



## Notes from the Department Chair

**Our planning team suggested having the following theme for our Fall, 2021 Newsletter: *A Brand-New Year*. The idea comes from our starting a new academic year, a new school year, and a new FY 22 budget year. Though I was not able to make the planning meeting, the psychodynamic training I had influenced me to make an interpretation that our incredible “Psyched” Newsletter Planning Team is so tired of the Pandemic, that they love the focus of having a fresh start.**

We are all exhausted of the COVID-19 Pandemic and its effects and constrictions on our lives. Many of us have feelings and effects of being worn out/ burned out from the added stress and pressure the pandemic has had on an already tired and stretched health care workforce. Now, with the fourth surge hitting us, I wonder and worry if this will ever go away? I know I have a need for finding a new start and something that gives me hope. I think we need now, more than ever, to come together as a family and community (division, department, MCW) to support one another. Part of this support needs to be through listening and empathy. As we do look forward, I believe there is light at the end of the tunnel. Working together supporting each other we will reach that light. As I think about that light, I also ask that you assist our department leaders develop a bright new vision for our department. Envisioning can be powerful, and I believe will help us leave the darkness behind and give us hope. You can help me and our department by envisioning- what could our department of the future be? What will a Department of Psychiatry and Behavioral Medicine of tomorrow look like? Here is the start of a working template which I invite you to expand and improve.

The 2025 MCW Department of Psychiatry and Behavioral Medicine will be a department that values its staff, faculty, and trainees, and one that is/ will add/ will be/embraces more:

**Diversity** - having more diverse providers that match the diversity of our community, and the department that is  
**Wellbeing** - our faculty and staff feel supported and supportive and embraces equity, justice, and inclusion

have good work-life balance, and their individual development and growth is important

**Interprofessional partnership** - where all the professions that work in our department value, respect and complement each other to enhance our missions

**Sufficient access (and space)** - such that we can positively impact more people and their mental health

**Prevention** - find a way to focus on prevention of mental illness more proactively instead of primarily focusing on crisis management

**Neuromodulation** - expand and build an academic center of excellence for neuromodulation

**Memory care** - build an interdepartmental center of excellence for memory care

**Autism** - build an interdepartmental center of excellence for autism care and neurodevelopmental conditions

**Specialty clinics** - expand and further develop our academic specialty clinics

**Expanded research** - build on our current areas of research and expand our research footprint

**Excellent education** - continue to improve and grow our education programs to best meet our community's needs for BH care providers

**Meeting Community's needs** - expand our work to support our community and better meet its needs while working to address health care disparities

Help your leaders build the Psychiatry of tomorrow!  
Thank you!



Jon A. Lehrmann, MD Charles E. Kubly Professor and  
Chairman, Department of Psychiatry and Behavioral Medicine  
Associate Chief of Staff for Mental Health, Milwaukee VAMC

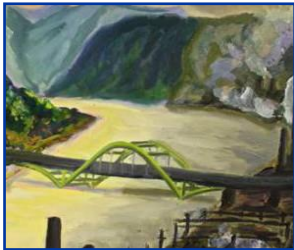


**MEDICAL  
COLLEGE  
OF WISCONSIN**

*PSYCHED* is a publication of the Department of Psychiatry and Behavioral Medicine Medical College of Wisconsin

**Jon A. Lehrmann, MD**  
Chairman and Professor

**Editorial Team:**  
Joy Ehlenbach  
Karen Hamilton  
Kristine James  
Dawn Norby



**Professionalism is not about wearing a suit or white coat, or carrying a briefcase—but rather about conducting oneself with responsibility, integrity, accountability, and excellence.**

~Dean Kerschner



## Notes from Administration FY22: Psychiatry = Growth

In his comments introducing this Fall newsletter, Dr. Lehrmann described a score of initiatives and priorities for the department in FY22 and the years ahead. These initiatives touch every mission area and highlight the tremendous growth Psychiatry & Behavioral Medicine has experienced over the last few years.

This growth will only continue and accelerate in FY22.

Dr. Lehrmann and I have the opportunity – and mandate – to regularly report on Psychiatry’s financial and programmatic position to MCW/MCP/CSG/FH/CW and other enterprise leaders. In these reports, we describe Psychiatry’s performance and growth, and the demand for clinical services, and successes in research, education and community engagement.

To give you a sample of the type of information we report, below is a copy of one slide we presented this spring in a quarterly “clinical infrastructure” meeting describing clinical growth and the need for more space to support such growth.

