

Welcome from Dr. Lehrmann

Mental illness affects every individual, every family, every community, and every country, directly or indirectly, throughout the world. The latest data shows that almost one out of every two individuals will experience a mental illness in their lifetime. It exists in all ages, all genders, and across all cultures.

Our knowledge of the causes and treatments of mental illness continues to advance greatly. The effectiveness of therapeutic interventions for certain mental disorders has surpassed that of many physical disorders, and gradually the stigma associated with mental illness is lessening. This is a time for great optimism.

It is for these reasons that understanding and caring for persons living with mental illness are so extraordinarily important. It is also for these reasons that becoming a psychiatrist can be the most valuable and compelling professional work that an early career physician may undertake. It is the kind of work where one can really make a difference.

We host three extraordinary psychiatry residencies which are based upon a tradition of strong psychodynamic theory training and establishing an excellent biological foundation. Our Milwaukee based residency is well known as a strongly established residency with an excellent reputation. In Wausau we have developed a new residency that is built upon the excellent foundation of our Milwaukee MCW residency, but adds the strength of the Central Wisconsin community and culture. In Green Bay and based in Northeastern Wisconsin we have established a new residency with the foundation of the Milwaukee MCW residency curriculum, but strengthened with the special character of the Northeastern Wisconsin community and training sites. Our residency programs are committed to preparing capable and compassionate psychiatrists who possess the suite of knowledge, skills, and personal strengths needed in providing effective and ethical care for persons with mental illness. Our approach is one that is informed by the multi-theoretical foundation of psychiatry, grounded in evidence based approaches from varied forms of inquiry ranging from basic neuroscience to social science, and guided by the insights of wise and dedicated multidisciplinary clinicians over generations.

Incorporated into our residencies is a strong biopsychosocial based foundation of training in the provision of psychotherapy where our residents learn the art of psychotherapy through expert supervision, extensive didactics, and interactive case based learning.

Most importantly, we believe that to become a fine psychiatrist, one must be a whole, self-observing, always-learning, and always-developing person. Our commitment to this belief is reflected in the respect and regard we demonstrate to our residents each day, and it is seen in the features of our program that support sustained personal and professional growth. In these ways, we endeavor to train future clinicians, teachers, scholars, and leaders in psychiatry.

We welcome your interest in our department, and we hope you find one of our programs to be the right “fit” for your professional development.



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