



SUPPORTING GLOBAL HEALTH EXPERIENTIAL EDUCATION
COURTNEY ROOFE – CHILD AND FAMILY FOUNDATION – UGANDA- 2022
 Master of Science in Global Health Equity
DR. RACHEL THOMPSON GLOBAL HEALTH EQUITY FUND

Courtney completed her internship focused on mother’s depression and coping mechanisms in Kampala with partner, Child and Family Health (CFH) Uganda from June 23 – July 7, 2022. Founded by Dr. Harriet Babikako, the Foundation provides primary care to mothers, children, and families in various communities throughout Kampala by “Bridging gaps Through service delivery, capacity building, community interventions, research, policy development, and advocacy to improve access, use and availability to healthcare, nutrition and food security, relevant education and livelihoods to children, youth, women and people with disability in rural and urban poor populations.”

“As someone who has only ever travelled a max of 5 hours via plane before, travelling to a completely different part of the world was extremely exciting. I experienced: the people and culture, partnerships, and the environment.”

Alongside the CFH team, she was invited by community leaders of Kawempe Kiwanda and Bwaise Katoogo to meet Ugandan mothers. She conducted a total of 24 one-on-one quantitative interviews and observed a qualitative focus group led by the CFH team. She entered the interviews conducted into a REDcap server, as well as 172 other completed questionnaires. She learned how to work effectively in a new environment as well as develop strong networking and personal connection skills that made the experiential learning more impactful and propels her into a future career in public and global health.

Key learning takeaways	<ol style="list-style-type: none"> 1. CFH always met with community leaders before entering the community to conduct their research 2. All CFH research results is released to the communities involved to include them in their work 3. Conversations with women surrounding depression were widely acceptable
Next steps	She will be continuing research with Dr. Harriet and the team at CFH for her thesis work.



Miriam and Israel supported her internship with Dr. Harriet as a great resource for any questions she had.



In the community, Miriam assisted with interview translation and clarification of questions to mothers they were speaking with. Israel conducted the focus groups.



Visit to Luwero District Hospital with Dr. Stephen Magera, Medical Superintendent.

“To have the opportunity to have hands-on experience with members of the communities that my thesis work is focusing on was an incredible opportunity and I will be forever grateful for the connections I made.”