

All volunteer experiences whether health-related or not are valuable and encouraged when applying to medical school and other graduate-level programs. Please review the list of possible volunteer opportunities on or around campus if you need a little assistance. Select opportunities that you are genuinely interested in and willing to invest time in, and limit yourself to only a few – it's important to be able to talk about these during your interviews.

Place	Description	Health-related/ Non-health-related	Continuing opportunity or one-time	Volunteer coordinator and contact information	Additional resources to enhance your volunteer experience
<p style="text-align: center;">Aurora Sinai Medical Center</p> <p style="text-align: center;">945 N. 12th St. Milwaukee, WI 53233</p>	<p>Serve as a patient companion, escort, or dietary menu distributor to receive patient contact hours. Other opportunities include light clerical work, helping at the info desk or serving as a guide for visitors.</p>	Health-related/patient-contact	Continuing (requires a minimum commitment of 64 hours)	<p>Sign up online here:</p> <p>https://ahc.aurorahealthcare.org/aboutus/volunteer/volunteer-form.asp?ID=0012</p>	<p>Skip to “How to make the most out of volunteering” (articles):</p> <p>http://medschoolhq.net/preparing-for-a-career-in-medicine-clinical-experience/</p> <p>http://www.premedmag.org/2013/10/21/how-to-make-the-most-of-your-volunteer-experience/</p>
<p style="text-align: center;">Aids Resource Center of Wisconsin</p> <p style="text-align: center;">20 North Plankinton Avenue</p> <p style="text-align: center;">3716 W. Wisconsin Ave</p>	<p>From filling orders in the ARCW Food Pantry, to lending your professional expertise, to providing outreach to people at-risk for HIV.</p>	Health-related/possible patient contact	Continuing	<p>Get application here:</p> <p>http://www.arcw.org/support-arcw/become_a_volunteer/</p> <p>North Plankinton phone: (414) 273-1991</p> <p>37th & Wisconsin phone: (414) 225-1608</p>	<p>Learn more about HIV/AIDS as a disease (article):</p> <p>https://www.aids.gov/hiv-aids-basics/hiv-aids-101/what-is-hiv-aids/</p> <p>Beat your biases/stereotypes about HIV/AIDS (video):</p> <p>https://www.ted.com/talks/elizabeth_pisani_sex_drugs_and_hiv_lets_get_rational_1</p>

All volunteer experiences whether health-related or not are valuable and encouraged when applying to medical school and other graduate-level programs. Please review the list of possible volunteer opportunities on or around campus if you need a little assistance. Select opportunities that you are genuinely interested in and willing to invest time in, and limit yourself to only a few – it's important to be able to talk about these during your interviews.

<p>Global Brigades</p> <p>MU organization</p> <p>FUN FACT: This whole national program was started at Marquette!</p>	<p>Travel with a group of 60 students for 1 week over Christmas or Spring break to Nicaragua/Panama/Honduras to provide medical attention and public health services to communities with minimal access to health care.</p>	<p>Health-related/ patient-contact</p>	<p>One-time</p>	<p>Check out their Facebook page for more information: https://www.facebook.com/muglobalbrigades/?fref=ts</p> <p>Keep an eye out for notifications around campus regarding info sessions and application availability (EARLY FALL SEMESTER)</p>	<p>Why this brigade is important & what it does (video): https://www.globalbrigades.org/experience-medical-brigades</p> <p>Interesting video about an organization similar to MUGB: http://www.tedmed.com/talks/show?id=7397</p> <p>Living on one dollar a day: http://livingonone.org/livingonone/</p>
<p>City on a Hill</p>	<p>Volunteer at this medical clinic for the uninsured by helping out in their food department, youth center, and a variety of other aspects.</p>	<p>Health-related/ patient contact</p>	<p>Continuing & one-time</p>	<p>Get more information here: http://www.cityonahillmilwaukee.org/</p> <p>Volunteer coordinator (Kiersten) email: kcaine@cityonahillmilwaukee.org</p>	<p>Want to know more about treating disadvantaged patient populations (video): https://www.ted.com/talks/rishi_m_anchanda_what_makes_us_get_sick_look_upstream</p> <p>Learn more about free clinics: http://www.nafclinics.org/content/about-us</p>
<p>Allies of the Club</p> <p>MU organization</p>	<p>Student organization that consists of Boys & Girls Clubs alums and non-alums that perform life skills workshops, tutoring and community service at Boys & Girls Clubs of-Greater Milwaukee.</p>	<p>Non-health related</p>	<p>Continuing</p>	<p>Get more information here: http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	<p>Boys & Girls Clubs helps meet the basic needs of its members, and ensures they receive the educational support they deserve and tools that help them thrive academically, socially and personally.</p> <p>Learn about their mission here: http://www.boysgirlsclubs.org</p>

