

## SECTION TITLE: **Tips for Mentors**

We have provided a list of topics that encompass the application process, getting to know MCW, and transitioning to medical school, which you can use to guide your mentorship:

### Topics to discuss – **Applying to Medical School:**

- Application timeline
- Secondary applications/writing for specific schools
- Interviews
  - Practice interviews
  - Talking points
  - How to prepare
- Sending additional communications to schools

### Topics to discuss – **Getting to know MCW:**

- What does the ‘right fit’ mean?
  - What indicators can lead your mentee to finding the ‘right fit’?
- What aspects of MCW mean the most to current students?
- The plethora of MCW resources:
  - Academic Enhancement / Student Well-being
  - Study resources (AMBOSS, USMLE prep. Resources, etc.)
  - Spaces on campus
  - Getting involved with research
  - Student Organizations
- The student experience:
  - What is a week in the life of a student like?
  - What does a study schedule look like?
  - How is studying/test prep different in med school than undergraduate studies?
  - What does it mean to get involved as a student?
    - Student organizations
    - Leadership opportunities
    - Pathways
    - Research
    - Fun/non-academic extracurriculars

- Mental health and medical school
  - How can balance be achieved?
  - How can students make the most of the resources available?

Topics to discuss – **Transition to Medical School:**

- How to find an apartment/place to live
- Transportation and parking at MCW
- Budgeting/
- Roommates
- First week of class
- Getting supplies (i.e. what to bring & what is required)
- Finding a community/How to meet other students