

Monthly Training Announcement

May 2021: The Teen Life Stage & Brain Development

TEEN BRAIN DEVELOPMENT

American Academy of Child & Adolescent Psychiatry "[Teen Brain: Behavior, Problem Solving, Decision Making](#)"

American Bar Association Child Law Practice Article "[The Amazing Teen Brain: What Every Child Advocate Needs to Know](#)" [note: this article contains gendered language that may be outdated]

Center for the Developing Adolescent Website "[Key Topics in Science](#)"

National Institute of Mental Health "[The Teen Brain: 7 Things to Know](#)"

National Public Radio Video/Audio Clip "[How Does the Teenage Brain Make Decisions?](#)"

THE ADOLESCENT LIFE STAGE

Who is currently a teenager in the United States?

["Defining Generations: Where Millennials End & Generation Z Begins"](#) from Pew Research

What are trends in teen risk taking behaviors?

Centers for Disease Control [Youth Risk Behavior Surveillance Reports & Fact Sheets 2019](#)

What can be done to support queer youth?

Go Ask Ali Podcast Episode "[LGBTQuarantine: Supporting Queer Youth](#)" & The Trevor Project [Resources](#)

What does trauma look like in adolescence?

National Child Traumatic Stress Network "[Traumatic Stress in Adolescence](#)"

ARTICLES & BOOKS

[The Teenage Brain](#) by Frances Jensen, MD & Amy Ellis Nutt • [Age of Opportunity](#) by Dr. Laurence Steinberg

[Brainstorm: The Teenage Brain from the Inside Out](#) by Daniel Siegel, MD

["Teens on a Year That Changed Everything"](#) New York Times (The Learning Network) Article, March 2021

WEBINARS & TRAININGS

[Teen Mental Health First Aid Training](#) [This training provides comprehensive guidance to professions on how to respond to teen mental health crises, including threats of suicide]

\$0-\$15 Coalition for Children Youth and Families [Webinars & Tip Sheets](#) on Engaging with Teens with Trauma

FREE Midwest Regional CAC Webinars: "[Working with Teen Victims: Tips for the Investigation and Prosecution of Child Abuse Cases](#)" and "[Emerging Tech: What Are the Current Trends for Teens and Kids?](#)"

PODCASTS

[Adaptivity](#) Podcast

The Guardian Science Weekly Podcast Episode "[Inside the Secret Life of the Teenage Brain](#)"

[List of Podcasts](#) for Gen Z

MORE RESOURCES FROM BRIARPATCH YOUTH SERVICES →

Thank you to Ollie Schaal, Restorative Justice Counselor & Teens Like Us Group Facilitator, for this comprehensive list!

HOW DOES THE BRAIN DEVELOP & RESPOND TO TRAUMA?

"The biggest thing to keep in mind when working with teens and young adults is that the brain is not fully developed until 23-26 years of age...So, in being developmentally informed, it is also important to be trauma informed, so we understand the steps adult brains take as a response to a trigger, versus how adolescent brains react." Ollie Schaal, Briarpatch

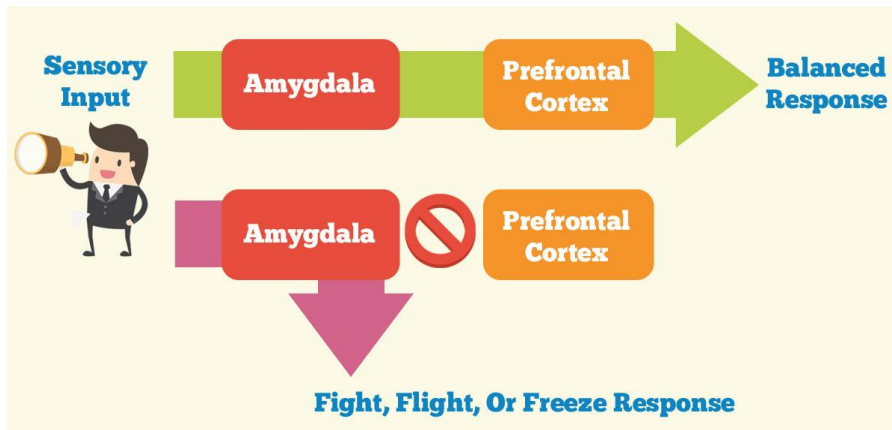
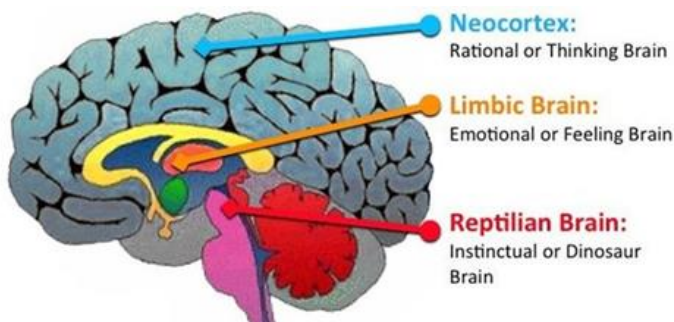


Image from [Blissful Kids](#) - A place to start for those unfamiliar with the brain & helpful language to explain brain development to kids

Sexual Trauma and Recovery Service (STAR) ["How the Brain Works in Response to a Traumatic Event"](#)

PBS Frontline Article ["Adolescent Brains are Works in Progress"](#)

Understanding Stress and the Brain – [A Helpful Guide & Useful Tools](#)



"What were you thinking?" – Image from article on ["The Power & Purpose of the Teenage Brain"](#)

[A Guide to Artistic Development Stages to Understand the Growing Brain](#)

WHAT DOES THIS MEAN FOR YOUTH JUSTICE?

Knowing this stage of brain development, how can we pursue appropriate treatment of children in the youth justice system to ensure better results for them and their families?

Wisconsin Council on Children and Families – [Notes on Youth Justice Reform](#)

Justice for Emerging Adults (18-24 yrs.) [Four Part FREE Webinar Series](#)

Emerging adults experience the worst racial disparities within the criminal justice system of any age group. Learn more in this series from Race to Equity in partnership with Kids Forward.

Adolescent Brain Development & Juvenile Justice: Young Brains, Youthful Behavior, & Law [Presentation Slides](#)

American Psychological Association ["Justice for Teens"](#) Article from *Monitor on Psychology* (Oct 17)