### Post-Covid-19 Delivery of Patient Care and Tosa Health Center Expansion continued

The ability to continue to provide direct patient care virtually has served as a clinical safety valve to support the growth of the clinical workforce in space that has remained largely unchanged for 20 years.

- The Q3 data just presented earlier showed a growth over 20% in the Clinical Work Week over the previous year continuing a YoY trend.
- The WFP for FY22 and the proposed WFP positions for FY23 outlined in the next slides would add another 20+ positions to the clinical workforce if all were successfully filled.
- To accommodate this growth, Psychiatry will likely need to continue to deliver a significant portion of care virtually as Psychiatry’s proposed expansion into the shell space on the 3<sup>rd</sup> floor of the Tosa Health Center is considered, hopefully approved and finally built-out.



knowledge changing life

10

The slide references recruitment and highlights the proposed expansion of the Department’s footprint on the 3<sup>rd</sup> floor of the Tosa Health Center. (There were others referencing our educational and research standing.) We are pleased to report that we just received a critical endorsement from APOC (F&MCW Ambulatory Planning and Operational Committee) of our conceptual space plan. This endorsement allows us to continue to move forward in the approval process and will allow us to proceed with more detailed planning. Recruitment will continue to be a theme in FY22. The department’s faculty and staff will grow to support all four mission areas, and the priorities that Dr. Lehrmann described.

As we continue to grow the department to meet these needs, “growing pains” will naturally occur through the process, such as space utilization and sharing, faculty and staff stretching to accommodate workloads as we recruit new faculty and staff.

We appreciate your patience as we move through this growth phase. And more importantly, we look forward to growing **together**.

*David Peterson*

David Peterson, MBA, FACMPE

Department Administrator Clinical



## Research Notes

### WHEN LAW, POLICY AND FEAR DRIVE MEDICAL INEQUITY

As we begin a new academic year, all of us are acutely aware of the fractures in society revealed by the COVID-19 pandemic and contemporaneous widescale displays of discrimination and social inequity. These have also been drivers of the HIV pandemic, and thus for over two decades, CAIR investigators have been conducting research on contributors to health disparities within our most socially marginalized communities.

Findings from our recent study of the influence of immigration-related laws on Latinx immigrants' ability and willingness to be tested for HIV revealed the role of structural-level forces in creating and maintaining HIV disparities. With treatment, persons living with HIV infection can protect their health and that of others, yet individuals must be tested and diagnosed to receive treatment benefits. Within our sample of over 1750 sexually active Latinx immigrants (documented and undocumented) across four US cities, 37% (629) reported that they had never been tested for HIV in the US, even though most met the criteria for annual testing. Bivariate analyses revealed a strong association between immigrants' HIV-related immigration law concerns, and their immigration concerns related to healthcare use and health status in general, and never having been tested. (<.001). The immigration policy climate of the area where an immigrant lived, whether welcoming or restrictive, was also significantly associated with never having been tested for HIV in the US. (<.001)

As the COVID-19 pandemic emerged, we examined whether immigrants' immigration concerns about HIV testing also applied to the use of COVID-19 services. Within a sample of 336 adult US Latinx immigrants across three US cities, over one-quarter (27.4%) (92) agreed that 'Using publicly funded medical care for COVID-19 can make immigration authorities notice one's immigration status and just under one-quarter (22.5%) (76) agreed that 'In the current political climate, it is wise for immigrants to avoid seeking medical care for COVID-19 because they may be deported'. Further, a total of 40.7% (137) of immigrants agreed with the statement 'Immigration authorities will use any excuse to deny an immigration petition of someone who has had COVID-19'. The potential for these concerns to deter COVID-19 testing, treatment, and vaccination is clear.

Findings from this study provide an empirical foundation for sound law and policy. They also point to areas where individual- and community-level interventions are needed.

Carol Galletly, JD, PhD  
Associate Professor, Center for AIDS Intervention Research  
Department of Psychiatry and Behavioral Medicine, MCW



## Clinic Notes

### "HAPPY NEW YEAR" IS ALL IT SAID

This email was sent to me on July 1<sup>st</sup> by my colleague and mentor, Dr. Mara Pheister. It was a reminder that I have been accepted as a core faculty member for my beloved residents.

