



STUDENT WELLNESS

April 2025

National Minority Health Month, Stress Awareness Month, Alcohol Awareness Month

CENTRAL WI CAMPUS

April 1, Tues.
[Free Water Ski Show The Water Walkers](#)

April 2, Wed.
International Autism Acceptance Day
[Understanding Sexual Assault: the medical, legal and emotional issues, and how to support survivors Webinar 12pm](#)

April 8, Thurs.
[MCWell360- Reading For Fulfillment Webinar 1130am](#)

April 7, Mon.
[Genealogy Basics with Ancestry | MCPL Mosinee 10am](#)



April 9, Wed.
[Gentle Yoga & Meditation | MCPL Mosinee](#)

April 13, Sun.
Passover

April 14, Mon.
Vaisakhi

April 16, Wed.
[Social-Emotional Learning for Success Webinar \(for parents\) 2pm](#)

April 20, Sun.
Easter

April 22, Tues.
Earth Day
[Artificial Intelligence and Its Impact at MCW Webinar 9am](#)

April 24, Thurs.
Armenian Genocide Remembrance Day

April 30, Wed.
[MCWell360- Staying Positive While Performing Difficult Client Service Work Webinar 1130am](#)

"Wellness" is comprised of the following dimensions:

PHYSICAL
EMOTIONAL
INTELLECTUAL
SOCIAL
SPIRITUAL
ENVIRONMENTAL
OCCUPATIONAL

Check out the
“Well, Well, Well...”
Podcast!



[Check out Rib Mountain State Park!](#)

[Check out the Monk Botanical Gardens!](#)



[Watch previously recorded nutrition webinars you might have missed!](#)

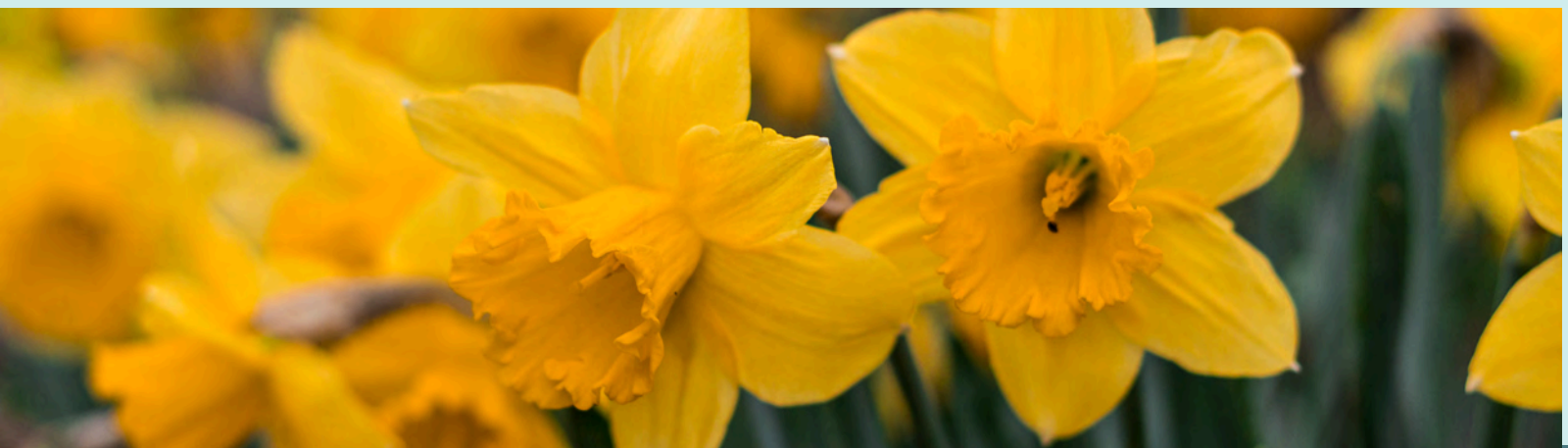
[Visit the Leigh Yawkey Woodson Art Museum for FREE!](#)

[Visit the Woodson History Center for FREE!](#)

Foster program between the
Medical College of Wisconsin and Fetch Foster and Rescue

Paws with a Cause

Questions about Paws with a Cause Program?
Email Jenny at nowakjenny@yahoo.com
OR Kerri at kcorcoran@mcw.edu



Questions? Email Kerri at kcorcoran@mcw.edu!

Visit the [Marathon County Parks, Recreation, and Forestry site](#)
for many community-based wellness events and activities!