



HEALTH BUILDERS

SUPPORTING GLOBAL HEALTH EXPERIENTIAL EDUCATION

CAROLINA CUEVAS – HEALTH BUILDERS – RWANDA - 2022

Master of Science in Global Health Equity

DR. RACHEL THOMPSON GLOBAL HEALTH EQUITY FUND

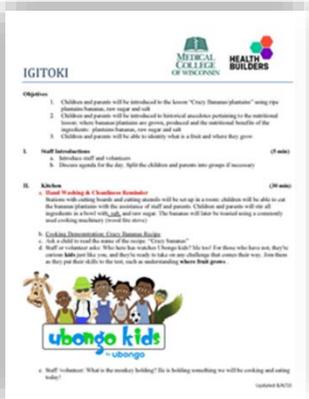
Carolina completed her internship focused on the Impact of Malnutrition and Diarrheal Disease Among Children from Rwanda, with partners, Health Builders (HB), from May 6 – 13, 2022. Health Builders is a robust partner in community health care that enables millions of community members to have access to health care by partnering with local and national governments by increasing and building capacity of quality health care.

“I am eager to become a leading health scientist that will assist underserved communities throughout the world.”

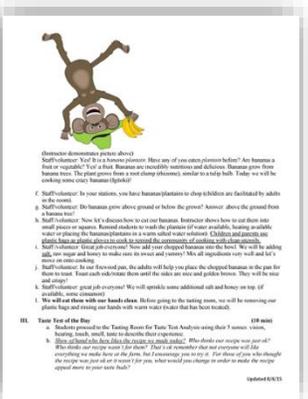
“Collaborating with Health Builders allowed me to further examine my strengths and areas of improvement as I move forward with my career goals.”

The World Health Organization declared diarrheal disease as the second leading cause of death in children under five years old. The goal of her internship was to learn about HB’s healthcare management of diarrhea disease, develop and provide comprehensive and practical educational resources to employ at the school level with the objective to reduce the risk of diarrheal disease and intestinal parasites among children from low-socioeconomic backgrounds . The outcome of the

development of educational resources will also address HB’s work towards United Nations’ Sustainable Development Goal #2, focusing on ending hunger, achieve food security and improved nutrition and promote sustainable agriculture. Carolina gained greater understanding on the clinical services, developed an understanding of diarrheal disease and intestinal parasites prevention and control by every clinic, and understanding diarrheal illness and intestinal parasites in the context of malnutrition



She developed educational lessons specifically tailored to the needs of Rwandan communities from predominantly low-income, rural areas



She talked to children about eating bananas with salt and sugar



She informed parents on a banana recipe to help treat stomach pain

“My internship focused on diarrheal disease and intestinal parasites internship was a great opportunity to continue to learn more about these illnesses. My long-term goal is to obtain a PhD in aligned with metabolic illnesses.”