It is no secret that creating a clerkship site at Tosa Center has played a substantial role in MCW's successful LCME accreditation. It has taken a lot of planning to create this rotation (since Tosa also serves as a clinic for MCW students, residents, staff, and faculty), and it has taken a veritable village to till the field for our first M3 student, Ms. Frances Carter (who has turned out to be a Rockstar!). I'd like to acknowledge (in no particular order) Kristine James, Dr. Christina Wichman, Dr. Marika Wrzosek, Dr. Jason Burns, Bob Huberty, Carolyn Bischel, Tamika Hampton, Dawn Driscoll, Tosa nurses, the front desk team, the CCAPS team (Dr. Hannah Reiland, Dr. Irene Warner, Dr. Kathryn Krieg, Dr. Sara Brady, Dr. Harold Harsch, Dr. Mara Pheister, Dr. Matthew Fiorillo, Dr. Emily Lelchuck, Dr. Caitlin McCarthy, Dr. Hana Millen, Dr. Grant Stooksbury, Dr. Sahar Jahed and Dr. Sarah Streit), the TMS team (Dr. Michael Montie, Abi Musholt- PAC), the APP access clinic team (Rachel Jones, NP) and the generous 'freelancer' preceptors at Tosa (Dr. Will Park, Dr. Amanda Liewen, Dr. Marc Gunderson, Dr. Mary Anne Kowol and Dr. Kevin Bozymski). Dr. Bozymski's addition to Tosa Center has introduced Tosa to some energetic and brilliant pharmacy students. This new School of Pharmacy rotation is a most welcome strand that has served to strengthen the academic fabric at Tosa.

Under the leadership of phenomenal educators (in addition to those mentioned, I'd like to recognize Ms. Karen Hamilton, Dr. Heidi Christianson, Dr. Sadie Larsen and Dr. Larry Miller), Tosa continues to be a site for several teaching clinics for P&BM residents (CCAPS clinic for psychiatry PGY2s and our chief resident; BMPC for Heath Psychology practicum students, residents and fellows, APP access clinic for NP residents, and ad-hoc rotations for UW Milwaukee NP certification program and undergraduate students from Carroll College).

This list is long, and I ask for your forgiveness if I forgot to mention someone. As an important note, more than half of the next clerkship has asked for Tosa as a preferred site! Please wish us luck as we strive to deliver world-class training while retaining world-class clinical care.

Himanshu Agrawal, MD  
Assistant Professor  
Department of Psychiatry and Behavioral Medicine, MCW



## Faculty Development REFLECTION AND GROWTH IN FACULTY DEVELOPMENT

As this edition discusses the review and renewal involved in a new academic year, it provides me the opportunity to share reflections and growth occurring in Faculty Development. At the departmental level, this past year was a time of analysis and review of the evolving needs of our faculty, engaging new individuals in our Appointment, Promotion and Tenure (APT) Committee, and creating a strategic plan. This plan focuses on clarifying the expectations around scholarship and increasing a culture of equal opportunity across the department. In order to address these issues, goals have been created focusing on educational opportunities, improved data reporting, and standardized transparent feedback mechanisms. We hope to bring visible, positive changes to the faculty as we continue to promote each person's academic growth and professional development here in our department.

At the institutional level, my role with the Office of Faculty Affairs provides me the opportunity to also promote this type of review and reflection. As many of you may have already seen, OFA has committed to a holistic review strategy assessing the entire promotion process here at MCW. The intention is to assess the current state with an emphasis on equity and develop recommendations for updates to the promotion and tenure approach based on feedback from a wide array of sources, including faculty input. The intention is to identify opportunities for improvement and modernization of the promotion process to best meet the needs of our faculty in this evolving world of academic medicine. If you haven't already registered for a discussion session, I encourage you to [learn more here](#) and sign up to share your thoughts and feedback about how promotion could better meet your needs and activities as a faculty member.

I encourage each of you to be an active participant in the systems designed to support your development. Only through feedback and involvement can we truly evolve our methods to ensure they meet the individual and unique needs of everyone. Together we can grow and flourish!

Jennifer Apps, PhD  
Vice Chair of Faculty Development, Department of Psychiatry and Behavioral Medicine  
Assistant Provost of Faculty Development, Office of Faculty Affairs



## Education Notes COMBINED IM/PSYCH RESIDENCY 2022

With the support of **Mara Pheister**, Program Director in Psychiatry, and **Kathlyn Fletcher**, Program Director in Medicine, we hope to soon begin recruiting our first 2 classes this winter to start our new combined Internal Medicine/Psychiatry program at MCW Milwaukee campus. Funded by the GME expansions at Froedtert and VA hospitals, we hope to capitalize on the growing integration movement at both hospitals as well as the growing interest among M4 applicants for combined training. We have 3 internal candidates for PGY-1 and 2 known candidates for PGY-2 spots and hope to announce soon our positions open in the match for applicants nationwide.

