

HOW CAN I HELP A FRIEND/PEER /STUDENT IN DISTRESS OR CRISIS? (CW CAMPUS)

IS THE STUDENT EXPERIENCING SUICIDAL THOUGHTS?

"I am here to listen and help."
 "Are you thinking about suicide?"
 "Are you thinking about hurting yourself?"



MILD RISK
 THE STUDENT IS IN DISTRESS, BUT NOT REPORTING SUICIDAL THOUGHTS OR PLAN AND INTENT. CHOOSE ANY OF THE LISTED REOURCES.

"I am going to stay with you and make sure you connect with someone who can be of support."
 "Have you thought about how or when you would do it?"



DOES THE STUDENT REPORT A PLAN FOR SUICIDE?



HIGH RISK
 THE STUDENT IS REPORTING SUICIDAL THOUGHTS WITH A SPECIFIC PLAN. STAY WITH THE STUDENT AND CHOOSE FROM THE OPTIONS BELOW.

Call **715-845-4326** or (toll free) **800-799-0122**, the **(Marathon County) North Central Healthcare Crisis Line**, Available **24/7**

Call **911** and request **Crisis Intervention Team (CIT) Officer**, Available **24/7**

REMINDER: NOTHING IN YOUR STUDENT HEALTH RECORD ENTERS YOUR ACADEMIC RECORD!

Connect with Student Behavioral Health Resource Navigator, **Kerri Corcoran, 414-955-4219, kcorcoran@mcw.edu** and/or **Dr. David Cipriano 414-314-5562**

Encourage student to schedule a counseling visit by calling **(833) 927-1860**
Students get 10 unbilled visits per year

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MODERATE RISK
 THE STUDENT IS REPORTING SUICIDAL THOUGHTS WITH A VAGUE PLAN OR THERE IS UNCERTAINTY IF THE STUDENT HAS A PLAN. STAY WITH THE STUDENT AND CONNECT STUDENT WITH AN IMMEDIATE RESOURCE, EXAMPLES BELOW.

Utilize mental health crisis lines 24/7

- **988** for National Suicide Prevention Line
- **1-866-488-7386** for LGBTQ Trevor Project Support Center
- **1-877-565-8860** for Trans Lifeline's Peer Support Hotline

Utilize the Wisconsin Crisis Text Line: Text **"HOPELINE"** to **741741**

Encourage student to schedule a counseling visit by calling **(833) 927-1860, Com Psych, Elmergreen at 715-576-3458 OR Peaceful Solutions at 715-845-7175.**
Students get 10 unbilled visits per year

Student Health and Wellness Website: <https://www.mcw.edu/education/academic-and-student-services/student-wellness>
 or email: **student_health@mcw.edu**

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Utilize the Wisconsin Crisis Text Line: Text **"HOPELINE"** to **741741**

Connect with **Chris Knight**, Student Services Manager, at (o) **715-870-0917** OR (c) **715-212-6684**

Connect with Student Behavioral Health Resource Navigator, **Kerri Corcoran, 414-955-4219, kcorcoran@mcw.edu**

Use the **Concern Navigation Tool** on Infoscope to report concerns anonymously on EthicsPoint

Additional Behavioral Health Locations:

- <https://findtreatment.samhsa.gov>
- psychologytoday.com/us