All volunteer experiences whether health-related or not are valuable and encouraged when applying to medical school and other graduate-level programs. Please review the list of possible volunteer opportunities on or around campus if you need a little assistance. Select opportunities that you are genuinely interested in and willing to invest time in, and limit yourself to only a few – it's important to be able to talk about these during your interviews.

<p style="text-align: center;">Best Buddies</p> <p>MU organization</p>	<p>Dedicated to enhancing the lives of people with intellectual disabilities and educating Marquette students about the needs and abilities of people with intellectual disabilities. Become a friend with an adult with moderate intellectual disabilities through group outings and one-on-one activities.</p>	<p style="text-align: center;">Health-related</p>	<p style="text-align: center;">Continuing</p>	<p>Get more information here:</p> <p>http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	<p>What it means to love & accept differences: https://www.ted.com/talks/andrew_solomon_love_no_matter_what</p> <p>Learn more about their mission: https://bestbuddies.org</p> <p>Learn how to best communicate with your buddy (disregard health emphasis): http://vkc.mc.vanderbilt.edu/etoolkit/general-issues/communicating-effectively/</p>
<p style="text-align: center;">Big Brothers/Big Sisters</p> <p>A variety of locations in MKE area - accessible by foot/bus/car</p> <p>MU organization</p>	<p>Fosters caring relationships between college students and children between the ages of 7 and 17 years. Big Brothers/Big Sisters has a careful screening process and requires a year commitment.</p>	<p style="text-align: center;">Non-health related</p>	<p style="text-align: center;">Continuing (preferred 2-year commitment)</p>	<p>Get more information here:</p> <p>http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	<p>Learn more about their mission: http://www.bbbs.org/site/c.9iILI3NGKhK6F/b.5962335/k.BE16/Home.htm</p> <p>Their proven impact: http://www.bbbs.org/site/c.9iILI3NGKhK6F/b.5961035/k.A153/Big_impact8212proven_results.htm</p> <p>Personal stories: http://www.bbbs.org/site/c.9iILI3NGKhK6F/b.6195777/k.77AE/Changing_lives8212one_story_at_a_time.htm</p>
<p style="text-align: center;">The Campus Kitchen</p> <p>MU organization</p>	<p>Operates on campus and utilizes shared kitchen space, donated food, and the energy of students, faculty and community members. Volunteers prepare meals on campus, and then deliver them to agencies and individuals in the community.</p>	<p style="text-align: center;">Non-health related</p>	<p style="text-align: center;">Continuing & one-time</p>	<p>Get more information here:</p> <p>http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	<p>Learn more here: http://www.campuskitchens.org</p> <p>Hear her story of homelessness: https://www.ted.com/talks/becky_b_lanton_the_year_i_was_homeless</p>

All volunteer experiences whether health-related or not are valuable and encouraged when applying to medical school and other graduate-level programs. Please review the list of possible volunteer opportunities on or around campus if you need a little assistance. Select opportunities that you are genuinely interested in and willing to invest time in, and limit yourself to only a few – it's important to be able to talk about these during your interviews.