While these educational plans are only ideas until we have learners begin to experience them, we expect that the residents in the combined track will be the linchpin of our new Complexity Intervention Unit opening in 2022. Led by dual-boarded physicians and staffed with both combined and categorical residents from both Psychiatry and Internal Medicine, we aim to treat patients with comorbid psychiatric and medical conditions simultaneously, saving days and complications that arise with sequential care.

With new Consult-Liaison staff at the VA (welcome back, **Joanne Orfei** and congratulations on your new role, **Deepa Pawar**), we have opportunities to consider innovative models of care that use combined residents for proactive consults for disease states with high comorbidity or for a delirium early intervention project. Integrated models of care in geriatrics and nursing home patients at the VA are also on the horizon for combined residents to develop. We hope to establish a VA clinic for our Med/Psych residents within the Gold Primary Care team that can provide comprehensive longitudinal care for veterans who deal with chronic mental illness.

With our partners in the Sixteenth Street clinic and the General Internal Medicine division, we hope to find the right home for a Med/Psych clinic where folks with serious mental illness can get preventive and chronic disease care from combined residents. We can create training opportunities for Med/Psych residents with many of our department's psychiatrists who are embedded in medical environments and expand into specialty clinics that have been clamoring for behavioral health support. As Integrated Behavioral Health and Emergency Psychiatry expands at Froedtert to include MAT for opiate use disorder, we know there will be a role for learners of all levels and disciplines to fortify our position as leaders in the integration movement, bringing mental health back under the tent of comprehensive medical care.

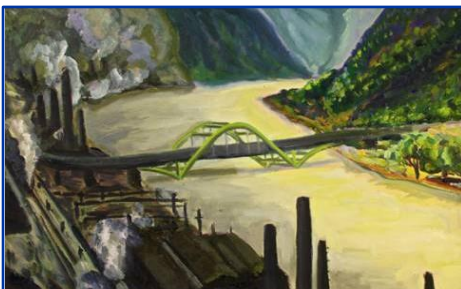
Mary Beth Alvarez, MD, MPH  
Assistant Professor, Department of Psychiatry and Behavioral Medicine, MCW



## Veterans Administration Notes REFLECT ON PSYCHOLOGY TRAINING IN A PANDEMIC ERA

This time of year is a busy, exciting one in the world of psychology training, as the MCW health psychology and the VAMC psychology internship and postdoctoral fellowship programs began their academic calendar on July 1<sup>st</sup> and August 16<sup>th</sup>, respectively. The landscape of psychology training, like that of healthcare delivery and education more broadly, has changed dramatically throughout the COVID-19 pandemic. Recruitment and matching processes, including interviews, shifted to a completely virtual platform and will remain that way for the foreseeable future. While the ability of candidates to glean the intangibles of the training environment is perhaps reduced relative to the pre-pandemic norm of in-person visits, technological creativity, including the use of pictures and videos, provided an adequate substitute, and both the MCW and VAMC psychology programs fully filled their allocated training positions in this past spring's national match. Beyond the public health protection offered by virtual recruitment, a primary benefit has been decreased costs for applicants, thereby reducing disparities and increasing access to interview opportunities for a population of graduate students often facing limited economic means. Our psychology faculty have shown dedication to ensuring that trainees continue to receive quality, competency based clinical training in all essential aspects of psychological practice, often doing so in novel and flexible ways. For example, at the VAMC, when direct patient care decreased in the early months of the pandemic, the program fostered the involvement of psychology interns and fellows in developing and implementing a support program for COVID unit nursing and physician staff. Innovative experience in the delivery of tele mental health also has emerged over the past year and a half. The enthusiastic investment of the department's faculty in the training of the next generation of psychologists is essential and valued. In turn, continued and enhanced institutional support for the psychology faculty's own career development is vital to the ongoing review, renewal, and quality improvement of the programs for years to come.

Heather Smith, PhD, ABPP  
Vice Chair, Faculty Development  
Associate Professor



## Clinical Notes I AM AN ACADEMIC PHYSICIAN

As with many faculty at MCW, it is sometimes difficult for me to find time to teach. The pressure to provide quality patient-focused care within an increasingly complex and matrixed environment can make academic faculty feel too busy to share their valuable time with students. Still, the benefits inherent in academic medicine make teaching immensely valuable so I find the time. Teaching in the clinical setting improves my sense of professional fulfillment, refines my clinical skills, and enriches my personal life. As a result, working in an academic medical setting has strengthened my love of medicine and my care of patients over the last twenty years.

