# Cell and Developmental Biology (CDB) Guide for Graduate Students

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1. OVERVIEW

   The graduate program in Cell and Developmental Biology (CDB) provides state of the art research training in cell-based biology, including impacts on organismal development, homeostasis, and disease. It is hosted by the Department of Cell Biology, Neurobiology and Anatomy (CBNA), but includes faculty mentors across multiple Departments and Centers of the Medical College of Wisconsin. Successful completion of this program leads to a Doctor of Philosophy (PhD) degree. This is accomplished through a combination of coursework, seminars, journal clubs, and "hands-on" research in the laboratory of a faculty mentor. This guide is intended to provide students with a list of requirements and a general timeline for completion of requirements for the PhD degree.

   Students enter the CDB Program after matriculation through either the Interdisciplinary Program in Biomedical Sciences (IDP), the Neuroscience Doctoral Program (NDP), the Medical Student Training Program (MSTP), or through Direct Admission (DA) into CDB. The IDP and NDP are graduate recruitment programs that involve faculty from multiple departments at MCW, and each program has a set of core course requirements and laboratory research rotations for first year graduate students. Students in MSTP matriculate after completing the first 2 years of medical school and laboratory research rotations. Direct Admission students directly join a CDB faculty members laboratory without research rotations but participate in the core curriculum offered by IDP/NDP.

2. PROGRAM LEADERSHIP AND COMMITTEES

   2.1 Leadership

      CBNA Chair: Jonathan Marchant, PhD
      CDB Program Director: Michaela Patterson, PhD (Term: July 1, 2024 – June 30, 2027), mpatterson@mcw.edu
      CDB Associate Program Director: Brian Link, PhD (Term: July 1, 2024 – June 30, 2025), blink@mcw.edu
      CDB Program Coordinator: Amy Ludwig-Kubinski, aludwig@mcw.edu
      CBNA Departmental Administrator: Linda Skeris, lskeris@mcw.edu

   2.2 CDB Program Committee

      This committee serves as advisors to the Program Director. They also select the Program Director (3 year terms, 2 terms max) and Associate Director (2-3 year terms) from eligible candidates within the committee. Current members include:
      CDB Program Director: Michaela Patterson, PhD
      CDB Associate Program Director: Brian Link, PhD
      NDP Program Director: Allison Ebert, PhD
      Member at large: Hervé Falet, PhD
      Member at large: Ken Taniguchi, PhD
      Member at large: Brian Lin, PhD
      Student Member: Alanna Sullivan
      CBNA Chair (non-voting member): Jonathan Marchant, PhD

   2.3 CDB Social & Wellness Committee

      This committee is tasked to identify strategies and events that will boost camaraderie and morale within the CDB program. Faculty members can also serve as a point of contact for students with concerns of any type.
      Faculty Representative: Sid Rao, MD, PhD; sriddhar.rao@versiti.org
      Faculty Representative: Cheryl Stucky, PhD; cstucky@mcw.edu
      Faculty Representative: Ross Collery, PhD; rcollery@mcw.edu
      Student Representative: Hannah Tebbs (BSB4)
      Student Representative: Mallika Khurana (MCW Centers, “off floor”)
      Student Representative: Allanna Sullivan
      Student Representative: Kaitlyn Thatcher (At-large representative)
3. SUMMARY OF CDB PHD PROGRAM REQUIREMENTS

Here, we summarize the requirements a student entering CDB must complete in order to obtain a Doctor of Philosophy degree (Ph.D.) from the program. Some are Graduate School (GS) requirements and these can be found in the “PhD Completion checklist” on the Graduate School website. Note: to find additional details about each individual requirement please read the dedicated subsection on that topic, which can be found in this guide.

*All paperwork associated with each requirement, regardless of whether it is a CDB or GS requirement, should be turned into the CDB Program Coordinator, Amy Ludwig-Kubinski (aludwig@mcw.edu). If the requirement is also a GS requirement, then it should also be turned in directly to the GS.

