

# Evaluation of Activity

## 35<sup>th</sup> Annual Medical College of Wisconsin Sports Medicine Symposium March 21<sup>st</sup> & 22<sup>nd</sup>, 2024

We appreciate your help in evaluating this program. Please indicate your rating of the presentations in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high). Please fill out all pages of this form.

### Objectives

low (1) → high (5)

*To what extent did this program meet the stated objectives of:*

1. Summarize the evaluation, diagnosis and treatment of common elbow, shoulder, back, hip, knee and ankle musculoskeletal injuries to athletes, as well as medical conditions in athletic populations and sport related concussions.
2. Construct a set of standards for on-field injuries and evaluation of injuries both on the sideline and in the office setting.
3. Practice and demonstrate hands-on skills in sideline and clinic applications, such as spine boarding or blood flow restriction training.
4. Determine strategies for effective implementation of Sports Medicine Team services, such as physical therapy or radiologic testing.
5. Review, critique, and develop strategies to implement scientific evidence appropriately to the care of athletes.

*To what extent did the program meet the stated (overall) objectives:*

### Content

*To what extent did the program deliver contact that was:*

low (1) → high (5)

1. Appropriate for intended audience
2. Consistent with stated objectives
3. Was free of commercial influence
4. Material was at or above entry level knowledge for your discipline
5. Do you feel the information presented was based on the best available evidence

### Teaching Methods

*Please rate the following:*

low (1) → high (5)

1. Visual aids, handouts and oral presentations clarified content
2. Teaching methods were appropriate for subject matter
3. Learning assessments (ex pre/post quiz, self-reflection/assessment, live participation) were appropriate

### Relevancy

*To what extent did you learn new information that you could apply in your practice setting:*

low (1) → high (5)

1. Information could be applied to practice
2. Information could contribute to achieving personal and professional goals
3. This activity increased my competence (i.e., ability to apply knowledge, skills & judgment in practice)
4. This activity will improve my performance
5. This activity will improve my patient outcomes

**General**

What are some new items you learned from this program?

How much will you change your care of athletes based on this meeting?

How will you change your practice as a result of this activity?

Would limitations in application be a matter of knowledge - *or* - How to put the knowledge into practice?

What did you like most about this program? Least?

Topics on which I feel I need more education and would like to have presented at future meetings:

I would recommend this program to others                      Yes                      No

<b><u>Individual Faculty Evaluations</u></b>				
<b>Day 1 – March 21, 2024</b>	Knowledgeable in content area low (1)-high (5)	Content consistent with individual objectives	Speaker clarified content in response to questions	Individual Comments
Football Injuries - Casey Batten, MD				
Concussion Update: Amsterdam 2022 International Consensus Statement – Michael McCrea, PhD				
Concussion in the NFL Level - Kevin Walter, MD				
The Biological Basis of Sex Differences in Athletic Performance - Sandra Hunter, PhD				
Exertional Rhabdomyolysis - Nate Jones, MD				
A1 – Chrononutrition - the Relationship Between Temporal Eating Patterns, Circadian Rhythms & Metabolic Health - Julie Lois, RD				
A2 – Management of Non-Arthritic Hip Pain - Matt Krimmer, DPT				
Shoulder Capsulitis/Frozen Shoulder - Craig Young, MD				
Calf Injuries - Carole Vetter, MD				
Heart Rate Variability for Optimization of Sports Recovery - Kyle Ebersole, PhD				
B1 - Revision ACL Reconstruction – Conor McBride, MD				
B2 - Foot & Ankle Performance for Dancer’s Tendonitis – Megan Wermager, DPT				
B3 - Anatomy Lab: Shoulder & Knee - Teresa Patitucci, PhD & Dustin Richter, MD				
C1 - Biomechanics for Performance: The Windmill Pitch – Luke Menges, DPT				
C2 - Traumatoplasty of the Acetabulum: To Fix or Replace - Taurean Baynard, MD				

C3 - Anatomy Lab: Shoulder & Knee - Teresa Patitucci, PhD & Dustin Richter, MD				
D1 - Current Concepts in the Rehabilitation of Adhesive Capsulitis - Carolyn Goesch, DPT				
D2 - Sports Medicine Considerations for the Cycling Athlete - Kurt Lawton, DO				
D3 - Spine Board Workshop – Andre Daniel, LAT, Alyssa Gorecki LAT, Matt Hendricks, LAT				
<b><u>Individual Faculty Evaluations</u></b>				
<b>Day 2 – March 22, 2024</b>	Knowledgeable in content area low (1)-high (5)	Content consistent with individual objectives	Speaker clarified content in response to questions	Individual Comments
Decision Making in Failed Instability Surgery - Evan Lederman, MD				
Return-to-Play Issues: A Physician’s Perspective - Casey Batten, MD				
Neuroplasticity after ACL Injury - Dustin Grooms, PhD, LAT				
Not All Shoulder Pain is Impingement Syndrome - Evan Lederman, MD				
UCL Injuries - William Raasch MD				
E1 - Return to Play Testing- Dustin Grooms, PhD, LAT				
E2 - Sports Medicine Radiologic Pearls – Melissa DuBois, MD				
Primary and Secondary Injury Prevention - Dustin Grooms, PhD, LAT				
Current Concepts in Achilles Tendon Surgery - Jonathan Kraus, MD				
Increased Risk of MSK Injury After Concussion – What to do About it?- Dustin Grooms, PhD, LAT				
F1 - Rehabilitation of Ulnar Collateral Ligament Injuries - Mark Lydecker, MPT				
F2 - SI Joint Pain - Yuka Kobayashi, DO				
F3 - Anatomy Lab: Shoulder & Knee - Teresa Patitucci, PhD & Dustin Richter, MD				
G1 - Considerations for Injury, Rehabilitation, and Performance of Masters Runners – Brandon Fraleigh, DPT				
G2 - Blood Flow Restriction Workshop - Dan Bruss, PT and Michael Tabor, PT				

**General Comments/Program Improvements**

\*Call 414-805-7463 to comment personally\*

Rev. 2/9/24

**SUBMIT**

If not completing online - send completed form  
to mark.lydecker@froedtert.com