We are motivated to teach for many reasons. We teach to help develop the next generation of skilled clinicians but are also commonly inspired by our mentors and experiences as a learner. Preceptors strongly influence students' perceptions of specialties and their subsequent decisions to pursue training in a given field. In my clinical practice on Froedtert's Psychiatric Consult Service, students learn about the importance of comorbidity and ensuing complexity in acutely ill medical and surgical patients. In my administrative role, students learn the value of tactical and strategic thinking in the maintenance and development of quality clinical programs. Ideally, these experiences help expand the students' view of what it means to be a physician.

Teaching requires the teacher to stay up to date on current treatments and being open to changing outdated practices. Viewing learners as teammates helps everyone on the treatment team learn and improve. Answering questions from motivated learners increases my knowledge and thereby benefits the patients under my care. It is also not uncommon for students to remind me of the excitement of practicing clinical care.

There is an increasing shortage of behavioral health providers in the United States. America needs more psychiatrists, psychologists, psychiatric advanced practice providers, and therapists. Addressing this shortage will require motivated preceptors and teachers; teachers to help ensure that today's learners become the knowledgeable, skilled, and empathetic clinicians we hope to call colleagues in the future. Quality teaching is essential to the future of our professions. Thank you!

Tom Heinrich, MD  
Professor, Department of Psychiatry and Behavioral  
Medicine; MCW

## Diversity and Inclusion

### JEDI COMES TO THE DEPARTMENT OF PSYCHIATRY



The Department of Psychiatry has a new and important committee, the Justice, Equity, Diversity and Inclusion Action Committee or JEDI. JEDI is the result of leadership's decision, beginning last year, to take a deeper look at how our department currently embodies these values and how we can be better.

As part of that commitment, our department held a series of listening sessions with faculty and staff last year. In response to the generous and heartfelt feedback of those sessions, Dr. Lehrmann decided to create a structure within the department to advise top leadership in an ongoing way in the form of an action committee, to ensure we are placing the ideals of justice, equity, diversity, and inclusion into all our departmental choices. With the goal to have such a committee by the beginning of the new fiscal year, we were charged with advising Dr. Lehrmann how best to create this committee and set it up for success.

We were humbled by this important task. We set about learning from others who have walked this path before us, which included support and guidance from the Department of Pediatrics and MCW Office of Diversity and Inclusion. We started with the creation of a taskforce comprised of both faculty and staff members who had both interests and experiences in these spaces. We found great enthusiasm for this taskforce from every corner of the department.

Our taskforce members were Erica Arrington, MD; Lisa Roehl, MA, LPC; Mara Pheister, MD; Tamika Hampton; Dawn Driscoll; Jessica Phelps, MD; Katherine Quinn, PhD; Broderick Pearson; Robert Huberty, LCSW; David Cipriano PhD; Sarah Keating PhD; and Anna-Maria Giuca MD.

The taskforce worked together over several months to build the JEDI's charter. The charter provides the mission, vision, goals, and structure of the JEDI-governance, membership, responsibilities, and commitment.

The charter begins with a mission that states:

*The Department of Psychiatry's (DOPsy) Justice, Equity, Diversity, and Inclusion Committee (JEDI) is dedicated to creating an ongoing process of systems change aimed at building and improving a culture of inclusion, equity and racial justice. It is this committee's purpose to examine our biases and recommend initiatives targeting racial and other disparities to more fully meet our department's mission to serve the behavioral health of the community via patient care, research, education and community engagement.*

The charter values proposition reads:

*The Department of Psychiatry's JEDI Committee believes that behavioral health values the whole-person approach. We are committed to developing and sustaining a community where everyone is seen, heard and valued; a department community that reflects the wider community and a department culture that incorporates social justice into all aspects of its mission(s).*

The taskforce and charter work are done. We are now pivoting towards committee development and propose the following initial activities:

- Subcommittees on Education and Clinical Operations/Enterprise
- Development of Implicit Bias training program for our department

Over the next month a survey to complete for those interested in JEDI committee membership will be sent to faculty and staff. If you have a passion for social justice and healthcare equity and think you might be interested in joining the JEDI, please complete the survey once received or contact us directly via email.