3.1 Summary of CDB Requirements, including those required by the Graduate School

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Section</th>
<th>Brief details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance and participation in program seminars</td>
<td>4</td>
<td>Students should complete “hands on” research in the laboratory of a faculty mentor and participate in programming related to their scientific discipline.</td>
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<tr>
<td>and scholarly activities</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6 hours of additional course</td>
<td>4</td>
<td>Beyond the first-year curriculum (DA, IDP, NDP) or after the first two years of medical school (MSTP).</td>
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<tr>
<td>Participation in <em>Seminars in Cell Biology</em> 31301</td>
<td>4</td>
<td>Students should register every Fall and Spring term from 2nd year and beyond.</td>
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<tr>
<td>course</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Form a Thesis Committee</td>
<td>5</td>
<td>By September 15 of the 2nd year. GS Requirement</td>
</tr>
<tr>
<td>Qualifying Exam</td>
<td>6</td>
<td>Typically completed in 2nd year. GS Requirement</td>
</tr>
<tr>
<td>Dissertation Proposal Approval and Advancement</td>
<td>7</td>
<td>Required At least 18 months before defense; recommended in 3rd year. GS Requirement</td>
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<tr>
<td>to Candidacy</td>
<td></td>
<td></td>
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<tr>
<td>Annual Thesis Committee meetings</td>
<td>8</td>
<td>Students must host an annual meeting with their advisory committee and submit a Summary Report.</td>
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<tr>
<td>Annual Responsible Conduct of Research Training</td>
<td>9</td>
<td>Every year from the 2nd year and beyond, offered in spring and fall</td>
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<tr>
<td>Publish two first author papers in peer-reviewed</td>
<td>10</td>
<td></td>
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<tr>
<td>journals</td>
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<td></td>
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<tr>
<td>Dissertation Defense</td>
<td>11</td>
<td>The dissertation defense should be scheduled 3-6 months in advance of desired date. GS Requirement</td>
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</table>

3.2 Good Academic Standing

The Graduate School has clear criteria to remain in good academic standing (e.g., maintaining a GPA >3.0). In addition, CDB requires good academic standing within the program. A student must ensure that ALL requirements and major benchmarks are fulfilled to remain in good academic standing. Failure to remain in good academic standing will result in loss of professional development funds and forfeiture of opportunity for departmental travel awards for a minimum of 6 months. Repeated failures to stay in good academic standing may result in dismissal from the program.

4. CREDIT REQUIREMENT AND DISTRIBUTION

To maintain full-time status, graduate students are required to take a minimum of 6 credits in the summer, 9 credits in the fall, and 9 credits in the spring semesters. Accrual of at least 60 graduate course credits is needed for the PhD degree. Credits are granted by successful completion of coursework, Journal Clubs, or Readings and Research.

All students in CDB are required to take 6 hours of additional coursework either beyond the first semester (DA, IDP, NDP) or after the first two years of medical school (MSTP). Typically, credits are earned by completing advanced elective courses and cannot come from journal clubs or elective seminars. Additionally, courses offered outside of MCW are highly encouraged. To request that an external course be approved for credit, complete the *External Course Approval Form* (found on the CDB webpage - documents) and submit it to the CDB Program Director prior to taking outside courses so that appropriate credits can be awarded.
In addition to 6 credits of advanced coursework, students are required to register and participate in the *Seminars in Cell Biology* course in years 2+.

5. **FORMATION OF A THESIS COMMITTEE**
   For IDP, NDP, and DA students, the thesis advisory committee will be assembled, and form received by the Graduate School by September 15 of the second year. For MSTP students, the PhD dissertation committee should be assembled within 6 months of starting in the graduate program. The purpose of the committee is to provide guidance and evaluate the student’s progress to a thesis that meets committee approval and fulfills the dissertation requirement for the doctoral research degree. The Graduate School expects the student to be trained in the 3 general qualities (Scholarship, Innovation, Professionalism) that relate to 3 core competencies (Knowledge & Skills, Communication, and Management & Leadership).

