

Welcome from Dr. Lehrmann

Mental illness affects every individual, every family, every community, and every country, directly or indirectly, throughout the world. The latest data shows that almost one out of every two individuals will experience a mental illness in their lifetime, and the pandemic has made things even worse. Mental illness exists in all ages, all genders, and across all cultures.

Fortunately, our knowledge of the causes and treatments of mental illness continues to advance greatly. The effectiveness of therapeutic interventions for certain mental disorders has surpassed that of many physical disorders, and gradually the stigma associated with mental illness is lessening. This is a time for great optimism.

It is for these reasons that understanding and caring for persons living with mental illness are so extraordinarily important. It is also for these reasons that becoming a psychiatrist, psychiatric advanced practice provider, or a health psychologist can be the most valuable and compelling professional work that one may undertake. It is the kind of work where one can make a tremendous difference.

We host three extraordinary psychiatry residencies which are based upon a tradition of strong psychodynamic theory training and establishing a solid biological foundation. Our Milwaukee-based residency is well known with an excellent reputation. In Wausau (Central Wisconsin) and Green Bay (Northeastern Wisconsin), we have developed two residencies built upon the excellent foundation of our Milwaukee MCW residency but adds the strength of rural Wisconsin community and culture. Our HRSA-supported Advanced Practice Nurse Practitioner Psychiatry Residency provides a full year of diverse psychiatry experience with excellent supervision and didactics. Our Health Psychology Residency and Fellowship provides excellent training integrated into various components of Froedtert-MCW. We also have excellent accredited psychiatry fellowships in Addiction Psychiatry, Child and Adolescent Psychiatry, Consultation-Liaison Psychiatry, Forensic Psychiatry and Geriatric Psychiatry. Our training programs are committed to preparing capable and compassionate clinicians who possess the suite of knowledge, skills, and personal strengths needed in providing effective and ethical care for persons with mental illness. Our approach is one that is informed by the multi-theoretical foundation of psychiatry and psychology, grounded in evidence-based approaches from varied forms of inquiry ranging from basic neuroscience to social science, and guided by the insights of wise and dedicated multidisciplinary clinicians over generations. Incorporated into our residencies is a strong biopsychosocial based foundation of training in the provision of psychotherapy where our residents learn the art of psychotherapy through expert supervision, extensive didactics, and interactive case-based learning.

Most importantly, we believe that to become a fine psychiatrist, psychiatric APP, or a health psychologist one must be a whole, self-observing, always-learning, and always-developing person. Our commitment to this belief is reflected in the respect and regard we demonstrate to our trainees each day and how we have built our programs to support sustained personal and professional growth. In these ways, we strive to train future clinicians, teachers, scholars, and leaders in psychiatry and behavioral medicine.

We welcome your interest in our department, and we hope you find one of our programs to be the right “fit” for your professional development.

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