Erica Arrington, MD  
Assistant Professor, Department of Psychiatry and Behavioral Medicine; MCW

and

Lisa Roehl, MA, LPC  
Social Worker  
Department of Psychiatry and Behavioral Medicine; MCW



## HAPPY RETIREMENT



**PATTY  
GUEDET,  
MD**  
ASSISTANT  
PROFESSOR

**How long have you been at MCW? How have things changed over the years?** I came to Milwaukee in 1991 to work as an inpatient geriatric psychiatrist at Milwaukee County Mental Health Complex (now BHD)—which at that time had over 900 beds most of which were long-term beds. I had chosen to leave academic psychiatry (or so I thought) at Washington University in St. Louis where I trained. In my first few months at County, I recall meeting Jon Lehrmann who was chief resident at the time. He along with a few others, encouraged me to pursue joining MCW faculty. Looking back, I think I had a distorted perspective of academic psychiatry and believed that if I wasn't pulling in big grant funding and publishing like crazy—I wasn't really academic material. I have appreciated MCW and our department specifically, for its emphasis on the equally important academic missions of excellent clinical work and education/ training. The biggest changes I've seen in our department, besides sheer growth in size, is the higher caliber of academic excellence in all areas: centers of clinical excellence, expansion of research, recruitment of faculty with recognized expertise in subspecialty areas, increasing competitiveness and quality in our residency program and expansion of fellowship programs.

**Describe your career highlights.** I'd say the part of my job that gives me the most gratification day to day, and also from a long-term perspective, is being part of training the next generation of psychiatrists. After almost 30 years in the department, I look around and see a pretty sizable number of wonderful psychiatrists that I've played a small part in training. It's a little like being a parent and feeling the pride of seeing your kids successful! It's also been an honor and my great pleasure to work with veterans, from whom I've learned so much in the past 20 years.

**What is next for you?** Plans following retirement? I'm looking forward to not having a schedule—at least for a while. I've always had a number of interests and passions outside work, so it will be nice to pursue those things on a more leisurely basis. My husband and I have some home improvement projects on the launching pad, and I look forward to travelling (lots of places on the bucket list!) when it's safe to do so. My two 20-something daughters are successfully “launched” and pursuing their careers in Manitowoc and Chicago, so they're close by for visits.

## WELCOME 2021-22 PSYCHIATRY RESIDENTS & FELLOWS

### MILWAUKEE

Michael Annunziata, MD  
Paige Chardavoyne, MD  
Marissa Davis, MD  
Laura Faluade, DO  
Dustin Hejdak, MD  
Maureen Ikpeama, MD  
Joseph O'Grady, MD  
John Owen, MD

### GREEN BAY

Fatema Al-Wahshi, MD  
Aquila Lesko, MD  
Conner McCarthy, MD  
Branden Vugnick, MD

### CENTRAL WISCONSIN (WAUSAU)

Anton Akulov, MD  
Tana Beck, DO  
Maghav Sharma, MD

## HEALTH PSYCHOLOGY RESIDENTS

Pallavi Babu, MA  
Devi Jayan, MS  
Laura Samuelsson, MS  
Adriana Swancy, MA

## HEALTH PSYCHOLOGY POST DOCS

Alexander Buhk, PhD  
Michelle Lee, PsyD

## 2021-22 FELLOWS

### Child and Adolescent

Matthew Bohr, MD  
Makenzie Hatfield-Kresch, MD  
Anum Khan, MD  
Kayla Schenheit, MD

### Consultation-Liaison

Elizabeth (Lizzie) Hovis, MD  
Sara Lindeke, MD  
Ana Navarro-Montoya, MD

### Forensic

Colleen Considine, MD  
Andressa (Deka) Dias Silveira, MD

### Geriatric

Hanna Reiland, DO



## GETTING TO KNOW...

Faculty and Staff from the Department of Psychiatry and Behavioral Medicine



### **ASMA IQBAL, MD**

Assistant Professor  
Froedtert North Hills in Menomonee Falls

#### *What is your educational background?*

I completed my medical school at the Aga Khan University Medical College in Karachi, Pakistan and then my psychiatry residency at the University of Chicago.

#### *How long have you worked at MCW?*

I started with MCW in August but have been with CP for almost 3 years and volunteer faculty since 2008.

#### *Describe your typical workday.*

Unless I have resident supervision or the occasional lecture, I spend all my time at work roughly (8-3) seeing pts in my outpatient practice, Then the real work of chauffeuring the kids around begins.

#### *What do you like most about your job – what attracted you to this field?*

Our collegial atmosphere is really outstanding. We have great autonomy in our practice which I truly appreciate. I feel lucky to have a window into our patients lives and to be trusted with their stories and struggles.

