



# PSYCHED

A quarterly publication of the  
Department of Psychiatry  
and Behavioral Medicine  
Medical College of Wisconsin  
AUTUMN 2022



## Notes from the Department Chair The History of the Department

*This Autumn edition of Psyched will focus on the history of the department in all our mission areas*

For those of you who have been in the department for a long time, I hope you enjoy reminiscing. For those of you who are newer to our department, I hope you enjoy learning about where we came from. I believe that where we have been helps guide us to where we are going. I also believe that when we pay attention to our history, there is much to learn from our successes and our missteps. I also hope that by seeing where we have been, we can appreciate how much progress we have made.

You might ask why I have chosen to focus on our history. It is a theme I had been thinking about, and as Mr. David Peterson had shared with me that he was stepping down from his full-time role later this year, I thought the time was right and that I needed to take advantage of this opportunity to have someone with all his institutional knowledge play a role in writing about our history. I believe that many of our foremothers and forefathers were giants that have made history and that we are fortunate in many ways to stand on their shoulders and to have learned from their success and from their failure too.

I also find myself wondering how our future department members will think back about my/our service and leadership. I hope they, too will learn from us. As I think along these lines, I also find myself thinking an inspiring thought: we too are making and impacting history.

*What kind of legacy will you leave for your department successors?*

Thanks, and I hope you enjoy this special edition!

Jon A. Lehrmann, MD Charles E. Kubly Professor and Chairman  
Department of Psychiatry and Behavioral Medicine  
Associate Chief of Staff for Mental Health, Milwaukee VAMC



Milwaukee County Mental Health Complex



Artist: Ms. Erin Lehrmann



Tosa Health Center



## Notes from Administration

# 35 years of department history (condensed)

*Writing about the department's last 35 years also reflects some of the history of mental health care in Milwaukee and even a little of Milwaukee history. That said, the department's history could be described from several perspectives: programmatic, financial, physical space(s) and faculty and staff size to name a few.*

When I joined the department in 1987 (a position I was both encouraged and discouraged to take by MCW leaders), the department was under interim leadership, recovering from administrative scandals in Milwaukee County's Mental Health Complex, essentially bankrupt and was awaiting the new Chairman (Harry Prosen MD) who was still at the University of Manitoba in Winnipeg, Canada and awaiting a visa.

The department was "headquartered" (Dr. Prosen and me) in a two-office corner of the County Mental Health Complex with a resident training clinic across the hall. The Directors of Medical Student Education and the Residency Training Programs were in separate small suites down the hall, and the resident offices were underground in the rear of the facility. Department mission areas and leaders were not consolidated, programs were disconnected and there was a public sector presence heavily weighted toward the County with a more modest presence in the VA.

Clinical services were spread throughout the metro area, with psychotherapy training based in a stand-alone facility at Columbia Hospital (now a housing development), child & adolescent services were spread between Milwaukee Psychiatric Hospital (where division leadership was located) and Children's Hospital on 17<sup>th</sup> and Wisconsin Avenue. Adult services were spread between the outpatient training clinic based at the County Mental Health Complex and adult inpatient and consultation and liaison services were based in the old County General Hospital (since torn down and subsumed by FH hospital).

Educationally, there was one accredited general adult training program and two accredited fellowship training programs in child & adolescent psychiatry and consultation-liaison psychiatry. The department's medical student education footprint was large with a teaching presence – as now – in all four years of the medical student education curriculum.

The financial model supporting the department was a loose patchwork of affiliate support, MCW central funds, "private practice," and contracts. There was negligible extramural research support (a small clinical trial here or there) and contracts were near-nonexistent.

The department's budget – as it were – was approximately \$5 million dollars annually, and even then, was funded on a shoestring.

The faculty contingent was affiliate-employed, comprised of psychiatrists and psychologists and there were few MCW-employed staff. Notably, there were no "allied health professionals" such as nurses at any level, masters-level therapists, or addiction counselors employed by the department.

Three Department Chairs later (Harry Prosen MD, Laura Roberts MD and Jon Lehrmann, MD) and a fast forward to 2022 highlights significant contrasts with the department of 1987.

Now, the department is headquartered with the four mission areas present in approximately 20,000 square feet on the 3<sup>rd</sup> floor of the Tosa Health Center. A \$6 million expansion and renovation plan has been approved and once completed in 2023, is expected to add another 10,000 square feet to the department's footprint, almost doubling clinical services, adding a subspecialty geriatric psychiatry clinic and peer-to-peer consultation programs that span Wisconsin.

The department's research footprint has grown to include an 18,000-square-foot stand-alone facility housing behavioral intervention researchers (CAIR/HISG) on the east side of Milwaukee, a presence in the imaging center at MCW, and

the Cancer Center at Froedtert. CAIR/HISG will dominate the 2<sup>nd</sup> floor of the ThriveOn initiative when it opens in late 2023.

