



# Using Maintenance of Certification to Promote Advance Directives: A Comparison Between Practicing Family Physicians and Their Resident Counterparts

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## Background

- ❑ Advance Directive (AD) completion rates remain low even when their importance is understood
- ❑ Maintenance of Certification (MOC) Part IV is an opportunity to promote AD completion through performance improvement cycles
- ❑ Brief conversations held over time at primary care visits support the completion of the patients' ADs

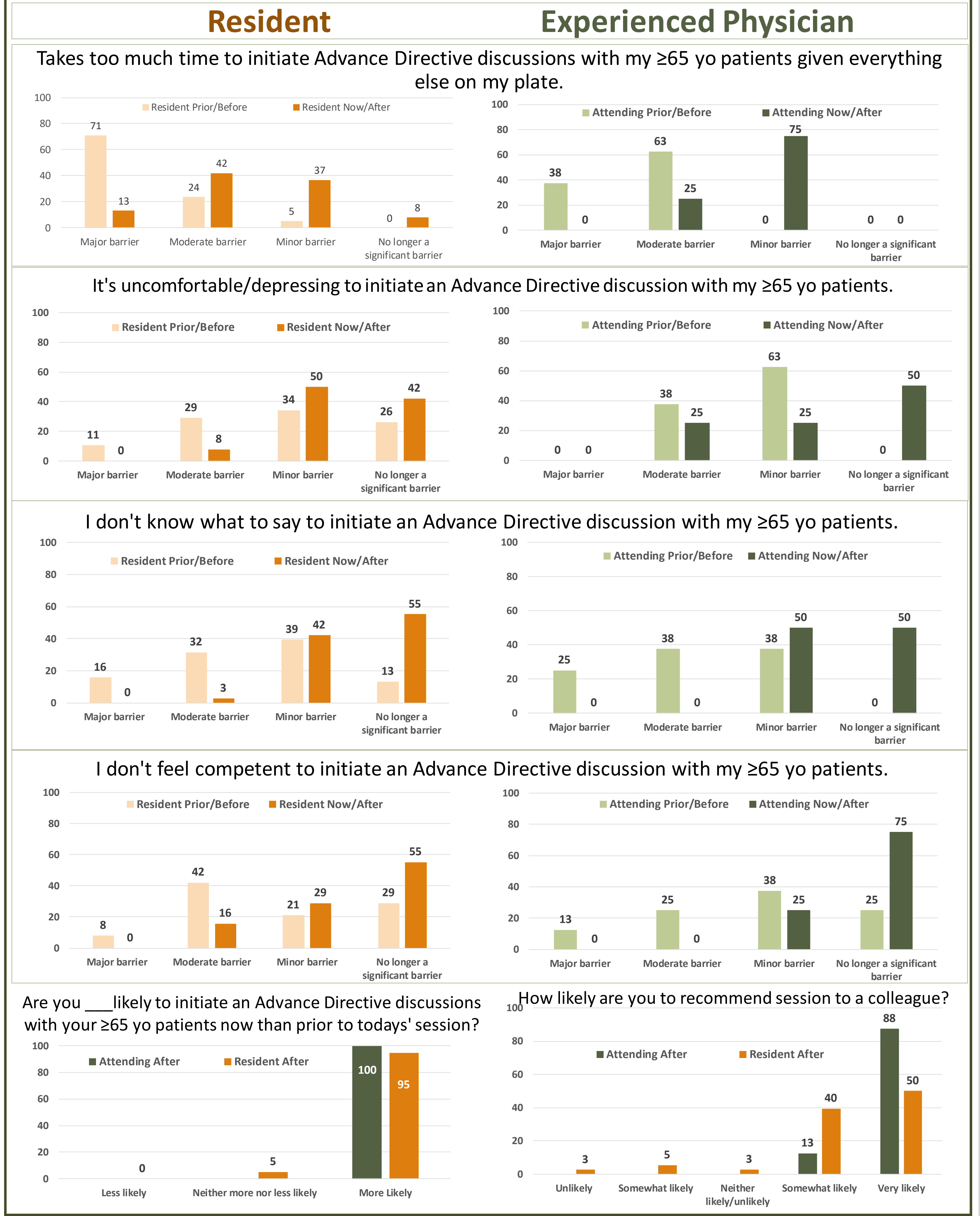
## Aim

- ❑ Do Family Medicine residents (FMRs) & physicians (FMPs) perceive similar barriers to initiating AD discussions with geriatric patients?

## Methods

- ❑ Separate MOC "kickoff" workshops were held for 38 FMRs (PG1-3) and 8 experienced FMPs
- ❑ Workshops addressed skills to initiate brief conversations about ADs with elderly patients
- ❑ Participants engaged through interactive activities
- ❑ Retrospective "pre-post" evaluations focused on workshop processes and outcomes
- ❑ Results from FMRs were compared to FMPs

## Workshop Evaluation Results



## Summary

- ❑ Evidence-based barriers to geriatric care and ADs decreased in both FMRs and FMPs:
  - Time became less of a barrier to initiating AD conversations
  - Comfort and competency of what to say were improved
  - AD conversations were more likely to be initiated
- ❑ FMRs' and FMPs' responses were similar, except:
  - PRE-WORKSHOP**
    - 26% of FMRs reported discomfort was NOT a barrier compared to 0% of FMPs
  - POST-WORKSHOP**
    - Experienced FMPs reported time as less of a barrier than FMRs

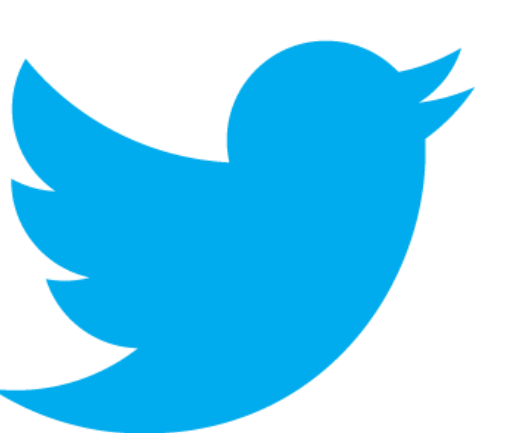
## Take Home

**An interactive MOC workshop increased comfort & skills in initiating Advance Directive conversations in Family Med Residents and experienced Family Med Physicians**



## Geriatric Fast Facts

GFF #61 - Advance Directives



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