OPERATION CONVERSATION:

Using a peer-led roleplay course to help pre-clinical medical students improve interpersonal skills and navigate difficult patient conversations



Molly Thapar BS, Omeed Partovi BS, Maddie McGauley BS, Chris Gitter BS, Jose Lucas Zepeda BS, April Zehm MD FAAHPM, Himanshu Agrawal MD DFAPA, Andrew Petroll MS MD Medical College of Wisconsin

INTRODUCTION

- Despite its proven importance, interpersonal skills training is underutilized within the pre-clinical years of medical school.
- A preliminary inquiry revealed that MCW medical students felt they would benefit from additional training in improving communication skills.
- Our program, Operation Conversation (OC), allows preclinical students to develop critical conversation skills outside of the currently available curriculum.

Notable components of Operation Conversation:

- Low stress environment
- Not-for-grade participation
- Immediate, personalized, face-to-face feedback
- Spaced, repetitive practice
- **Active participation**

HYPOTHESIS

We hypothesized that student performance would improve across the three workshops and student self-reflections would show satisfaction with the program.

STUDY AIMS

Analyze Operation Conversation Fall 2021 and Spring 2022 programs to:

- (1) assess the efficacy of student-led role play exercises in improving basic communication skills for medical students in their pre-clinical years and
- (2) review student self-reflections regarding individual progress & attitude toward the program.

ACKNOWLEDGMENTS

Special thank you to Dr. Robert Treat for volunteering his expertise, time and guidance throughout this research endeavor. Many thanks to the students who participated in our program and to every faculty/resident facilitator who volunteered their time to support our efforts.

