 6 by end of year) at

each evaluation point and **independent practice competency** by the conclusion of the fellowship year.

- i. Should a fellow demonstrate below expected competence appropriate to their developmentally expected level, a Development Plan as outlined in the Remediation Process Policy will be promptly implemented.
- j. Successful completion of any Development Plan should one be implemented.
- i. Complete all programmatic evaluation forms in a timely manner

Facility and Training Resources

Fellows have a dedicated workspace at Froedtert Hospital in the Health Psychology workspace in the Center for Advanced Care (CFAC), as well as dedicated space in the clinical rotations in which an individual is rotating. Fellows have appropriately designated clinic space in their respective clinics where patients are seen. In addition, fellows are assigned a pager and lab coat, and have a laptop computer. All fellows can access the MCW library system, including online databases like Medline. Fellows also have access to the libraries across the system. Fellows have access to multidisciplinary training experiences including Grand Rounds across multiple specialty areas and other forms of specific health-related didactic and educational training. Fellows also have access to \$1500 professional development fund that can be used to pay for licensure, conferences, books, or other educational resources.

Administrative Policies and Procedures

Fellows are covered under the Equal Employment Opportunity and Affirmative Action programs. Policies and procedures for addressing performance problems and grievances are contained in the Clinical Health Psychology Post-doctoral Fellowship Policies and Procedures Manual. Each fellow receives a copy of the Clinical Health Psychology Post-doctoral Fellowship Policies and Procedures Manual at orientation. A copy of the Clinical Health Psychology Post-doctoral Fellowship Policies and Procedures Manual is also available by request from the Program Educational Coordinator.

Clinical Health Psychology Fellowship Training Faculty

Director of Clinical Training:



Heidi F. Christianson, Ph.D.

Associate Professor of Psychiatry and Behavioral Medicine
Training Director, Health Psychology Residency
Training Director, Clinical Health Psychology Post-Doctoral Fellowship
Psychologist, Bone Marrow Transplant Program

Training:

B.S. Psychology, University of Wisconsin- Madison (Honors)
M.S. Counseling, University of Wisconsin- Madison
Ph.D. Counseling Psychology, University of Wisconsin- Milwaukee
Residency: Zablocki VA Medical Center, Milwaukee, Wisconsin
Fellowship: Health Psychology, Medical College of Wisconsin

Associate Director of Clinical Training:

Lawrence Miller, Psy.D.

Associate Professor of Psychiatry and Behavioral Medicine
Co-Director, Behavioral Medicine Primary Care Clinic
Psychologist, Behavioral Health Center - Tosa Health Center

Training:

B.S., Psychology, Illinois State University, Normal, IL
M.A., Psychology, Central Michigan University, Mount Pleasant, MI
Psy.D., Clinical Psychology, Illinois School of Professional Psychology/Chicago at Argosy University, Chicago, IL
Residency: Clinical Health Psychology, Loyola University Medical Center, Maywood, IL
Fellowship: Psychosocial Oncology, Loyola University Medical Center, Maywood, IL



Training Faculty:



Courtney Barry, Psy.D.

Assistant Professor, Psychiatry and Behavioral Medicine
Psychologist, Froedtert/MCW Bariatric Surgery Program

Training:

BA, Psychology, Lake Forest College, Lake Forest, IL
MA, Clinical Psychology, The Chicago School of Professional Psychology, Chicago, IL
PsyD, Clinical Psychology, The Chicago School of Professional Psychology, specialization in Health Psychology, Chicago, IL
MS, Clinical and Translational Science, Medical College of Wisconsin, Milwaukee, WI
Residency: Adolescent Inpatient, Linden Oaks Hospital, Naperville, IL
Fellowship: Adolescent Inpatient, Linden Oaks Hospital, Naperville, IL
Fellowship: Primary Care Research, Medical College of Wisconsin, Milwaukee, WI

Alex Buhk, Ph.D.

Assistant Professor, Psychiatry and Behavioral Medicine
Psychologist, Froedtert/MCW Bariatric Surgery Program

Training:

BA, Psychology, University of Toledo, Toledo, OH (Honors)
MA, Clinical Psychology, University of Toledo, Toledo, OH
PhD, Clinical Psychology, University of Toledo, Toledo, OH
Residency: Adult Clinical Psychology and Behavioral Medicine, Geisinger Medical Center, Danville, PA
Fellowship: Clinical Health Psychology (Primary Care Track), Medical College of Wisconsin, Milwaukee, WI





Amber Craig, Ph.D.