Clinically, the department's programmatic and geographic footprint has expanded across Wisconsin. Outpatient visits at the Tosa Health Center total over 20,000 encounters annually and this does not include the outpatient mental health work at Children's Wisconsin, which hosts one of the top three busiest clinics in the system, or the outpatient work conducted by faculty based at the VA.

Clinical programs offered from "cradle to grave" include a wide variety of outpatient therapies ranging from individual psychotherapy, cognitive-behavioral psychotherapy, dialectical-behavioral psychotherapy, to psychoanalysis, treatments for refractory depression such as repetitive Transcranial Magnetic Stimulation (rTMS), Esketamine and Electroconvulsive treatment to name a few. Group therapy, embedded mental health services in other specialty clinics, a sophisticated inpatient consultation/liason service, and state-of-the-art hospitalist services add further depth and breadth to the programs.

Notably, the department led the practice in a pivot to virtual patient care when the pandemic arrived in early 2020. The department continues to lead the practice with approximately 70% of direct patient care delivered virtually (as compared to the MCP overall that hovers around 10% virtual care).

All of these services are offered by a dedicated group of multidisciplinary teams working hand-in-glove to provide the best patient care possible.

Educationally the department's footprint in the M1-M4 curriculum remains strong. Five accredited subspecialty training programs exist and three ACGME-accredited general adult training programs work to build a workforce for the state. A health psychology training program with residents and fellows is in its 5<sup>th</sup> year and is growing. A HRSA-supported, 1-year mental health residency training program for APNP's is in its 3<sup>rd</sup> year.

A robust continuing medical education effort continues with regular Grand Rounds and the 3-week Door County Summer Institute has been educating attendees for over 30 years.

Regarding research, according to the latest data, the department ranks 44<sup>th</sup> in the nation in federally funded research, a far cry from no ranking in 1987. The research includes behavioral intervention work, conducted on a global scale, studies in Cancer and the neurosciences using cutting-edge analysis, assays and technology (fMRI and machine learning) to name a few. Community-based research supported by MCW's Healthier Wisconsin funding is prevalent and causing the department's research footprint to continue to grow.

As for community engagement, MCW placed second for the AAMC's prestigious Spencer Foreman Award, in part based on the departments' robust community engagement work.

The department's financial model is strong and remarkable given a clinical reimbursement environment that underpays psychiatry by 20-40% according to nationally recognized survey data (Milliman, for example). The department's two key private sector hospital partners have identified Psychiatry as a key service, opening the door for sustainable clinical funding. The department's programmatic relationship with the VA is especially strong, especially given Dr. Lehrmann's role as Associate Chief of Staff and the VA's commitment to education.

And quite importantly, department missions are aligned with department funding.

The department budget is ten times that of 1987, approximately \$50 million annually. Funding sources include the MCW, the hospital affiliates, agencies and community contracts, the group practices, professional fees growing at a double-digit pace and accompanied by similar growth in wRVU's, research funding from a variety of sectors such as the NIH, AHW

and philanthropy and finally, strong growth in philanthropic support.

The faculty and staff contingent totals almost 200, with faculty having doubled over the last five years to a total of approximately 120 (a number ever-changing). The staff are multidisciplinary representing most if not all the behavioral health professions. Engagement of both faculty and staff as measured by the most recent Pulse survey is high and leads MCW.

What happened between 1987 and 2022 to catalyze this growth and success? It starts with leadership and Psychiatry has had three strong Chairs with their own vision of the department and skills and strengths to match.

Dr. Harry Prosen brought a vision of “bringing the department together and building research.” During the course of his tenure, he was on the hunt for space that could consolidate programs under one roof and that goal was realized in 2002 when the department moved into 20,000 square feet on the 3<sup>rd</sup> floor of the Tosa Health Center (following MCW’s Billing & Collection Office that moved to its current location in the Research Park – formerly the Alterra Building). The space was newly renovated and customized, to house psychiatry’s adult clinical outpatient, education, some research and administrative programs. This was the first time the department was “under one roof” in a free-standing, non-affiliate location.

As for research, Dr. Prosen successfully recruited two extramurally funded researchers, Dr. Jeff Kelly out of the University of Mississippi at Jackson, Mississippi and Dr. Elliot Stein out of Marquette University. Dr. Kelly, of course, built an enormous body of NIH-funded research work on behavioral interventions directed at populations vulnerable to HIV. Dr. Kelly and his fellow investigators literally built and conducted a global research program involving studies in over 70 cities nationally and supporting research teams in eastern Europe, Africa and Central America. Dr. Stein brought with him NIDA-funded work in the basic neurosciences adding to the body of knowledge on brain reward mechanisms, first in rats and then humans. Dr. Stein was an integral part of the seminal work on functional magnetic resonance imaging, part of a team that put MCW in the forefront of the national stage.

