

## Why is this study being done?

Individuals who experience the loss of a loved one are at increased risk for physical and mental health complications, including prolonged grief disorder (i.e., complicated grief).

The purpose of this study is to improve our understanding of why some grievers, but not others, develop prolonged grief disorder.

The study will employ the most sophisticated magnetic resonance imaging technologies available today to map connections between brain regions in grieving individuals. We will also complete clinical and *optional* blood measurements.

## Who is eligible?

- Individuals within 12 months following the death of a loved one
- Also, healthy nonbereaved adults
- You must be age 50 and older
- You must be able to undergo an MRI

## Contact Us

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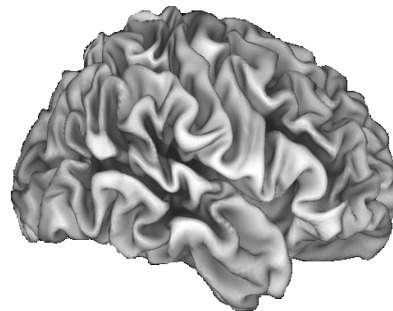
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knowledge changing life



## DREAM

### Developing Resilience to Ease Anguish in Mourning



### Emotion Regulation in Complicated Grief

Sponsored by  
National Institutes of Health

Joseph S. Goveas, M.D.  
Medical College of Wisconsin

## An Invitation to Participate in Research

## What will happen if I take part in the study?

You will be in this research project for about 18 months.

You will complete multiple visits during the course of your study participation.

You will receive:

- Clinical evaluations
- Physical/neurological examinations
- Cognitive (memory) testing
- MRI brain scans
- *Optional* blood draws

You will complete questionnaires.



## Are there any risks from participating in this study?

**Questionnaires:** You may feel that some of the questions we ask are stressful or upsetting. If you do not wish to answer a question, you may skip it and go to the next question, or you may stop immediately.

**Cognitive (memory) Testing:** You may experience fatigue, boredom, frustration and emotional distress during the memory testing.

**Blood Draw:** The side effects that you might experience as a consequence of donating a blood sample for this project include possible discomfort and bruising at the needle entry site.

**Magnetic Resonance Imaging (MRI):** There is no exposure to x-rays or radioactivity during an MRI (Magnetic Resonance Imaging) scan, and the risk of injury is very low.

## Are there any costs associated with taking part in the study?

There are no costs to you for any of the visits or services you receive as part of this study.

## Will I be compensated?

Yes. You will receive compensation for your time and efforts.

## What are the benefits in participating in the study?

You will be contributing to our knowledge of how changes in the brain in grieving individuals may lead to the development of prolonged grief disorder.

The brain imaging measurements (biomarkers) may in the future help us identify treatment strategies that prevent development of prolonged grief disorder in grieving individuals.