Assistant Professor of Psychiatry and Behavioral Medicine
Psychologist, Behavioral Health Center - Tosa Health Center
Co-Director, Behavioral Medicine and Primary Care Clinic- Tosa Health Center

Training:

B.S., Georgia State University, Atlanta, GA

Ph.D., Indiana University, Bloomington, IN

Residency: University of Wisconsin, Madison, WI

Fellowship: Clinical Health Psychology (Primary Care Track), Medical College of Wisconsin, Milwaukee, WI

Mackenzie Goertz, Ph.D.

Assistant Professor of Psychiatry and Behavioral Medicine
Psychologist, Froedtert/MCW Blood and Marrow Transplant and Cellular Therapy Program & Palliative Care Program

Training:

B.A. Psychology, Flagler College, St. Augustine, FL

M.A. Counseling, Latinx Mental Health Concentration, The Chicago School of Professional Psychology, Chicago, IL

Ph.D. Counseling Psychology, Marquette University, Milwaukee, WI

Residency: Health Psychology Predoctoral Internship, Southwest Consortium, Albuquerque, NM

Fellowship: Health Psychology, Loyola University Medical Center, Maywood, IL





Lawrence Miller, Psy.D.

Associate Professor of Psychiatry and Behavioral Medicine
Co-Director, Behavioral Medicine Primary Care Clinic
Psychologist, Behavioral Health Center - Tosa Health Center

Training:

B.S., Psychology, Illinois State University, Normal, IL
M.A., Psychology, Central Michigan University, Mount Pleasant, MI
Psy.D., Clinical Psychology, Illinois School of Professional Psychology/Chicago at Argosy University, Chicago, IL

Residency: Clinical Health Psychology, Loyola University Medical Center, Maywood, IL

Fellowship: Psychosocial Oncology, Loyola University Medical Center, Maywood, IL

Jenessa Price, Ph.D.

Associate Professor of Surgery
Clinical Neuropsychologist

Training:

B.A. Psychology, Butler University, Indianapolis, IN
Ph.D. Clinical Psychology (emphasis in Neuropsychology), University of Cincinnati, Cincinnati, OH
Residency: Boston Consortium in Clinical Psychology (now VA Boston Healthcare System Psychology Internship Training Program), Clinical Neuropsychology Track, Boston, MA
Fellowship: McLean Hospital-Harvard Medical School: T32 Training in Drug Abuse and Neuroimaging, Belmont, MA





Kirti Thummala, PhD

Assistant Professor, Psychiatry and Behavioral Medicine
Assistant Professor, Neurology (Secondary Appointment)

Training:

B.A., Brain, Behavior and Cognitive Science, University of Michigan, Ann Arbor, MI

M.A., Clinical Psychology, Arizona State University, Tempe, AZ

Ph.D., Clinical Psychology, Arizona State University, Tempe, AZ

Residency: Department of Psychiatry and Behavioral Sciences, Rush University Medical Center, Chicago, IL

Fellowship: Supportive Oncology Program, Rush University Medical Center, Chicago, IL

Lyndsey Wallace, Psy.D., ABPP

Assistant Professor of Psychiatry and Behavioral Medicine
Psychologist, Psycho-Oncology Program

Training:

B.S., Psychology, University of Iowa, Iowa City, IA

M.A., Clinical Psychology, Illinois School of Professional Psychology, Chicago, IL

Psy.D, Clinical Psychology, Illinois School of Professional Psychology, Chicago, IL

Residency: Mann-Grandstaff VA Medical Center, Spokane, WA

Fellowship: Palliative Care, Clement J. Zablocki VA Medical Center, Milwaukee, WI



**Stephanie Zanowski, Ph.D.**

Associate Professor of Surgery

Director of Psychology Services, Medical College Physicians

Director of Transplantation Mental Health

Training:

B.A. Psychology and Spanish, Gustavus Adolphus College,
St. Peter, Minnesota

M.A. Clinical Psychology, Cardinal Stritch University,
Milwaukee, Wisconsin

Ph.D. Clinical Psychology, Marquette University,
Milwaukee, Wisconsin

Residency: Medical College of Wisconsin, Department of
Plastic Surgery

Fellowship: Medical College of Wisconsin, Department of
Plastic Surgery

Information about Life in Milwaukee

Please visit our website: (<https://www.mcw.edu/departments/human-resources/living-working-milwaukee>) with information about Milwaukee including a general guide to the city, housing information, educational information, and recreation. Also, please feel free to reference this article on Milwaukee: <http://www.vogue.com/article/travel-guide-milwaukee-wisconsin-midwest-coolest-city>.