Dr. Prosen himself, and perhaps with some prescience, conducted his own philanthropy-funded research on the “normative aspects of aging.”

Under his leadership and via a strong partnership with Milwaukee County, the department’s clinical footprint grew with contracted outpatient clinics, full, capitated, at-risk managed care contracts, and a strong psychoanalytic presence. (Bob Huberty writes more about this later in the newsletter.)

Dr. Prosen’s foundational work (literally) served as a platform for continued growth for subsequent Chairs.

Dr. Laura Roberts succeeded Dr. Prosen when he stepped down as Department Chair, arriving with a fresh perspective honed from her own experiences at the University of New Mexico in Albuquerque and her own NIH-funded work on ethics. Under her leadership, the department “modernized,” and experienced a spurt of faculty recruitment, developed 3 more accredited fellowship training programs (addiction psychiatry, forensic psychiatry, geriatric psychiatry) and more formerly expanded the department’s work into geriatric psychiatry. Dr. Roberts also focused on and established opportunities for faculty development, encouraging scholarly work with the goal of faculty advancement and promotion.

Dr. Jon Lehrmann, the current Chair and Associate Chief of Staff at the Clement J. Zablocki VA Medical Center, succeeded Dr. Roberts as she departed to assume the Chair of Stanford University’s Department of Psychiatry, first serving as interim Chair during a national search for Dr. Roberts’ successor. During this search process, Dr. Lehrmann successfully competed for his current role and was appointed for the standard 5-years. His renewed 5-year appointment speaks to his success as Chair and his prominence within MCW. Drawing on a strong public and community service ethos, Dr. Lehrmann has executed several strategies to facilitate the department’s robust growth over the last ten years and some of these are highlighted below:

**Improved Affiliate Relationships:** Because of Dr. Lehrmann's efforts, Psychiatry has been identified as a "key service" by both Froedtert Hospital and Children's Wisconsin and these designations have allowed for critical underlying clinical financial support for the department. In addition, the trust that has been built over the recent years has enabled the development of clinical training programs for health psychology and mental health training for advanced practice nurse practitioners.

**Expanded Educational Programs:** In addition to the two training programs noted above and in tandem with MCW's development of the regional medical schools based in Green Bay and Wausau, the department successfully developed two new ACGME-accredited general adult training program titled "Central Wisconsin" (CW) and "Northeast Wisconsin" (NEW). The development of these programs doubled the supply of psychiatrists graduating from MCW and helped to address a shortage of psychiatrists in Wisconsin.

**Strengthened Public-Private Partnerships:** As Milwaukee re-thought its role in providing mental health care to its citizenry, Dr. Lehrmann has been a tireless advocate for a public-private solution to service Milwaukee County's mental health needs. This work has culminated in the creation of a 4-health system partnership to provide psychiatric crisis services and the introduction of a new, private psychiatric hospital to the area that will provide inpatient psychiatric services to County residents.

**Expanded Awareness and Access to Mental Health Care:** Forging partnerships with philanthropists and state legislators, Wisconsin citizens enjoy more access to specialized psychiatric health care via the state-funded Child Psychiatry Consultation Program (CPCP), a peer-to-peer rapid-access consultation program offered to pediatric primary care and other pediatric providers. In addition, Dr. Lehrmann has been in active pursuit of sustained funding for the state-wide perinatal psychiatry consultation program (Periscope) and is actively working with Wisconsin legislators to fund a statewide Comprehensive Consultation Program modeled after the CPCP program.

By partnering with philanthropists, programs highlighting suicide awareness have been developed for the private sector (teens and adults) and for veterans.

**Encouraged Multidisciplinary Mental Health Care:** Examples of this work include the development of the health psychology and advanced practice nurse training programs and embedding mental health professionals in other specialty clinics.

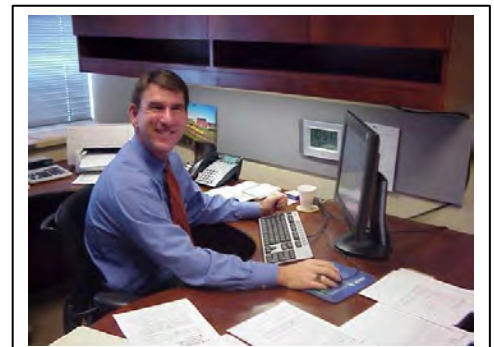
In between, the department has weathered more than one national financial crisis, "bridged" faculty clinicians, researchers, and programs, navigated the technological challenges posed by the Year 2000, survived the Great Recession that began in 2008/2009 and most recently and still, confronted the challenges posed by COVID-19.

