

Monthly Training Announcement

December 2020 Theme: Coping with Grief & Loss

This list was compiled with the help of Dr. Tracy Schroepfer, Professor with the UW School of Social Work

LISTS OF RESOURCES & WEBSITES

Children's Hospital of Wisconsin [Grief & Bereavement Resources](#)

National Child Traumatic Stress Network (NCTSN) [List of Resources for Childhood Traumatic Grief](#)

Erin's House for Grieving Children [Resources](#) • GriefNet [List of Virtual Support Groups](#)

What's Your Grief? [Resources](#) • Mindfulness & Grief Institute, [Resources & Guided Meditations](#)

Hospice Foundation [Grief Support Resources](#)

COPING & COVID-19

PubMed Article - [Loss & Grief Amidst Covid-19](#)

NYU Langone Health - [Helping Children Cope with COVID-19](#)

TEND Academy - [Managing Your Media Exposure](#) & [Psychological PPE](#)

CHILDREN & YOUTH

Sesame Street Grief [Toolkit](#)

[The Invisible String](#) by Patrice Karst

[Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss](#) by Michaelene Mundy

[When Dinosaurs Die: A Guide to Understanding Death](#) by Laurie & Marc Brown

FREE (after account creation) from NCTSN - [Reconnecting a Grieving Teen with her Community Webinar](#)

[Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing Loss](#) by Enid Samuel Traisman

BOOKS & ARTICLES

[Compassion Books](#) – Website with comprehensive list of books for all ages

[The Fall of Freddie the Leaf: A Story of Life for All Ages](#) by Leo Buscaglia

[The Other Side of Sadness](#) by George Bonnano

"[Grief is a Social Justice Issue](#)" Article & Reading List from What's Your Grief Website

Article from *Psychology Today* on [the Ring Theory of Grief](#)

Article from WHYY (Philadelphia Affiliate of NPR) on [the Neuroscience of Gratitude & Grief](#)

PODCASTS & TED TALKS

TEDTalks [Playlist](#) & [TEDTalk from Nora McInerney](#)

Brene Brown Unlocking Us Podcast – [David Kessler on Grief & Finding Meaning](#)

[Grief Out Loud](#) Podcast, [Grief Dreams](#) Podcast, [Coming Back: Conversations on Life After Loss](#) Podcast

Therapy for Black Girls Podcast – [Processing our Collective Grief](#)

WEBINARS

\$15 from Coalition for Children & Families Classroom - [Naming Adversity & Loss](#) and [Grief & Loss in Foster Care & Adoption](#)

FREE from American Professional Society on the Abuse Children (APSAC) - [TF-CBT for Children in Foster Care](#)

FREE (after account creation) from NCTSN - [Grief, Loss, and the Path of Healing among American Indian Youth and Communities](#)