#### *Tell us about life outside of MCW.*

I am married with 3 children who are 15, 13 and 12. Their sports/hobbies have left me with no time for mine, but I enjoy the special bonding time we spend on our travels and in the car.

#### *Just for fun – what are your favorite movies, books, music?*

Movie – Shawshank Redemption, Book – To Kill a Mockingbird, Song changes with the season and mood but I have recently rediscovered George Michael again (nostalgia can be dangerous) .

#### *Tell us a fun/unique fact about yourself.*

I discovered and fell in love with this country when my husband and I drove to 15 interviews in 2001 in our PT cruiser. It seems like a lifetime ago!



### **CAMERON LIEBERT, MSW**

Clinical Research Coordinator II  
Clinical Cancer Center and CAIR

#### *What is your educational background?*

I have my Master of Social Work.

#### *How long have you worked at MCW?*

I've worked at MCW since May 2021

#### *Describe your typical workday.*

I do everything I can to get the word out about the Prevent Anal Cancer (PAC) Study - doing consents with participants, building rapport with local clinics and organizations, outreach at bars, and meeting participants at clinic appointments.

#### *What do you like most about your job – what attracted you to this field?*

I'm getting to serve a population I identify with – LGBTQ community. I've working in the HIV field since 2014, so this was an opportunity for me to still work with that population but shift the focus.

#### *Tell us about life outside of MCW.*

I have a saltwater aquarium that brings joy to my life. My clownfish currently keep laying eggs, so I'm trying to keep the fry alive until metamorphosis. I also have an 11-year-old Shorkie named Remington. I enjoy painting. Last year I made Black Power Fist paintings to sell and donated half of my earnings to local Black organizations fighting for racial justice. I'm on the Executive Board of New Leaders Council-Wisconsin Chapter, as a Diversity Chair.

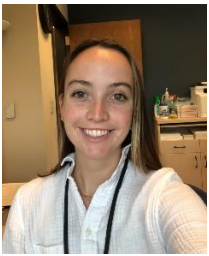
#### *Just for fun – what are your favorite movies, books, music?*

My favorite movie is Casper. Who doesn't love a friendly ghost?

#### *Tell us a fun/unique fact about yourself.*

I'm a trans man. I've met Barak Obama twice; I'm a published author.





**ABBEY WEBBER**  
Clinical Research Coordinator  
Tosa Health Center

*What is your educational background?*

I received my B.S. in Kinesiology and Psychology with a certificate in Global Health from the University of Wisconsin-Madison.

*How long have you worked at MCW?*

I began working at MCW on August 2<sup>nd</sup>, 2021.

*Describe your typical workday.*

My typical day involves prepping for and helping run subject visits. I am learning about various study specific questionnaires and how to score and enter the data we gather.

Stacy Claesges has been a wonderful mentor and has been teaching me the ins and outs of the IRB and funding.

*What do you like most about your job – what attracted you to this field?*

So far, my favorite part about my job is meeting the study participants with Stacy and Dr. Goveas. All of them have been so kind and welcoming!

I was attracted to this field because I worked as a research assistant during my undergrad in a neuropsychology lab. This job not only got me interested in research, but specifically in the department of psychiatry and mental health.

*Tell us about life outside of MCW.*

I am youngest of three and was born and raised in Madison, WI. My family has two dogs, Dori and CJ (I am obsessed with both).

For my hobbies, I enjoy playing tennis and watching any Wisconsin sports team!

*Just for fun – what are your favorite movies, books, music?*

I can't pick a favorite, but a Marvel movie never disappoints!

*Tell us a fun/unique fact about yourself.*

I was fortunate enough to study abroad in London and Amsterdam learning about their healthcare systems and how they differ from ours. It was so fun to learn different perspectives on other healthcare models in-person!



**ELLE HENLEY**  
Clinical Research Coordinator  
Clinical Cancer Center

*What is your educational background?*

I completed my bachelor's degree this past May (2021) from Miami University. I have a Bachelor of Arts degree in Psychology, Neuroscience.

*How long have you worked at MCW?*

I started May of 2021

*Describe your typical workday.*

Each day looks a little different, but I am a clinical research assistant for Dr. Jennifer Knight, so I help support her with the studies she runs.

*What do you like most about your job – what attracted you to this field?*

I have always enjoyed learning and after completing my undergraduate studies I was looking for translational research positions. I have found the overlap between psychiatry and oncology research to be interesting and have loved learning more about the biobehavioral approach to investigating cancer.