That's 35 years in a nutshell and, as they say, any errors of omission, facts or emphasis are mine alone. Others will share their perspective throughout this newsletter. It's been a privilege for me to witness and participate in the development of this Department of Psychiatry & Behavioral Medicine over the years and a privilege to work with a wide group of people intent on advocating for and improving the lives of their patients through direct clinical service, educating future providers, discovering new treatments and modalities and community service.

*Thank you for allowing me to participate in this work.*

*David Peterson*

David Peterson, MBA, FACMPE  
Department Administrator Clinical



## HAPPY RETIREMENT KAREN OPGENORTH!!

As I get closer to retirement in 2022, I still remember 1984 (the year...not the Orwell book), walking into County Hospital to start my job with MCW in the Department of Obstetrics and Gynecology. 1984 was an exciting and memorable year. Gas cost around \$1.10/gallon. Prince released "Purple Rain." The Brewers played one of the longest games in league history, finally losing to the Chicago White Sox after two days and 25 innings. The average monthly rent was around \$350. The average income was \$21,600, but I was thrilled to take the MCW job for less. I must admit I never expected it would turn into a 38-year adventure. One of the first adventures was finding my way through the underground tunnel system from Sargeant Hall to County Hospital to MCW, wishing I'd brought some breadcrumbs to mark the path back. It was in 1984 that CDC finally announced the cause of AIDS – a retrovirus called HTLV-III. Little did I know back in 1984 that AIDS would become such an integral part of my MCW career.

Fast-forward to 1993. I remember meeting with David Peterson to talk about an opportunity to be part of an exciting newly-funded research Center in Psychiatry. The Center for AIDS Intervention Research (CAIR) would be dedicated to preventing HIV infection in populations vulnerable to the disease, promoting health and alleviating adverse consequences of HIV among persons with the disease and their loved ones.

Wouldn't it be amazing to contribute in some way to this mission! I was excited to be invited to meet with the Center's Director, Jeff Kelly, in the beautiful, historical Downer Mansion on Prospect and Juneau. I liked Jeff immediately and admired his passion for this research, the respect and high esteem he held for his colleagues, the College, and the community. Though my experience in research was before joining MCW, I hoped my interest, enthusiasm, and administrative skills would keep me under consideration for the position. I was thrilled to be invited to meet with a group of Center faculty and staff for a second interview and was delighted to join the CAIR team in April 1994. What an adventure it has been since then. What a privilege and honor it has been to work with such an impressive group of professionals throughout the Center, the Department, the College, and our community. I wouldn't have made it 38 years without the steadfast help, support, friendship, and encouragement of all my coworkers and colleagues here.

My thanks to you all.

Karen M. Opgenorth Director of Administration Center for AIDS Intervention Research (CAIR)

## WELCOME 2022-23 RESIDENTS AND FELLOWS

### MILWAUKEE RESIDENTS

Morgan Barnett, DO  
Amaal Bhaloo, MD  
Alhaji Camara, MD  
Ryan Emhoff, MD  
Austin Kayser, MD  
Fan-Jean Liu, MD  
Paige McKenzie, MD  
Matthew White, MD

### NORTHEASTERN WISCONSIN (GREEN BAY) RESIDENTS

Amy Fulcher, DO  
Molly Kadlac, MD  
Courtney Semotink, MD  
Benjamin Tittle, MD

### CENTRAL WISCONSIN (WAUSAU) RESIDENTS

Alexandra Reischman, MD  
Jaimesen Rudyk, MD  
Phillip Snyder, DO

### HEALTH PSYCHOLOGY RESIDENTS

Adam Everson, MA  
Julie Murray, MS  
Amanda Otero, MA  
Justin Studler, MS

### HEALTH PSYCHOLOGY FELLOW

Divya Bhagavatula, PsyD

### CHILD AND ADOLESCENT FELLOWS

Rachel Feltman Frank, DO  
Laura Pulido, MD  
Amna Siddique, DO  
Emma Woldt, MD

### CONSULTATION-LIAISON FELLOWS

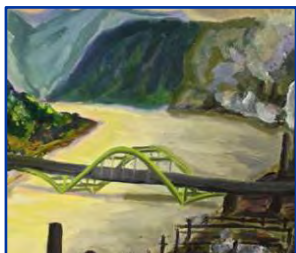
Alex Johnson, MD  
Irene Warner, MD



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**Jon A. Lehrmann, MD**  
Chairman and Professor

**Editorial Team:**  
Joy Ehlenbach  
Karen Hamilton  
Dawn Norby



**Professionalism is not about wearing a suit or white coat, or carrying a briefcase— but rather about conducting oneself with responsibility, integrity, accountability, and excellence.**  
~Dean Kerschner