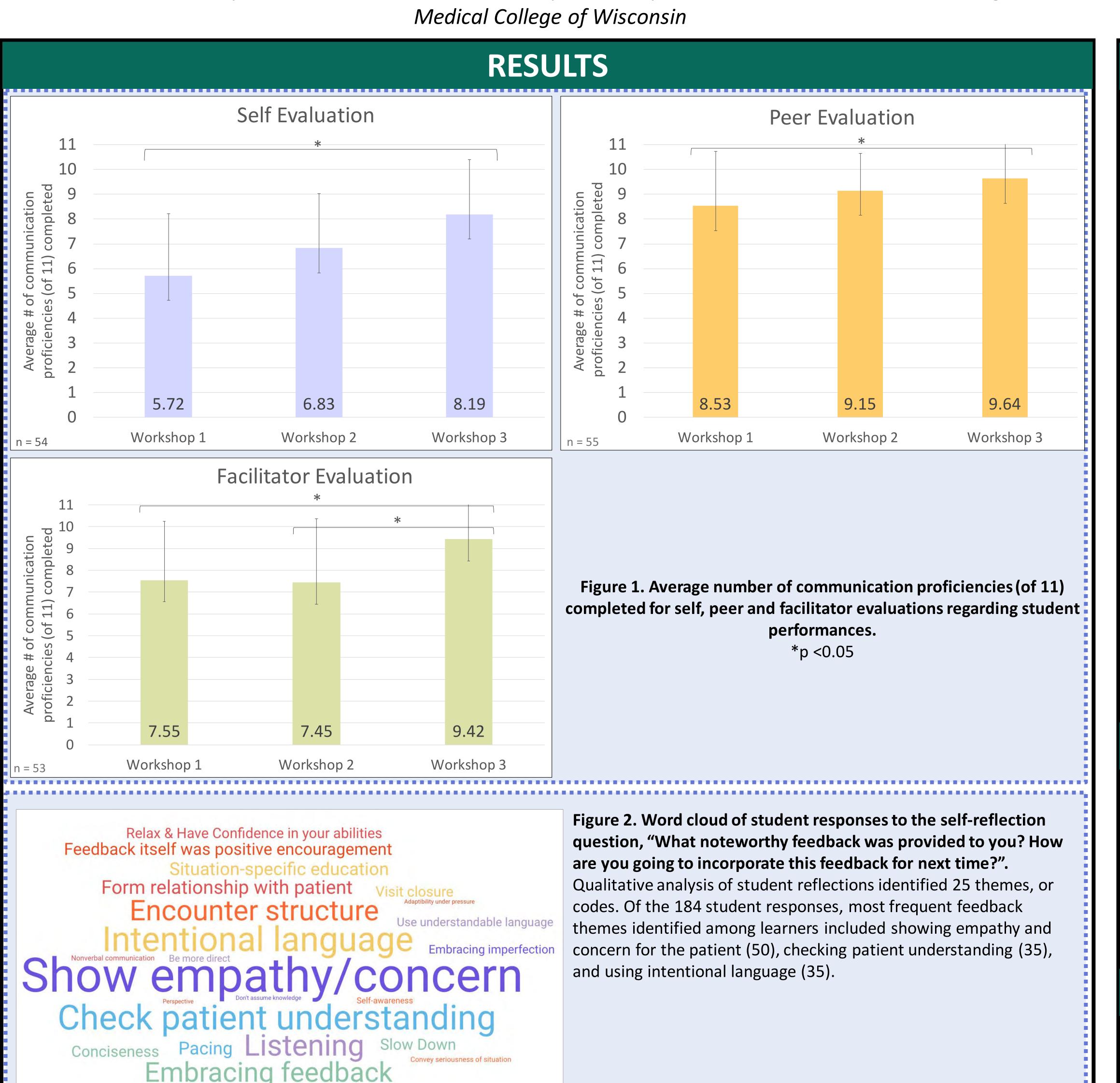


Figure 3. Word cloud of student responses to the selfreflection question, "How did you feel role-playing as the patient?". Qualitative analysis of student reflections identified 19 themes, or codes. Of the 184 student responses, most frequent themes among learners included acting as the patient to be a fun/good experience (60), embracing the patient role (40), and gaining perspective

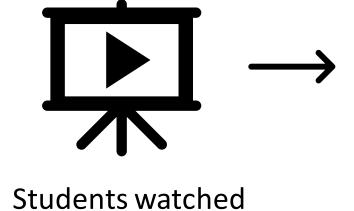
Open ended questions

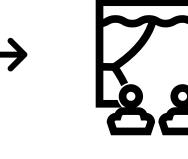
Admired peer physician Learning from peer Lower stakes Perspective Empathy Embracing role Normal Challenging Awkward Perspective Challenging Immersed themselves in role Releaxed/Comfortable earning experience

METHODS

In AY 21/22, two cohorts of pre-clinical MCW medical students (n = 28/36) and resident + faculty facilitators (n= 14/18) voluntarily participated in our semester-long extracurricular program, Operation Conversation (OC).

During each workshop:











"Quick Slides" to briefly review the assigned role play topic

the role play while the facilitator observed

Facilitators & role-playing student patients provided immediate feedback MCW resident/faculty to role-playing student physician via MC communication checklist

After each workshop:

After the final workshop:



Students completed a free response self-reflection about their performance



All participants were asked to complete a Program **Evaluation**

Following completion of the program:

All data was de-identified and viewed in aggregate. Data analysis included a mixed methods approach.

DISCUSSION

- Student communication skills increased over time as rated by self, peer, and facilitator evaluators
- Results are being applied to improve the next iteration of the extracurricular program at MCW.
- Strengths: virtual format, small group cohesion, & opportunity for immediate feedback
- Analysis limited by response bias, small sample size, and imperfect participant attendance.

CONCLUSIONS

- Operation Conversation is an effective extracurricular tool that positively supplements ongoing MCW curriculum efforts.
- Student participants acknowledged their performances and subsequent feedback within Operation Conversation to be both a positive, low-stress experience and an avenue to hone skills and gain perspective.

REFERENCES

1. D'Souza P, C., et al., Effect of a Single-Session Communication Skills Training on Empathy in Medical Students. Acad Psvchiatry, 2020. 44(3): p. 289-294.

2. Sahu, P.K., et al., Best practices to impart clinical skills during preclinical years of medical curriculum. J Educ Health

B. Meyer, E.C., et al., Difficult conversations: improving communication skills and relational abilities in health care. Pediatr Crit Care Med, 2009. **10**(3): p. 352-9.

5. Bagacean, C., et al., Simulated patient and role play methodologies for communication skills and empathy training of undergraduate medical students. BMC Med Educ, 2020. 20(1): p. 491.

4. Silverman, J., *Teaching clinical communication: a mainstream activity or just a minority sport?* Patient Educ Couns,