The committee must consist of at least five members. The members are the student’s laboratory advisor or direct mentor plus four additional faculty. The committee must include at least two Graduate Faculty members of CDB, one of these is the primary mentor. The second CDB member is chosen by the student, together with counsel from their advisor to serve as the Chair of the Thesis Advisory Committee. The primary mentor cannot chair the Thesis Advisory Committee for their own mentee. One member from another graduate program at the Medical College of Wisconsin is encouraged. Also encouraged is one member from outside the Institution. Once set, the student completes the thesis committee form of the Graduate School by getting the signatures of approval from the advisor and the Program Director. The completed form should be submitted to both the Graduate School and to the Program Coordinator of CDB.

6. **QUALIFYING EXAM**
   Students must pass a Qualifying Examination that is required for continuation of work toward the PhD. For students who enter the program through IDP, NDP, or DA, this requirement is usually fulfilled in the Fall or Winter of the second year. For MSTP students, it may extend into the Spring.

6.1 **Exam Components**
   The Qualifying Exam is made up of two parts:

   **A written proposal:** This NIH F31-style document will consist of 7 total pages, including a 1-page specific aims page and 6-page Research Strategy. References need not fall into the 7-page limit and can be an unlimited number of additional pages. The proposal should focus on the student’s intended thesis project as it is currently imagined (i.e. “on-topic”). This document is most commonly produced during the Course 16293, entitled *Writing an Individual Fellowship*, which is taken by PhD students in the Fall of their second year. Some students may participate in a different, but similarly themed, writing course. The primary mentor is encouraged to be involved in editing and reviewing of the document before it is submitted to the student’s committee, however the document should be the work of the student. The document must be turned into the committee two weeks prior to the scheduled exam date. If this deadline is not met, the committee may elect to postpone the exam. Independent, of whether the oral exam is postponed, failure to meet the deadline the first time would constitute failure to stay in good academic standing (see section 3.2). A second failure to meet the deadline would constitute a “No Pass” on the first attempt.

   **An oral examination:** Here, the student will give a 20–30-minute uninterrupted overview of their written proposal to members of the QE committee. Subsequent to this overview, members of QE committee will query the student on all aspects of the proposal in a question-and-answer (Q&A) session. A successful Q&A session will identify the student’s boundaries and thus should push into areas they may not be able to answer. The Q&A session can vary in length depending on the situation, but most common is 1.5-2 hours, for a total of 2-3 hours for the entire oral exam.

6.2 **Examiners (Exam Committee)**
The student’s thesis advisory committee will also serve as the QE committee. Members should be identified, and the committee should be formed by September of the second year. One member, other than the student’s primary mentor, will serve as Chair for the exam. If the student has already identified the Chair of their thesis committee, then that member can also serve as the chair of the QE exam. If a student has not yet identified a chair of their committee, then the CDB Program Director will name a temporary Chair ahead of the exam. The Chair of either committee cannot be the primary mentor. The Chair is responsible for facilitating the discussion and making sure all committee members have an opportunity to ask questions while ensuring that the conversation does not get off topic. There is a separate Guide given to all QE Committee Chairs to provide guidance on the role.

Note: The primary mentor attends the student’s oral QE exam, participates in questions, but does not have a final vote and is asked to leave the room while the remainder of the committee deliberates the outcome.

6.3 Potential Outcomes
Once the question-and-answer portion of the oral exam concludes, the student is asked to leave the room. The Primary Mentor may weigh in and make final comments on the student’s performance and recommend “assignments” or remedies that would be viewed as valuable should the committee identify a deficiency that should be corrected. The Primary mentor is then asked to leave the room as well.

Under the facilitation of the Committee Chair, the remainder of the QE committee should deliberate if the student performed to a satisfactory level on both the written and oral components of their exam. Should a deficiency be identified in one or more of the components the committee should then discuss an assignment to address the deficiency(ies). Possible outcomes include:

**Pass:** The student mastered both the written and oral component of the exam. They demonstrated competency in the proposed project and critical thinking skills. Consider the numbered items described above in “Oral examination”. No additional assignment is warranted in this case.