**For more information, visit the Department website:**

[www.mcw.edu/psychiatry.htm](http://www.mcw.edu/psychiatry.htm)



## Research Notes

### THE HISTORY OF THE CENTER FOR AIDS INTERVENTION RESEARCH (CAIR)

CAIR's beginning traces back to the late summer of 1990 when five of us drove our cars due north from Mississippi to our new home of Milwaukee and to our new institution, the Medical College of Wisconsin. Dubbed at the time by David Peterson as "The Jackson Five," we were recruited by Dr. Harry Prosen, then Chair of the Department of Psychiatry, to establish here an HIV prevention research program. Over many months, David and I scouted the city looking for a community-accessible office location. After much looking and finding that some buildings just weren't willing to lease space for an AIDS program, we found and settled on an East Side Victorian frame house on Farwell Avenue. That became our first office home.

From that small but spirited start, we grew quickly, recruiting an exceptional multidisciplinary faculty team and a cadre of talented, passionate community research staff. The Jackson Five became the Milwaukee 35, and we outgrew our Victorian House and then the Jason Downer Mansion on Prospect, eventually bringing together the whole team in our current North Summit Avenue location. Meanwhile, 35 became 45. CAIR was officially "born" in 1994 and — for 25 years— was the only HIV behavioral research Center funded by NIMH between the East and West coasts of the country.

We tried many times but were never able to recruit senior established HIV prevention science faculty to join us. Most were at big institutions in the country's largest cities and weren't going to move from New York, San Francisco, or Los Angeles. Instead, CAIR always grew our own, recruiting exceptional early-stage faculty investigators and supporting their career development here. Many stayed after becoming recognized as senior leaders in the field. Others eventually left for other institutions where they established outstanding HIV research programs. In this way, CAIR helped to "seed" the entire HIV prevention research field. Over its history, CAIR investigators and staff published well over 1,000 scholarly articles and have been awarded over \$200 million in total research funding, mostly from NIH.

CAIR is entering a new phase in its development, applying lessons learned in HIV health research to other existing, new, and emerging health threats. More about exciting plans of the Health Intervention Sciences Group (HISG) in later newsletters.

Jeffrey A. Kelly, PhD  
Professor of Psychiatry and Behavioral Medicine Director,  
Center for AIDS Intervention Research (CAIR) and Health Intervention Sciences Group (HISG)



Clinic Notes

## THE HISTORY OF OUTPATIENT MENTAL HEALTH SERVICES

The Department of Psychiatry & Behavioral Medicine has a long history of providing outpatient services dating well before my time at MCW. My MCW outpatient history encompasses three distinct, overlapping phases beginning in 1991.

**Managed Care 1991 – 2003:** This period began with a commercial insurance contract of 5,000 City of Milwaukee Employees and concluded with two Medicaid HMO contracts to manage the inpatient and outpatient behavioral health needs for 175,000 members. This became one of MCW's largest, full-risk, capitated managed care contracts. We built a network of over 900 contracted clinicians and facilities across 32 Wisconsin Counties, which included opening MCW's first State of Wisconsin certified outpatient mental health clinic on 2<sup>nd</sup> and Capitol Drive. This clinic also held an AODA license, included residents (several of whom are now current department leaders and faculty), built an on-call system, submitted multiple contract bids, and passed state audits with recognition for maintaining high standards of care.

**Milwaukee County Behavioral Health Division 1996 – 2014:** This period began with our expanded affiliation with Milwaukee County as they privatized outpatient services. MCW engaged in the treatment of 75% of the outpatients served by County resources, many experiencing poverty and severe and persistent mental illness. One of the four clinics we managed had a sixty percent Hispanic population. We also designed a medication assistance program which saved Milwaukee County several millions. With the Affordable Care Act, these patients obtained insurance and were no longer eligible for services through the county. This transition led to the dissolution of MCW's partnership with Milwaukee County for outpatient services. As the department moved to consolidate into the current space at the Tosa Health Center, other portions of outpatient services were delivered at 2<sup>nd</sup> & Capitol, Curative (2 clinic locations), old Doyne County Hospital (now FH).

**Tosa Health Center 2001 – 2022:** While the Tosa Outpatient Clinic initially mainly served MCW students, residents, faculty, and staff, it vastly expanded over the last two decades. With the 2014 transition from a contract with Milwaukee County, Tosa expanded to include an underinsured clinic with resident training in mind. We also expanded to provide care to patients and employees affiliated with Froedtert, opening access to all primary care referrals. Currently, we have 12 Sub-Specialty Tosa Clinics, over 20,000 patient visits a year, continued innovations, and an ever expanded geographic and clinical reach. The clinic leads the MCP and CSG physician practices in delivering virtual outpatient mental health care with 70% of the current outpatient encounters still provided in a virtual world. Notably, during the pandemic, Psychiatry's outpatient services never closed. The anticipated physical expansion and renovation of the clinic in 2023, plus the addition of a sub-specialized clinic for geriatric psychiatry, will add approximately twenty more clinical offices. What's next? Stay tuned.

