



CONTINUING EDUCATION  
PROGRAM

# Psychiatry Grand Rounds

September- June

8AM – 9AM

1st, 2nd & 3rd Wednesdays of the Month

*Check the schedule below to confirm presentation location.*

Virtual only programs will be hosted via Zoom.  
Hybrid programs will be held via Zoom and at MCW Research Park Center:  
10000 W Innovation Drive, Rooms 1 & 2

**All programs are subject to change**

This program is recommended for psychiatrists, psychologists, residents, nurses, medical students, social workers, and other mental health professionals.

This advanced program highlights the latest information in the diagnosis and treatment of mental disorders and the newest research areas in clinical psychiatry.

## **ACCME Accreditation Statement:**

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

## **AMA Credit Designation Statement:**

The Medical College of Wisconsin designates this live activity a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Hours of Participation:**

The Medical College of Wisconsin designates this activity for up to 1.0 hours of participation for continuing education for allied health professionals.

## **Psychology CE Credit Statement:**

The Medical College of Wisconsin is approved by the American Psychological Association to sponsor continuing education for psychologists. The Medical College of Wisconsin maintains responsibility for this program and its content.



This activity contains content or processes that may be potentially stressful.

In accordance with the ACCME policy on relevant financial disclosure, all planners were asked to reveal any relevant financial relationships. Drs. Chan, Bozymski, Smith, Kylie Lenz, PA-C, Jessica Reyes-Roberson, APNP, and Robert Huberty, LCSW have nothing to disclose.

## **EthosCE Information:**

**All participants who wish to receive CME credit for attending these talks MUST create and manage an EthosCE account: <http://ocpe.mcw.edu>**

For more information, please contact **Caimen Masterson** | [camasterson@mcw.edu](mailto:camasterson@mcw.edu)  
or visit our website: [www.mcw.edu/psych](http://www.mcw.edu/psych)

All sessions are recorded and uploaded to our MCW Psychiatry Grand Rounds YouTube playlist:  
<https://youtube.com/playlist?list=PLh9Joz80pYg0tR7qUzJLmUb56CWE4SIsV>

# December 2023 Psychiatry Grand Rounds

## Medical College of Wisconsin

Department of Psychiatry & Behavioral Medicine

**December 6th, 2023**

### True or False: Test Anxiety is Not Real

**Presented virtually by:**

**Amaal Bhaloo, MD**

PGY2 Resident  
Department of Psychiatry and Behavioral Medicine  
Medical College of Wisconsin

**Courtney Barry, PsyD, MS**

Director of Interprofessional Education (IPE) for the School of Medicine  
Assistant Professor,  
Department of Psychiatry and Behavioral Medicine  
Department of Family and Community Medicine  
Medical College of Wisconsin

**Objectives:**

- Describe the signs and symptoms of test anxiety.
- Identify contributing factors to test anxiety.
- Explain various treatment modalities to address symptoms of test anxiety.

**December 13th, 2023**

### The Role of the Photographic Arts in Psychiatry

**Presented virtually by:**

**Carlyle Chan, MD**

Professor of Psychiatry and  
the Institute for Health and Equity  
(Bioethics and Medical Humanities)  
Program Director, Continuing Medical Education  
Department of Psychiatry & Behavioral Medicine  
Medical College of Wisconsin

**Mara Pheister, MD, DFAPA**

Associate Professor  
Associate Director of Residency Education  
Medical Director, Center for Psychotherapies  
Staff Psychiatrist at Froedtert & MCW – Moorland Reserve, Tosa Center  
Staff Psychiatrist at Maehnoweskekiayah Wellness Center  
Department of Psychiatry and Behavioral Medicine  
Medical College of Wisconsin

**Objectives:**

- Appreciate the contribution of photography as part of the arts and humanities in psychiatry
- Examine the relationship between photography and psychotherapy
- Understand how photography can augment adolescent treatment

**December 20th, 2023**

**NO GRAND ROUNDS**



# January 2024 Psychiatry Grand Rounds

## Medical College of Wisconsin

Department of Psychiatry & Behavioral Medicine

**January 3rd, 2024**

### **The Suicide Risk Assessment: Shifting from Prediction to Prevention**

**Presented virtually by:**

**Morton M. Silverman, MD**

Assistant Adjunct Professor of Psychiatry  
Department of Psychiatry and Behavioral  
Medicine  
Medical College of Wisconsin

**Objectives:**

- Describe the differences between suicide ideation, suicide intent, and suicide motivation.
- Explain the differences between suicide prediction and suicide prevention.
- Describe the differences between suicide state and suicide risk status.
- Explain why future suicidal behaviors cannot be accurately predicted.

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**January 10th, 2024**

### **A New Chapter in Maternal Mental Health Care: Brexanolone and Zuranolone**

**Presented virtually by:**

**Christina L. Wichman, DO**

Professor of Psychiatry and Obstetrics and Gynecology  
Vice Chair of Education - Department of Psychiatry and Behavioral Medicine  
Medical Director, The Periscope Project  
Director, Women's Mental Health  
Program Director, Consultation-Liaison Psychiatry Fellowship  
Program Director, Northeastern Wisconsin Psychiatry Residency  
Medical College of Wisconsin

**Kevin Bozyski, PharmD, BCPS, BCPP**

Assistant Professor of Clinical Sciences  
Medical College of Wisconsin School of Pharmacy  
Assistant Professor of Psychiatry and Behavioral Medicine  
Medical College of Wisconsin School of Medicine

**Objectives:**

- Identify the mechanism of action of brexanolone and zuranolone.
- Describe how brexanolone and zuranolone may fit into the arsenal with other treatments for postpartum depression.
- Identify downfalls of use of brexanolone and zuranolone.

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**January 17th, 2024**

### **Perspectives on the Hospital Experience from an Analyst Who Wears a White Coat: Psychodynamic Considerations in the Daily Life of a Psychosomatic Medicine Physician**

**Presented virtually by:**

**Philip R. Muskin, MD, MA DLFAPA, LFACTP**

Professor of Psychiatry & Senior Consultant in C-L Psychiatry at CUIMC

**Objectives:**

- Recognize the use of "borderline" defenses in medical personnel who do not have borderline personality disorder.
- Explore the abusive impact of medical training that influences the use of primitive defenses by medical personnel.
- Learn methods of ameliorating the impact of projective identification in the medical setting.

# 2024 Psychiatry Grand Rounds Sneak Peek

## Medical College of Wisconsin

*Department of Psychiatry & Behavioral Medicine*

**February 7, 2024** TBD

**February 14, 2024** David Mintz, MD | *The Austen Riggs Center*

**February 21, 2024** TBD

**March 6, 2024** Rachel Feltman- Frank, MD & Amna Siddique, MD

**March 13, 2024** TBD

**March 20, 2024** TBD

**April 3, 2024** TBD

**April 10, 2024** Emma Fenner, MD

**April 17, 2024** In-Person! | Ian B. K. Martin, MD, MBA, FACEP, FAAEM

**May 1, 2024** Christina Wichman, DO | Carlyle Chan, MD | Sara Brady, MD | Mara Pheister, MD | Mary Alvarez, MD

**May 8, 2024** In-Person! | Scott Simpson, MD, MPH, \*Visiting Professor\*  
*University of Colorado School of Medicine*

**May 15, 2024** TBD

**June 5, 2024** TBD

**June 12, 2024** TBD

**June 19, 2024** In-Person! | Amanda Liewen, MD & Ann Marie Uselmann, LCSW