**No Pass:** One or more deficiencies were identified in some aspect of the exam. The severity of the deficiency(ies) will then inform the committee of an appropriate assignment to address the concern.

- The deficiency is minor and/or spans only a single component of the exam. In this case, the committee should identify an assignment that would explicitly test on the identified deficiency. It can be an additional writing assignment related to their project, corrections to their written proposal, a second oral exam of a published article, etc. The identified deficiency should warrant a relatively modest correction and thus the assignment should be achievable in 2-3 weeks’ time. Following the meeting, the Committee Chair should write a formal letter to the student and Program Director describing the assignment and the expectations to attain a pass.
- Multiple deficiencies were identified across both the written and oral components of the exam. In this case, the solution is for the student to re-take the exam in its entirety in ~2-3 months. In this instance, the Committee Chair should write a formal letter to the student and Program Director expressing the major deficiencies that the student needs to address to successfully pass on their second try. This is not considered a fail at this stage because the student has an opportunity to re-take the exam.

Note: If “No Pass” is selected, the student has just one additional chance to correct the deficiency and attain a passing grade. Failure to pass on their second try will result in a Fail on the QE and may warrant removal from the program.

7. DISSERTATION PROPOSAL APPROVAL & ADVANCEMENT TO CANDIDACY
At least eighteen months prior to anticipated thesis defense, the student must host a committee meeting dedicated to the approval of their proposed thesis project and file a **Dissertation Proposal Approval Form** (found on Graduate School website). For this meeting, the student should turn in an F-style written proposal directly to all committee members two weeks prior to the committee meeting. Note: while there may be substantial overlap with the proposal submitted for the Qualifying Exam, this is a distinct requirement.
Typically, this requirement is done as part of the second thesis committee meeting during the third year.

8. ANNUAL THESIS COMMITTEE MEETINGS

Students are expected to have full committee meetings as necessary, but at least once annually. Typically, the first committee meeting is the Qualifying Exam and the second is where the student presents their Thesis Proposal for approval. Meetings should be in-person, although hybrid/virtual is acceptable. At least 4 members are required for quorum (regardless of if in-person or virtual). Prior to the start of each meeting, the student will be asked to leave the room so that the committee can address progress and potential concerns in a candid manner. Following each meeting, it is required that the student complete a CDB Committee Meeting Summary and Development Plan (found on the CDB webpage - documents). A template for this summary is also available through the CDB website.

9. ANNUAL RESPONSIBLE CONDUCT OF RESEARCH TRAINING

By federal NIH funding rules, and as required by the Graduate School, all trainees must complete Responsible Conduct of Research (RCR) Training on an annual basis. RCR training is offered in both the spring and fall terms. Failure to satisfy this annual requirement constitutes a failure to remain in good academic standing. Please refer to section 3.2 Good Academic Standing for potential consequences.

10. TWO FIRST AUTHOR PAPER REQUIREMENT

As a minimum, a student’s thesis research culminates in publication of at least 2 articles in peer-reviewed journals for which the student is first author. At minimum, one should be accepted for publication, if not already in press, while the other can at the “submitted” stage. If a student believes that an exception to this policy should be made, they may petition the Program Director to waive the requirement by preparing and submitting the Petition to waive the two first author publication policy (found on the CDB webpage - documents).

11. DISSERTATION DEFENSE

The Graduate School has many specific requirements related to formatting, scheduling, and advertising the public defense. Therefore, a candidate should consult with the Graduate School’s Handbook for specific details and is required to schedule a meeting with the Graduate school to review forms and procedures.

The written dissertation, following formatting guidelines dictated by the Graduate School, should be turned into all committee member at least 2 weeks prior to the anticipated defense date. Before the examination day, the student should contact the Graduate School to determine which forms are to be completed by the committee and by the student to satisfy the dissertation requirements. The forms are available on the Graduate School website.