**Fun facts:** I have worked with three Chairmen, 12 clinic locations, a multitude of outstanding staff and faculty, over 200 residents, and one Department Administrator.

Bob Huberty, LCSW

Program Director, Psychiatry and Behavior Medicine Clinics at Tosa Center





**Clinical Notes**  
**THE FUTURE'S SO BRIGHT**  
**(I GOTTA WEAR SHADES)\***

The Consultation Psychiatry Service at Froedtert Hospital has long and, at times, tenuous history. I was fortunate to train on the service as a resident and had the privilege of learning about CL Psychiatry from some amazing faculty (Drs. Harsch, Wolfe, Bresnahan, Guedet, and Krieg). They provided not only a great educational experience but also a quality clinical service. This excellent work, often done in isolation and against the odds, provided the foundation on which we have been able to build a nationally recognized Consult Service at F&MCW.

Whereas the consult service was really the Department's only presence at Froedtert Hospital when I trained at MCW (dates left purposely unspecified), we now have just over 20 behavioral health services and programs based at Froedtert Hospital and its associated clinics. As clinical needs are identified, these programs have been developed to help enhance the quality of patient care and bring value to the system and community we serve. The growth of programs has required a multidisciplinary approach to behavioral health care and has leveraged the skills and services of MSWs, psychologists, AAPs, and physicians. We also have two very successful (and busy) consult services at Froedtert Menomonee Falls Hospital and Froedtert West Bend Hospital.

It is not only clinical services that have grown but also the educational mission. MCW has one of the country's most successful CL psychiatry fellowship programs. Medical students have a wide variety of new and exciting elective rotations to choose from, such as those in the emergency department and psycho-oncology. We are also fortunate to have Health Psychology residents and fellows rotating in the medical and surgical clinics and on Froedtert's medical and surgical units. In addition, the new combined internal medicine/psychiatry residency program, which Froedtert and the VA jointly support, will also help address the needs of patients experiencing medical and psychiatric co-morbidity.

The excellent effort of the Department of Psychiatry and Behavioral Medicine's faculty and staff has allowed for the growth of behavioral health services at Froedtert Hospital. It is that same drive for excellence and innovation that will continue to allow for further expansion of services at Froedtert Hospital. The journey continues, and I am very excited to see where the future will take the Division.

\* Title credit to Timbuk 3.

Tom Heinrich, MD, Professor  
 Department of Psychiatry and Behavioral Medicine; MCW



**HISTORY OF THE CENTER FOR**  
**PSYCHOTHERAPIES**

In 1980, William Offenkrantz, MD, moved to MCW from the University of Chicago to start a Psychoanalytic Institute in Milwaukee. A training psychoanalyst, he joined the MCW faculty where he was tasked with the responsibility of overseeing psychotherapy training for residents. The then Columbia Hospital agreed to house the Center, along with providing both resident and faculty support.

The old Shorewood Sanitarium building on Edgewood Avenue and Prospect Avenue, north of UWM, was remodeled to provide the training site. From the beginning, there was a close association with the Wisconsin Psychoanalytic Foundation, with the building housing not only the Psychotherapy Center, but also the Wisconsin Psychoanalytic Foundation as well as the Family Therapy Center.

Psychoanalysts recruited by Dr. Offenkrantz became the initial didactic and supervising faculty. This included Jon Meyer, MD; David Black, MD; Steven Steury, MD; Richard Frank, MD; and David Levi, MD. Carlyle Chan, MD was the initial Chief Psychiatrist in charge of administering clinic operations and education. Other MCW clinical faculty also provided psychotherapy supervision. After Dr. Offenkrantz relocated to Arizona, Dr. Meyer became Director followed by Jon Gudeman, MD, who was, in turn, succeeded by Dr. Chan. Mara Pheister, MD will assume the Directorship in January 2023.

The service developed into a highly valued clinical rotation for residents, occupying half the time of their second year of training. The Center provides reduced fee psychotherapy and medication prescriptions where indicated. The initial emphasis was on psychodynamic psychotherapy training. Under Dr. Gudeman, the name was changed to the Center for Psychotherapies to reflect a broader educational perspective.