*Tell us about life outside of MCW.*

I love spending time with my family and friends, being outdoors, and trying new, fun restaurants. I also enjoy reading, traveling, and watching movies. My last trip before COVID-19 was to Spain, France, and Italy with some of my friends from college!

*Just for fun – what are your favorite movies, books, music?*

I have a lot of favorite songs and books! If I had to choose one movie to watch it would be either of the Mama Mia movies.

*Tell us a fun/unique fact about yourself.*

I have three dogs and a cat at home, so I am a huge animal lover.

**Do you know someone in the Department that we all should "get to know?"**  
**Email your nomination to [kkjames@mcw.edu](mailto:kkjames@mcw.edu)**

# DEPARTMENT HAPPENINGS

## SAVE THE DATE!

**10th Annual Depression Recognition Day**  
**Thursday, October 7, 2021**  
**12:00–3:00 p.m. • Virtual presentations**

Presented by the Medical College of Wisconsin  
Department of Psychiatry and Behavioral Medicine IN  
MEMORY OF CHARLES E. KUBLY  
Supported by the Stephen T. Sexton Memorial Foundation

## THANKS FOR YOUR SUPPORT!



American Heart Association.

# Heart Walk

### 2021 SE Wisconsin Heart & Stroke Walk/5k Run

The 2021 SE Wisconsin Heart & Stroke walk was held on Saturday, September 11. Because of your generous donations, Kristine James and Team helped raise \$1,542. Your donation helped fund research that could cure heart disease and stroke.



**PSYCHED** is a publication of the  
Department of Psychiatry and Behavioral  
Medicine, Medical College of Wisconsin

**Jon A. Lehrmann, MD, Chairman and Professor**  
Editorial Team: Joy Ehlenbach • Karen Hamilton  
Kristine James • Dawn Norby

For more information, visit the Department website at  
[www.mcw.edu/psychiatry.htm](http://www.mcw.edu/psychiatry.htm)

### Dr. Harry Prosen, longtime faculty member and former chair of psychiatry, dies at age 90

Harry Prosen, MD, former chair of the Department of Psychiatry and Behavioral Medicine and faculty member since 1987, passed away on June 21, 2021. He was 90 years old.

Dr. Prosen received his MD from the University of Manitoba Medical School and completed his residency at the University of Chicago.

From 1975 until he started at MCW, Dr. Prosen served as head of the Department of Psychiatry at the University of Manitoba. He served as president of the Canadian Psychiatric Association and held leadership positions with the Royal College of Physicians and Surgeons of Canada and the American Psychiatric Association. He also served on the boards of many clinical and academic institutions, government and editorial boards in both Canada and the U.S. Dr. Prosen was appointed chairman of the MCW Department of Psychiatry and Health Sciences in 1987, a position he held until he stepped down in 2003. During his tenure, the department changed its name to Psychiatry and Behavioral Medicine to better reflect its greatly expanded research efforts with the development of the Center for AIDS Intervention Research (CAIR) and furthered the field of Magnetic Resonance Imaging (MRI) research. The department, under Dr. Prosen, rose to the top half of all U.S. academic psychiatry departments in NIMH funding.

Dr. Prosen retired in 2005, was named Professor Emeritus in 2006 and continued to work with residents in the Center for Psychotherapies and contribute to the department in other ways.

"Dr. Harry Prosen had a profound impact on me and my career, as he did with so many others, and he helped build the department into what it is today," said Jon Lehrmann, MD, chair and professor of psychiatry and behavioral medicine, associate chief of staff for mental health at the Clement J. Zablocki VA Medical Center and the Charles E. Kubly Professor in Psychiatry and Behavioral Medicine. "He was born to be a psychiatrist, a teacher, and a mentor, and he did each of those very well."

Dr. Prosen's research focused on inter-generational issues in families, especially empathy and empathetic deficits. He found that in the primate world, bonobos displayed the highest degree of empathy. Dr. Prosen became an expert on bonobo culture and development and was a consultant to the Milwaukee County Zoo and other zoos worldwide on the rehabilitation of emotionally disturbed bonobos.



Professionalism Week 2021

October 18-22

Check InfoScope for more info



David J. Peterson Staff  
Excellence Awards will be  
announced at the  
October 8, 2021 Town Hall  
Meeting

**Department Town Hall Meetings**  
3:00 pm on

**Oct 8; Oct 22; Nov 5; Nov 19; Dec 3; Dec 17**

