Urban and Community Health Pathway

Learning Domains and Objectives (addressed over the course of the 2-3 year pathway):

1. **Medical Knowledge:** Describe the balance between biologic and non-biologic determinants of health and disease
   A. Describe the influence of non-biologic health determinants (e.g. gender, race, culture, socioeconomic status, health literacy) on health and well-being; the natural progression of disease; and on the delivery of effective medical care.
   B. Describe the complex interplay of factors which lead to disparities in health, and disparities in health care access, quality and outcomes
   C. Deconstruct commonly held definitions of “Urban”, “Underserved”, “Community”

2. **Patient Care:** Effectively manage health conditions that disproportionately affect urban underserved populations
   A. Integrate knowledge of socioeconomic health determinants in assessment, diagnosis and management of common illnesses (e.g. asthma, depression, hypertension, diabetes, influenza, HIV)
   B. Effectively manage chronic illnesses/ health conditions which disproportionately affect urban, underserved residents
   C. Demonstrate ability to work with and around barriers/obstacles – political, social, medical – to provide the best quality care to patients in urban, underserved settings.

3. **Practice-based Learning and Improvement:** Address disparities in health, healthcare access or quality
   A. Discuss the organization and financing of the U.S. health care system, and their effects on access, cost, utilization and quality of care for individuals and populations
   B. Differentiate between individual and population-based approaches to health
   C. Assess the health status of populations using available data (e.g. public health surveillance data, vital statistics, registries, surveys, electronic health records and health plan claims data).

4. **Interpersonal & Communication Skills:** Provide effective health promotion education to individuals/ communities
   A. Employ effective educational strategies to promote healthy behaviors in individuals and communities
   B. Communicate effectively with people of different backgrounds in a manner that is culturally sensitive, clinically effective, and critically mindful of harmful stereotypes and characterizations.

5. **Professionalism:** Employ civic engagement skills/ Advocate for patients, communities and/or systems to improve health
   A. Employ civic-engagement and leadership skills, including ability to advocate for patients, populations and/or systems changes to reduce health disparities and improve health care access.
   B. **Cultural Competence:**
      a. Demonstrate self-awareness of one’s own personal biases in relation to race, gender or culture
      b. Describe the cultural dimensions of practice, including: cultural influences on individuals and communities, cultural influences on clinicians’ delivery of health services, and culturally competent health care.
      c. Appreciate the culture, heritage, strengths, and challenges of Milwaukee’s diverse central city neighborhoods.

6. **Systems-based Practice/ Patient care:** Partner with public health and communities to meet health/ healthcare needs
   A. **Health and health care disparities:**
      a. Discuss how public policy and population based initiatives can influence health determinants and outcomes
      b. Participate in population health improvement strategies (e.g., systems and policy advocacy, program or policy development, or other community-based interventions.)
   B. **Navigating urban healthcare environment:**
      a. Describe and compare the healthcare options for Milwaukee residents- know the eligibility requirements, benefits offered, healthcare systems available, pharmacotherapy options for patients who are uninsured or have Badgercare, Medicaid, Medicare, members of FQHCs, or third party payers.
      b. Appropriately use pharmaceutical patient assistance programs, samples, community resources and partnerships.
      c. Identify and employ local assets/resources and social supports to assist patients in health improvement
      d. Understand the concept of a Patient Centered Medical Home and how to apply this to an urban setting