With the sale of the Shorewood site, the Center moved to the first floor of the old Columbia Hospital Building (now owned by UWM and scheduled to be razed). This was followed by moves to the seventh floor of the Ascension Columbia St. Mary's Women's Hospital Building and then to their first floor in the original hospital emergency room space. This past summer it moved again to the Professional Office Building of Ascension St. Joseph's Hospital.

The Center has contributed over 40 years of both quality clinical mental health care to individuals who may not have been able to afford the cost and superior clinical training for residents.

Carl Chan, MD, Professor  
 Department of Psychiatry and Behavioral Medicine; MCW



## GETTING TO KNOW THE EDITORS ...

Faculty and Staff from the Department of Psychiatry and Behavioral Medicine



**JON LEHRMANN, MD**  
Professor and Chair  
Department of Psychiatry

***What is your educational background?***

BS in Biology and Chemistry at Carroll University, and then medical school at MCW where I also completed my psychiatry residency. I also completed a Chair's education program at Harvard.

***How long have you worked at MCW?***

28 years as faculty, but with medical school and residency it is 36 years. I literally grew up at MCW and work in the Chair's Office and at the Milwaukee VA.

***Describe your typical workday.***

Mostly attending meetings throughout the day. Now many of them are virtual, and meetings can be fairly packed in as without traveling back and forth it can be more efficient- but I miss the in-person meetings!

***What do you like most about your job—what attracted you to this field?***

I love to help other people grow personally and as professionals. I also really like to build programs and the department to make a greater difference for our community.

***Tell us about life outside of MCW – your hobbies, interests, family, pets, etc.:***

I have a very supportive wife, Mary, who is a retired pediatrician, and we have three adult children. We have a cocker spaniel named "Junie" (short for Junebug). We spend a lot of time gardening, outdoor activities, and doing forestry work at our cabin in northern Oconto County.

***Just for fun—what are your favorite movies, books, music?*** My favorite books are by James Fenimore Cooper- "The Pathfinder" and "The Last of the Mohicans". I have always been a Springsteen and BoDeans fan, but my son got me to also be a Country music fan. "Legends of the Fall" is one of my favorite movies.

***Tell us a fun/unique fact about yourself:***

"Lehrmann" means teacher in German, and I have always loved teaching! Another, I have recently picked up a love for making wooden bowls out of harvested wood.



**JOY EHLENBACH**  
Administrative Associate  
Tosa Center

***What is your educational background?***

I was a Psychology major at UW-Milwaukee

***How long have you worked at MCW?***

I have been with MCW since March 2007 and joined the Department of Psychiatry in August 2008.

***Describe your typical workday.***

My primary responsibility is to support Dr. Lehrmann, managing his complex calendar and making sure he is always fully prepared for every day. I am the lead on coordinating faculty recruitment interviews and the onboarding process, and work with the administrative team on credentialing of new faculty and staff. I have a key support role in our department's Faculty Mentoring Committee and the Appointment, Promotions and Tenure (APT) Committee.

***What do you like most about your job—what attracted you to this field?***

I love the diversity of my role and being part of a "family" dedicated to improving the mental health of our local and far reaching communities.

***Tell us about life outside of MCW - your hobbies, interests, family, pets, etc.:***

I have been married for 41 years, have three grown children, six grandchildren and a sassy but greatly loved "COVID" boxer. I love spending time with my very active grandchildren.

***Just for fun-what are your favorite movies, books, music?***

My favorite song is "Hallelujah" – I love any version I have ever heard. One of my favorite movies is "Walk the Line". My favorite book is "Gone With the Wind".

***Tell us a fun/unique fact about yourself:***

My husband and I built and ran an eight-screen movie theatre in Hartford WI for 30+ years. I had a lot of unique opportunities during the time we owned it but my greatest claim to fame was being an 'extra' in the movie "I Love Trouble" (1994) with Julia Roberts and Nick Nolte. If you blink – even just a bit - you will miss me!



**KAREN HAMILTON**  
Education Program Coordinator II  
Health Psychology Programs  
Tosa Health Center

*What is your educational background?*

I went to UWM for two years to study Special Education.

*How long have you worked at MCW?*

I began working at MCW in December 1999. I've worked in various areas within the department. I started within the Adult Psychiatry Residency Program as a AA with Carlyle Chan, M.D., the Front Desk Staff with Robert Huberty and I'm currently with the Health Psychology Residency and Fellowship program with Heidi Christianson, Ph.D.

*Describe your typical workday.*

That's the best part about my job. There is NO typical workday. You simply take each day as it comes and roll with it.