The Dissertation Presentation must be open to the public and a minimum of 5 committee members must be in attendance to fulfill quorum requirements. A private defense follows the public seminar.

11.1 Necessary notifications & deadlines

- **3-6 months** (3 months minimum, 6 months preferred) candidate should notify the CDB Program Administrator of their intended date so that she can help secure an appropriate room.
- **≥60 days** prior to defense, candidate should notify CBNA Departmental Administrator, Linda Skeris (lskeris@mcw.edu) of plans for post-doctoral studies in the thesis lab as this is considered a “staff hire”.
- **≥6 weeks** prior to defense, the candidate should contact the Graduate School for an appointment to review forms and procedures related to Graduate School requirements for defense and graduation.
- **≥30 days** prior to public defense date the defense must be advertised campus-wide.
- **≥2 weeks** in advance of anticipated defense date, the student should submit a completed copy of their final dissertation to all committee members.
12. PROGRAM REQUIREMENTS SUMMARIZED BY YEAR

12.1 Year 1

For IDP, NDP, and DA students, the 1st year requirements are:

**Fall Term**
- Fundamentals of Biological Sciences I - III
- Techniques in Molecular and Cellular Biology
- Intro to Biomedical Research (IDP only)
- Rotations, or Readings & Research

**Spring Term**
- Fundamentals of Biological Sciences IV
- Elective(s) (IDP, DA) – these count towards the 6 additional credit requirements of CDB
- Fundamentals of Neuroscience (NDP only)
- Graduate Neuroanatomy (NDP only)
- Statistics
- Professional Development I

* By March of the 1st year, IDP and NDP students are expected to have chosen a faculty advisor in whose laboratory they will conduct research that will form a basis of their PhD dissertation. Choice of an advisor who is part of Cell and Developmental Biology places the student in this program.

**Summer Term**
- Writing a Scientific Paper course
- Ethics & Integrity in Science course
- Consider establishing the thesis advisory committee (see Thesis Advisory Committee section)

*For MSTP students:*

The 1st year in graduate school begins after they complete Fusion Phase 1 of medical school, identify a thesis advisor and join the program in the summer semester. Based on lab rotations and elective clinical work, MSTP students join CDB at various times, thus due dates of program milestones may differ from those students entering through IDP, NDP, and DA routes. For example, some MSTP may take the Qualifying Exam in the spring of Y2. MSTP students are required to take Ethics & Integrity in Science.

12.2 Year 2

**Fall Term**
- Writing an Individual Fellowship course
- Professional Development II (16291)
- Seminars in Cell Biology (31301)
- Neuroscience Journal Club (NDP required, but open to others; 12298)
- Responsible Conduct of Research (RCR) (unless planned to be taken in Spring)
- Readings and Research
- Establish Thesis Advisory Committee (Completed form must be received by Grad School by Sept 15th)
- Qualifying Exam

**Spring Term**
- Students may take an additional elective course
- Seminars in Cell Biology
- Responsible Conduct of Research (RCR) (unless already taken in Fall)
- Research Ethics Discussion series
- Readings and Research

**Summer Term**
- Readings and Research
12.3 **Years 3&4**
In years 3 and 4, the graduate student should present their research-in-progress findings in 20-45 minute seminar format. Examples include, but are not limited to, the following: *Seminars in Cell Biology*, Cardiac Biology and Heart Failure Meeting, Vision Science Seminar, Developmental and Stem Cell Biology Group Meeting, or Neuroscience Group Seminar.

**Fall and Spring Terms:**
- Any relevant elective course(s)
- Seminars in Cell Biology
- Responsible Conduct of Research (RCR)
- Readings and Research
- Thesis advisory committee meeting OR Thesis Proposal Approval meeting (>18 months before defense)

**Summer Term:**
- Readings and Research

12.4 **Year 5 and beyond (if needed)**
**Fall and Winter/Spring Terms:**
- Seminars in Cell Biology
- Responsible Conduct of Research (RCR)
- Reading and Research
- Thesis advisor committee meeting(s)
- Defense of Dissertation