<p>Children's Hospital of Wisconsin</p> <p>8915 W. Connell Ct. Milwaukee, WI 53226</p>	<p>Volunteer in a variety of settings like the ER waiting room, the Teen Lounge, and in patient rooms interacting with child patients and their families to help normalize their hospital experience.</p>	<p>Health-related/ patient-contact</p>	<p>Continuing</p>	<p>Phone contact: 414-266-2180 MUST be available to attend volunteer orientation</p> <p>Get more information here: http://www.chw.org/giving-and-volunteers/volunteer/volunteer-at-the-hospital/hospital-volunteer-opportunities/</p> <p>Application process here: http://www.chw.org/giving-and-volunteers/volunteer/volunteer-at-the-hospital/volunteer-process-and-application/</p>	
<p>Habitat for Humanity</p> <p>MU organization</p>	<p>Seeks to provide decent, affordable housing for those who are without adequate shelter. Marquette's chapter works with Milwaukee, Waukesha, and Racine chapters, as well as with other housing organizations. Members also help raise funds to sponsor their own houses.</p>	<p>Non-health related</p>	<p>One-time</p>	<p>Get more information here: http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	<p>Learn more: http://www.habitat.org/magazine/home</p> <p>Personal account of a volunteer: http://www.huffingtonpost.com/jesse-seaver/habitat-for-humanity-b_1895293.html</p>



MARQUETTE RESOURCE LIST

All volunteer experiences whether health-related or not are valuable and encouraged when applying to medical school and other graduate-level programs. Please review the list of possible volunteer opportunities on or around campus if you need a little assistance. Select opportunities that you are genuinely interested in and willing to invest time in, and limit yourself to only a few – it's important to be able to talk about these during your interviews.

<p>Mardi Gras</p> <p>MU organization</p>	<p>Making A Real Difference In the Gulf Region and Areas Surrounding is a service organization that strives to provide aide to hurricane victims in the Gulf Region; as well as, promote awareness of the issues, which plague the Gulf Region.</p>	<p>Non-health related</p>	<p>One-time</p>	<p>Get more information here:</p> <p>http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	
<p>MAP</p> <p>Marquette Action Program</p> <p>MU organization</p>	<p>For over 30 years, Marquette University students have enjoyed choosing service trips during map Marquette's Spring Break. To spend time living in community, reflecting upon issues of social justice, and making a difference, is a memory not to be missed.</p>	<p>Non-health related</p>	<p>One-time</p>	<p>Get more information here:</p> <p>http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	
<p>Midnight Run</p> <p>MU Organization</p>	<p>Midnight Run is a volunteer service program which was initiated by students in 1988. It focuses on the particular needs of the hungry and homeless people living in the community around Marquette.</p>	<p>Health-related</p>	<p>Continuing</p>	<p>Get more information here:</p> <p>http://www.marquette.edu/osd/service/organizations.shtml</p> <p>Sign ups at MU student org fair (Fall & Spring semester)</p>	<p>Hunger and homelessness in MKE is a growing concern...here's a personal account:</p> <p>http://www.jsonline.com/news/opinion/in-milwaukee-a-developing-crisis-of-homelessness-b9995407z1-223701801.html</p> <p>Other ways to help feed the hungry:</p> <p>http://radiomilwaukee.org/story/urban-garden-attacking-homelessness/</p>



MARQUETTE RESOURCE LIST

All volunteer experiences whether health-related or not are valuable and encouraged when applying to medical school and other graduate-level programs. Please review the list of possible volunteer opportunities on or around campus if you need a little assistance. Select opportunities that you are genuinely interested in and willing to invest time in, and limit yourself to only a few – it's important to be able to talk about these during your interviews.

<p style="text-align: center;">Special Olympics MU organization</p>	<p>Places volunteers as coaches at Milwaukee Public Schools' sites throughout the year. Coaching requires a 2-hour a week commitment for the duration of the sport (8-10 weeks). One-day events, including an annual soccer tournament, are held. Meet new people and become inspired by truly amazing athletes.</p>	<p style="text-align: center;">Health-related/ patient-contact</p>	<p style="text-align: center;">Continuing</p>	<p>Get more information here: http://www.marquette.edu/osd/service/organizations.shtml Sign ups at MU student org fair (Fall & Spring semester)</p>	<p>Hear how this man was empowered by this organization: https://www.ted.com/talks/matthew_williams_special_olympics_let_me_be_myself_a_champion</p>
--	--	--	---	---	---