*What do you like most about your job—what attracted you to this field?*

I didn't really know what I was getting into when I became an MCW employee. I just knew that I wanted to be a part of it. My colleagues are compassionate, caring people and are always, ALWAYS there for you. I loved the patient contact and now I find myself with the opportunity to meet and work with some pretty amazing people

*Tell us about life outside of MCW.*

My favorite hobbies are gardening and simply being outside. I have both flowers and vegetable gardens. I'm a Brewer's fan. If there is a game, you can find me either listening to it, watching it, or attending it. I'm a huge Green Bay Packer fan. You can either find me at Lambeau Field (I'm a Milwaukee Season ticket holder) or dialed in, in front of the TV. I have three daughters, 1 Granddaughter Llewella (6 months), and 1 Grandson, Carson (5 months). We are all having fun planning my oldest daughter's wedding. I also have an Aussiedoodle puppy, Alli. She's been a handful, but she is such a great dog and an amazing companion for me.

*Just for fun—what are your favorite movies, books, music?*

Whitney Houston (I Wanna Dance With Somebody) and Tina Turner (The Best). My favorite movie would have to be "The Notebook."

*Tell us a fun/unique fact about yourself.*

I was a part of the S.A.F.E Management Security team for the LII Superbowl Game between the New England Patriots (41) and the Philadelphia Eagles (33) at the U.S. Bank Stadium in Minneapolis, MN on February 4, 2018. Up close and personal- one of the best 12 hours of my life.



**Dawn Norby**  
Administrative Coordinator  
Tosa Center

*What is your educational background?*

I studied Business Administration at Mount Mary University.

*How long have you worked at MCW?*

I have been at MCW since July 1988. All 34 years have been with the Department of Psychiatry - Administration Office.

*Describe your typical workday.*

Every day starts with a "good morning" email from Joy Ehlenbach to everyone in the Administrative Office – even Dr. Lehrmann! We have an incredible, supportive team and we all stay very connected. Every day is a surprise, no matter how organized I may feel with my lists. I assist the Administration Office with many issues, from credentialing a new provider, sharing policy information, connecting with the clinic and teams to contacting our building maintenance department regarding a building issue. The administrative team has been busy preparing for the Tosa Health Center renovation by going through decades of files and items we have accumulated.

*What do you like most about your job—what attracted you to this field?*

I applied to this department looking for answers. Before I started, I had lost a cousin and my closest friend to suicide. Shortly after working here, I realized Psychiatry was more than preventing suicide; but helping everyday people live with all types of mental illnesses. I love working with all the great colleagues in our Department and am honored to be part of our growing Psychiatry family.

*Tell us about life outside of MCW.*

I have been married for 39 years. I have a son, a daughter, two sweet granddaughters, Alexis (three years old), Makayla (11 months), and an energetic Boxer. I spend most of my time outdoors, planting flower gardens, UTVing, and hiking in the woods.

*Just for fun—what are your favorite movies, books, music?*

I enjoy all of Elton John's songs. I don't have a favorite movie, but many favorite actors. I enjoy action movies and psychological thrillers - anything that keeps me on the edge of my seat.

*Tell us a fun/unique fact about yourself.*

I love being close to wildlife and attracting black bears to my yard in Northern Wisconsin. I even had a few eating out of my hand.

## DEPARTMENT HAPPENINGS

### SAVE THE DATE!

11th Annual Depression Recognition Day  
Thursday, October 6, 2022  
12:00–3:00 p.m. • Virtual and In Person

Presented by the Medical College of Wisconsin  
Department of Psychiatry and Behavioral Medicine  
IN MEMORY OF CHARLES E. KUBLY  
Supported by the Stephen T. Sexton Memorial Foundation



### Professionalism Week 2022

Medical College of Wisconsin's Ninth Annual Professionalism Week will be held October 17-21, 2022. (More information on Infoscope). [Professionalism Week 2022 \(mcw.edu\)](https://www.mcw.edu/professionalism-week-2022)

### THANKS FOR YOUR SUPPORT!



American Heart Association

## Heart Walk

2022 SE Wisconsin Heart & Stroke Walk/5k Run

The 2022 SE Wisconsin Heart & Stroke Walk was held on Saturday, September 24. Because of your generous donations, **Kristine James** helped raise \$1,663.72. This was the top team at the Medical College of Wisconsin!!

Your donations help fund research that could cure heart disease and stroke.

**Thank you for your generosity!!**



## STAFF EXCELLENCE AWARDS 2022

The David J. Peterson Staff Excellence awards will be presented at the October 21, 2022 Department Town Hall Meeting.

Thank you to everyone for your exceptional nominations.

*“Professional is not a label you give yourself; it’s a description you hope others will apply to you.” — David Maister*

Do you know someone in  
the Department that we  
all should “get to know”?

Email your nomination to  
[dnorby@mcw.edu](mailto:dnorby@mcw.edu)

### Department Town Hall Meetings

3:00 pm on Oct 21; Nov 18; Dec 2; Dec 16

